





HO HO HO AND A BOTTLE OF COCO-COLA



THE





FADLER

Jolly  
Roger

OH, I WISH I WERE A PIRATE...

HAILY +  
SAN LEANDRO

CARGO

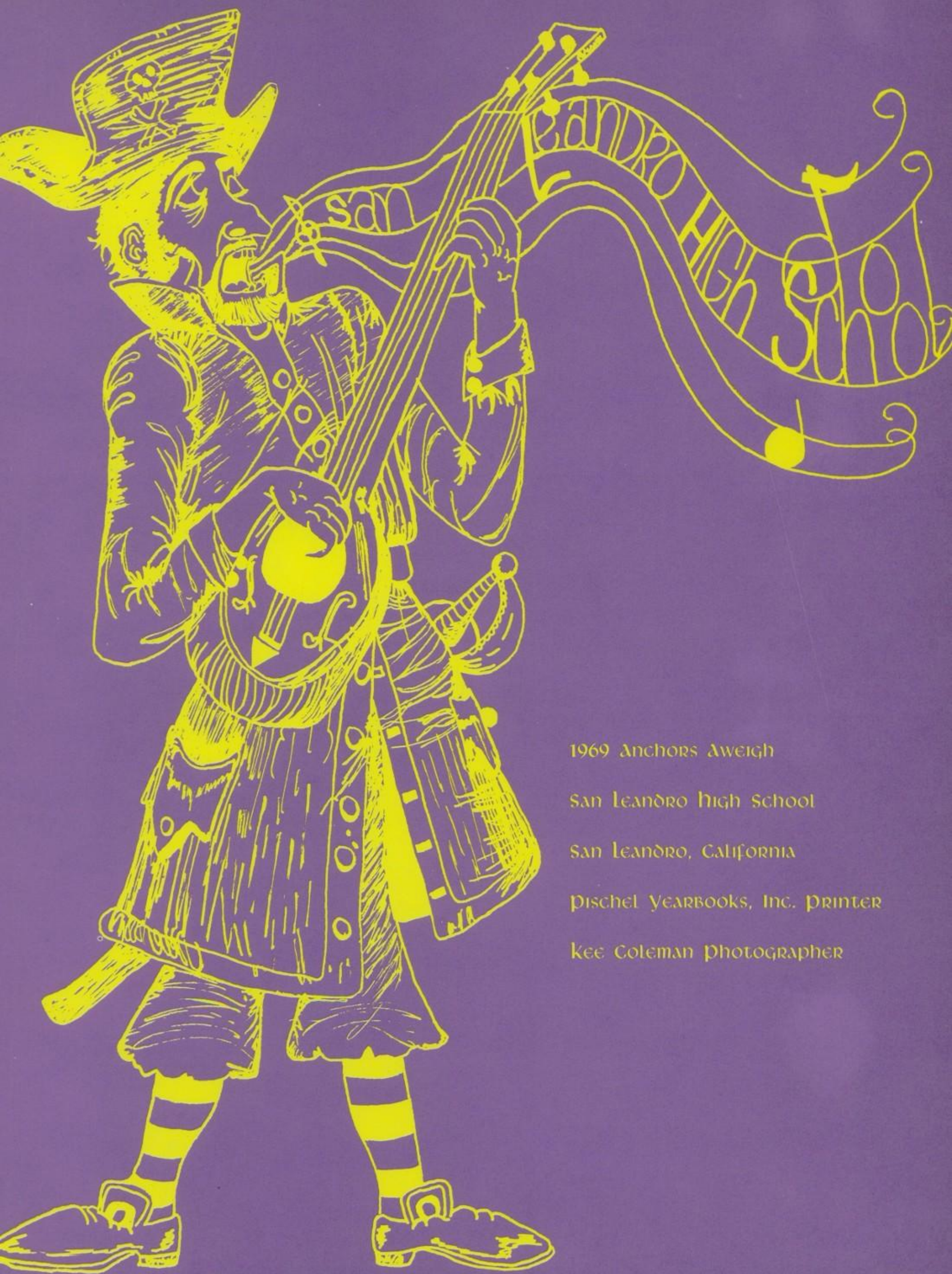
Ye old  
SENIOR Ball

by  
Efigenio  
WENNY









1969 Anchors Aweigh

San Leandro High School

San Leandro, California

Pischel Yearbooks, Inc. Printer

Kee Coleman Photographer



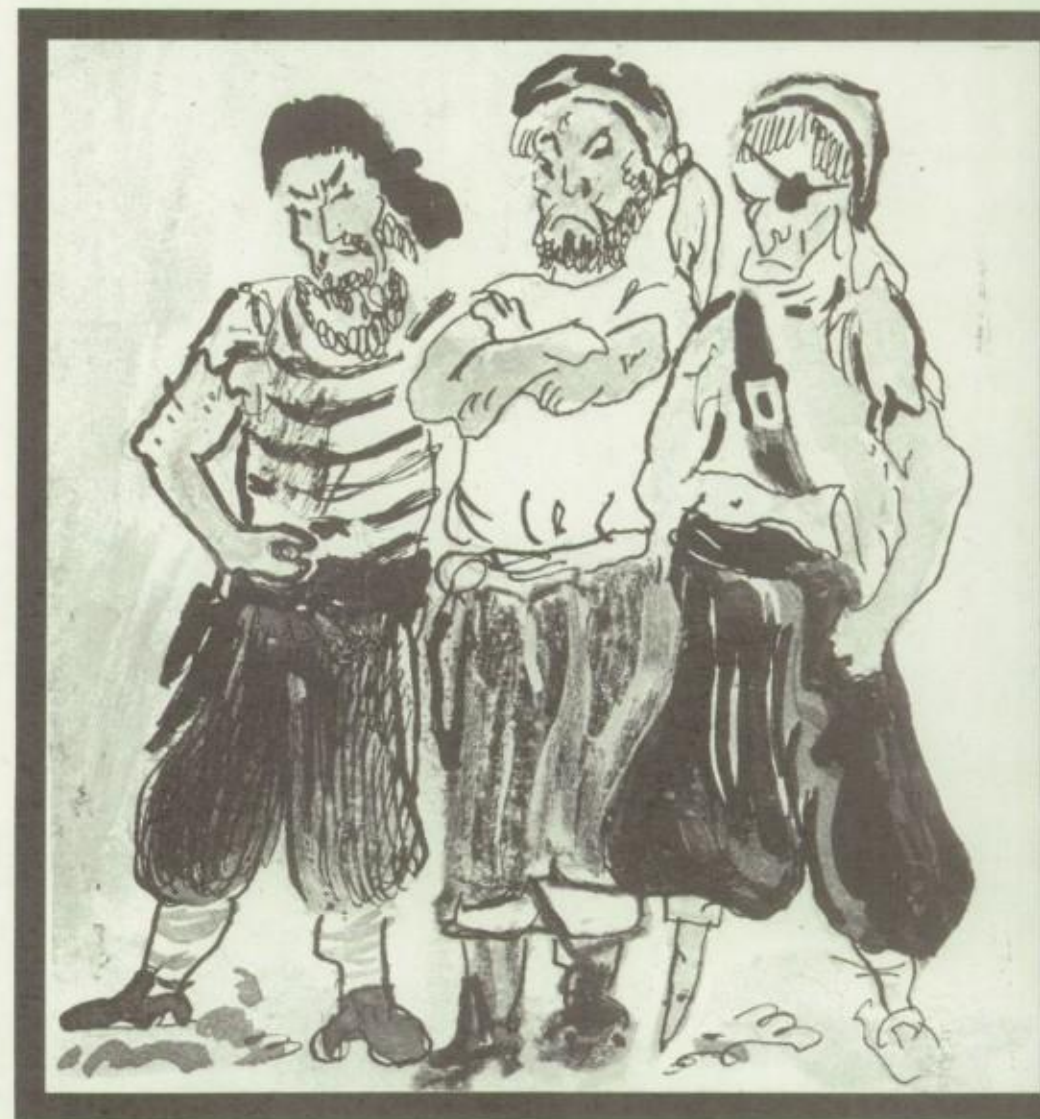
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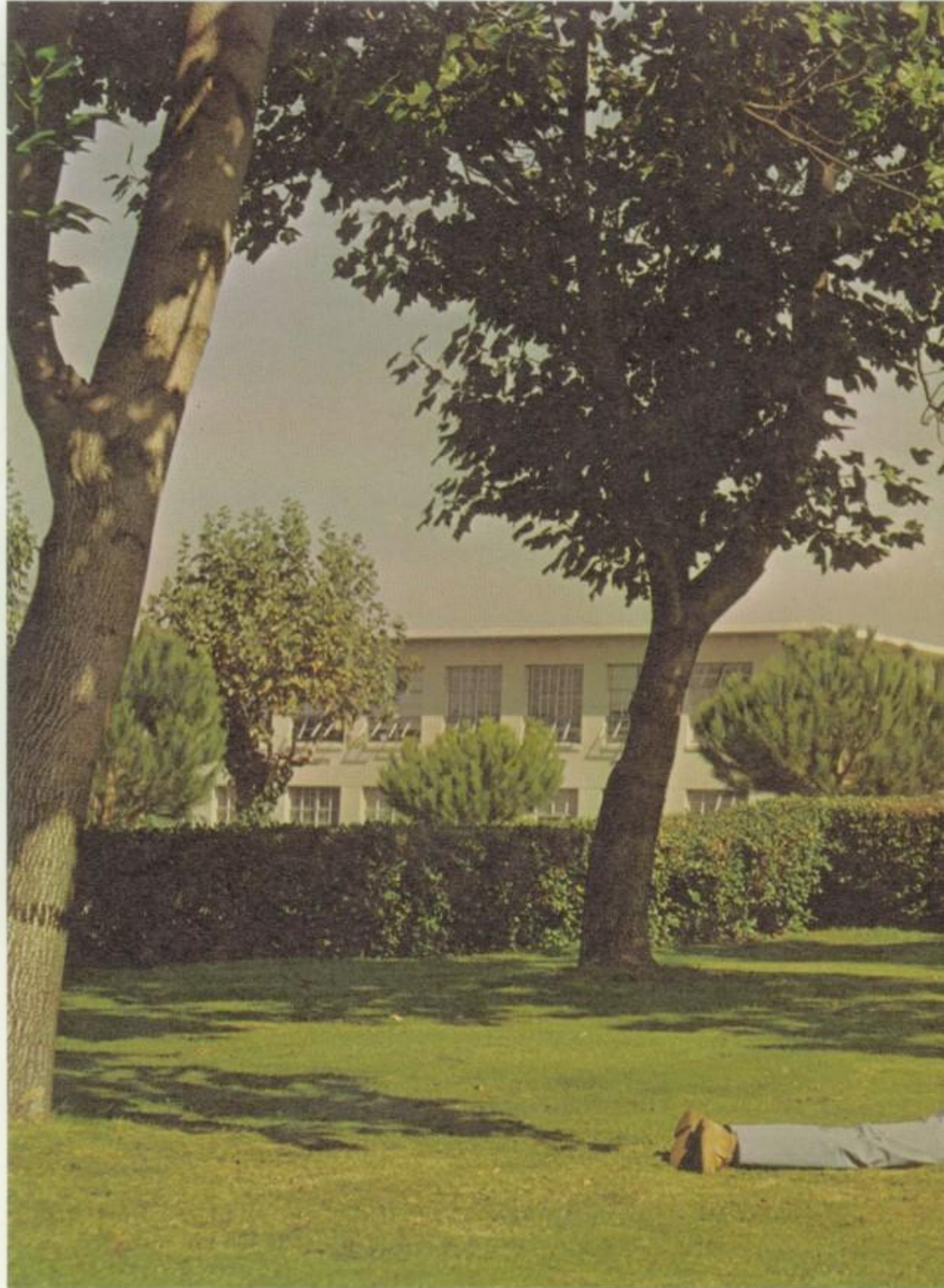


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Editor: Dave Bednar



## THE ART OF LIVING...

"...life is indeed darkness save when there is urge, and all urge is blind save when there is knowledge; and all knowledge is in vain save when there is work; and all work is empty save when there is love; and when you work with love, you bind yourself to yourself and to one another."



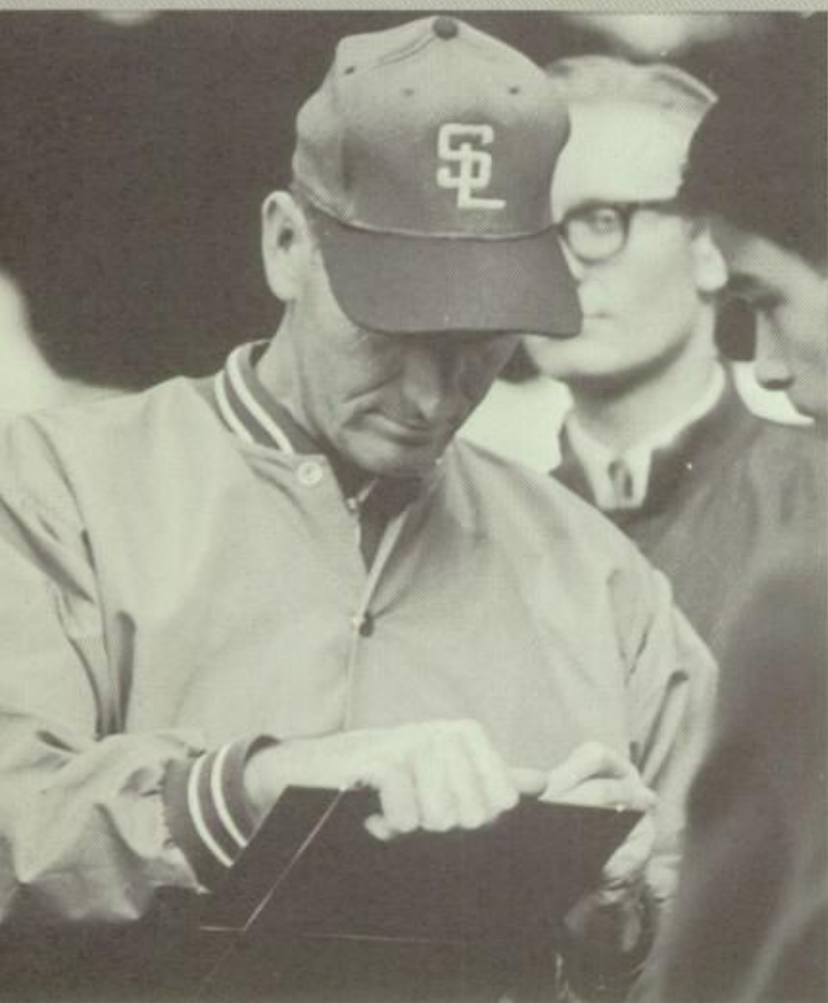






**THE ART OF ACHIEVEMENT...**

"...does not come from doing easy work, but from the after glow of satisfaction that comes with the achievement of a difficult task that demanded our best."















### THE ART OF FRIENDSHIP AND PEACE...

"...are qualities of the heart as well as the head. It is a warmth, an enthusiasm, a magnetism that reaches out and draws people together in understanding and love."

"...AND LET YOUR BEST be for your friend. If he must know the ebb of your tide let him know the flood also. For what is a friend that you should seek him with hours to kill? Seek him always with hours to live."

The Prophet







"...and he alone is great who turns  
the voice of the wind into a song made  
sweeter by his loving."  
The Prophet







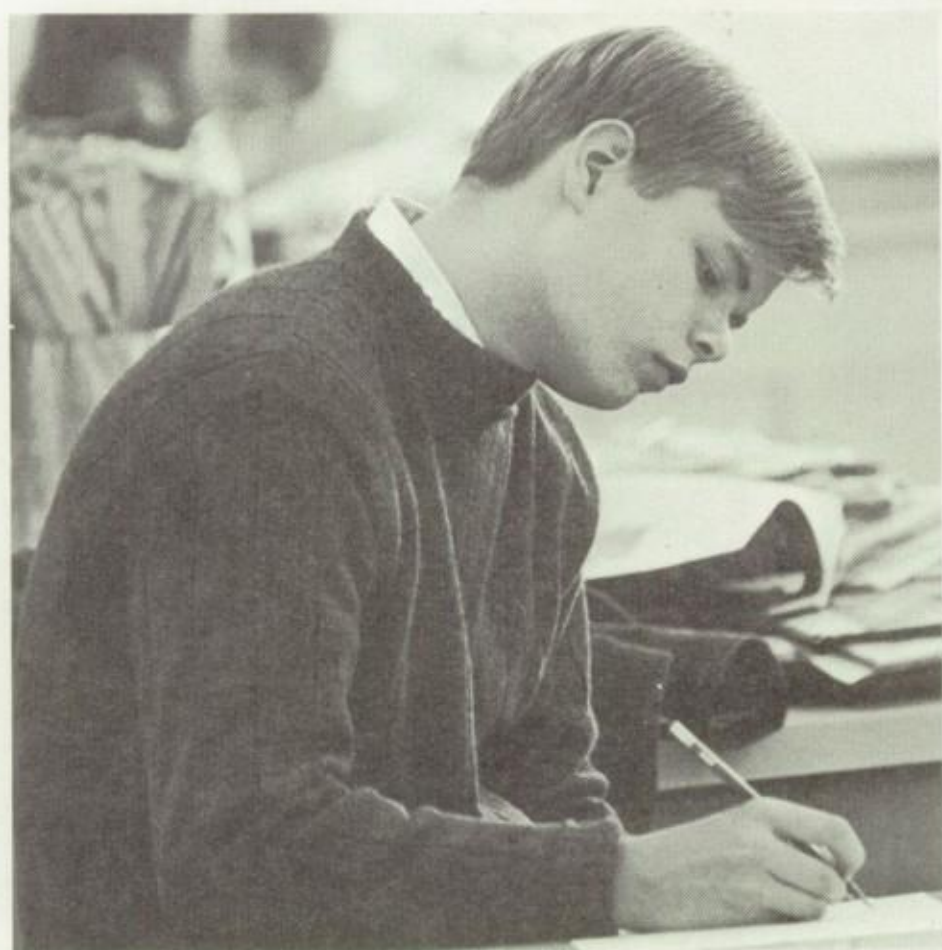
### THE ART OF CREATIVITY...

"...Organic architecture is natural architecture, true to the nature of the site, true to the nature of the materials used; and it is also honest, because it is planned for a particular place, time, and client. . .the true architect sees architecture never as a business, but always as a utility, and his concern must always be for the heart of humanity. Architecture, the great mother-art, can give new resources for living happily."

Frank Lloyd Wright











#### THE ART OF INDIVIDUALITY...

"... 'Think as I think,' said a man, 'or you are abominably wicked, you are a toad.' ... And after I had thought of it, I said, 'I will, then, be a toad.'"

Stephen Crane

"A people, it appears, may be progressive for a certain length of time, and then stop. When does it stop? When it ceases to possess individuality."

John Stuart Mill

"Individualism is a fatal poison. But individuality is the salt of common life. You may have to live in a crowd, but you do not have to live like it, nor subsist on its food. You may have your own orchard. You may drink at a hidden spring. Be yourself if you would serve others."

Henry Van Dyke

"I celebrate myself, and sing myself,  
And what I assume you shall assume,  
For every atom belonging to me as  
good belongs to you."

Walt Whitman, Song of Myself

"SOME PEOPLE SEE THINGS AS THEY  
ARE AND SAY 'WHY?' I DREAM THINGS  
AS THEY NEVER WERE AND SAY, 'WHY  
NOT?'"

Robert F. Kennedy



**THE ART OF AWARENESS...**

**"Thoreau wrote, 'Only that day dawns to which we are awake.' The Art of Awareness is the art of learning how to wake up to the eternal miracle of life with its limitless possibilities."**















# THE ART OF ENTHUSIASM. . .

"...is a leaping lightning, not to be measured by the horse-power of the understanding."

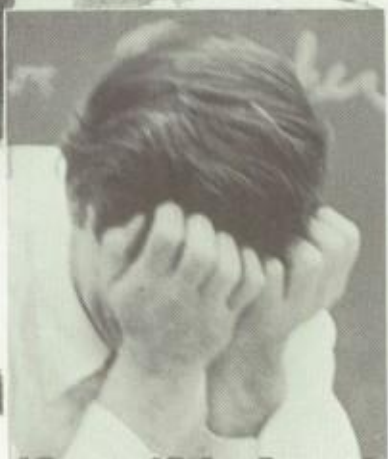
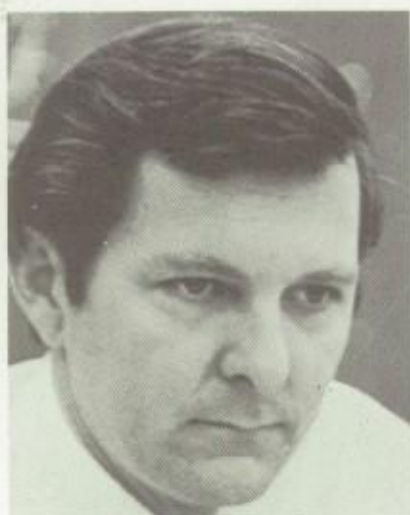
Emerson

"...it is that temper of the mind in which the imagination has got the better of the judgement."

Bishop Warburton











**The Art Of Empathy**  
is the key to leadership. It unlocks the dreams in the hearts of men so that the leader can help to make those dreams come true.

**THIS**



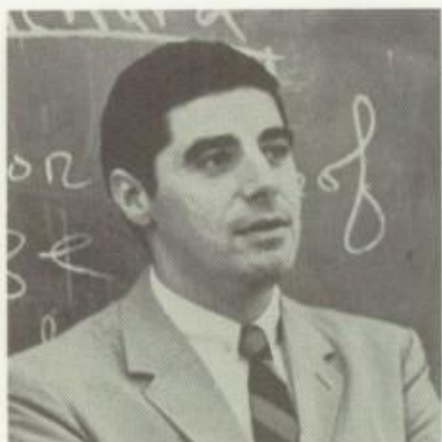


Mrs. Fern Epler

**The Times and Life** of each student, are changing, so each teacher must change with the times and learn to help the student in their world of today." According to Mr. McInerney, this is one of the most important responsibilities of the high school teacher today. This is a basic inspiration of each and every English teacher on the San Leandro High staff. The world around them is changing, and so, through English, they are trying to teach the student the basic concepts of this study. A chief concern of the English teacher is trying to reach the student on his own terms, so that he appreciates the subject fully. "Kids are different each year, so most of us try to do something different each time. We try to give English a fresh and new approach, so that we learn to appreciate it as much as the student." We have some fine examples of finding new ways of teaching English. Our own Mr. Crabbe has been appointed to the California English Committee which decides and plans the basic programming that the secondary English departments will use. It is our teacher like Mr. Crabbe, and others, who are making San Leandro High English department a great way to learn.



Mr. John Crabbe - Chairman



Mr. John Hagaman



Mr. Homar Johnson



Miss Carolyn Spiesz



Mrs. Virginia Henry



Mr. Richard McInerney



Mrs. Karen Grove





Mrs. Vera Dickie  
 Miss Marilyn Michell  
 Mrs. Nancy Jacobs  
 Mr. Douglas Reynolds



Miss Mary Tipton



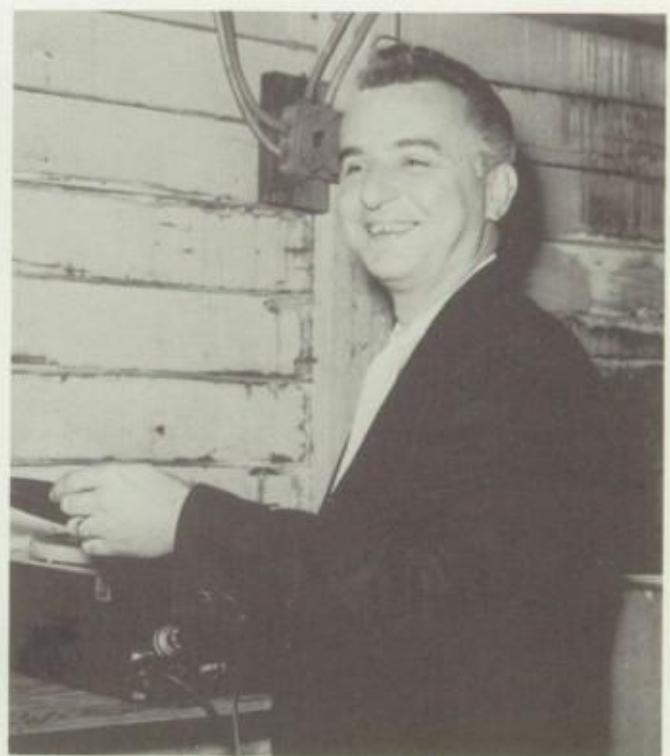
Mrs. Mary Hicks



Mr. Gary Coleman



Mr. Shields Logsdon



Mr. Kenneth Soares

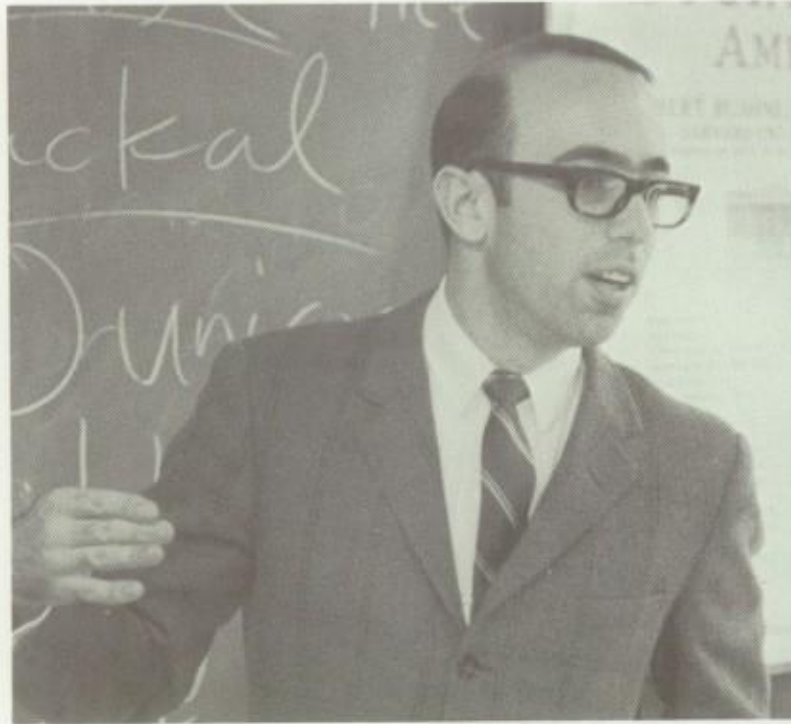


## Instruction Variations

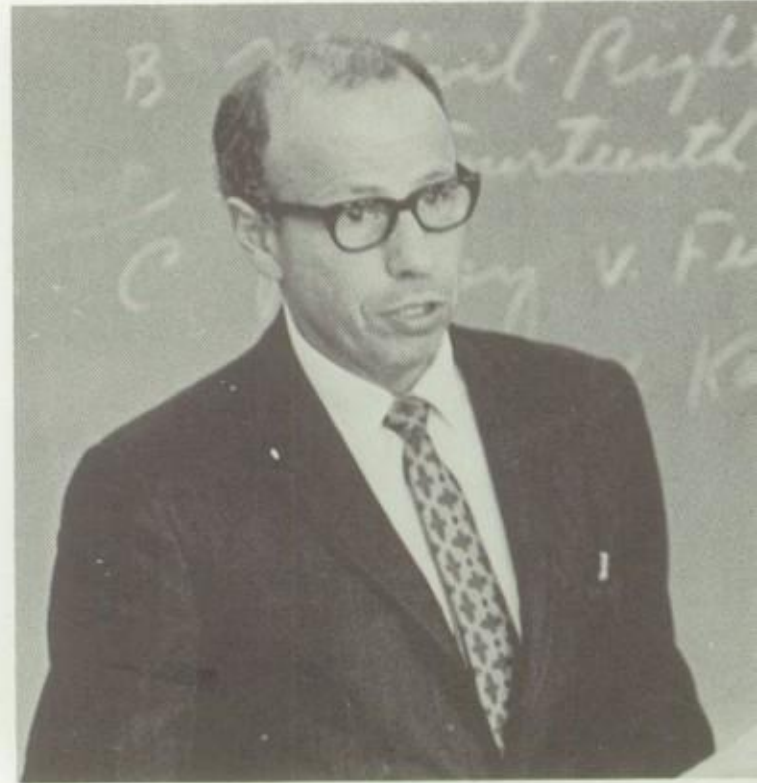
for this school year, ranging to include every type of student, is the goal of the Social Studies department. Through individual instruction, it is the hope of each teacher that the student will progress at a faster rate and comprehend a broader scope of knowledge. Experimentation in teaching from the past to the present has proven to keep the student interest. However, this year teachers tried teaching from present to past, which proved itself very successful. The teacher's purpose is to bring literature, art, and other areas of learning into the Social Studies programming. To tie in the relationship of the world with that of Social Studies is the concern of each teacher. To help each student like and understand Social Studies, is what the course is all about.



Mr. Russell Schubert



Mr. Gary Coleman



Mr. Moses Levy

Mr. Earl McGhee



Mr. Jack Hillis





(Below) Mr. August Vaz,  
Chairman  
(Right) Miss Hope Young  
Mr. Ray Ausmus



(Left) Mrs. Eleanor Beach  
(Below) Mr. Ed Collins



(Left) Mr. Barbara Brown  
(Above) Mr. Cas Munoz





Mr. James Hager



Miss Avo Sims



Mr. John Garcia



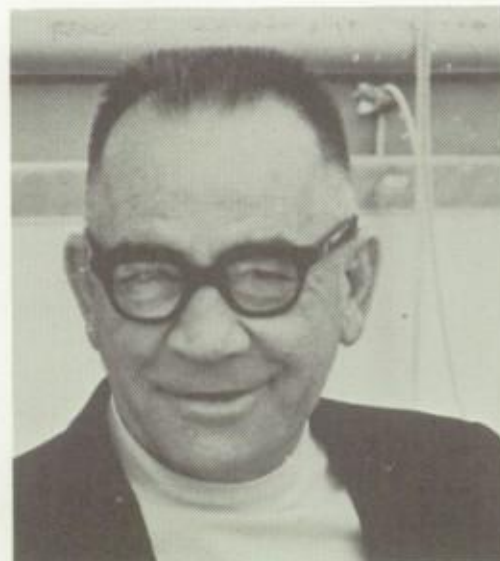
Mr. Martin Marquardt—Chairman



Mr. Kenneth Miller

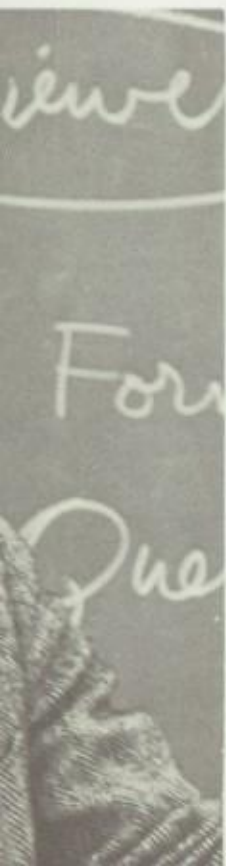
Mr. Biff Crawley

Mr. Clark Thayne



**Mr. John Garcia** has joined the San Leandro High School faculty, as a new addition to the Math department. Mr. Garcia, a graduate of San Leandro High School, has returned to teach at his alma mater. He received his B.A. and Masters degrees at Cal Poly at San Luis Obispo. Besides teaching five math classes, Mr. Garcia coaches the sophomore basketball and the Junior Varsity baseball teams.





Mr. Louis Crawford



Miss Giovanna Sensi-Isolani

Mr. Robert Everingham

Mr. Leroy Jensen

Mr. Milton Barber

**With The Addition** of a new teacher, Miss Sensi-Isolani, the Science department has many new and creative ideas for this school year.

Miss Sensi-Isolani instructs classes in Biology and Human Development. Human Development is a new study course that began this year. Its basic functions are to bring the unfamiliar areas of the human structure to a better understanding with students. Thus far, the class is only for girls, but it possibly may be expanded in the future.

One of the Science Department's best qualities has been in using live examples in their lectures. The Science teachers have had every type of specimen from a white tail rat to a baby girl. From the situations viewed in the Science department now, the students are in for a new and beneficial approach to Science.



Mrs. Wilma Hughes



Mrs. Mary Bohmfalk  
Chairman



**Practical Arts** is a most important department of San Leandro High School. Through this department, students are able to learn many important ideas that one may need within the future. The Practical Arts departments make all of the creative and interesting posters that are always on display throughout the school. This department must be give a great amount of credit for promoting school spirit among the students of the school.



Mr. Andrew Koval



Mr. Jon Borad



Mr. Charles Hawkins  
Chairman



Mr. Harold Spady



Mr. Donald Gundred



Mr. Robert Lenz



**San Leandro High** school  
 has two new additions to the Fine Arts  
 department. Mr. Patrick Daugherty  
 and Mr. Joseph Zawistowski. Mr. Pat  
 Daugherty instructs instrumental  
 music. San Leandro High has  
 benefited greatly by the addition of  
 these two fine teachers.



**Joseph Zawistowski—Chairman**



**Mr. Pat Daugherty**



**Kenneth Curran—Chairman**



**Miss Betty Minnes**

**Mr. José Romero**





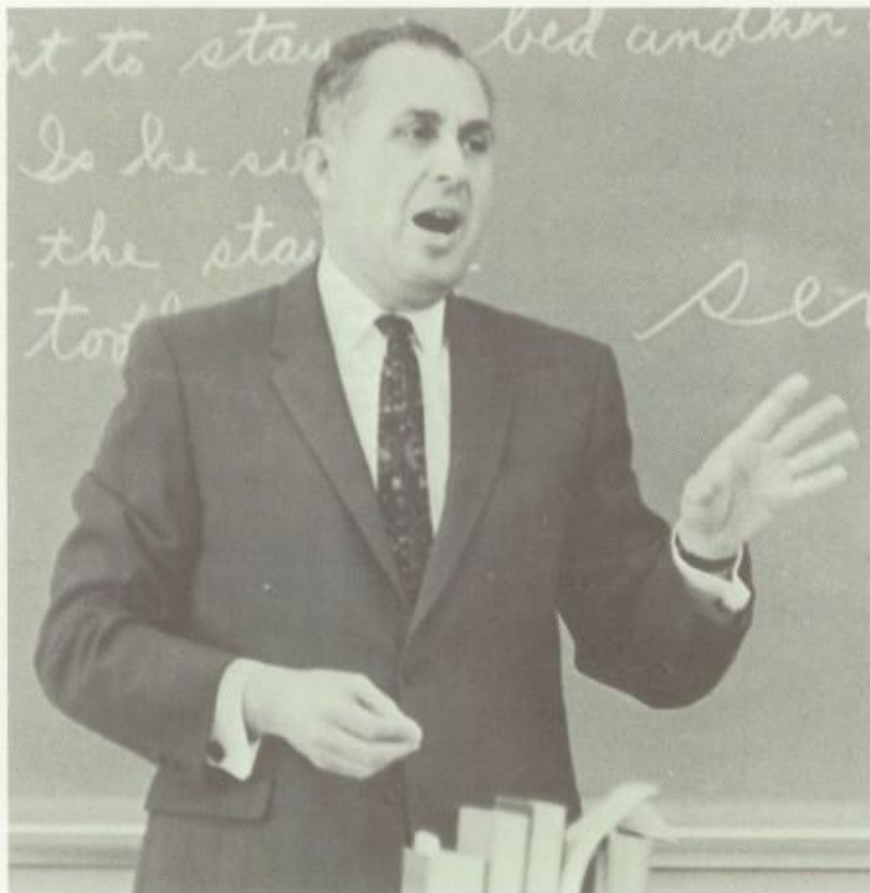


**Mrs. Genevieve Aycrigg**

**Foreign Language** has added an interesting and vital study program to many students of San Leandro High. With the outstanding staff, the Foreign Language department is well advanced in many areas. With Mrs. Aycrigg, a native of France, using her extra knowledge to make French interesting, and Mr. Jocz, the French class is a well balanced program of study. German, Latin, Russian, and Spanish, give each and every student an excellent variety by which they may choose a language. Each and every teacher on the Foreign Language staff, should be commended for their fine achievement in helping to better each and every student.



**Mrs. Karen Grove**



**Mr. Richard Cardella—Chairman**



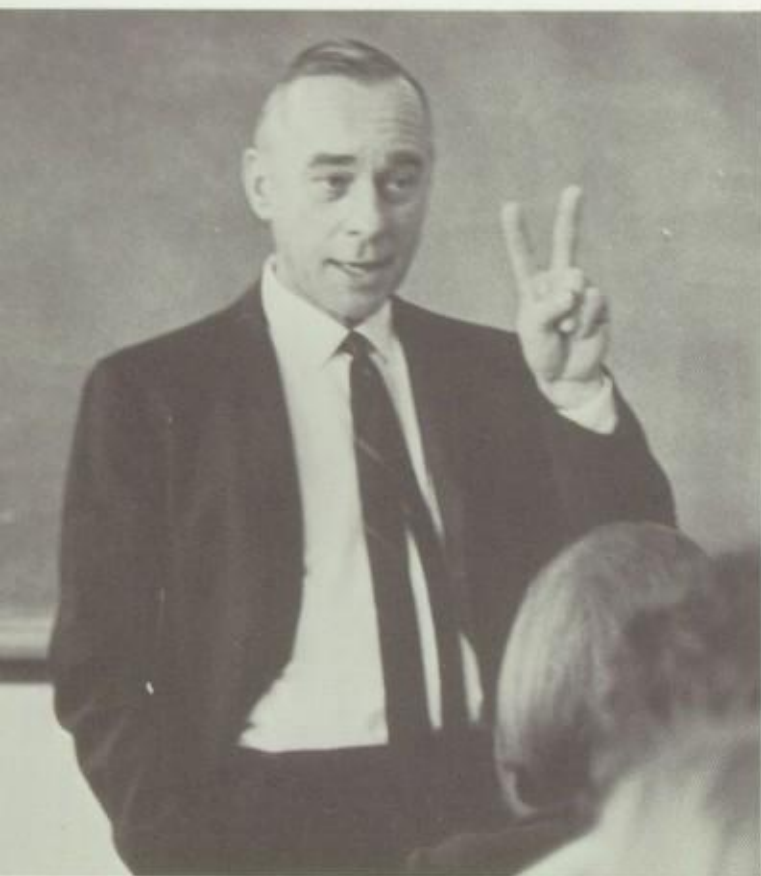
**Mr. George VonRavensberg**

**Mr. Roger Jocz**





**Business Education** is a fine and prosperous way in which many students learn to become prepared for the challenges that will meet them in the business world. Its challenges beckon many students to take the opportunity to benefit from the classes. San Leandro High School is lucky to have such a fine department as this.



**Russell Schubert**



**Mr. Robert Hidalgo**



**Fredric Talgen**  
Chairman



**Mr. Edward Foremen**



**Mrs. Valentine Ferreira**



**Mrs. Margaret Perry**



**Marilee Nowacki**



**Mrs. Marie Meyer**



**Do Your Own Thing** was a motto of the Girls' P.E. Department this year. The course offered a very wide range of activities this year for all classes. A jogging club was formed this fall headed by a group of interested students. There was also G.G.A.A. after school for the Young at heart.



**Mrs. Almira DePace**



**Mrs. Dawn Collins**



**Mrs. Betty Shehi**



**Miss Laila Halsteen  
Chairman**



## The P.E. Department

As many new and interesting ideas for this school year. Among other things, the staff has been working on a new system by which the different activities are chosen on an elective system. The boys' and the girls' department are working together to create a more equalized basis by which the students can benefit in learning P.E.



Mr. Edward Collins



Mr. Woodrow Daley  
Chairman



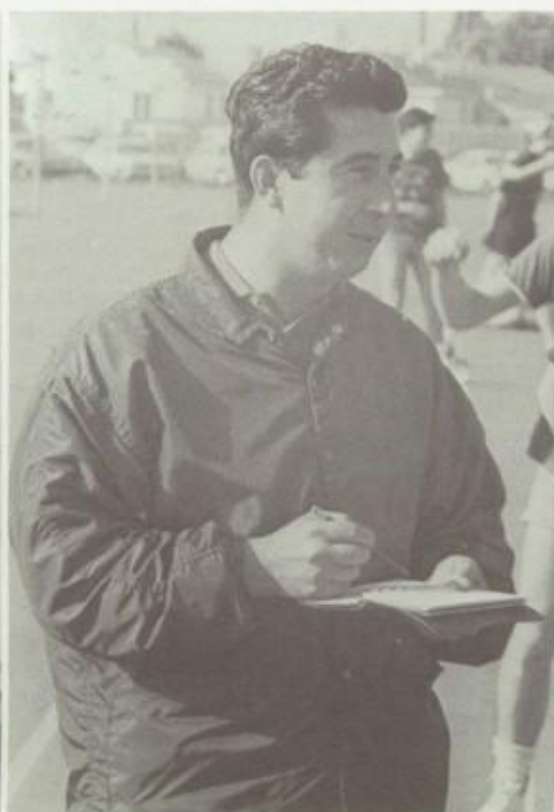
Mr. Casimiro Munoz



Mr. Ben Shorum



Mr. Kenneth Miller



Mr. Robert Hidalgo



Mr. John Crawley



**Counseling** has undergone some terrific changes this school year. When Mr. Hudgens left, Mr. Abel became the new head of the department. Miss Spiez and Miss Tipton took on the jobs of counseling on a part time basis. Mrs. Dickie became the new scholarship counselor. But, even with all of these dramatic changes, the counseling department still proves to be one of the best around!



Mrs. Voilet McLaren



Mr. Samuel Levine

Miss Carolyn Spiez

Miss Mary Tipton

Mr. Richard Abel



Mrs. Olivia McBain



Mrs. Esther Hood





**Mrs. Jardin**



**Mrs. Derby and Mrs. Nesslage**

**Mrs. Jensen  
Mrs. Beach  
Mrs. Oliver  
Mrs. Vinson**





Mr. Robert McMullen

**Cigar Smoke** in the new wing marked the presence of the Head Custodian, Mr. Beebe. Carrying this special aura with him, he and the other custodians kept the appearance of the school up to the standard which we expected but hardly ever thought about. Working along with the custodians, the cafeteria staff attempted to appease the never-ending hunger of the S. L. students.



Mrs. Eva Hager



Mrs. Mary Ferolito



Mrs. Lorraine Force



Rosa Lee Ledford



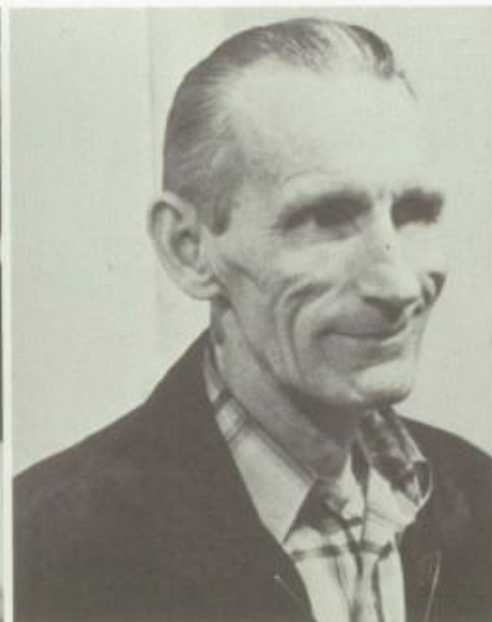
Mary Pistante



Mary Grace Neues



J. Hill



H. Seeley



R. Burk

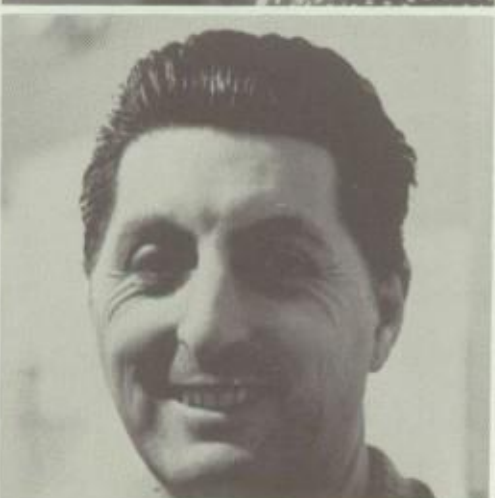


R. Rasmussen





Cahill  
Mary Fanucchi  
Mrs. Mary May



Mrs. Margaret Enos  
Mrs. Edith Inns  
K. Storm



B. Reals  
Mrs. Jimmie Perry  
Mrs. Effie Wakeman



. Beebe



B. Allen



A. Gardillo



M. Kennedy



## Many New Changes

were made in the administration. Mr. Williams took over the job as principal while Mr. Vasser filled his seat as Vice-Principal. Mrs. Geritz remained as Dean of Girls and Mr. Walker became the new Dean of Boys.

The School Board includes (from left to right) Mr. Lockyer, Mr. Cleinstein, Mr. Molle (Secretary of Board of Education), Mr. Burrows, (Superintendent), Mr. Smith, (President of Board of Education), Mrs. Crew, Mr. Oliveira and Mr. Bricker. The presence of the School Board and administration became much more apparent this year when the revision of the dress code came up.



Mr. Floyd Williams.



The San Leandro School Board.





Mr. Jack Vassar



Mrs. Marjorie Geritz



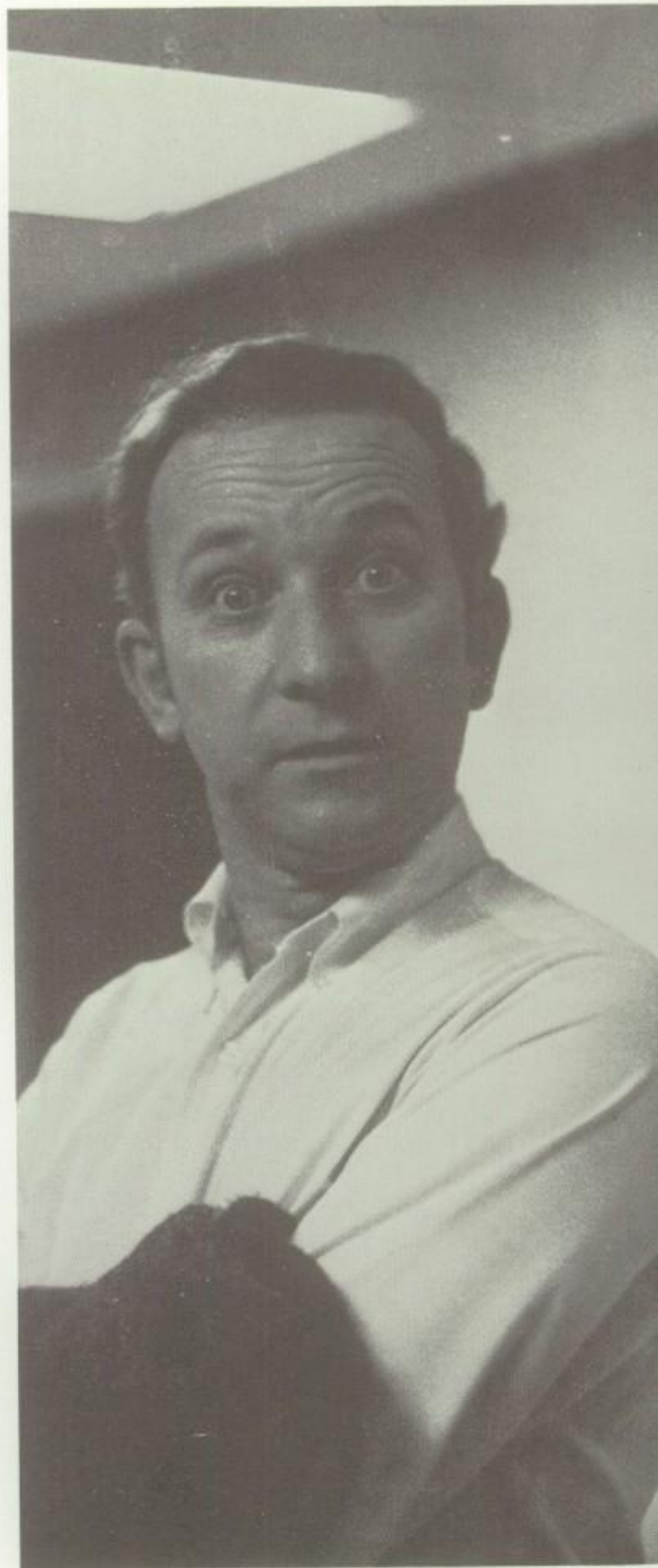
Mr. James Walker



**Even Teachers** have their moments. When they least expect it, ZAP! The picture is taken. Caught off-guard, some of their true characteristics are seen. It's not just students that have to face the horrible fate of candids, but teachers are learning that they too, have become subject to them.



Parlez vous francais, Mrs. Jacobs?

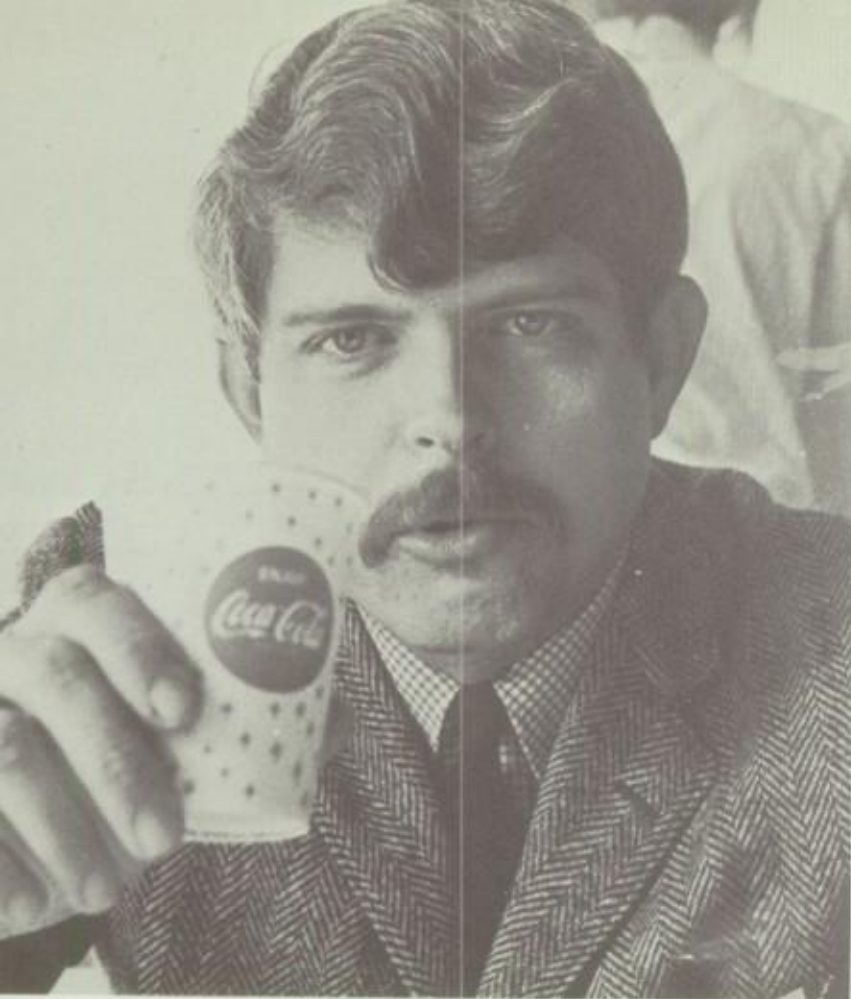


"Your WHAT hurts?" - Mr. Reynolds



Mr. Munoz attempts to get his point across to Mr. McGhee as Mr. Taigen looks on.





Things just seem to go better . . ." - Mr. Thayne



Let's just skip that page." - Mr. Jocz



"Sweet dreams of the South filling your head Mr. Hager?"











## The Art of Living Together...

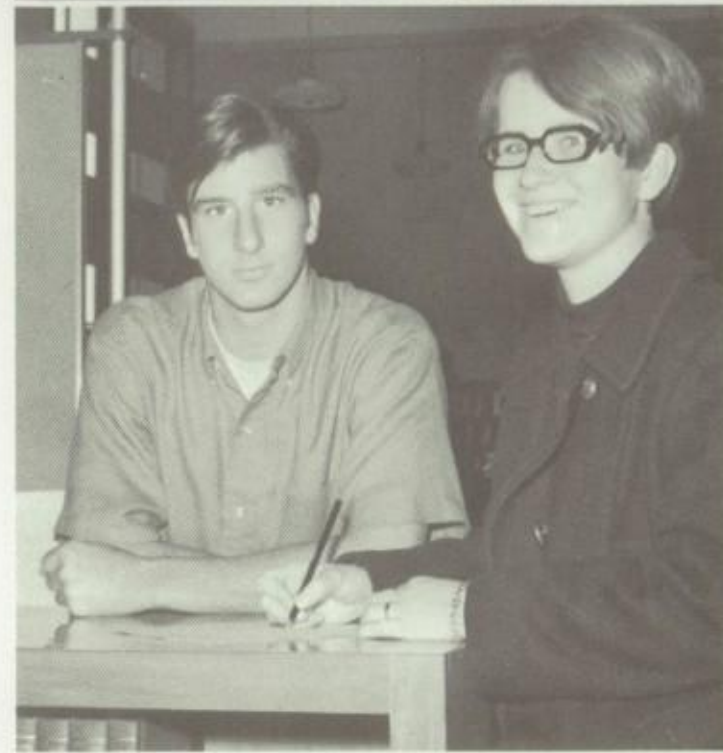
is a life where no man stands alone. Through all the centuries of recorded time, men have set into motion influences that affect your life today. You are the heir of the ages. Men reaching for the stars have created for you a world of wonder and challenge . . . as you help men grow, as you work for peace, understanding and good will, your influence will merge into an eternal goodness . . . As you throw the weight of your influence on the side of the good, the true, and the beautiful, your life will achieve an endless splendor. It will go on in others, bigger, finer and nobler than you ever dared to be.



**The Senior Class** achieved many fine and admirable things this year. Under the direction of Don Pepper, student body president, the dress code revision took a major step towards being improved.

The Senior class sponsored a candy drive and many other worthwhile events, but the most important of all, was the Senior Prom. When the Class of '69 leaves this summer, they will have many fine memories to look back on in the future.

Senior class board: Meredith Asher, Donna Barbera, Ceva Bauer, Ken Blair, Rick Brumbaugh, Rich Coats, John Cotter, Larry Crowell, West DeMello, Jill Fisher, Rick Hom, Nancy Inns, Barbara Kendall, Marlene Mirigian, Ken Mordoff, Muriel Moulton, Kathleen Quinlan, Ray Radell, Keith Robertson, Ellen Shibata, Dana Smith, Dave Stoker, Anne Wada, Carolyn Walker, Chris Wellman, Kim Woishnis.



President Mark Martin had a busy fall semester.

Vice-President, Ken Jardin, and Girls' League Representative, Carole Marston, assisted in planning the Seniors' activities.







Sue Peterson, Kathy Stark, and Maurine Thullen show their interest in the topic of discussion.



Don Blair and friends rally around the round table.



Ken Jardin stares into space, while Phil Moody stares at the camera and Ceva Bauer just stares.

**New Class Officers** President—Mark Martin, Vice-President—Ken Jardin, Secretary—Maureen Thullen, Girls' League Representative—Carol Marston.

Members included were: Kim Woishnis, Rich Hom, John Cotter, Jon Campbell, Veda Fernandes, Ellen Shibata, Nancy Inns, Muriel Moulton, Arna Kaufmann, Ray Radell, Diane Battilana, Gerald Walter Devore, Jill Fisher, Don Pepper, Deb Martin, Wendy Efigenio, Dan Nagle, Bobbie Curry, Linda Bonini, Larry Crowell, Sue Peterson, Carolyn Walker, Marlene Mirigian, Kathy Stark, Meredith Asher, Bob Matzen, Margie Jones, Barbara Kendall.



Mrs. Violet McLaren

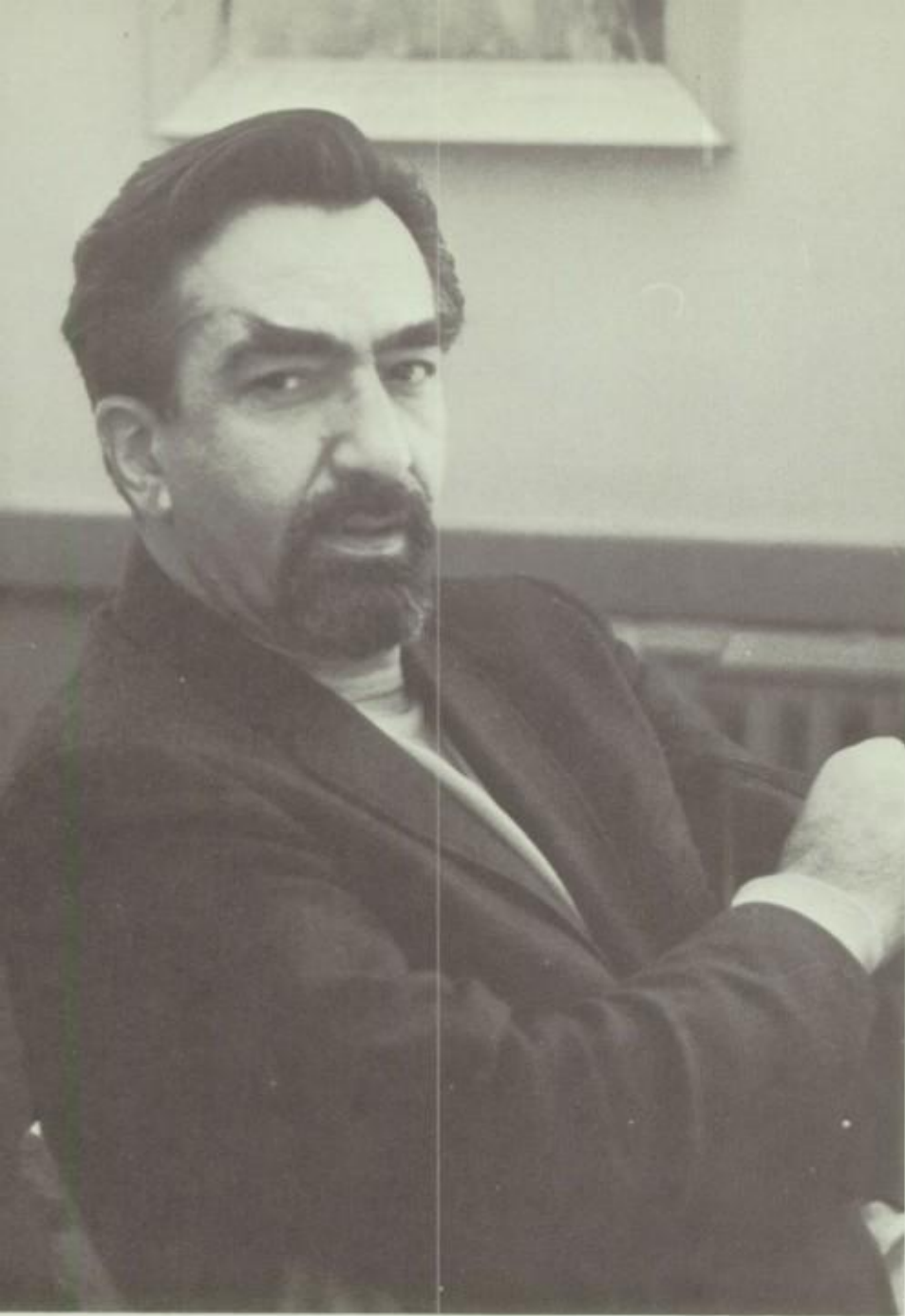


**The Senior History** of activities shows the class's constant concern for funds. During their sophomore year they held a magazine sale and a bottle drive plus the annual Soph Hop. Junior year was highlighted by the fantastically lucrative KYA Oneders basketball game and the effervescent Junior Prom. Their graduating year was the best year of all, including the Senior Ball, senior picnic, and, of course, the candy sale.

**Over Its Three Years** of existence 1969's Senior class has been helped by several outstanding individuals, most notably the class sponsors and counselors. Headed by Mr. Earl McGhee, the sponsors, which include Miss Marilee Nowacki and Mr. Edward Foreman, aided the class in an advisory position. With so many seniors applying for entrance to junior colleges, colleges, and universities, the counselors, Mrs. Esther Hood, Mr. Samuel Levine, and Mrs. Violet Mc Laren, found this year a considerable strain. The counseling involved in getting a student into the right college requires tremendous energy and volumes of information on the schools available. This load is further complicated by the other problems brought on by seniors entering vocational programs. 1969 was truly a busy year for students, sponsors, and counselors alike.







(Left) Mr. Sam Levine  
(Below) Mrs. Ester Hood



Senior Class Sponsors: (L to R)  
Miss Marilee Nowacki, Mr.  
John Crabbe, Mr. Earl McGhee,  
Mrs. Eleanor Beach.





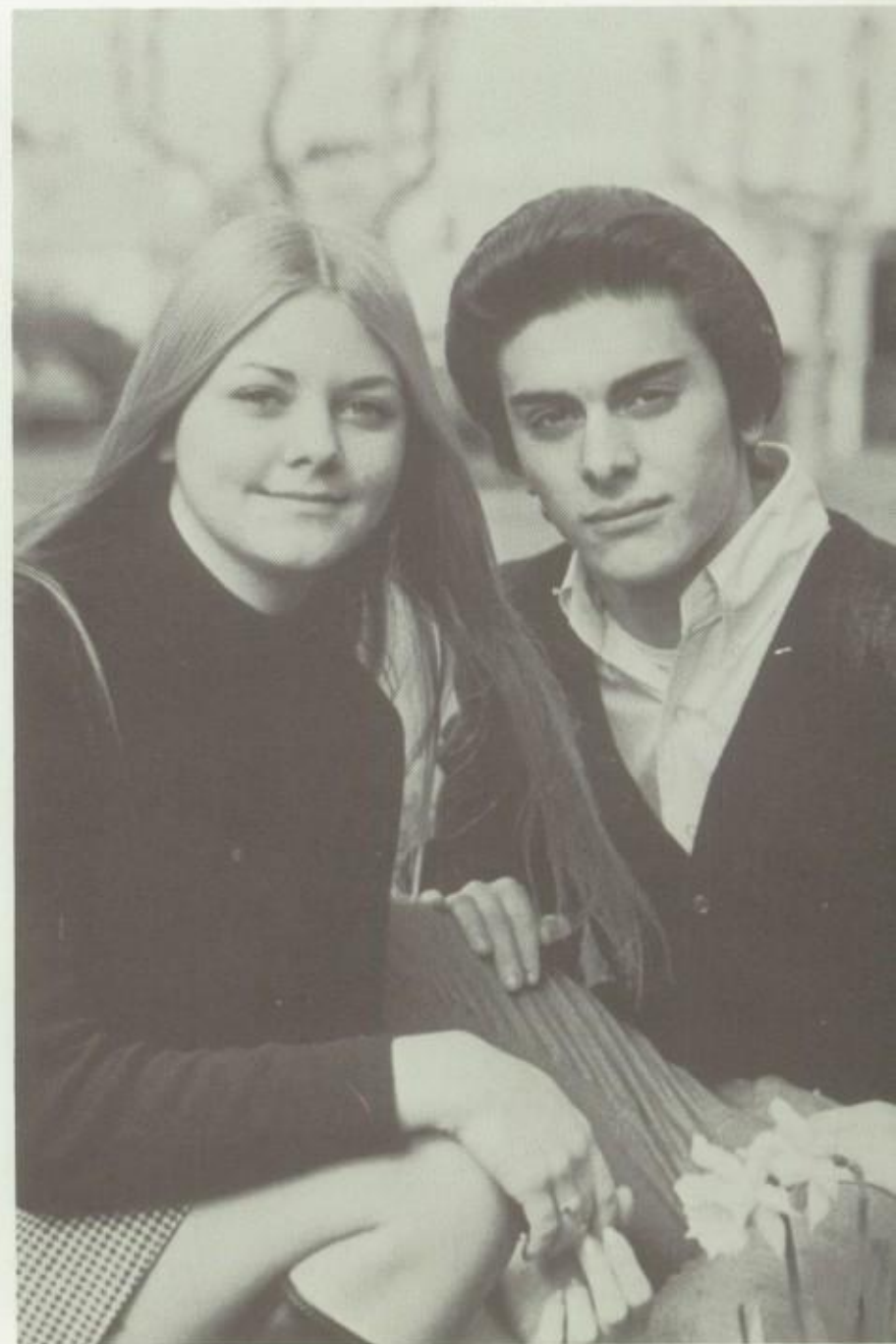
**Charlie Simpson and Pam Gibson — Best Personality.**



**Martie Way and Gary Castro - - Best Dressed.**



**Rich Fongheiser and Ceva Bauer - - Most Talented.**



**Sharon Wiseman and Gregg Eskelson - - Prettiest Hair.**





ette Reilly and Rick Trujillo - - Most Freckles.



Left: Denise Milton and Pete Berwith - - Best Figure and Physique. Above: Ken Young and Fran Carbonaro - - Typical Seniors.

## "I Have Had Playmates

I have had companions,  
In my days of childhood, in my  
joyful schooldays, -  
All, all are gone, the old familiar  
faces.

I have been laughing, I have been  
carousing,  
Drinking late, sitting late, with  
my bosom cronies, -  
All, all are gone, the old familiar  
faces . . .

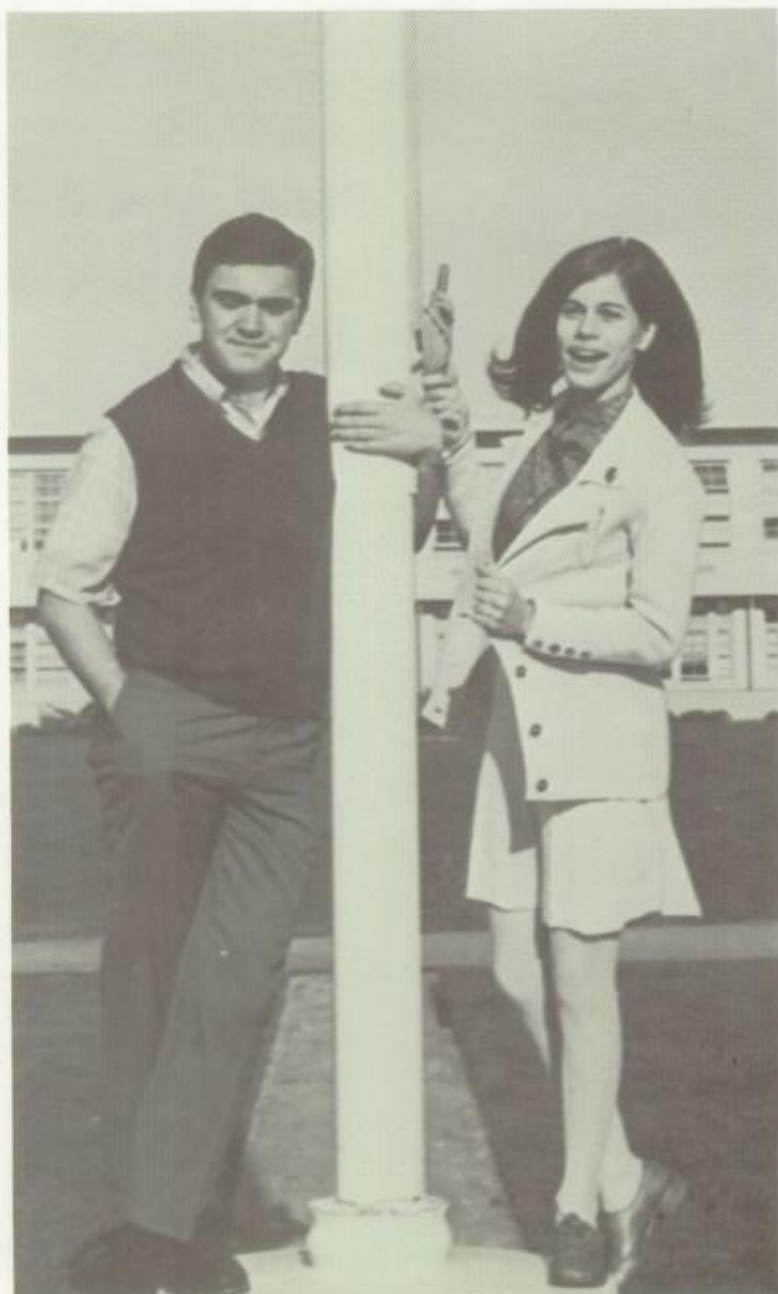


**"I Loved A Loved One,**  
 fairest among women;  
 Closed are her doors on me, I  
 must not see her, -  
 All, all are gone, the old familiar  
 faces.

I have a friend, a kinder friend  
 has no man:  
 Like an ingrate, I left my friend  
 abruptly;  
 Left him, to muse on the old  
 familiar faces . . .



Kay Seagren and George Ondeck - - Most Appealing Smile.



Bob Abel and Carol Guerrero - - Class Comedians.



Roxanne Clarke and Don Ferguson - - Cutest Couple.





Chuck Vogelsang and Carol Davio - - Shyest.



Don Pepper and Deb Martin - - Most Likely to Succeed.



De Moyles and Bert Ferguson - - Dimples.



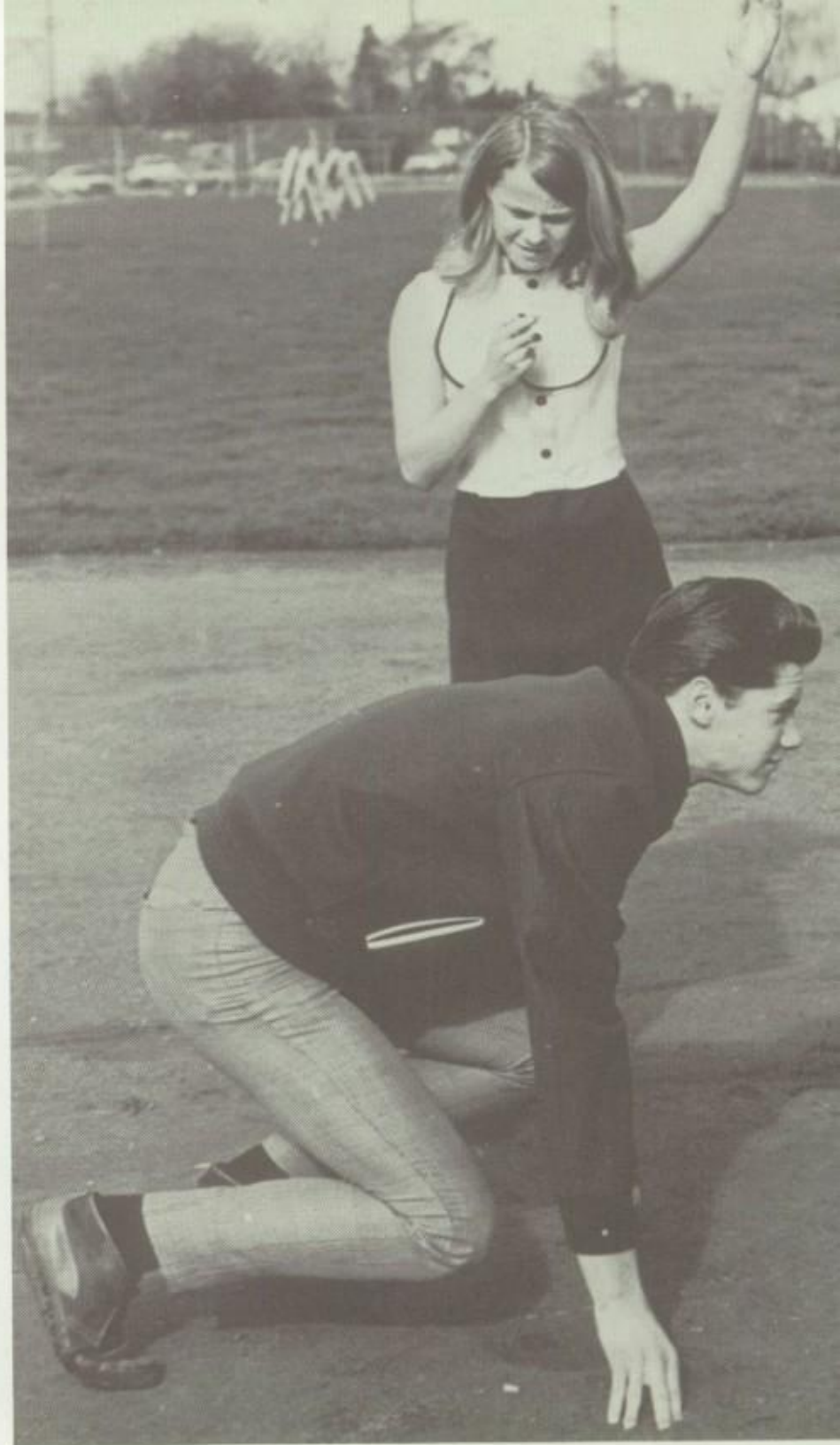
## "Ghost Like, I Paced

round the haunts of my childhood.  
Earth seemed a desert I was bound  
to traverse,  
Seeking to find the old familiar  
faces.

Friend of my bosom, thou more  
than a brother,  
why wert not thou born in my  
father's dwelling:  
So might we talk of the old  
familiar faces- . . .



Debbie Dowler and Gary Millhouse - Class Flirts.



Keya Kruger and Brad Cooper - - Most Athletic.



Ron Olivero and Margie Jones - - Most School Spirit.



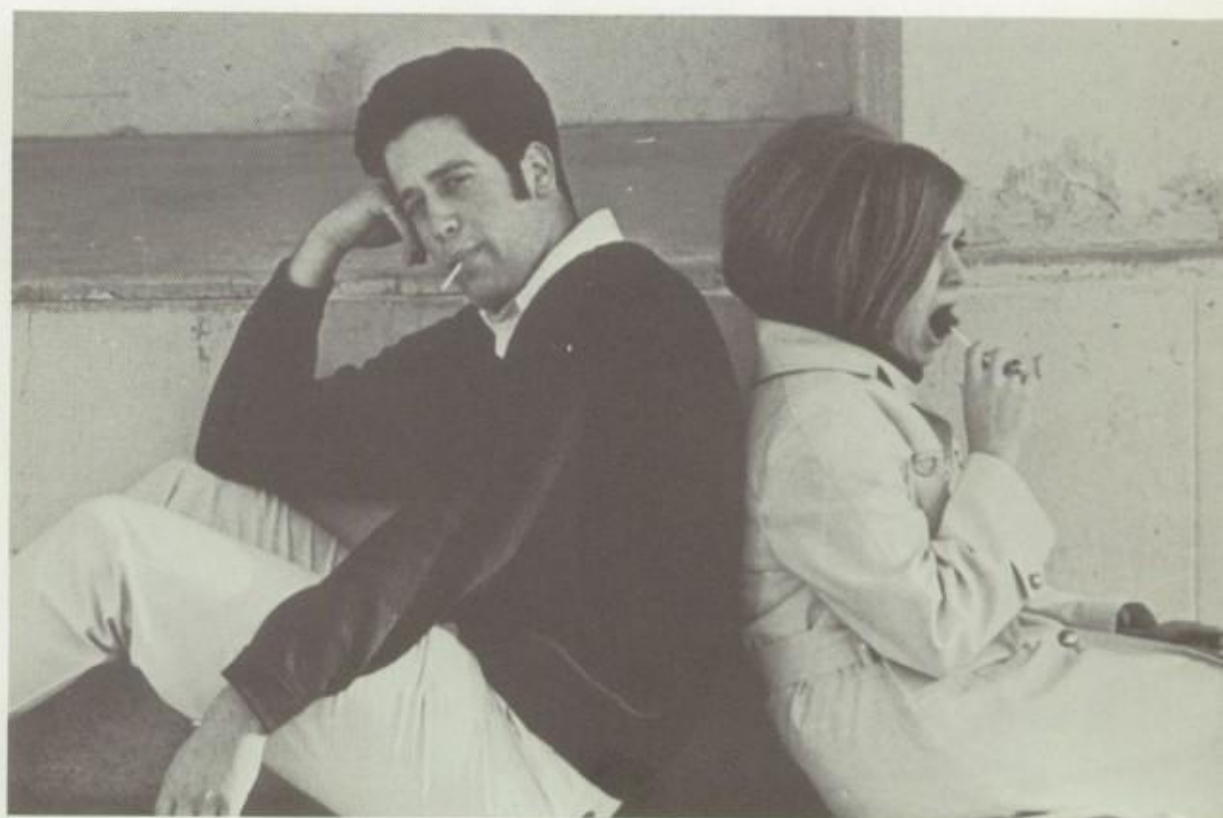
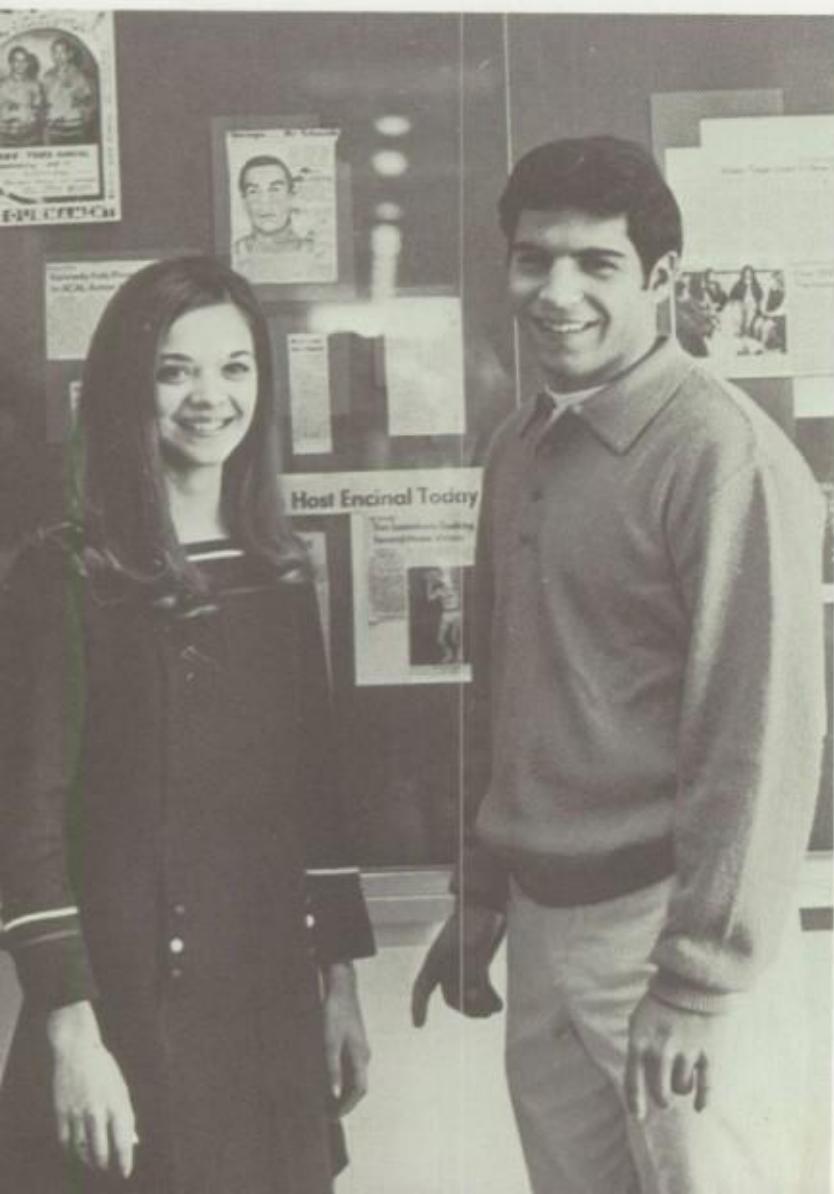


Rich Postma and Wendy Efigenio — Most Creative

**"How Some They Have**  
died, and  
some they have left me,  
And some are taken from me, all  
are departed, -  
All, all are gone, the old familiar  
faces."



Pattie Bean and John Hutchings — Prettiest Eyes



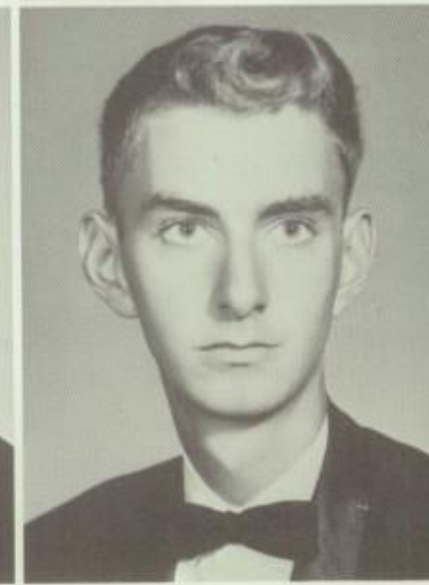
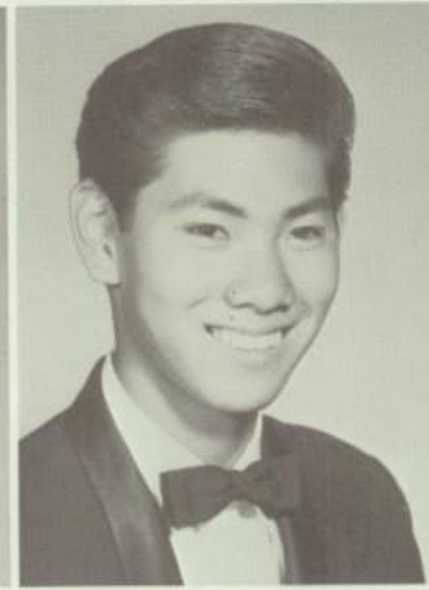
Don Rodriguez and Lynette Rego — Laziest

Marilyn Garrison and Ken Costa — Prettiest and Handsomest





**The Class of 1969** could possibly go down in history as the least-spirited graduating class in San Leandro High's history. Defeated in the class spirit competitions, they showed little of the attitude which made them winners as undergraduates. Refusing to respond as a unit to those activities which make up a big part of high school, they left little incentive to the classes that will follow. Maybe they all felt there is something more important, maybe not. In the following pages are the views of the Seniors of the class of '69 and what they thought of just anything.



EMIL ABATE  
BOB ABEL

DEBI ADAMS  
JACK ADAMS

WALTER AGUIAR  
RANDY AIKAWA  
ARTHUR ALBRO

PATT ALLEN  
BLANCHE AMARAL  
GARY AMATE





JEANNIE BALESTRINI

## Sometimes Incomplete

thoughts are all that come to the mind—"Let the river flow" . . . All ya need is Love . . . Beware of the inadequacy of words . . . Black is White . . . Life is one big lie . . . The betrayal of the body . . . You can't miss something you don't expect . . . French bread, cheese, apples, and licorice . . . Life without people isn't life . . . Rain is the sky crying . . . Half-Dome can be the top of the world . . . Spaghetti tastes better when strained through a tennis racket . . . The ocean is a world within a world . . . Bokomonism and Pinshoes . . . Ideas never die just men . . . Peace is also a state of mind . . . Kaleidoscope . . . Personal preference . . . Summer is here . . . Hello World.

Linda Eade



SANDRA BACHMAN  
DEMETRA BAKER



GEORGE ANDERSON  
STEVE ANDERSON  
MIKE ANDRES  
EVERLY ARTRU

MEREDITH ASHER  
DAVID AUYUNG  
MARK AYDELOTTE  
JOSE AZEVEDO





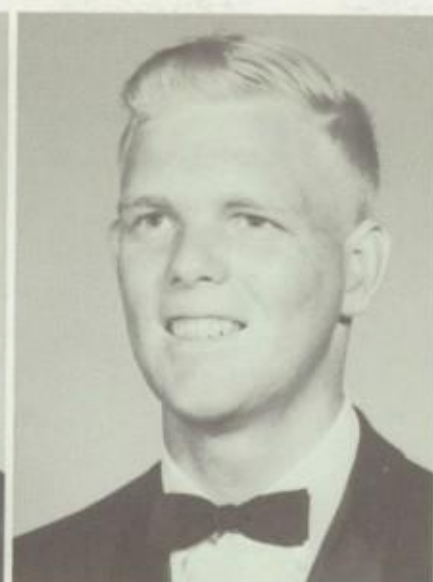


BARBARA BARBERA  
DONNA BARBERA  
GREGORY BARRETTE  
DIANE BATTILANA



CEVA BAUER  
PATTI BEAN  
LYNETTE BECKER  
BEN BEGIER





## There Are Outstanding

qualities in everybody, but these qualities are also buried by the clique. Once one is a member of this "all important" group, all the ideas of the group are assimilated together, and a central train of thought dominates the thinking of all members of the group. Once they break away, they lose this main thought and become the unique persons that they are. The tragedy of this is, however, that occasionally the student is isolated from this group, and the result is a mild sort of antagonism and disassociation with people not a member of the group. This is the main reason for the lack of unity among the students.

—Jill Fisher



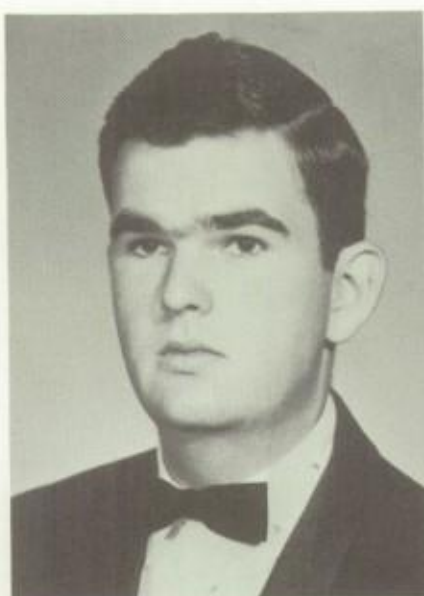
KAREN BEHRENS  
DY BELL  
ARTA BENITES  
RIS BENOTTI

JACK BERKHEIM  
BEATRICE BERMUDEZ  
JOANNE BERNDSEN  
PAT BERNHARD

JAMES BERWICK  
DEBORAH BETTENCOURT  
PETER BIERWITH  
PENNY BINGAMAN

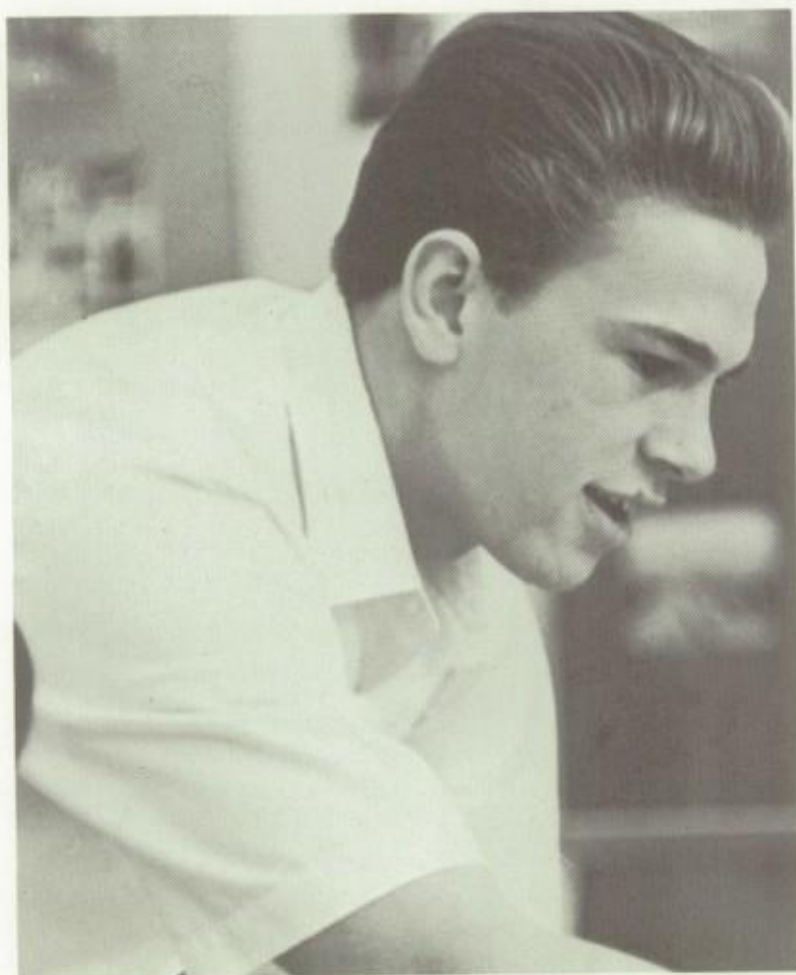
SIDNEY BLACK  
KENNETH BLAIR





LEE BLANKENSHIP  
STEVE BLASQUEZ

LINDA BONINI  
GREGORY BOURNE



Ken Tomatis finds his art work amusing.



JIM BRANDENBURG  
ANNETTE BRANDT  
JAMES BRANTLEY  
DANIEL BRIDGES

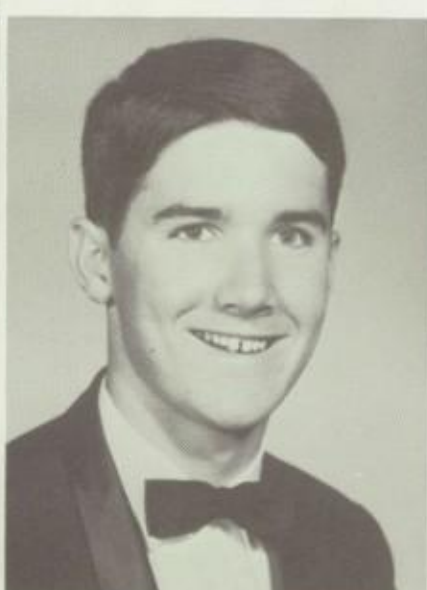
RUTH BROCKMOELL  
MICHAEL BRODIE  
CLAUDIA BROOKE  
DUANE BROWN



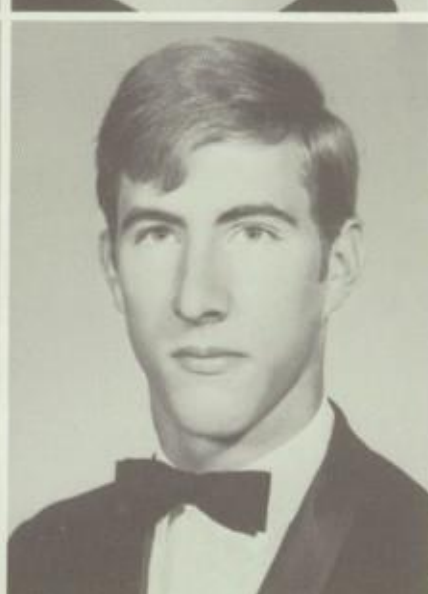


**The Main Problem** with SLHS is the same one that's wrong with the world - Communication. The faculty is so concerned with what we wear, if we're on time, homework and just plain discipline, that I think they overlook the most important thing - how we're really growing - how well we relate to life. I wish we could think of each other as people, instead of "students", or "teachers."

—Julie de Fremery



Steve Kouns and Randy Alkawa listen intently to a lecture.



AREN BROWN  
DREN BROWN  
CK BRUMBAUGH  
HANNA BUCHELI

DIANA BUHL  
BETTY BURKE  
WILLIAM BUTLER  
RANDY BYRAM

DENIS BYRNE  
PATRICIA CALCAGNO

DEBORAH CALVAO  
JAMES CALVIN





EVELYN CAMACHO  
DIANE CAMPANELLA

BARBARA CAMPBELL  
JON CAMPBELL  
RENEE CANDELARIO

LORAY CANHAM  
LINDA CANNON  
CAROLYN CAPPS

FRAN CARBONARO  
PETE CARBONARO  
BARBARA CARCOT

**San Leandro High** has too many so-called "high class" people who think they're too good to yell at rallies and such. The cheerleaders and song girls have to have a lot of courage to do solos at every rally and assembly. When I talk to kids from other schools who are so excited about their games and have so much spirit and then come to our school where no one cares, it's pretty depressing!

—Julie Wakefield







CHRISTINE CARDEN  
MARIE CARDIASMENOS  
TINA CASALEGNO

DENISE CASTELLANO  
ART CASTILLO  
GARY CASTRO  
NANCY CENTONI

MIKE CERRO  
TED CHANDLER  
PAMELA CHICK  
LEIGH CHRISTOPHER

JANICE CIMINELLO  
RAY CISNERO  
JOANN CLARK  
SHANNON CLARK







ROXANNE CLARKE  
RICH COATS

TOM COCKRILL  
LONNIE COHN



ROETTA COLLIER  
DEBBIE CONDENSE  
BRAD COOPER  
RICH COOPER

DANA CORDEIRO  
LYNDA COSGROVE  
KEN COSTA  
MIKE COSTA



Junior, Louise Pennella waits for Bob Sbranti to finish copying Dennie Dame's homework.





**Strange As It May** seem, the big problem with the society is that it is moving too fast. Too often our accomplishments in science and industry are not matched by intellectual and emotional maturity. We are like children playing with dynamite, and when the explosion occurs, we'll never know what hit us. Who says we're ready for the stars? I sometimes wonder if man is ready for the earth.

—Jon Cambell



JOHN COTTER  
LARRY CROWELL  
BOBBIE JEAN CURRY

MARY CROSSLEY  
LARRY CROWELL  
BOBBIE JEAN CURRY

CHARLENE CUSCHERA  
EDWARD DALKE  
DENEASE DAME

DIANE DANIELS  
TERRI DAOUST  
KENNETH DAUFEL





CAROL DAVIO  
DONNA DeCESARE

ALIX DECKER  
DEBORAH De DOMENICO

JULIE De FREMERY  
TOM De GENNARO

**Education Is** a privilege, not a right, and it seems to me that many of the students at S.L.H.S. and throughout the nation, have either forgotten about or begun to take advantage of this privilege. It is evident that our generation is one of profound thinkers, and San Leandro High seems to have its share. During this past year, the "hair" issue has played a large role in school thought. I have heard many arguments for the abolishment of the present dress code by students, and during the fall I also witnessed these same people rudely display their distaste toward a person with an opposing view. I do not understand how a group who says "we are old enough and mature enough to wear our hair long and not have it interfere with our studies", can act as they have. Respect demands respect, and I think much more progress could be made if these students would be willing to sacrifice "some hair" for a mutual understanding with the faculty. Prove you are mature and then ask for a privilege; until that time you will gain no ground.

—Deb Martin



JEAN De GRACE  
BOB DeMARIA  
JOE De MELLO  
JANET DePACE





Theresa Smith practices facial expressions for drama.



CINDI DUNN  
DAVID DUNNING  
JOE DUTRA

LINDA EADE

RALD De VORE  
MICHAEL DITTO  
IDA DIXON  
LEN DOMINGUEZ

DEBORAH DOUGLASS  
DEBBIE DOWLER  
MARA DUARTE  
ERICA DUEMLING



Seniors get down to business.



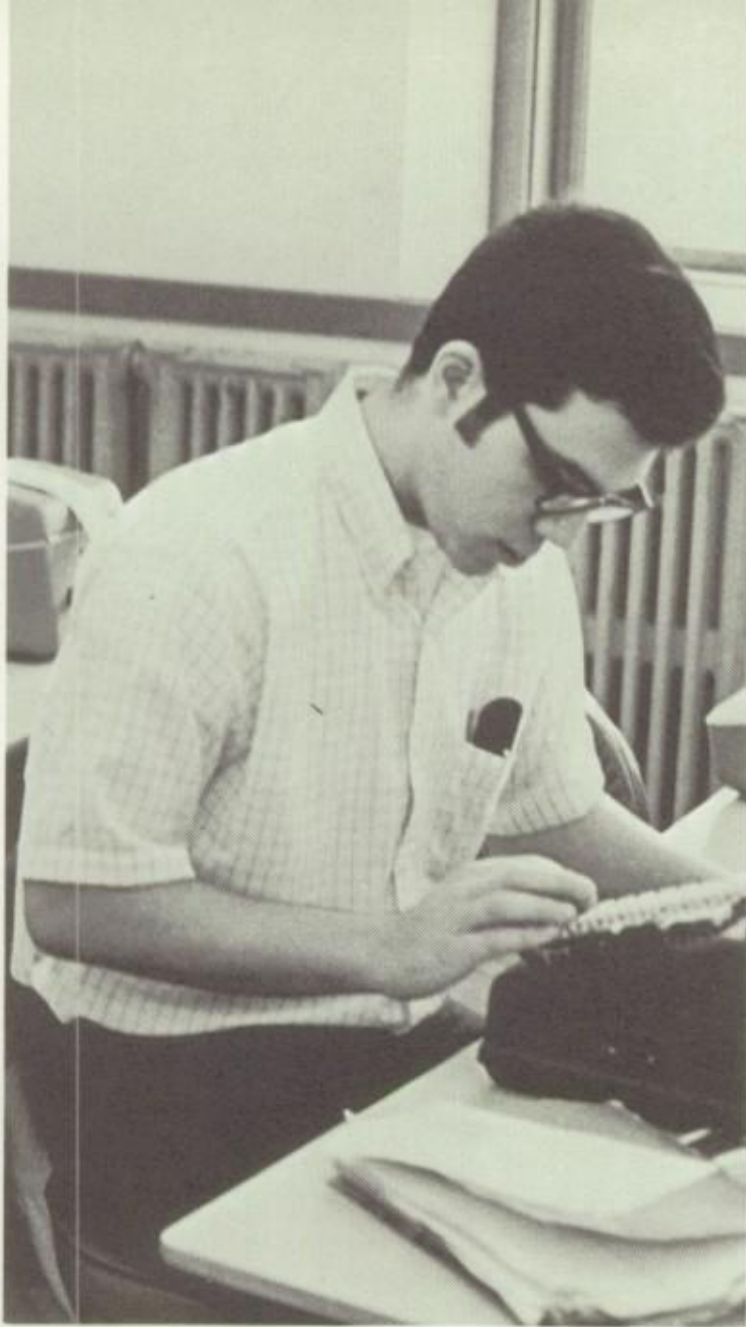
JEFF EDELL  
PEGGY EDSTER

WENDY EFIGENIO  
CINDY EHLERS

JOY ELLIOTT  
GEORGE ELLIS  
JENNIFER EMARD  
DAN ENOS

KEN ENOS  
KEN ERHARDT  
KAY ERVAN  
GREGG ESKELSON



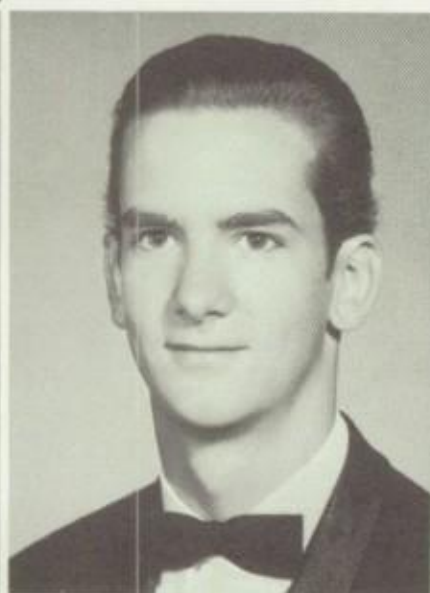


Bob Sbranti prepares himself for the future by studying business machines.

## I Feel That The Past

three years at San Leandro High have been of valuable service to me. I have Mrs. Hood, my counselor, to thank for her guidance and help during these important academic years. In the past three years I have had the opportunity to have Mr. Romero as an Art teacher. Mr. Romero showed me both the encouragement and criticism in my work that is important to any artist. One of my most profitable experiences at San Leandro High has been serving as Art Editor of the 1969 Anchors Aweigh. When I graduate from San Leandro High I plan to attend California State College, Hayward. I am going to be an Elementary School teacher and continue to do work in commercial art and illustration.

—Wendy Efigenio



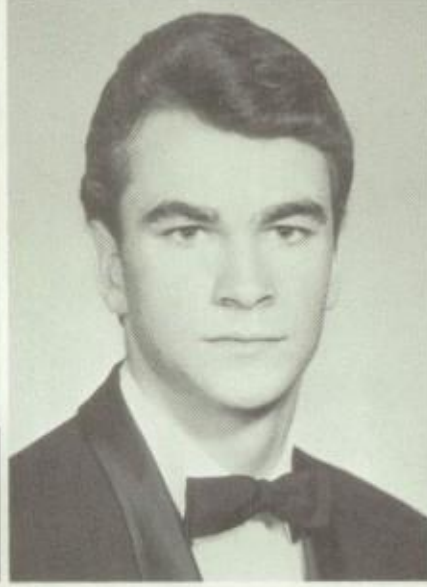
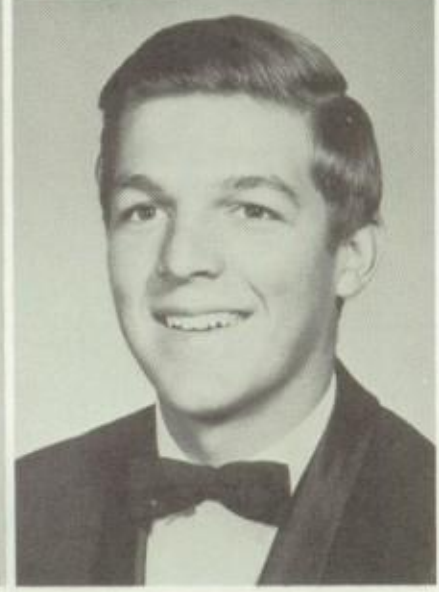
THOMAS ESPOSITO  
BERT FAGUNDES  
PEG FANJUL  
ERYL FARNSWORTH

BERT FERGUSON  
DON FERGUSON

VEDA FERNANDES  
WALTER FERNANDEZ

JAN FINKE  
LINDA FISCHER





JILL FISHER  
PAM FISHMAN  
GARY FLINT  
WILLIAM FLINT

DON FLORENZEN  
RICHARD FONGHEISER  
GEORGE FORSBERG  
LAURA FRANCIS

KENNETH FRATES  
BILL FREEMAN  
LINDA FRYE  
SHELLEY FURTH

JORENE GALATI  
JOHN GALBRAITH  
WENDY GALVAN  
SUSANNA GARDNER





**This School** has prepared me for the future O.K. - that is, future in terms of Chabot and Santa Cruz—but it hasn't done much in the way of providing stimulation, or at least opportunity for, thinking, that's been provided by my friends, and Rod McKuen.

—Julie de Fremery



ove, Human Development was a popular class among senior girls.

MARILYN GARRISON  
MIKE GARRISON  
WILMA GEBHARDT

JANE GEHRKE  
JANET GEISE  
VICKI GERSTEN

PAM GIBSON  
ELIZABETH GILL  
BILL GLEASON



## Although The School

in no sense is perfect. I personally do not have a large gripe about the administration of our school. The largest gripe I have does not directly involve the school but rather the students in it. It bothers me to see all the complaints constantly made by many students because they aren't able to do certain things. While criticism is often needed in order to improve conditions, many of the complaints in our school are quite irrationally made and there is a tendency to overthrow all restraints. I believe that if every member of the student body will stop and realize how many privileges he or she has, many of the unnecessary complaints could be eliminated.

—Bob Matzen



SUE GLOVER  
BEN GOLDBERG

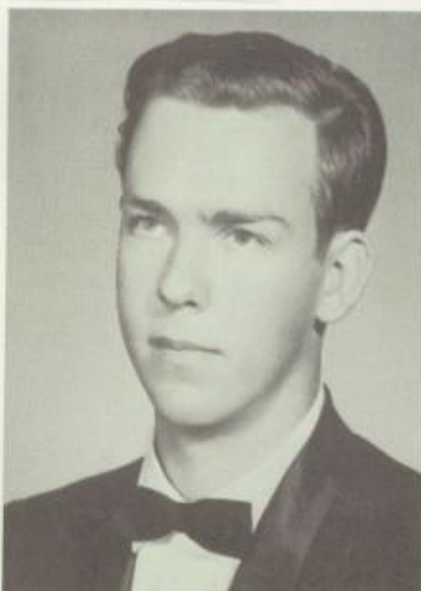
GARY GOLZ  
FRED GOMEZ  
DIANE GONZALEZ  
LINDA GONZALEZ

MERRY GOTOWKA  
PATRICIA GRAGG

CATHY GRAHAM  
ERLIEN GRANAHAN



Self expression appears in many forms. Left, Michele White dances. Below, Cindy  
 Nagers talks with Dan Nagle.



CKIE GROOVER  
 RK GROVER

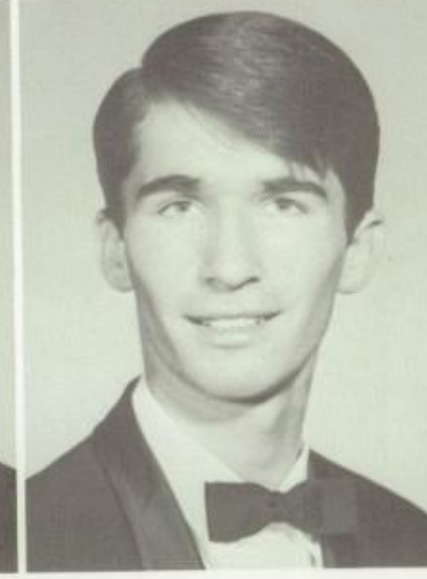
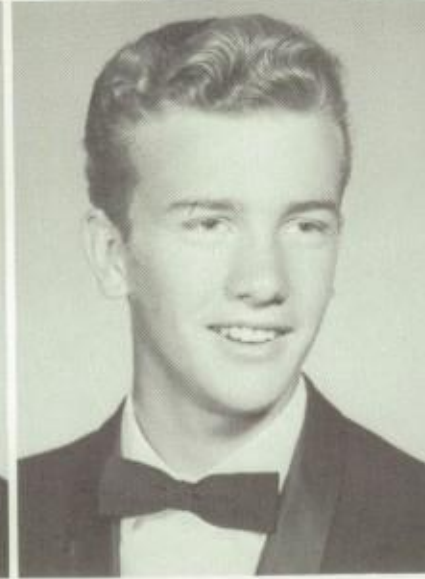
VOLKMAR GUENZLER  
 CAROL GUERRERO

MAHLON HACKER  
 MICHELLE HALL

MARIT HANSEN  
 PAT HARKEY  
 BOB HARPER



Larry Tonkin appears intent upon the lecture.



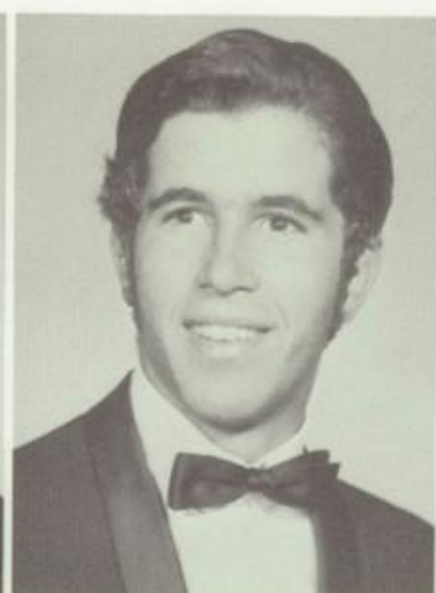
BILL HARRINGTON  
MICHAEL HARRISON

CHRISTINE HART  
WILLIAM HARVEY

LOUISE HATMAKER  
CAROL HAVERCROFT  
ELIZABETH HAVERCROFT  
RON HAVERCROFT

DONNA HAZEL  
LORRAINE HENAF  
GALEN HEYDER  
RICHARD HOM





JIM HUTCHINSON  
NANCY INNS

DAVID JARDIN  
KEN JARDIN

ANTHONY JEFFREY  
JANICE JENSEN



RY HUGGINS  
ET HUGHES  
AFIE HUNT  
IN HUTCHINGS



**I Wish** people would just be honest and true to themselves, and perceptive, sensitive, and just plain excited about life. But I suppose that's too idealistic, isn't it? If that happened there would be no more wars, prejudice, speed-freaks, or politicians—what would people do all day?

—Julie deFremery

Kay Seagren improvizes "a typical school day" in Mr. Logsden's drama class.

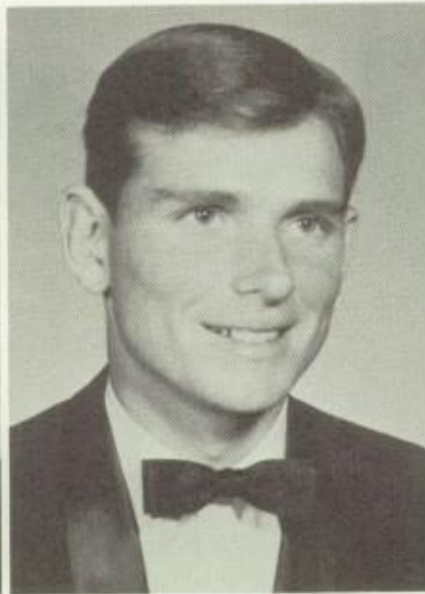




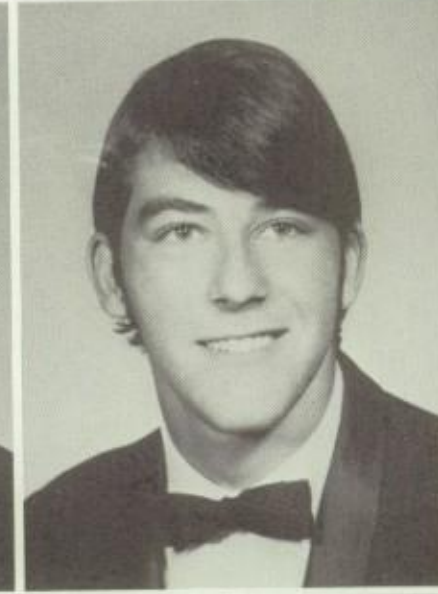
Patt Allen stands out in a crowd.



MIKE JEPSEN

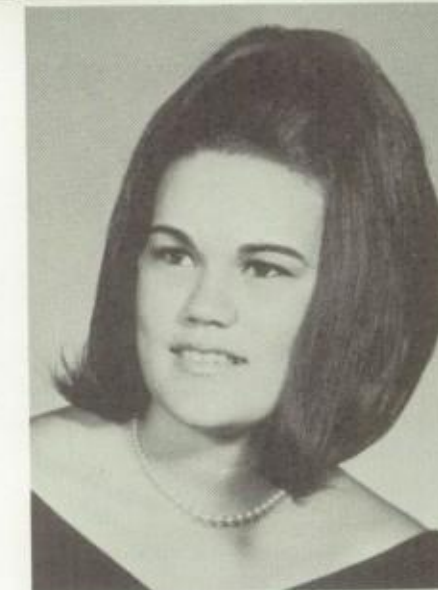


DOAK JONES



**My Biggest Gripe** about SLHS is the students. They have the notion that nothing can be accomplished by students for their benefit because of the so-called "old fashioned" administration. Working closely with them the past two years has proven to me without a doubt that this is untrue. If students present an organized plan for a change and go through the correct channels of getting a change made, things will be done. The process, although unfortunately a slow one, will eventually enable a change to take place since it gives people time to really evaluate the validity of the request and come to some solution. If students try to get a change by flagpole rallies and 20-page petitions, the administrators will immediately suppress it since they are making a demand that isn't really justifiable. In short, students can accomplish things if they do it in an organized, peaceful way.

—Don Pepper



MARGIE JONES  
ANTHONY JOSEPH  
JESSICA JUSTINO  
BOB KALANI

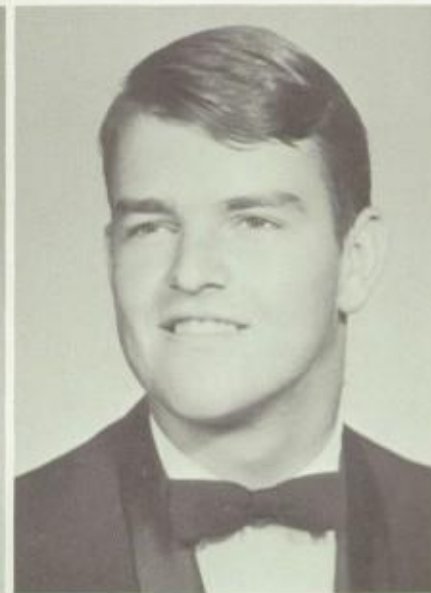
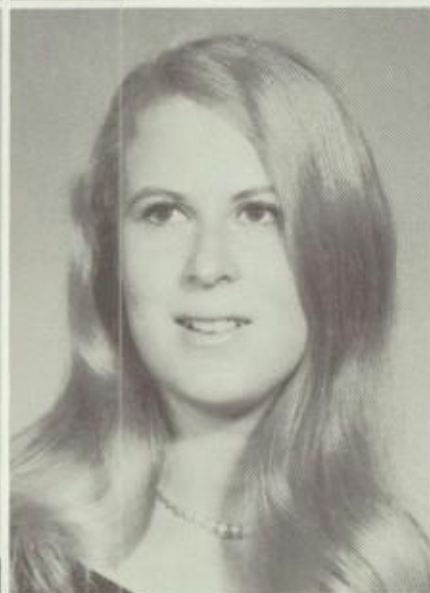


NORMA KAMMERER  
MIKE KANALAKIS  
LINDA KANE  
MARCIA KAPPLER





D.J. slyly eyes the cameraman.



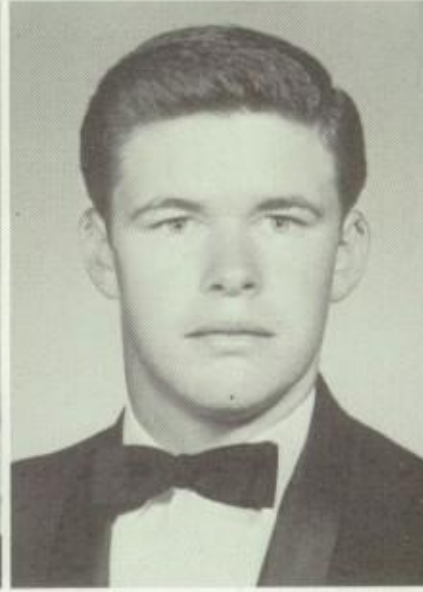
RNA KAUFMAN  
AUREEN KAUFMAN  
ACKI KAUL  
INDA KEEFE

ROBERT KELLER  
BEVERLY KELLY  
KATHY KELLY  
BARBARA KENDALL

NANCY KIEL  
CRAIG KITCHEN  
ELENI KOLOMUOTOS  
DIANNE KOSS

STEPHAN KOUNS  
MATTHEW KRILETICH





LYNN LARSEN  
MARILYN LAWSON

JANET LEE  
MONTIE LeSTRANGE

KETA KRUGER  
KAREN KUNICH  
NANCY KUYKENDALL



Julie shows her interest...



FRANCINE LEVINE  
BILL LEWAN  
SCOTT LIEBELT  
SUE LIEDERBACH

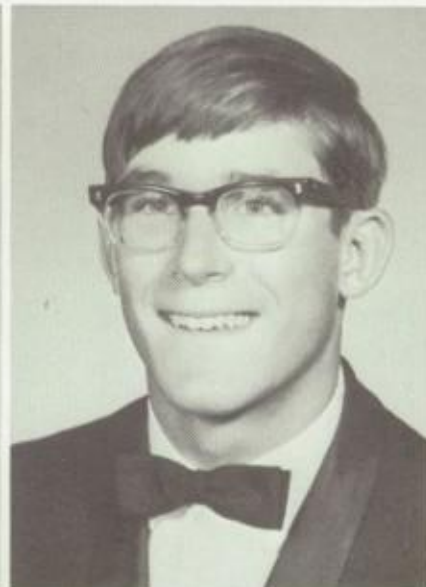
**Mr. Soares** has been the biggest help to me for taking a genuine interest in helping me strengthen my few talents and helping gain confidence in myself.

Why does everyone have to have a gripe? I think the school is pretty good like it is. My gripe, I guess, is that not enough kids think that way.

—Julie Wakefield



...in both academic and cooperative classes.



RICHARD LOVECCHIO  
YMAN LOWE  
NDA LOY

DANIEL LUISOTTI  
NANCY LUKANISH

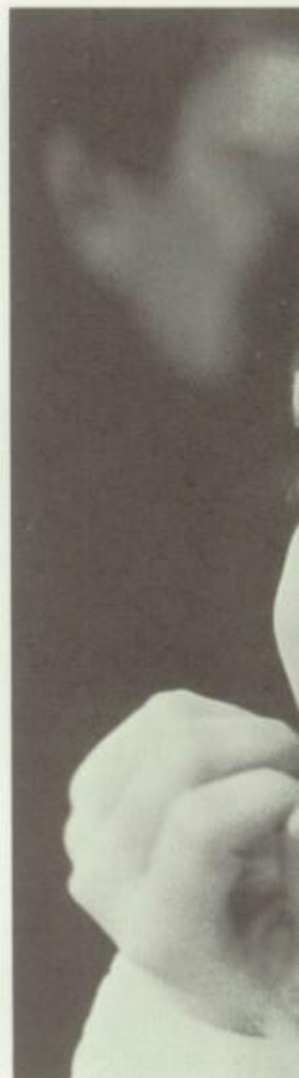
TERRI LUNN  
BILL LUSK

BOB MAASS  
MARLENE MADEIROS



**Under The Vast** category of social morality falls some of the world's greatest problems; war, racism, religious discrimination, economic discrimination. All these are questions of morality, the idea of doing the right thing. I feel that the idea of doing the right thing is to put yourself in the place of the individual that you're about to inflict your prejudices on before doing so. By doing this, you will realize how harmful and unfair you're being; in a very general sense how immoral.

—Jill Fisher



LYNN MADLER  
MARY LOU MAGNUSON  
NANCY MAHON

STEVE MALONE  
JEFFREY MANNISTO  
GARY MANSELL

GREG MARCIEL  
BONNI MARION  
RONALD MARQUEZ  
CAROLE MARSTON

CHERYL MARTIN  
DEBORAH MARTIN





Nancy and Karen  
rip off big smiles  
for the photo-  
grapher.



MARK MARTIN  
EVE MARTIN

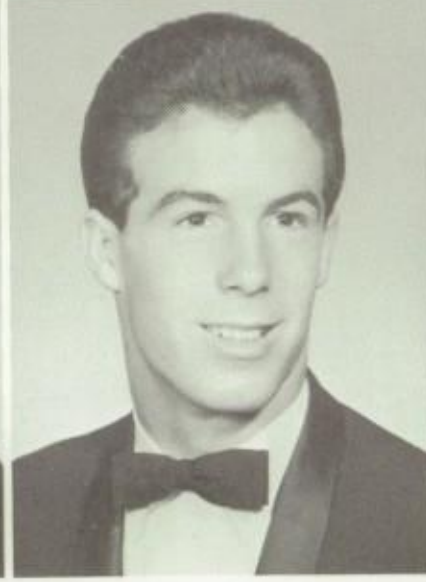
YVETTE MARTIN  
PRISCILLA MARTINEZ

ROBERT MATZEN  
PAM MAXSON

RON MAY  
CAROL MAZZEL



Seniors find more time to relax in class (right: Marianne) than in the too short lunch hour (below).



LAURIE McLACHLAN  
CRAIG McClure

CAROLYN McCOLM  
BRENDA McCLEAN  
MICHELLE MENDONCA  
RICK MERKEL

LINDA MERRION  
NANCY MERTZ  
GARY MILLHOUSE

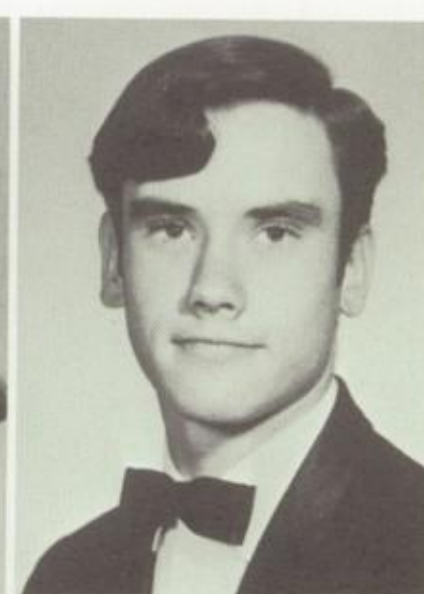
DENISE MILTON  
JERRY MINCEY  
DENISE MINION



## The Goals I Believe...

...have achieved are my grade point average and the work I'm doing. I think I'm on the verge of learning for the sake of learning, instead of the sake of grades. All my friends have become more of a special meaning to me. Learning has become more of an excitement and a challenge. I plan to go to the University of California at Davis.

—Kim Woishnis



CAROL MINNEBOO  
ARLENE MIRIGIAN  
LINDA MOLL

MARK MOLLER  
LYNDA MOLLINS  
WAYNE MONEZ

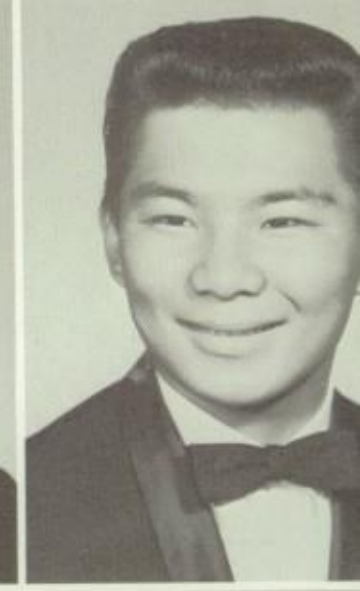
CHERYL MONROE  
DWAINE MONTES  
HENRY MONTEZ

PHILIP MOODY  
RHONDA MORANDO  
KEN MORDOFF





Left, Donna Hazel experiments in drama class.



KATHLEEN MORFORD  
TOM MORRIS

JANET MOSS  
RNADY MOTTASHED  
MURIEL MOULTON  
RICHARD MOYLAN

SUSAN MOYLES  
KAREN MUDGE  
JAMES MULLER  
GARY MYERS

DAN NAGLE  
MARTY NEAL  
DAN NEISHI  
JENNIFER NELSON





Bill Harrington stares into space.



SUSAN O'KEEFE

ERNEST OLIVER



YCE NELSON  
EVE NEWKIRK  
ANNE NICKERSON  
ORRIT NIELSEN

CRAIG NOBLE  
JOAN NORDLANDER  
FRED NUNES

**It Would Be Hard** to limit it down to one person who has helped me the most in the past three years; I would have to include two people. First, I believe would be Mrs. Brown. She was the first person who encouraged me to think. She taught me how to assimilate knowledge so that it could be applied to many veins of thinking. She also lacks the facade that envelops most teachers. She breaks out of the authoritative role and speaks with the student on a personal basis — she talks WITH the student, not AT him. It was because of the lack of this facade that I was able to enlist her guidance in personal problems and ask her to write me various scholarship and college recommendations. Mr. Thayne has also been of considerable help to me, emotionally, more than any other adult. He has a very disarming nature. This, coupled with understanding, makes him a great counselor. When I have felt there was no one else to talk with and didn't know how to handle a situation, he helped me immeasurably.

—Jill E. Fisher



Sharon, Diane, Mara, and Dave dance to the music.



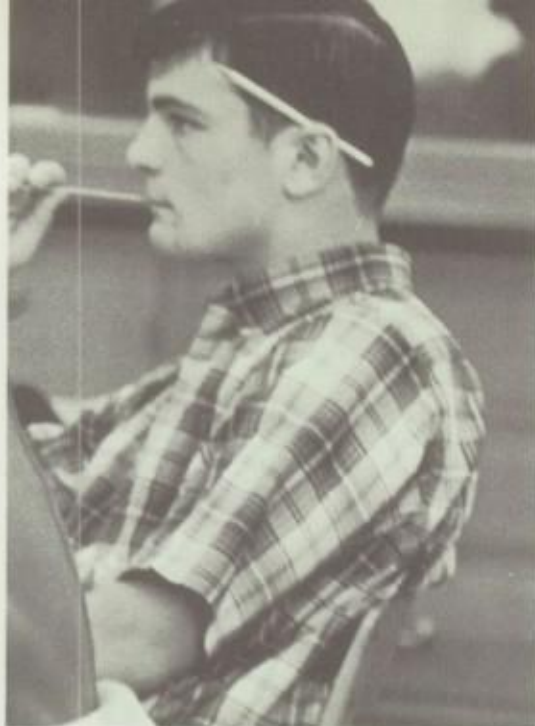
RONALD OLIVERO  
GEORGE ONDECK

SHARON O'NEAL  
MARYANN O'NEILL

KATHRYN ONSTAD  
RICH ONSTAD  
JENNIFER ORNELLAS  
PETE PADILLA

PATRICIA PARR  
LINDA PATTEN  
BRETT PAVEL  
DIANNE PEARSON





Mr. Thayne draws Craig Kitchen's attention.



## Mrs. Brown and Mr. Vaz

have been the people most beneficial to me in the past three years. Mrs. Brown helped me understand a more personal side of teachers, as individuals rather than as instructors with tele-type lectures. She was as much a close friend as any of my peers, and I have always been sure if I have a problem that I can turn to her.

Mr. Vaz, during my senior year, has made me think for myself more than I ever have before. In his class he began asking us "why"?... "why" about everything, and I have learned to relate this same pattern of thought to my everyday life.

—Deb Martin



TTY PEEK  
RDON PEIRCE  
RISTINE PEPPAS  
N PEPPER

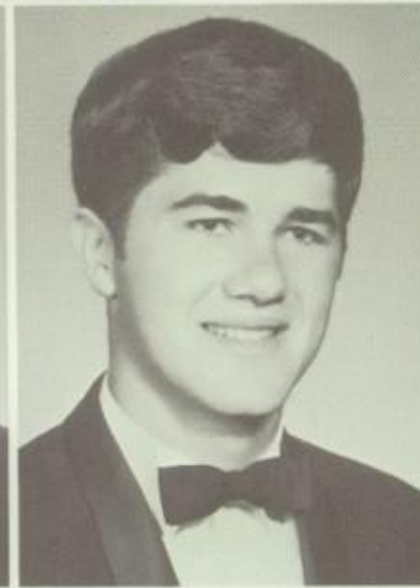
ROGER PETERSON  
CLAUDIA PETERSON  
KARIN PETERSON

SUE PETERSON  
JAMES PHILLIPS  
HIROSHI PIEDRA

GLEN PIERCE  
PATTY PIMENTAL



Drama is the spumoni ice cream of life.—Felton



TERRY PLUNKETT

BENJAMIN POSTBRIEF  
RICH POSTMA  
PETE PRATT  
JOANNE QUADROS

KATHLEEN QUINLAN  
SHIRLEY RABELLO  
RAY RADELL  
WILLIAM REALS

SHARON REED  
DAN REGAS  
FRANCINE REGO  
LYNETTE REGO





**Every Year** usually seniors win the spirit rally whether they yell or not. But this year we didn't—I think seniors should have won because they're seniors!

—Amy Strosina



MARY RODRIGUES

DON RODRIGUEZ



Wendy prepares a page for the Yearbook.

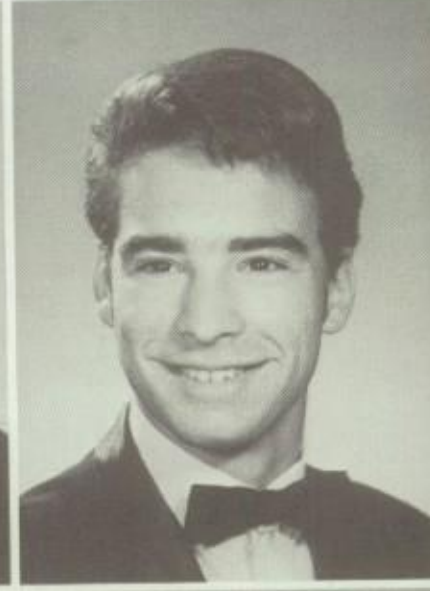
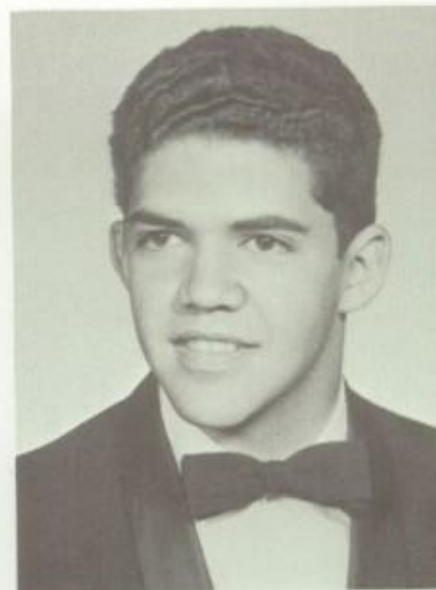
ETTE REILLY  
REPOSA  
RAUNANEN  
IN RICHARDS

MARIANNE RIIS  
NANCY RILEY  
KEITH ROBERTSON  
JOE RODRIGUES



**"One Gigantic Lie"** What if, for just one day, everybody told the truth. The Vietnamese would tell the U.S. diplomats what they really wanted out of the peace negotiations. Politician's campaign speeches would be full of promises—to themselves. T.V. commercials would admit the real quality of their products. Your friends and enemies would tell you the truth about yourself. Our whole social, political, and economical structures would come crashing down like some gigantic avalanche. The effect of the A-bomb would be like a fire cracker compared to the destructive power of the truth on the world. The world is one gigantic lie. But that is my opinion. What do you think—or do you ever think?

—Beverly Artru



NORMA ROGERS  
SCOTT ROMER  
DAVID ROSE

DEBBIE RUE  
DANIEL RUIZ  
DANALEE JO RUMBELL

MIKE SALAS  
BOB SANCHEZ  
DAVID SANGER  
BILL SANTOS

JAMES SANTOS  
ROBERT SARDELLA  
BOB SBRANTI  
PAUL SCHLEIN





ANDRO SERGIDES

BILL SERSEN



ARK SCHMIDT  
SCHULTZ  
DA SCHWARTZ  
ELA SCOTT

KAY SEAGREN  
SUSAN SEGALE  
SANDY SEGHETTI  
LUPE SEMMELRATH



Beverly Artru thinks!



## Let Me Ask You This:

What will your life be like five or ten years from now? Can you approximate the work or life you will be leading? I sincerely hope that, above anything else, you will remember it because it is something I wholeheartedly wish for every life. What do I mean? I mean that I wish you a full life of living for God. Even before I wish you success and happiness, I want you to meet Jesus Christ, the Son of the living God. This rich life with God as the boss, is only a prayer away.

—Jeannie Balestrini



NICHOLAS SHAMROCK



RONALD SHAW



ELLEN SHIBATA



SHERRY SILCOX  
JESSE SILVA  
RICH SILVA  
CHARLES SIMPSON





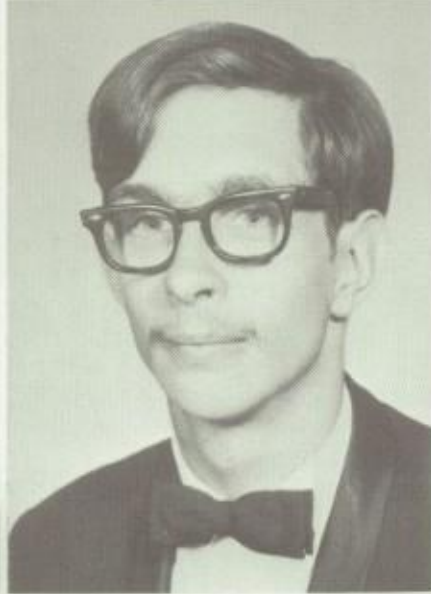
EBI SINGLETON  
JOHN SKOGLUND  
RICH SKOONBERG  
ANA SMITH

DONNA SMITH  
FRED SMITH  
GLENN SMITH  
SHERRI SMITH

TERESA SMITH  
THOMAS SNYDER  
DIANE SOUZA  
STEVE SOUZA

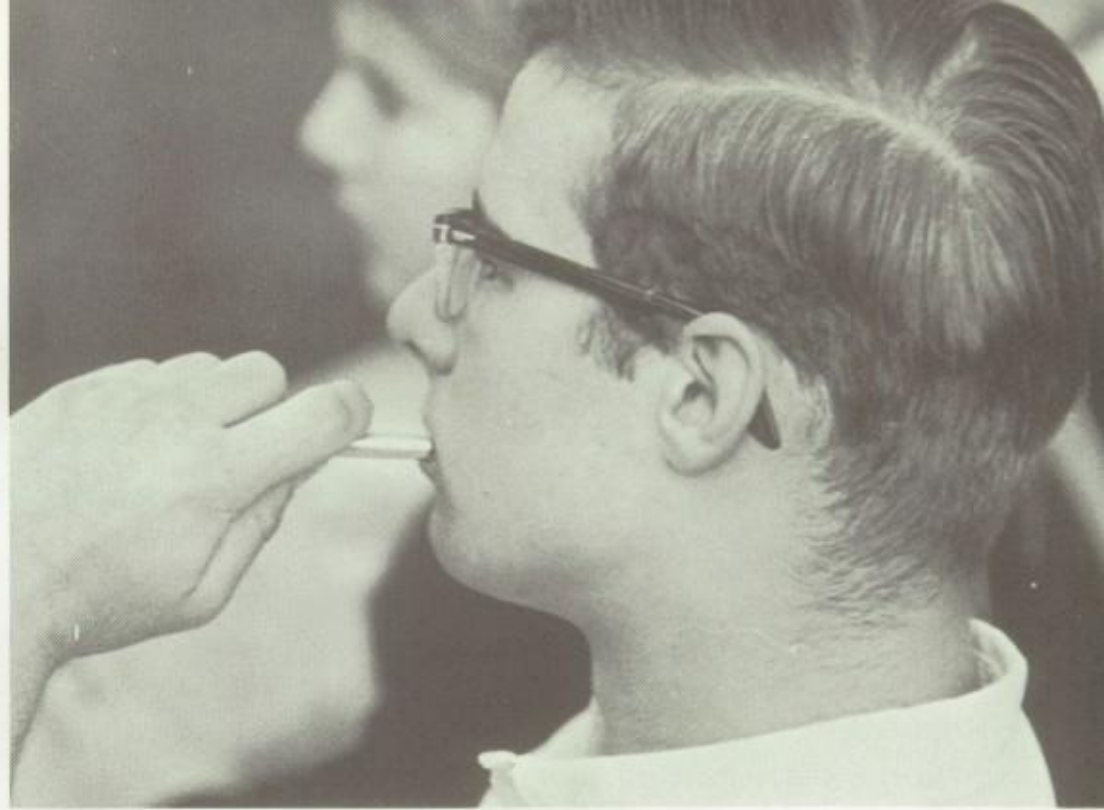
LINDA SOWARD  
RICHARD SPARACO  
ROZANNE SPINARDI





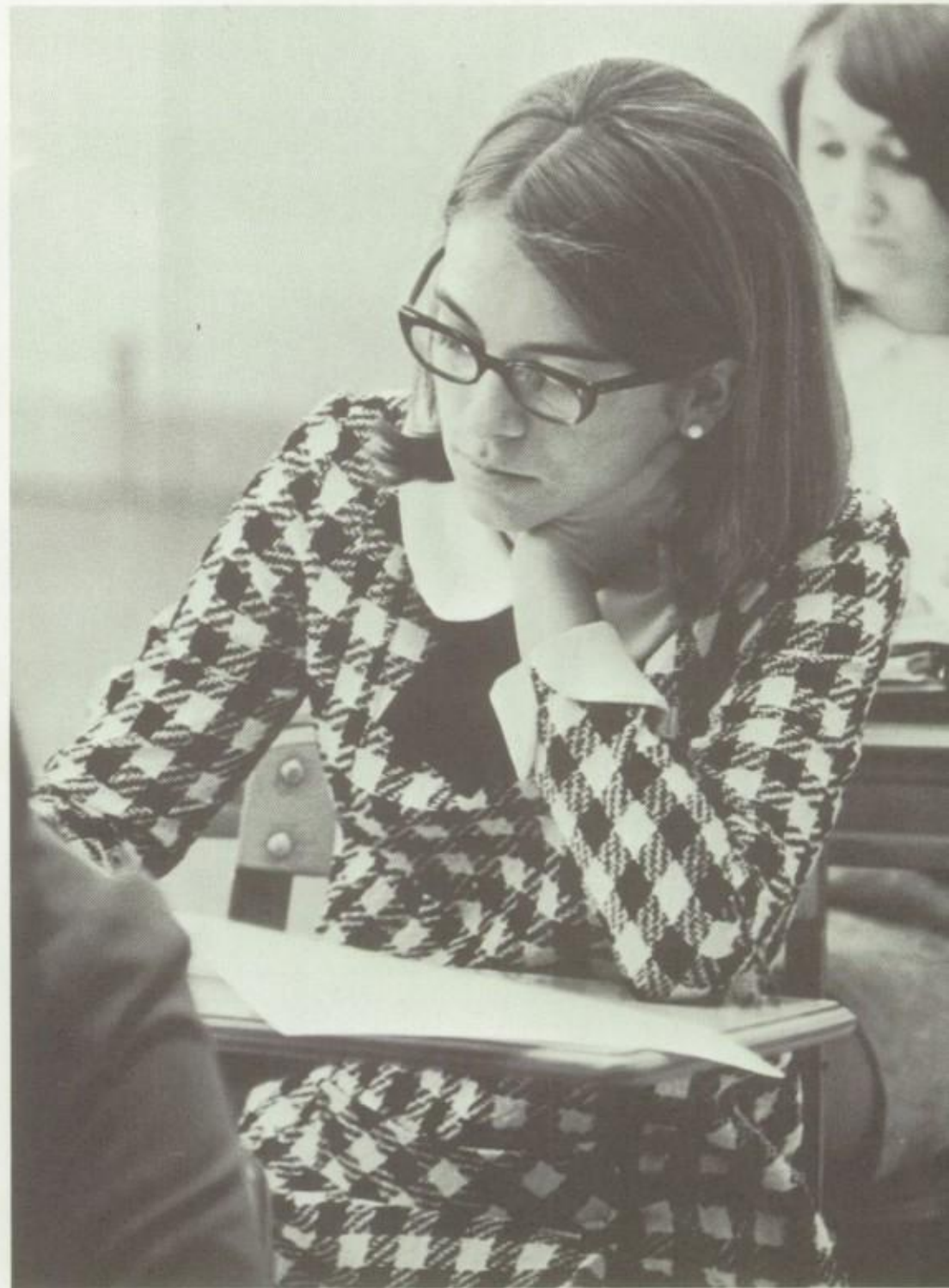
PETER SPOHN  
SANDRA SPRUANCE  
KATHY STARK

GEORGE STEPHENS  
DAVE STOKER  
CAROL STONE  
SHIRLEY STRAND



Dan Nagle considers some possibilities for the future.

Nancy Kiel is caught in a moment of serious studying.

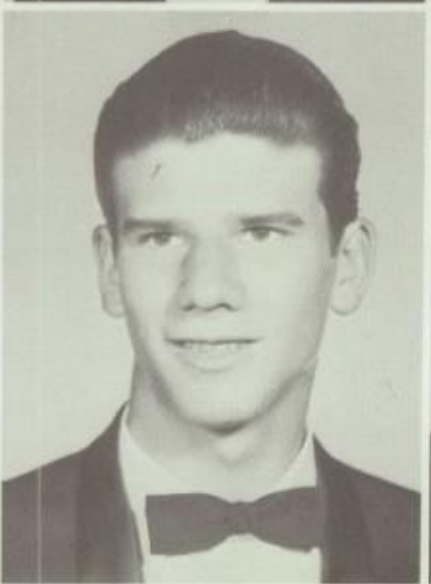
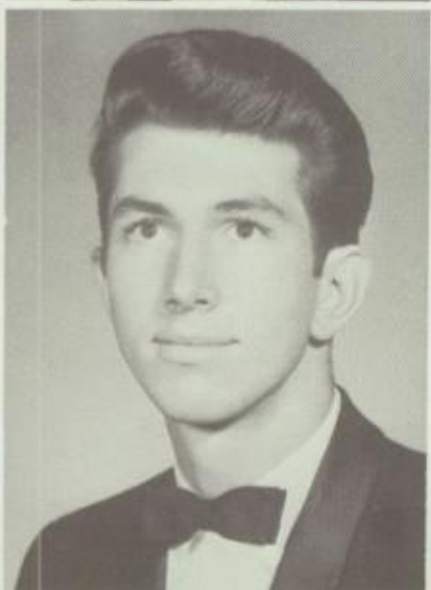






**It Is Common** to everyday see something in the newspaper about drugs. Even in our own school there have been students who have experimented with drugs. Why people want to ruin their lives and sometimes those of their friends, I don't know. Little is known about the side effects of these drugs and it is such a foolish way to have fun. This whole drug scene is nothing but an attempt to escape from the world. Drugs make you forget alright, but when the effects wear off you are right back where you started. It takes a much better person to face problems than a person who pops pills in his mouth or shoots himself full of drugs.

—Bob Matzen



TERRY STRASSER  
SUSAN STREHLO  
AMY STROSINA  
DEBI SUPRIANO

TERRI SUTLAGE  
LEE SWANSON  
GENE TAGUE

VENITA TASHIRO  
MAURINE THULLEN

MARK TIBBITS  
MIKE TODD



**Max Frobe** opened and expanded my horizons. He didn't conduct himself as a teacher but as an equal and a friend. There are many great teachers in this school but there is segregation between teachers and students. It's too bad more teachers couldn't cross the barrier.

—Rich Skoonberg



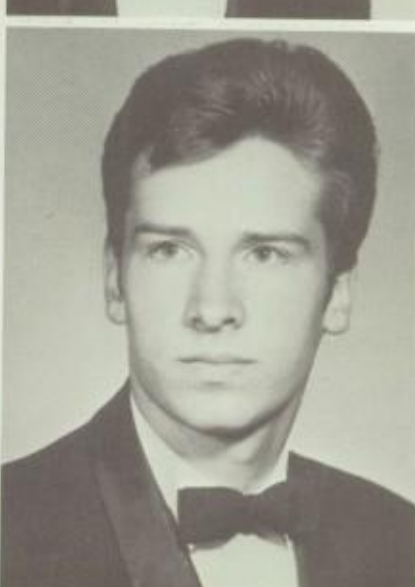
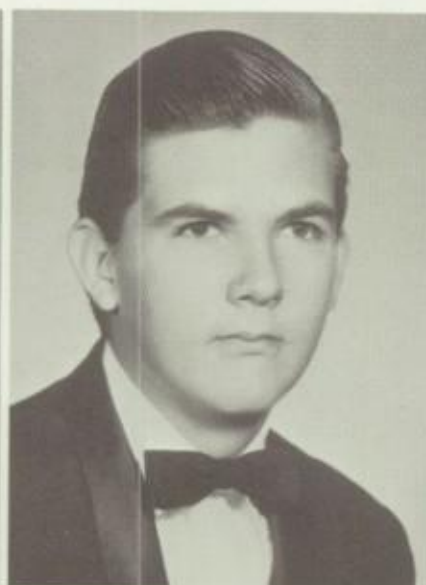
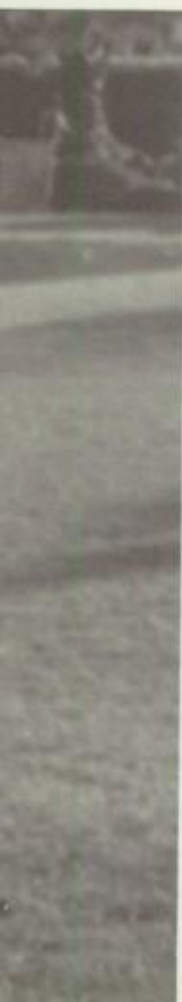
KEN TOMATIS  
TONIE TOMLIN

LARRY TONKIN  
CAROL TRAPP

RICK TRUJILLO  
DAVID TURNER

LEA TWYSEL  
FELIPE UGAILE





ARON UPTHEGROVE  
NE URISH

GEORGE VANECK  
CAROLE VAN LEIDEN

STEVE VARELA  
RENEE VERCELLIO

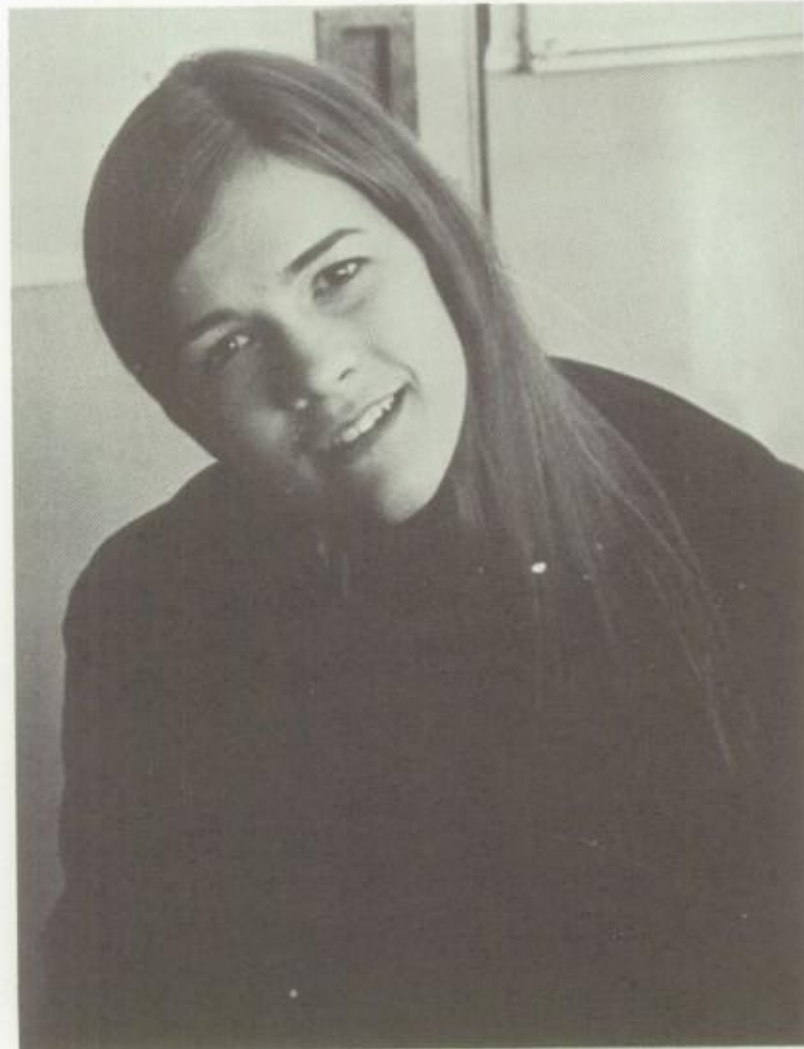
SANDRA VIAS  
SUSAN VIROMONTES  
LARRY VITAL  
CHUCK VOGELSANG



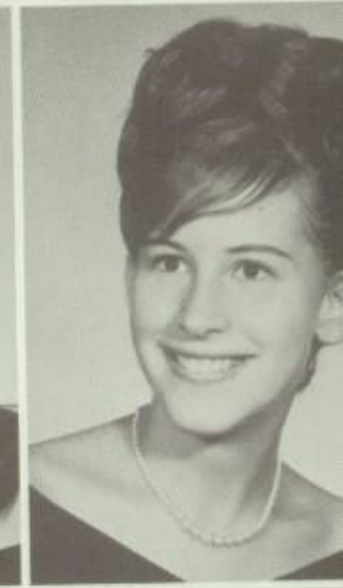
## "Break Their Shells . . ."

Most people are concealed in their own shell which shelters them from much of the pain and joy of living. They are so concerned with themselves that they haven't time for others. This is one of the major causes of much of the misunderstanding and strife facing our society today. If people will just break their shells, even a crack, there is a possibility for the creation of a world in which people live harmoniously and productively.

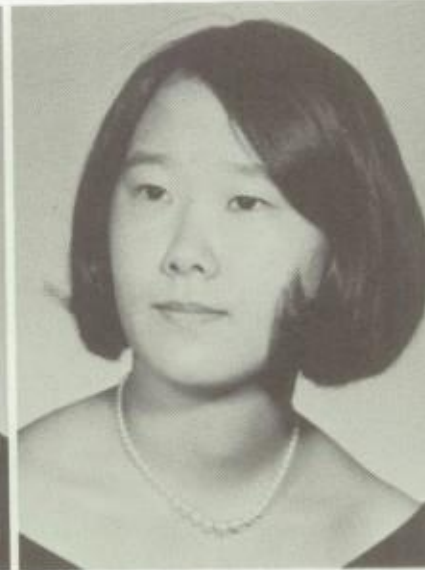
—Ceva Bauer



Betty Burke listens . . . but does she believe?



DAVE VON ROTZ



ANNE WADA



MARIANNE WAGNER  
SUSANN WAGNER  
JULIE WAKEFIELD  
CAROLYN WALKER



STACY WALKER  
ARLENE WALTERS  
CHARLYNN WARD  
MARTIE WAY

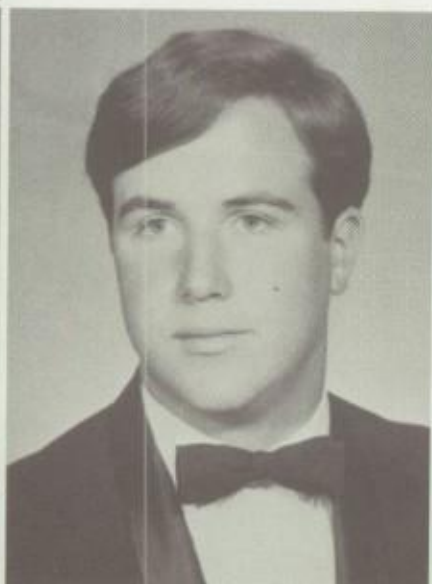




Wendy Efigenio at the Cal library.

**I Am An American** and proud of it. I have an American flag in my car, will gladly pledge it daily and profess the greatness of mom, apple-pie and being the girl he left behind. I have been considered almost strange in our mixed up world because I think the United States Marine Corps and all other branches of our armed service deserve praise, not protest, because I feel we would be in a sad state without our police force (Yes, I'm a cop lover) and because I denounce the use of all drugs, including marijuana, except for medical purposes. What is wrong with being straight and maybe even conservative? I am proud of myself, my country, and those people who are trying to keep it a wonderful place.

—Deb Martin



S WEHRMAN  
N WEILER  
IS WELLMAN  
ICY WELSH

JEFF WERMINSKI  
MICHELE WHITE

ALAN WHITMAN  
JOHN WILLIAMS

CHARLES WILSON  
SHARON WISEMAN





KIM WOISHNIS  
SUE WYLLIE  
JOYCE YAMASHITA

LAURIE YERXA  
LINDA YON  
KEN YOUNG  
MARLENE ZIMMERMAN







**Communication** that is, the lack of it, seems to be a big problem these days. Someone has put a label on it and now everyone refers to it as the "generation gap." But the problem lies much deeper than between the generations. How can anyone expect two generations to communicate and understand each other when there is no communication or understanding within the individual generations? My greatest achievement this year and probably so far in my life is learning what communication really is and most of all learning to put it to use. In asking some of the questions answered throughout this section I was very depressed to see how few people were willing to divulge their feelings, to search their minds for answers to questions that have no doubt crossed their minds many times before. They seem to be afraid to let anyone know that they have something on their minds. They have something to say but they're afraid to say it. You'd be surprised how much you can learn about the world and about yourself by just talking to people. Before we can close the "generation gap" we'll have to close the gap that exists between ourselves.

— Marit Hansen



Above: Marit Hansen, Pam Gibson, and Kathy Stark reflect thoughts of their senior year. Left: Chris Hart, realizing the importance of communication, works diligently in the library.

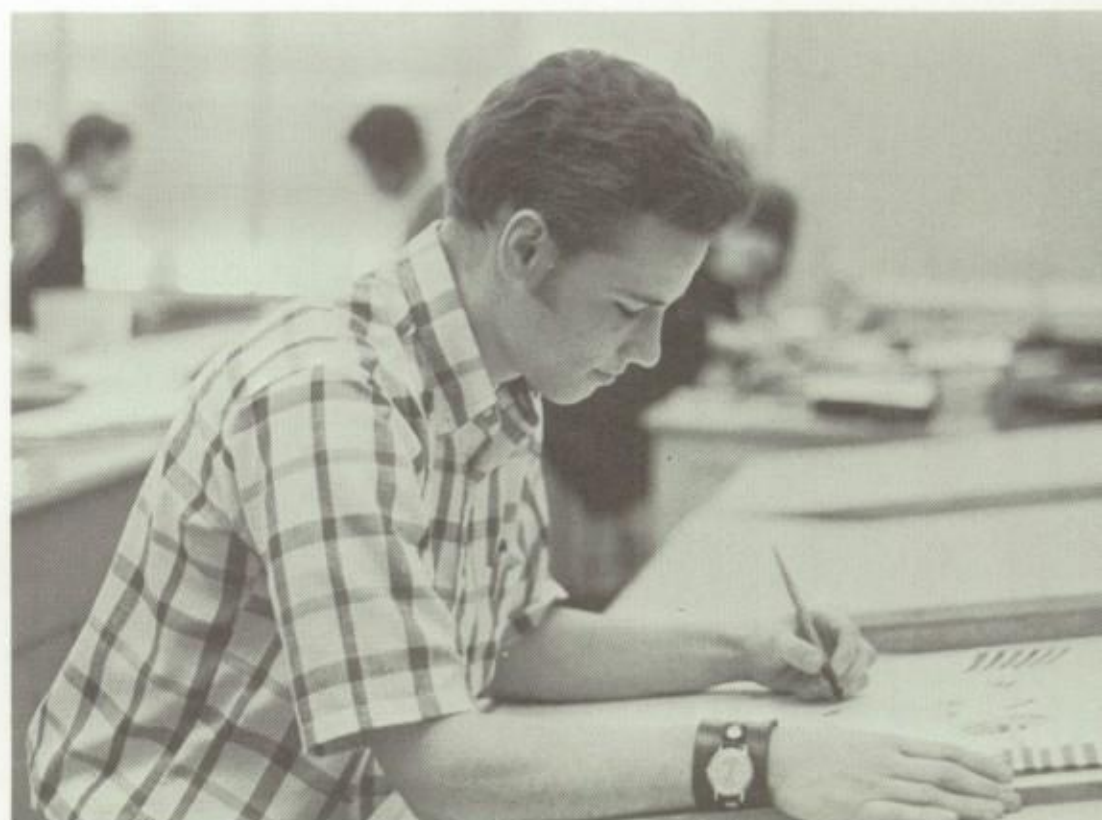


## In Today's Society

grades are a necessary part of a student's life. Grades are important for what they mean and stand for. They were and are a result, in my life, of many hours of hard work and many sacrifices. The grades I received were worth the effort, because they show what I have accomplished in my years as a student.

The grades, however, resulted in much more than a mark on a report card. They showed colleges and scholarship agencies how well I work and how others judge the work that I have done. The real importance of my grades has yet to be proven. How well I adapt and use the knowledge I have gained while achieving these grades will indicate the true worth of their existence.

Sandy Vias



Tom DeGennero — Art.



Right: Ellen Shibata — Scholarship. Right: Sandra Vias — Scholarship.

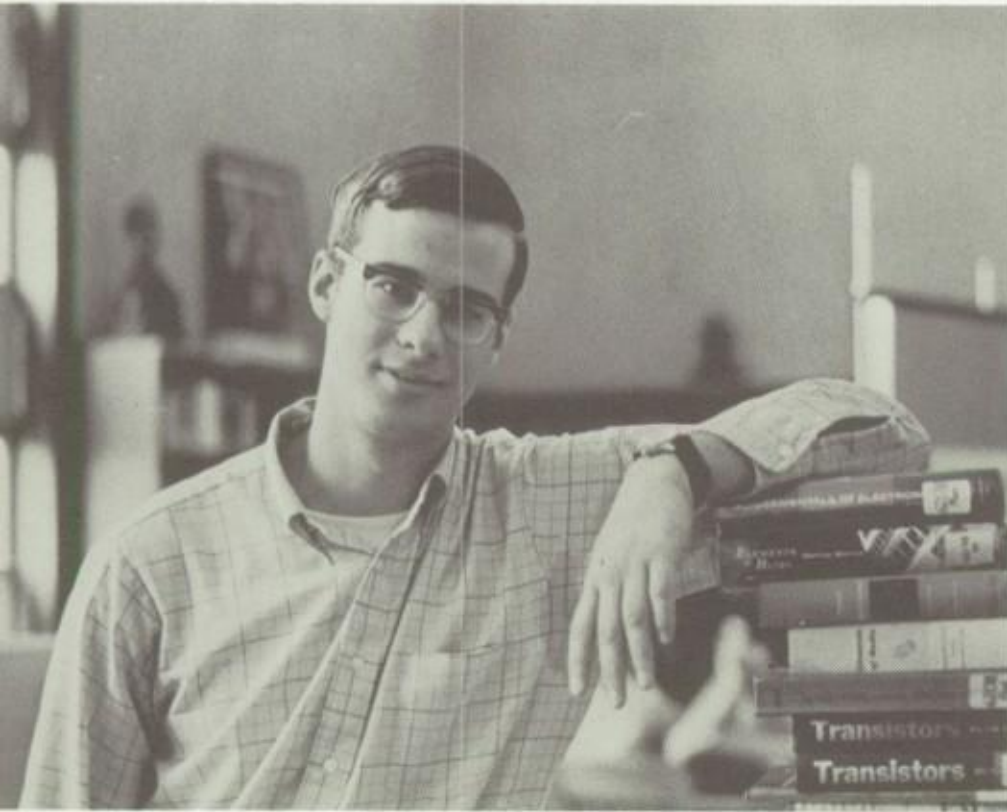




Wendy Efiginio — Art



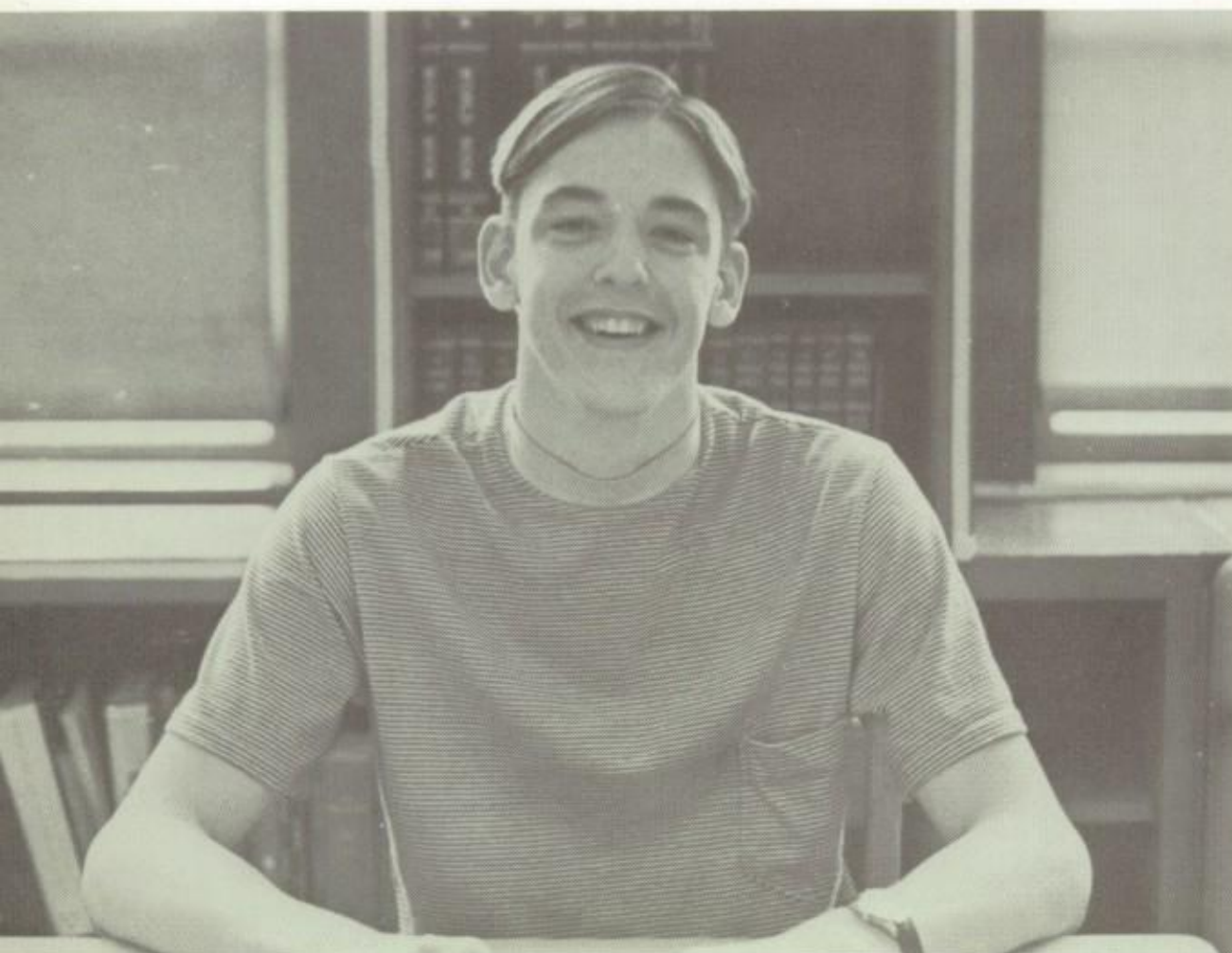
Bob Nagle — Scholarship



Kim Woishnis — Scholarship

Bob Matzen — Scholarship





Galen Heyder — Government.



Carole Stone — Government.

**Democracy is the** worst form of government, except all the other forms that have been tried from time to time."

-Winston Churchill

The office of Student Body President is a rewarding experience for any student. It brings the student into the actual administrative body of the school and enables him to take a hand in running the school. Unfortunately, the majority of the students are not really aware of the tremendous potential of a student-run system of government. They have a stereotyped idea that students cannot really do anything because they think the administration has a powerful controlling hand. This feeling has caused many disappointments on my part which I feel could have been avoided.

I leave San Leandro High School with the feeling that students can always be an important factor in determining how the actual running of the school is done. I hope that students will continue to constantly voice their ideas, suggestions, and complaints. Only in this way can the school serve the needs and make improvements for its students.

- Don Pepper

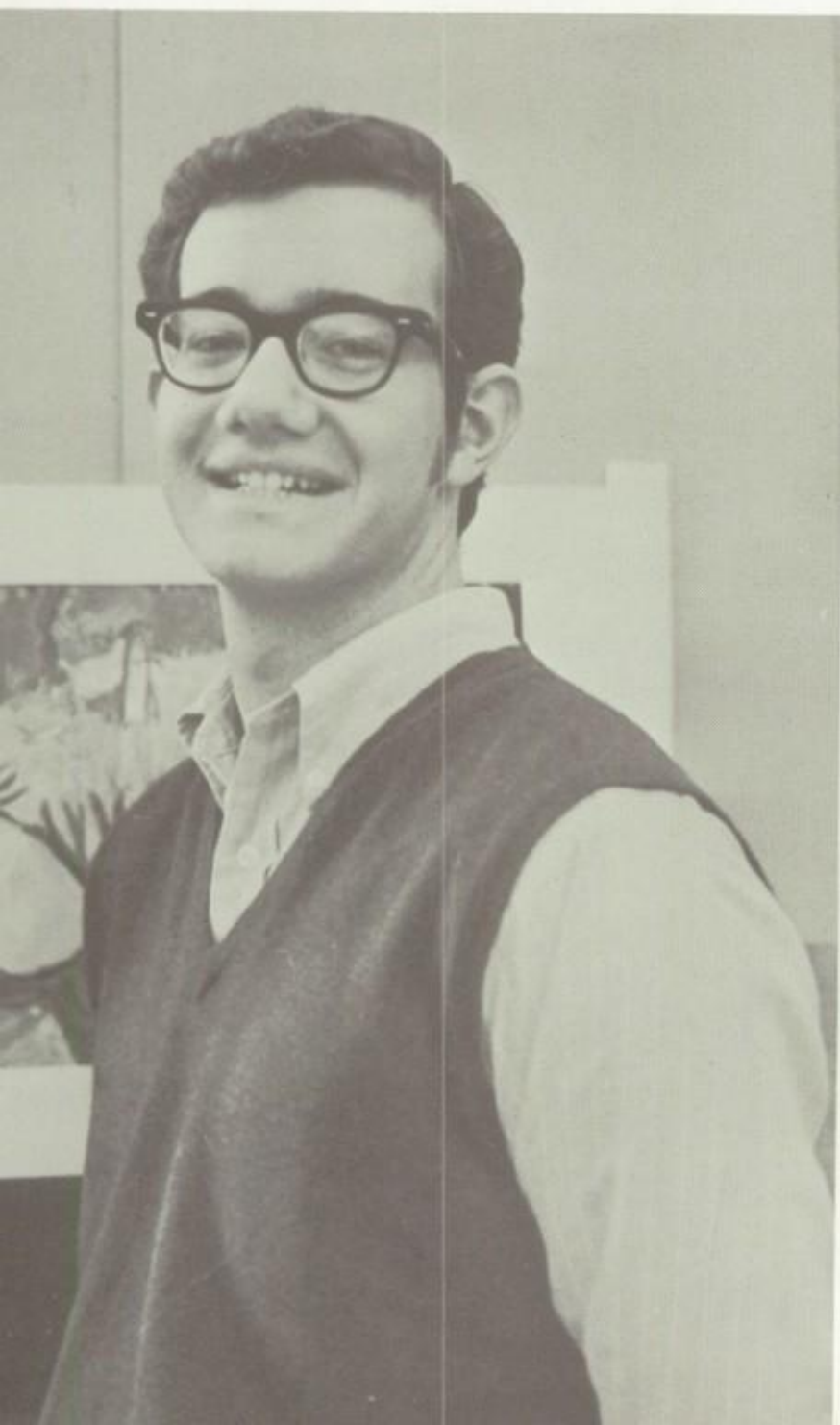


Diane Battilana — Government.





Polyn Capps — Government.



Don Pepper — Government.

John Cotter — Government.

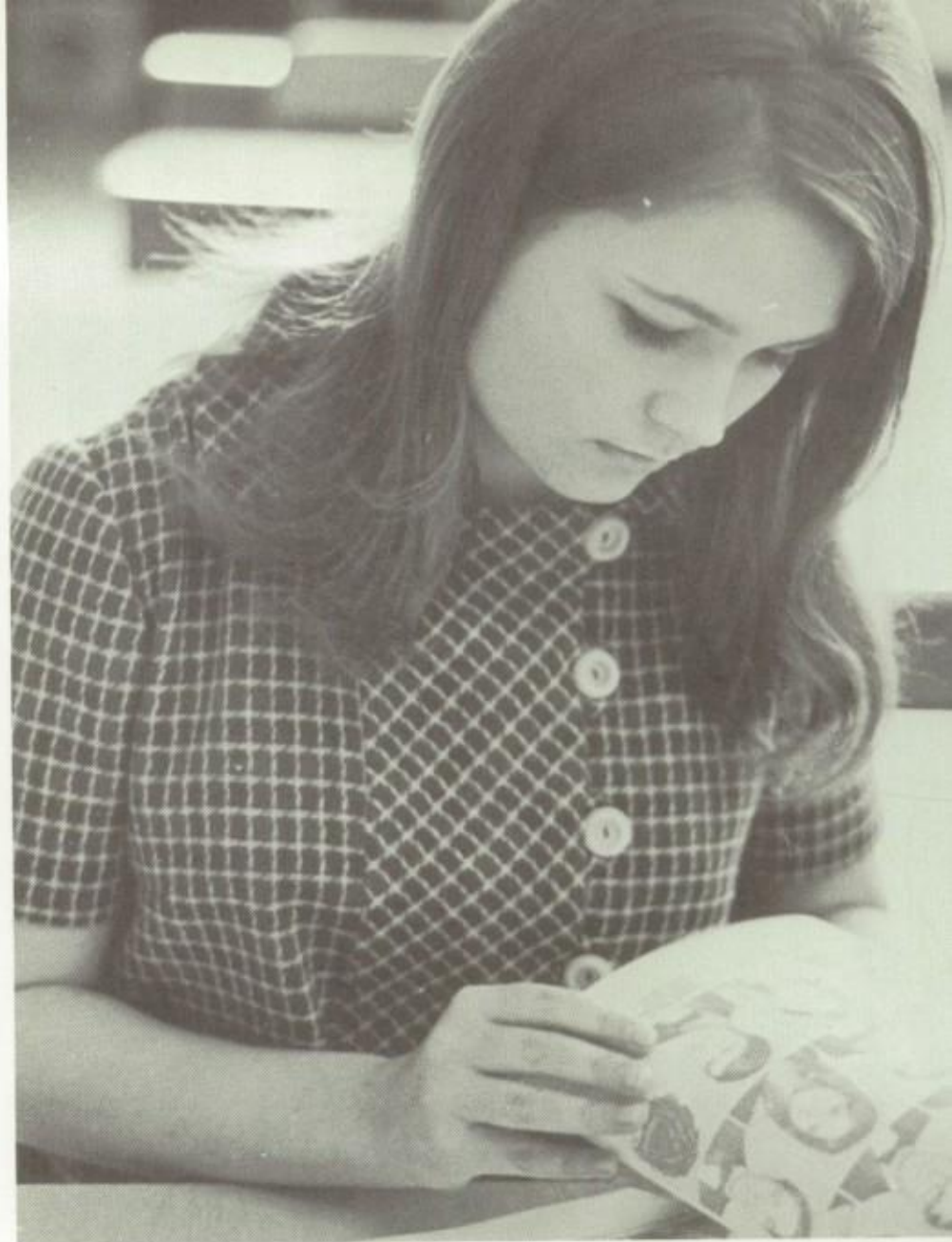


## Writing For The Cargo

and local press brought me in contact with a new brand of self-reliance. When there is a story to be turned in, someone to be interviewed, or arrangements to be made, the responsibility falls on you and you alone. That is, except when you come up with personalities like Win Currier and Mary McAllister of the MORNING NEWS who lightened the load considerably by giving generously of their time and energy to make sure that San Leandro received the coverage it wanted.

Journalism is one of the few occupations which allows a man to heighten his powers of creativity while performing his trade. Under the guidance of Homar L. Johnson and Mrs. Mary Hicks the Cargo staff changed the paper from its own publication to an effective sounding board of the student body. My close association with both advisors in the past two years has shown me how much more students can profit from education when they are constantly encouraged and helped along instead of being made aware of their periodic downfalls as young adults.

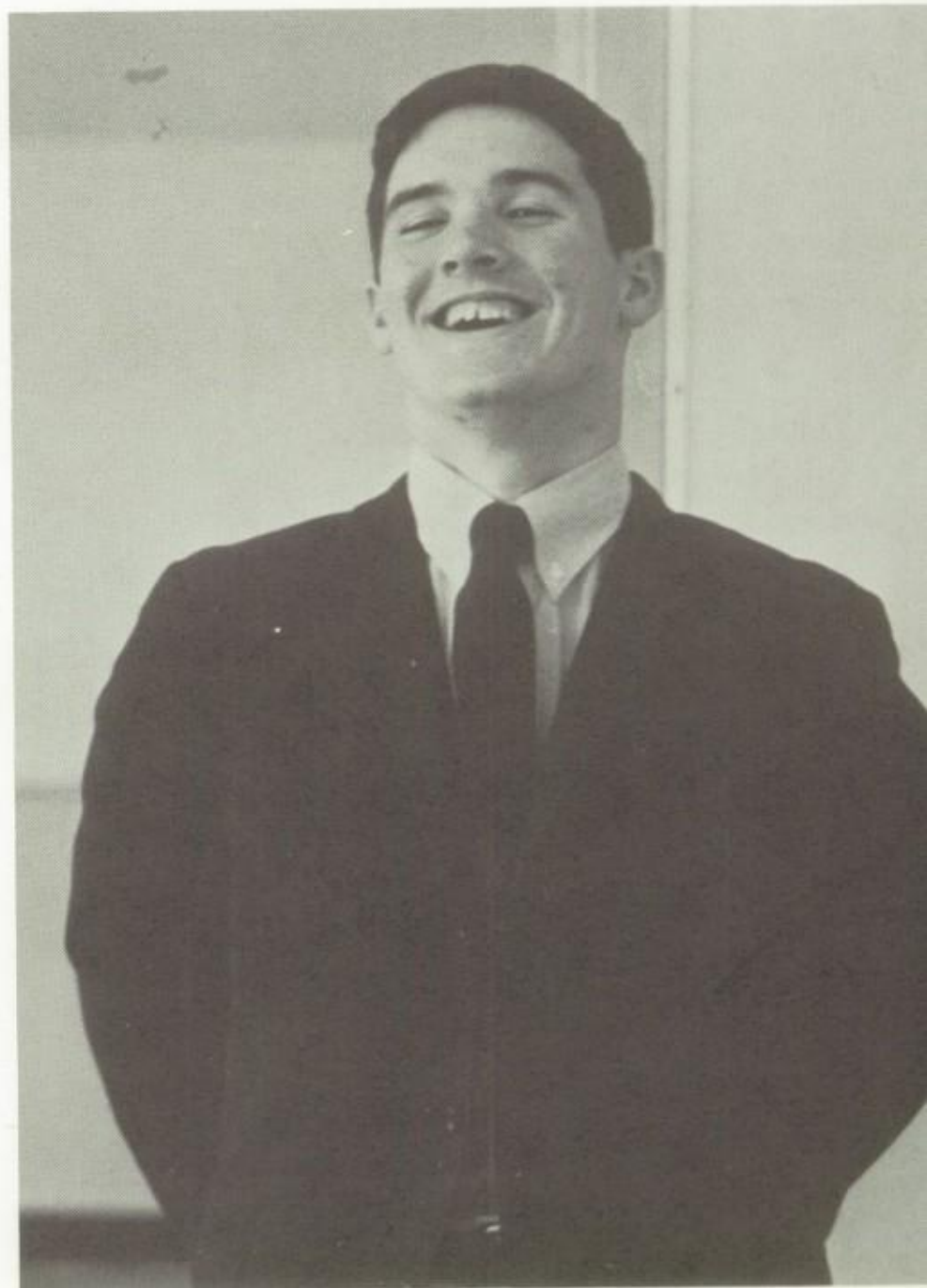
— Denis Byrne



Marit Hansen — ANCHORS AWEIGH

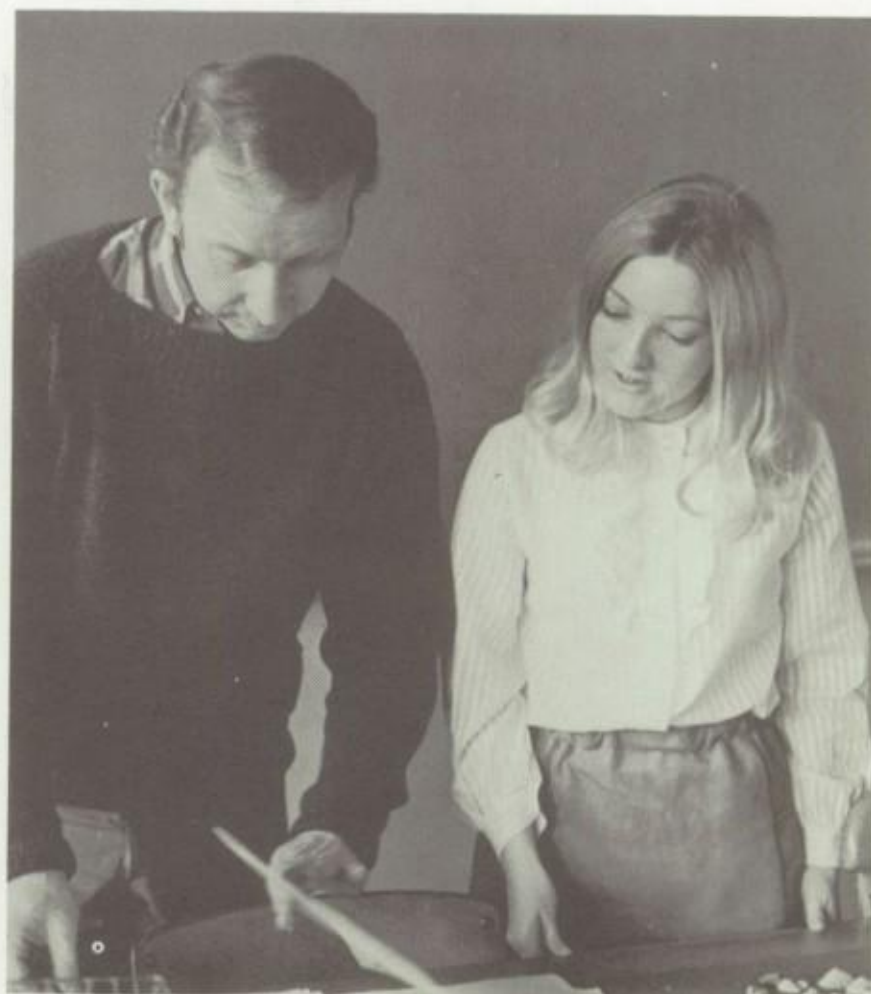
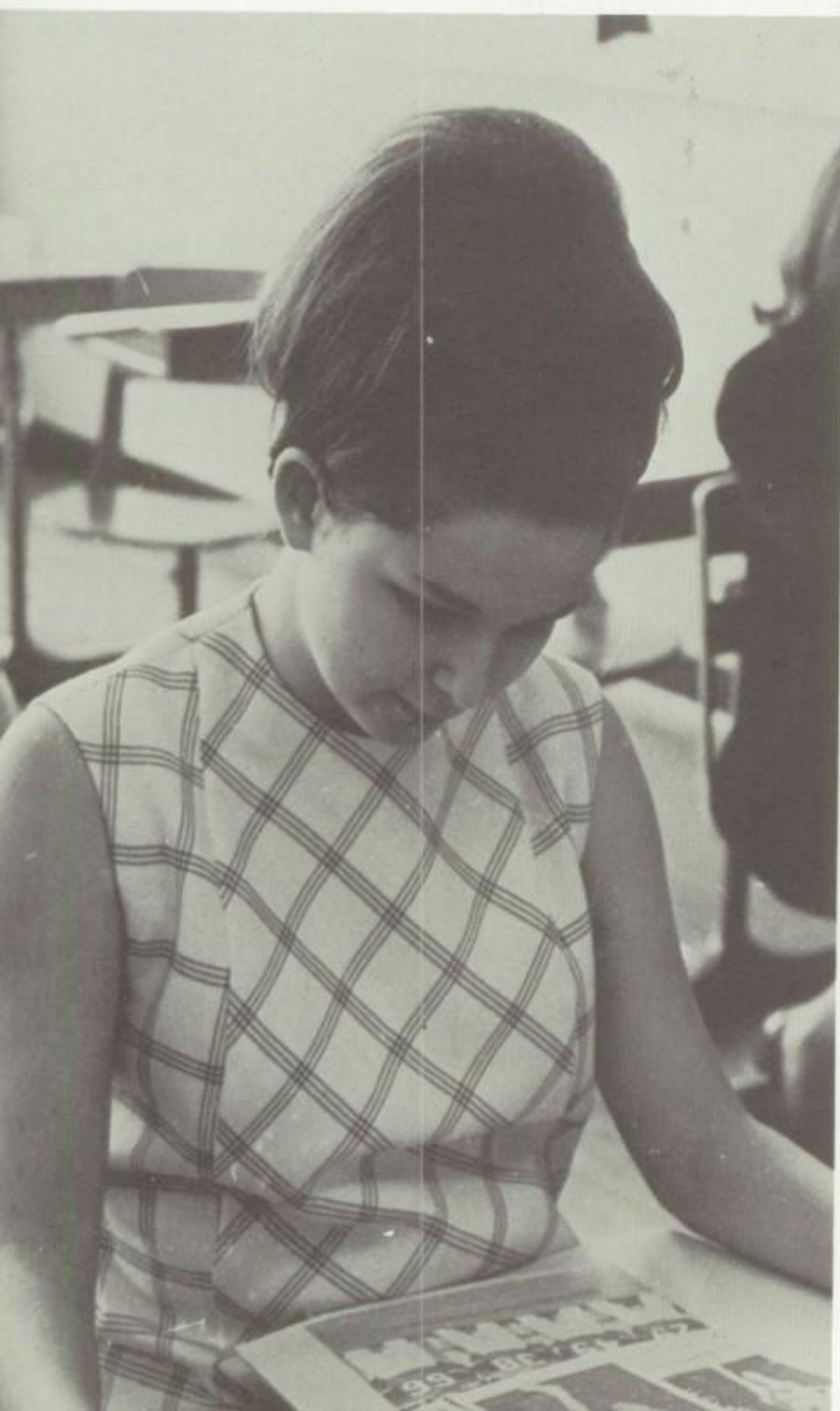


Ken Blair — CARGO



Denis Byrne — CARGO





Left: Deb Martin — ANCHORS AWEIGH & CARGO. Above: Nancy Mahon — COMPASS.



Julie Wakefield — Drama

**Music Is My Life** It is the only thing I can do all the time without losing interest. No matter what color you are, what race you are, music speaks all languages. If I can make people happy through my interpretation of music that is all I seek from my life.

— Greg Marciel

**Everyone Needs** some type of release in order to live happily. I found mine through acting. Drama has been a motivating force in my life. It not only provides me with an escape, but gives me an opportunity to express myself the best way I can. The work that goes into acting is not work to me - it is total enjoyment. I have found something that I can do successfully and rewardingly. In other words, I have found myself through acting, and I'm sure others can do the same if they just try.

— Ceva Bauer



Rich Skoonberg — Drama

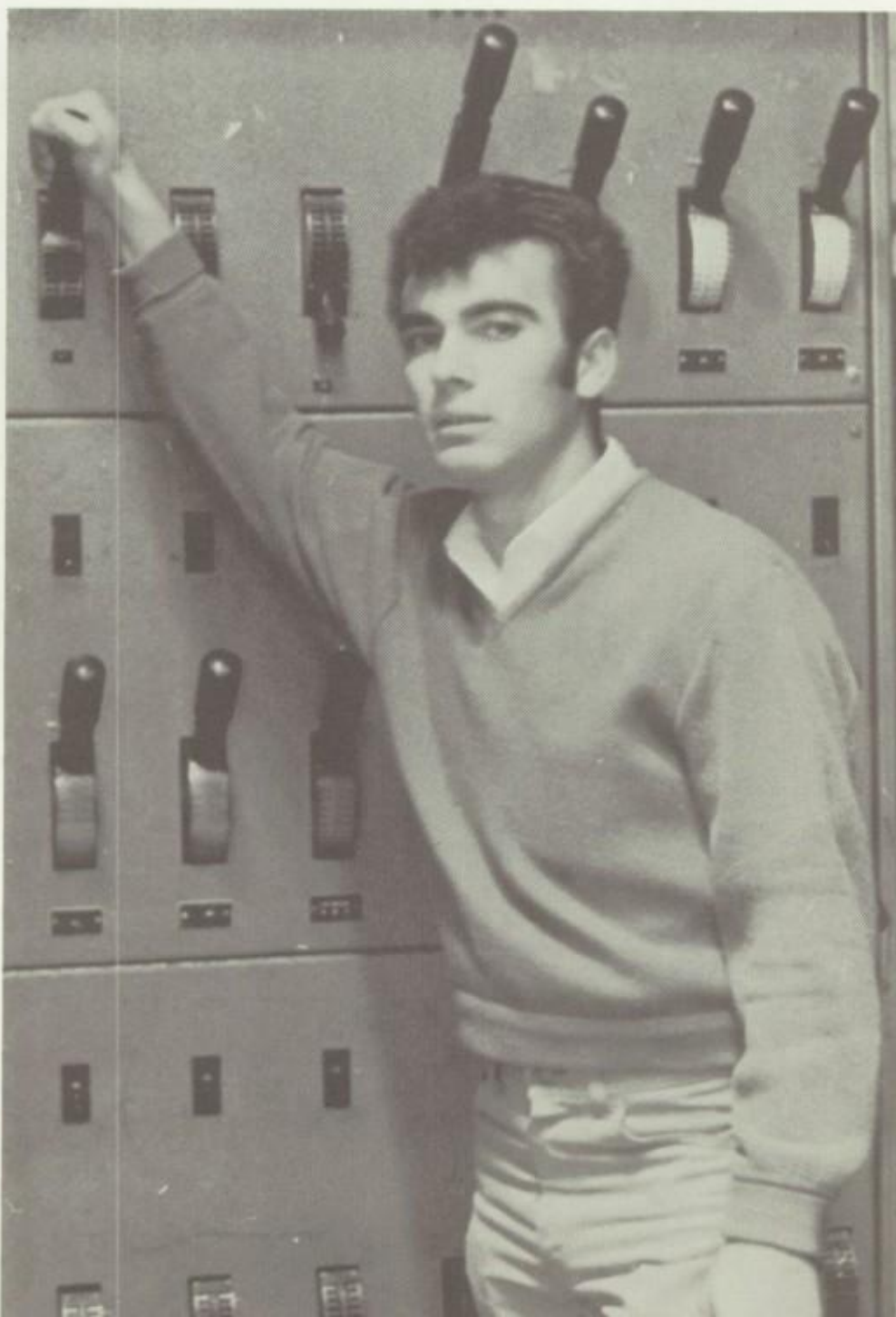


Greg Marciel — Music





Left: Ceva Bauer—Drama Below: Jim Reposa—Music



Left: Joe Dutra — Stage Crew





Left: Marianne Riis—Sports    Below: Janet DePace—Sports



George Ondeck — Sports



Ken Mordoff — Sports





Ken Erhardt — Sports

**Sports** are a major part of student life at San Leandro High School. The Boys' P.E. Department coaches and participates in six major sports: Cross Country, Track, Football, Basketball, Baseball, and Wrestling. Sports of more limited participation are Tennis, Swimming, and Golf, and SLHS has several outstanding athletes in these areas too. The Girls' P.E. Department offers a wide range of activities including Tennis, Archery, Badminton, Figure Control, Dance, and Swimming. This was the first year that the Girls' P.E. Department offered an elective program and the response has been enthusiastic. Girls are hoping for even more choices, such as Gymnastics.



Left: Ken Costa—Sports    Above: Gary Millhouse—Sports



**Ingenuity** in the Practical Arts makes these three seniors outstanding. Sue Segale, chosen for her talent in the Homemaking department, says that she prefers to make her own clothes because she can always be sure of a perfect fit, the right style, and true economy. Anyone who sees Sue's attractive wardrobe can be inspired by such talent. The Business Department, urged by the large business interests in the community, has recently installed an advanced training center for aspiring secretaries. This program is individualized and allows the student to give their time to areas of both weakness and strength. The advanced program has produced some outstanding students in business, and the most outstanding student in '69 was Rhonda Morando. Jim Calvin was chosen the most outstanding student in Industrial Arts. Like the Business department, the I. A. Department has recently revamped its whole program and now offers advanced courses in Metal Work and Wood.



Sue Segale — Homemaking



Above: Rhonda Morando—Business Education      Right: James Calvin—Industrial Arts





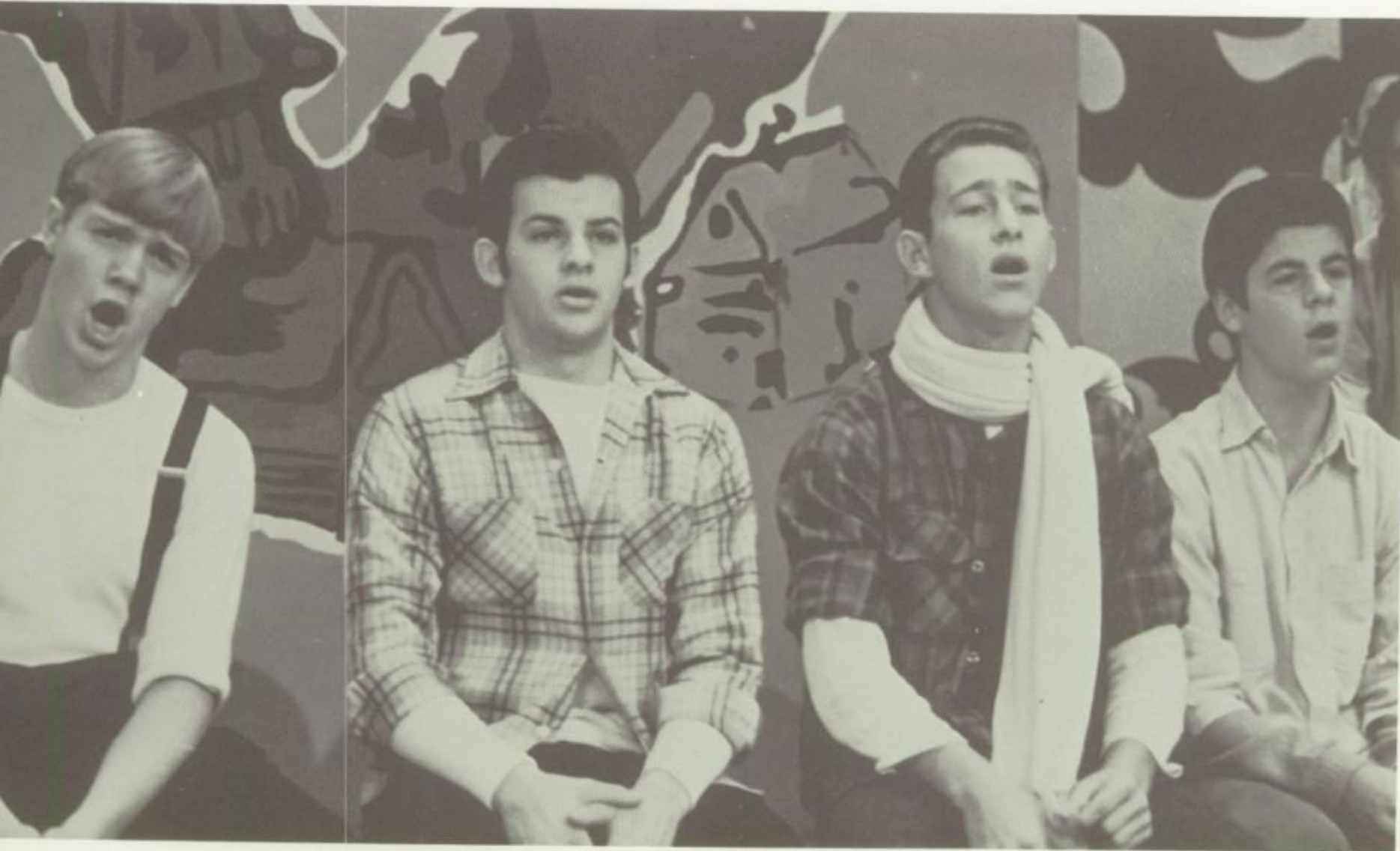


Bonnie Merrion sings to . . .

**Musically Talented** Seniors had several lead roles in "Fiddler on the Roof." This lively show enabled the Seniors who have been in the music department for three years to entertain the student body in song and dance. Jane Urish, Bonnie Merrion, Rich Fongheiser, and Gary Castro are only a representation of the many seniors who participated.



Yenta, Jane Urish, to make her a perfect match.

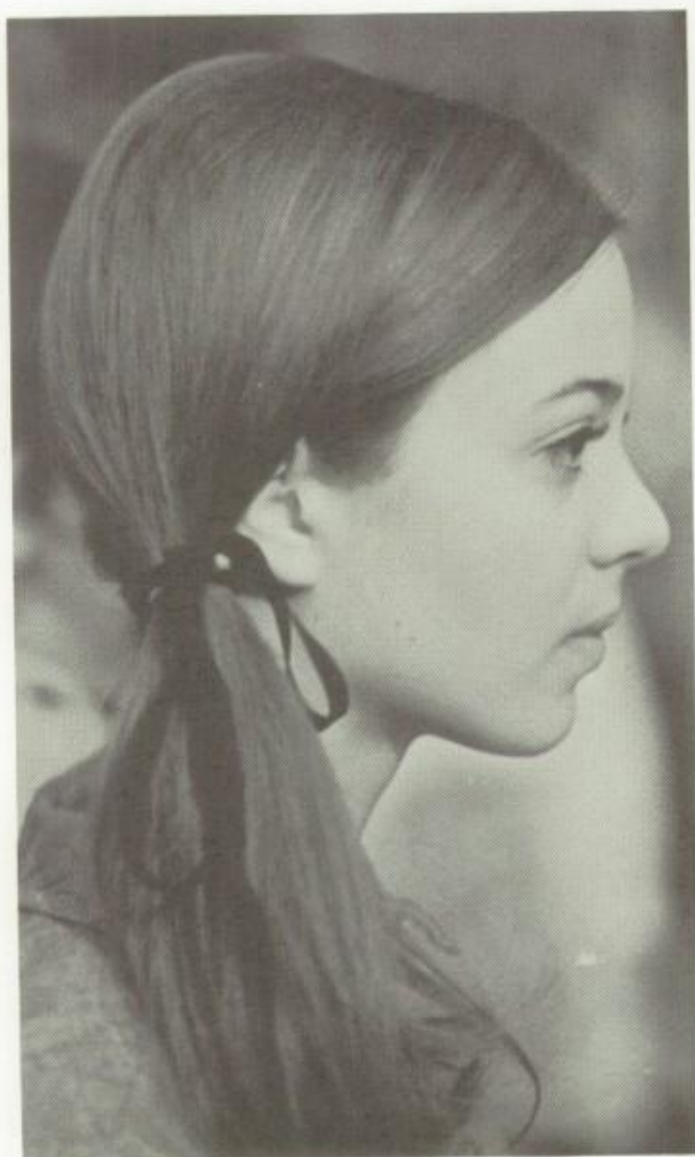


Rich Fongheiser and Gary Castro express themselves through "Sunrise—Sunset."





Jackie Kaul pensively gazes at the performances of the other cast members in "Fiddler."

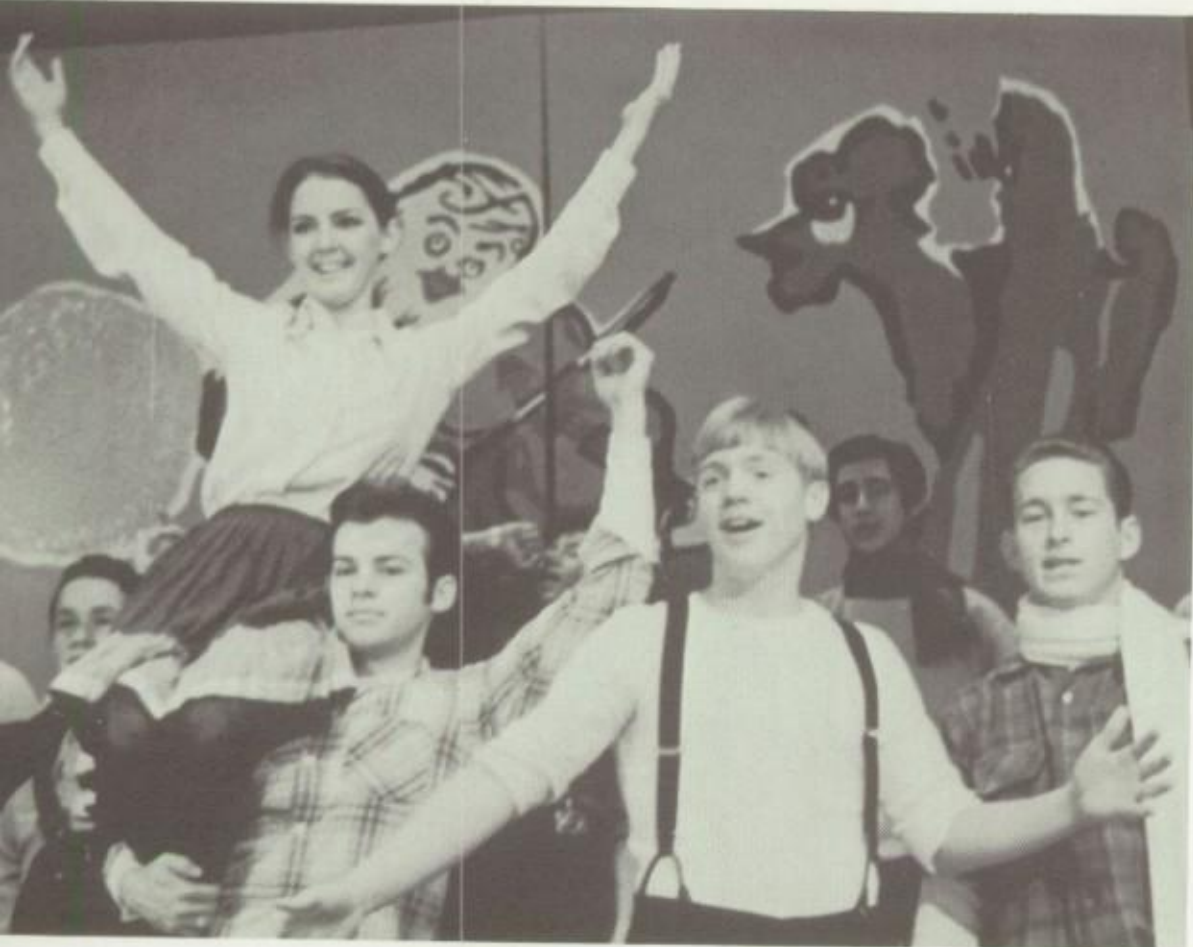


Marilyn Garrison — a profile of thought.

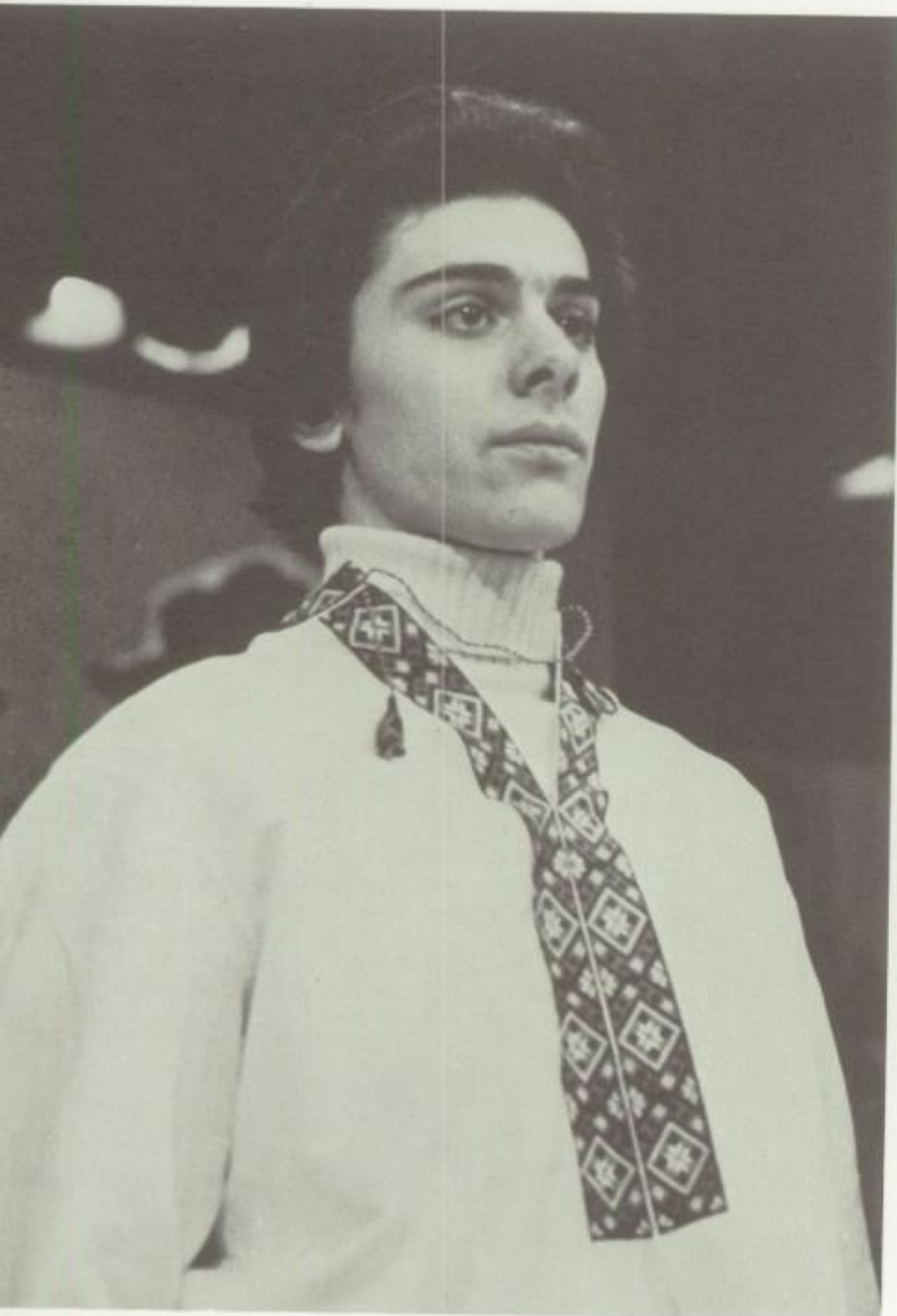
Jim has a good grip on the situation, doesn't he Julie?







ney Black, Rich Fongheiser, Tom Shaw, and Gary Castro, in the conclusion of the song "To

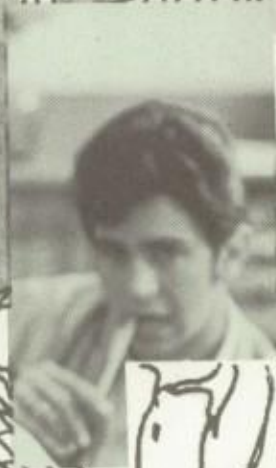


Eskelson portrays Aurahm, the bookseller.



Marty Neal pauses for the camera before his performance in "Fiddler on the Roof."





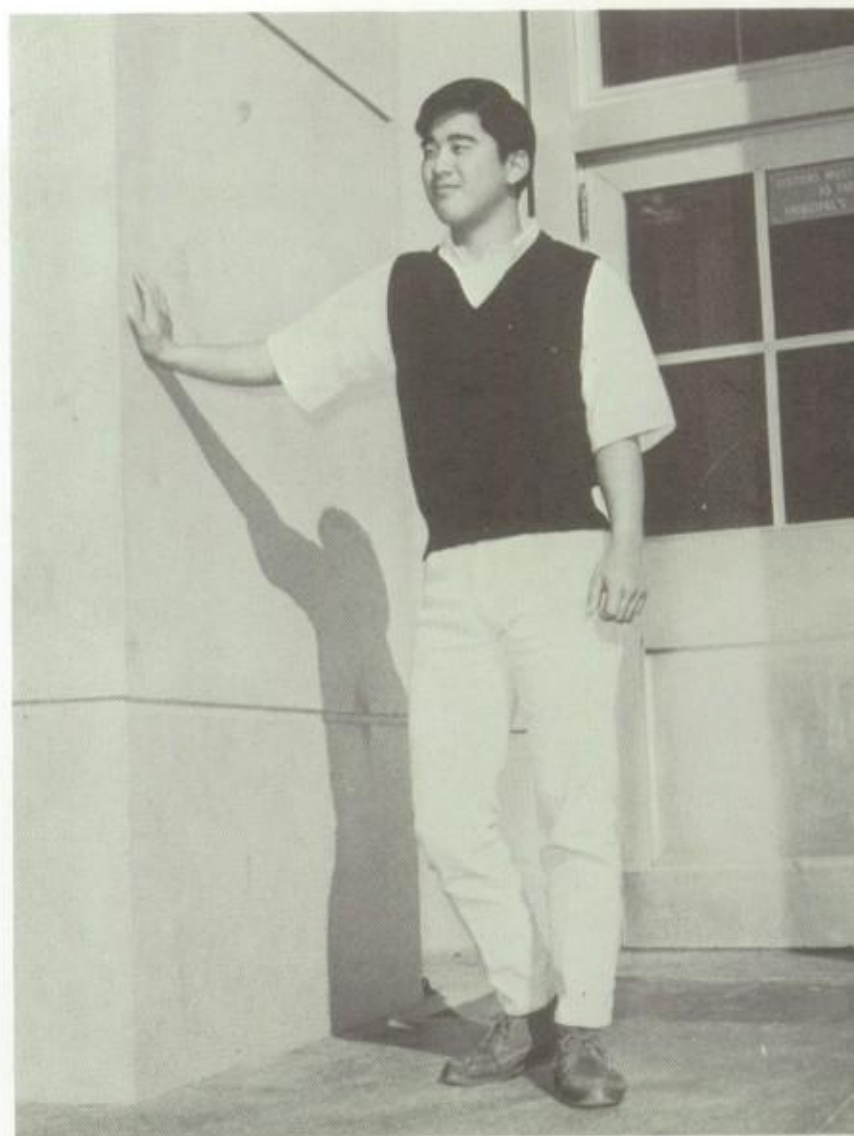


**The Art Of Being** . . . is to be grateful for the precious gift of life with its limitless possibilities. To glory in the power of human beings to rise to great heights and to out-do themselves in miraculous works. To find inspiration in the words of Browning: "A man's reach should exceed his grasp or what's a heaven for."





**San Leandro High** was kept very busy this year by the activities of the Junior class. With their projects of the magazine sale, the candy sale, and the junior prom, the Junior class has achieved a fine record or outstanding school spirit. With the winning of the spirit award in the fall, the Juniors kept up their spirit through out the year. San Leandro High can and is very proud of the class of '70.



President, Kurt Miyamura, led class with vigor.



Members of the junior class board included: Liz Aquino, Alan Brown, Rielt Brown, Mary Crawford, Dianne Deadrich, Yvonne Furtado, Liz Hudson, Sally Hudson, Debbie Jacobs, Gerry Malsberry, Robin Moore, Jeff Needell, Louie Paulo, Judy Phillips, Alice Pouttu, Peggy Pristia, Donna Rydbeck, Joan Swenson, Duanne Turner, Heidi Winkler, Stephanie Wright, Marianne Wyllie.





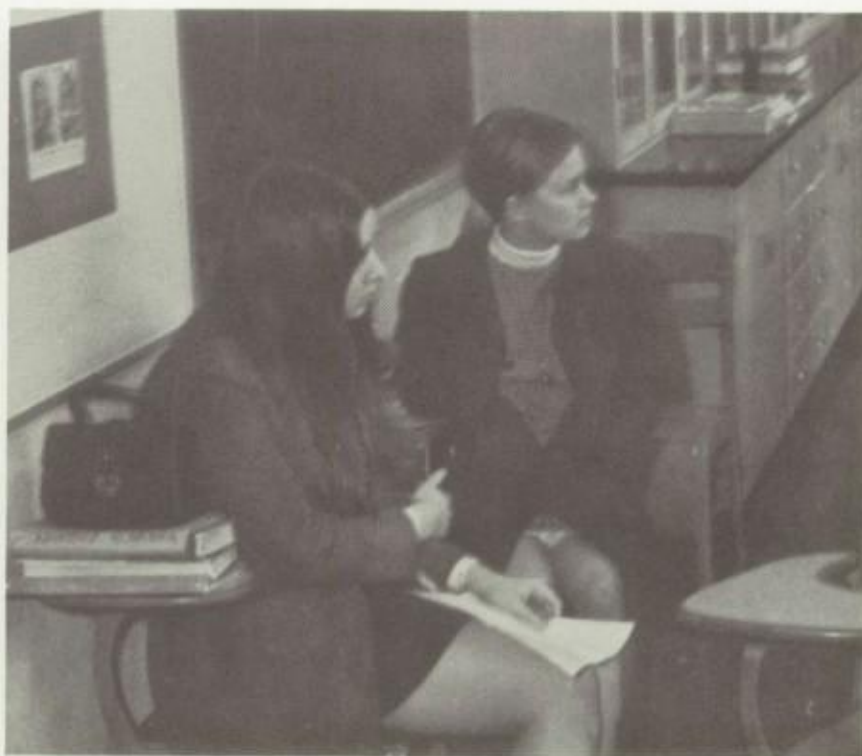
Perry Malsberry and Jeff Needell think over new proposals.

## New Officers Were:

President - Kurt Miyamura, Vice-President - Bob Johnson, Secretary - Rita Buraster, Girls Affairs - DeeAnn Naylor. Members included were: Dayna Digirno, Yvonne Furtado, Liz Hudson, Sally Hudson, Dave Iwig, Debbie Jacobs, Lynne McMaster, Michele Mello, Robin Moore, Linda Perry, Judy Phillips, Ann Picaithley, Peggy Pristia, Donna Rydbeck, Ken Saylor, Heidi Winkler, Stephanie Wright, and Marianne Wyllie.



Jeff Wright and Alice Pouttu listen carefully.



President Kurt presides over class board meeting.





Liz Hudson and Joan Swenson combine relaxation with studying

## Fall 1968 Found The

junior class of 1970 enthusiastically preparing for a money-making year. The class had made \$122.39 in their sophomore year and only had \$877.61 yet to make. At the first meeting of the new class board, 70'ers set down dates for a magazine sale, candy sale, Jr. Prom, Sr. Ball clean-up, and Graduation decoration. The magazine sale was the first money-making activity of the famed class. It took place Oct. 28 to Nov. 1 and brought the class a grand total of \$235.14.

Next, the board spent time discussing the dress code and possibility of contributing to a scholarship fund, and held a class meeting on Oct. 28.

A cake sale held at Foothill Square on Dec. 7, and the class added \$54.50 to it's growing treasury.

Carol Abreu  
Barbara Acker  
Cindi Acker  
Diane Adams  
Janis Addiego

Cindy Alecrim  
Beverly Allen  
Gary Allen  
Rex Allen  
Sue Almeida

Sharon Altergott  
Mary Alves  
Don Amaral  
Ernie Amaral  
Margaret Anderson

Sue Anderson  
Vincent Aprile  
Liz Aquino  
Pauline Aragon  
Mike Aranaydo

Jim Arlett  
Carol Ashcroft  
Sandy Aurea  
Tim AuYoung  
Blair Aydelotte

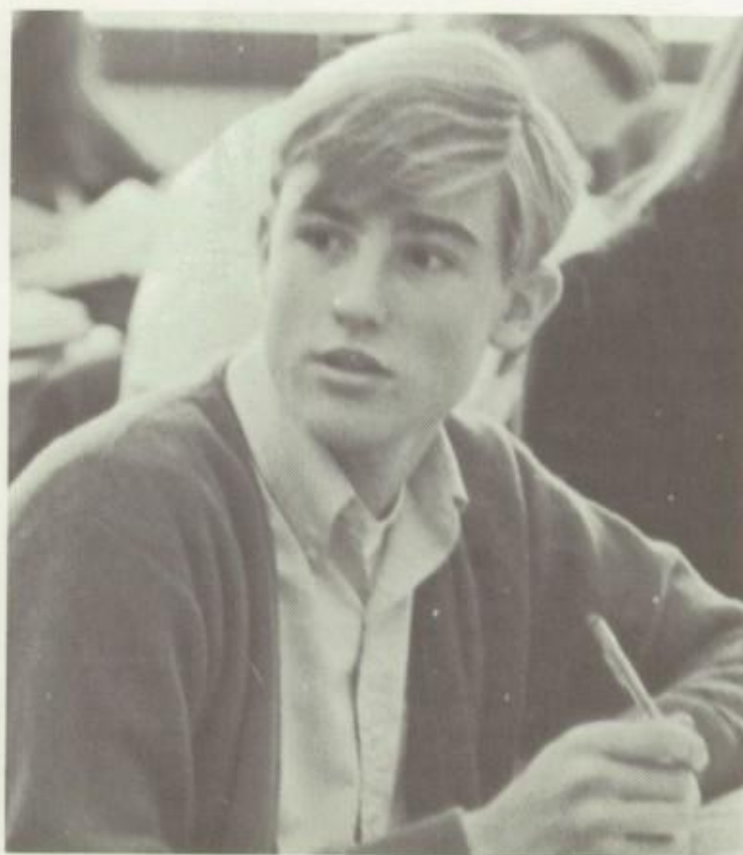
Steve Azevedo  
Ken Bailey  
Dan Baker  
Don Baker  
Jim Baker



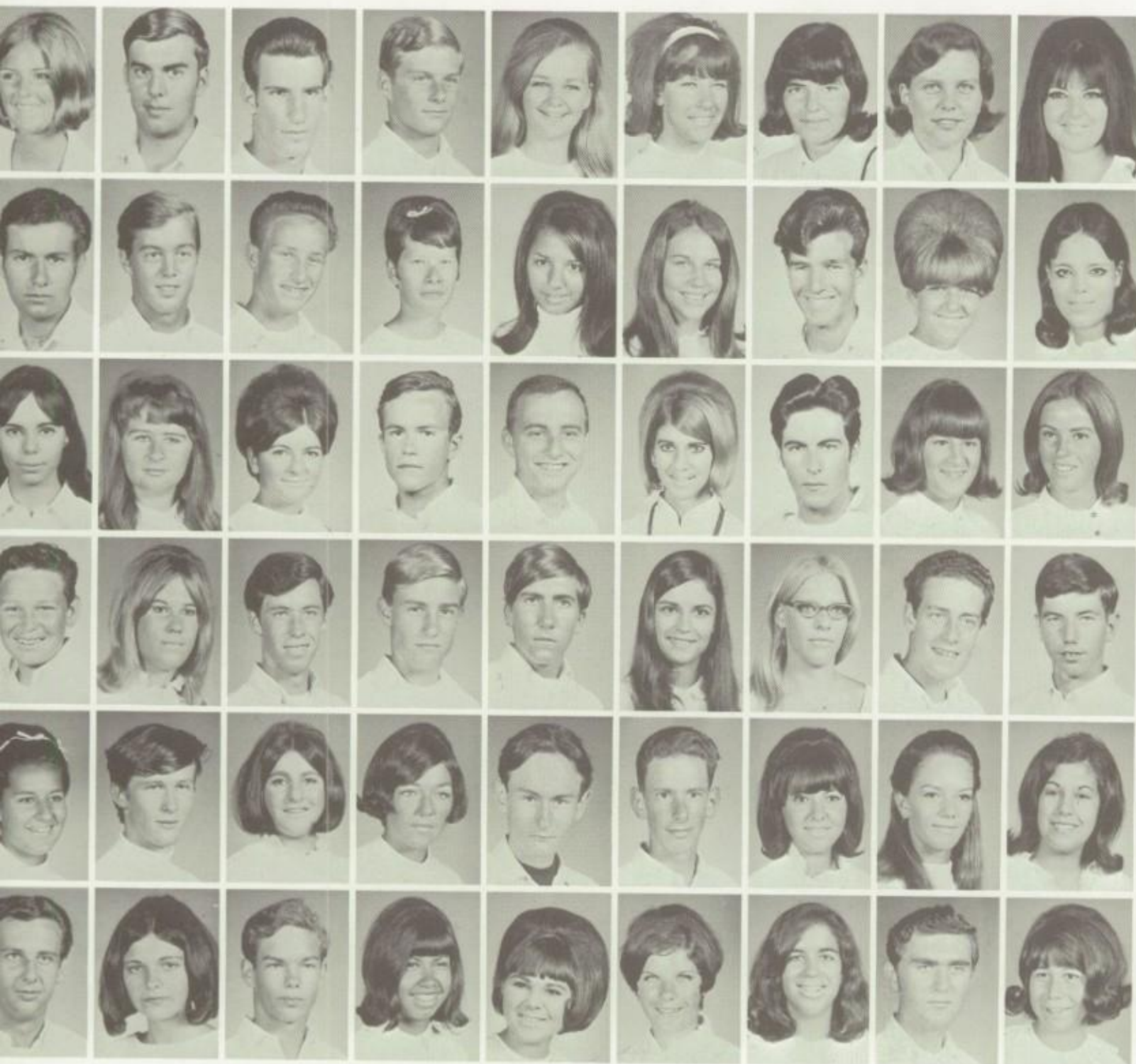




amous quote from Gerry Malsberry, "To be or not to be."



A bewildered Alan Brown wonders what is wrong.



Sandee Bakko  
Michael Basta  
Bob Battinich  
Dave Bednar  
Connie Beltz  
Violet Benjamin  
Suzanne Benterou  
JoAnn Berg  
Linda Bergen

John Bernardo  
Greg Billeb  
Bill Billings  
Edith Blasingame  
Claudette Balsquez  
Pam Blasquez  
Hank Block  
Cindy Bloomfield  
Joyce Bodenham

Linda Bodenham  
Roberta Boone  
Diana Borghelli  
Tom Boscow  
Larry Bowers  
Genia Bradley  
John Bradley  
Renee Bradley  
Terry Brassey

Darrell Bridges  
Pam Broad  
Roger Brotherson  
Alan Brown  
Ed Brown  
Riett Brown  
Cher Buckingham  
Dennis Buckingham  
Dan Buckner

Rita Burastero  
Bob Burkart  
Toni Busco  
Brenda Callahan  
Charles Cammack  
Steve Camp  
Barbara Cannallo  
Pat Cano  
Velda Cantal

Cliff Carboni  
Janice Carlson  
Steve Carney  
Dolores Castillo  
Pat Cepeda  
Pat Chandler  
Kathie Chapman  
Rowland Charlton  
Linda Chavez



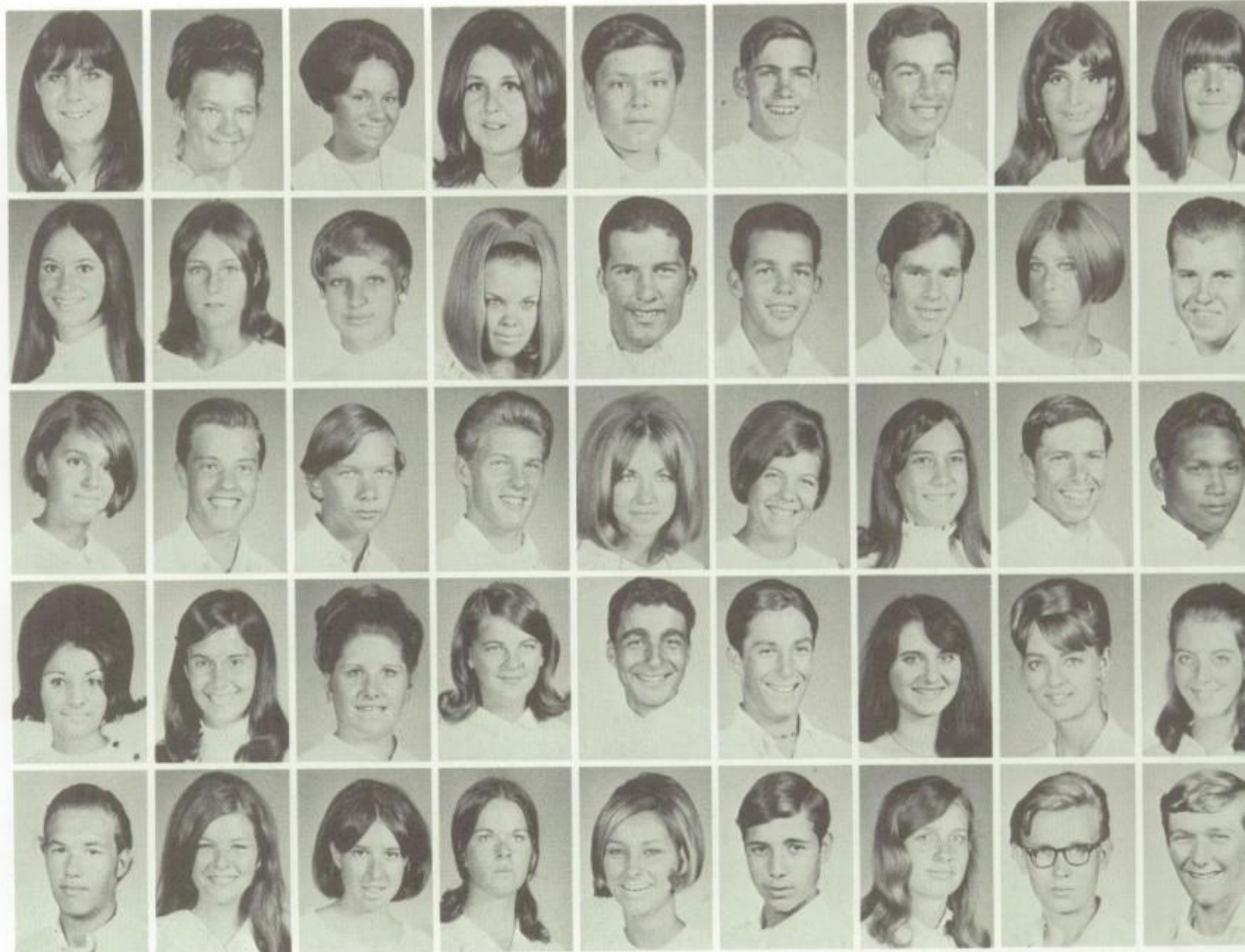
Sue Chernak  
Betty Chesire  
Vicki Chojnacki  
Donna Church  
Pat Clancy  
Joseph Clark  
Doug Clarke  
Andrea Clisbee  
Beckie Cockrill

Barbara Coleman  
Vivian Colglazier  
Farley Coogan  
Elaine Correia  
Mark Corti  
Rudy Costa  
Augie Covarelli  
Mary Crawford  
Jack Curry

Sue Dalcino  
John Damkier  
Mike Danielson  
Dale Darling  
Dianne Deadrich  
Becky Dec  
Nancy DeCicco  
Steve DeMotto  
Doug DeRoxas

Pat Dias  
Dayna Digirno  
Sharon Douglas  
Sandy Dudich  
Andrew DuMond  
Bruce Dunn  
Martha Anne Dunn  
Phyllis Eberhardt  
Chrys Ebersole

Ron Edwards  
Virginia Edwards  
Beth Ehrlich  
Sara Jane Eklund  
Sue Elliot  
Manuel Enos  
Kathryn Ensminger  
Jim Erickson  
Ray Essinger

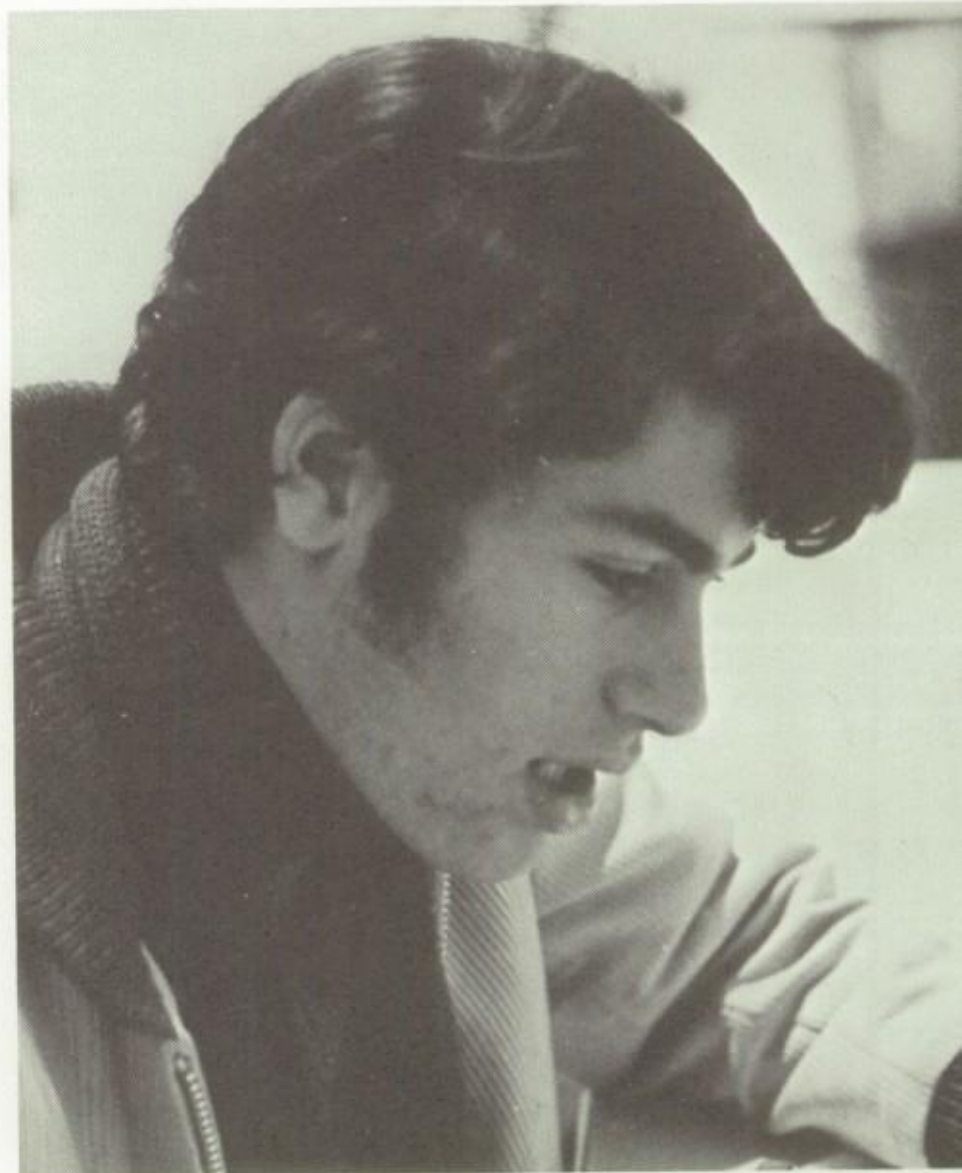


**What's Wrong With San Leandro High?** The Dress Code—I would abolish it. Closed campus—I would abolish it. Smoking, swearing, etc are going on in spite of the rules. I would simply have these things taboo in a classroom, but lunch and passing time, should be able to be used as desired.

I'm working on this question, what bothers me about society, as if I'm God, because one human can't do the job. I would unite our know-how with our needs and re-institute a more humane morality into the world, dedicated to making life better for each other. One that would develop each person into a human with an understanding of himself and others by interaction and becoming "thy brother's keeper."

There are three main futures for our country in order of probability, a police state, a shakier nation with deeper rifts, a post revolutionary country, or a state going through internal rebirth. The race problems will get worse. The war will have spread, with or without U.S. participation. Politics will either get more factionalized or will go underground and/or die out.

—Jeff Needell







Syro finds English very relaxing.



Meredith Evans  
Renee Exline  
Mary Ann Facha  
Vicki Farkas

Dennis Fascilla  
Bob Favilla  
Alice Ferreria  
Ray Figueira

Debbie Fike  
Don Filteau  
Jay Fisher  
Debbie Fitschen

Jerry Flory  
Sheryl Floyd  
Sharon Forrest  
John Fraga

Glenn Franco  
Cheryl Freil  
Vernon Friend  
Guy Frizado

Yvonne Furtado  
Joyce Gallatin  
Cindy Gaudin  
Linda Gaylord



Junior gazes happily into the wonders of science.



Vivian Colglazier gets some tips from Miss Minnes.



Chris Gember  
Lisa Gessini  
Elaine Gilleland  
John Gimenez



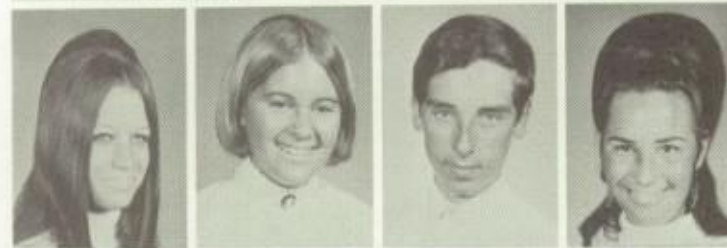
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Steven Goldhor  
Edward Goltz  
Barbara Gomez



Frimino Gonzalves  
Debbie Gosset  
Steve Granno  
Cheryl Greenwood



Nancy Grow  
Cindy Gugich  
Jerry Gulino  
Linda Hachey



Pat Halverson  
Nancy Hammer  
Susan Hammer  
Rich Hammersmith



Terri Hammond  
Dave Harden  
Joyce Hargis  
Dewayne Harkov



Robert Harmis  
Earl Harris  
Michael Harter  
Linda Harwood  
Tim Hauschildt  
Tom Heaston  
Linda Hembrough  
Donna Hernandez  
Larry Hernandez



Peggy Hesseltine  
Alyse Higgins  
Pamela Higgins  
Jean Hill  
Lori Hillard  
Bill Hobson  
Janice Hogan  
Pat Holman  
Linda Holster



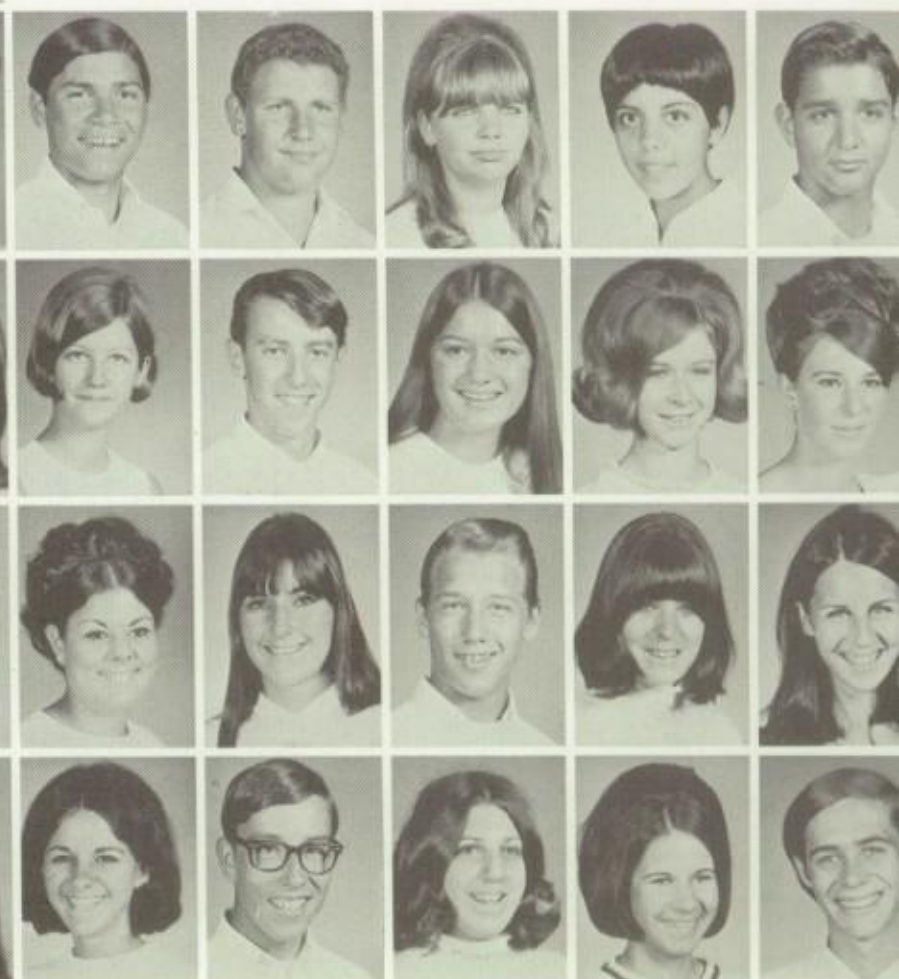
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Liz Hudson  
Sally Hudson  
Barbara Huffman  
Cathy Hull  
Ken Humphries  
Sara Hunter  
Debbie Hyatt



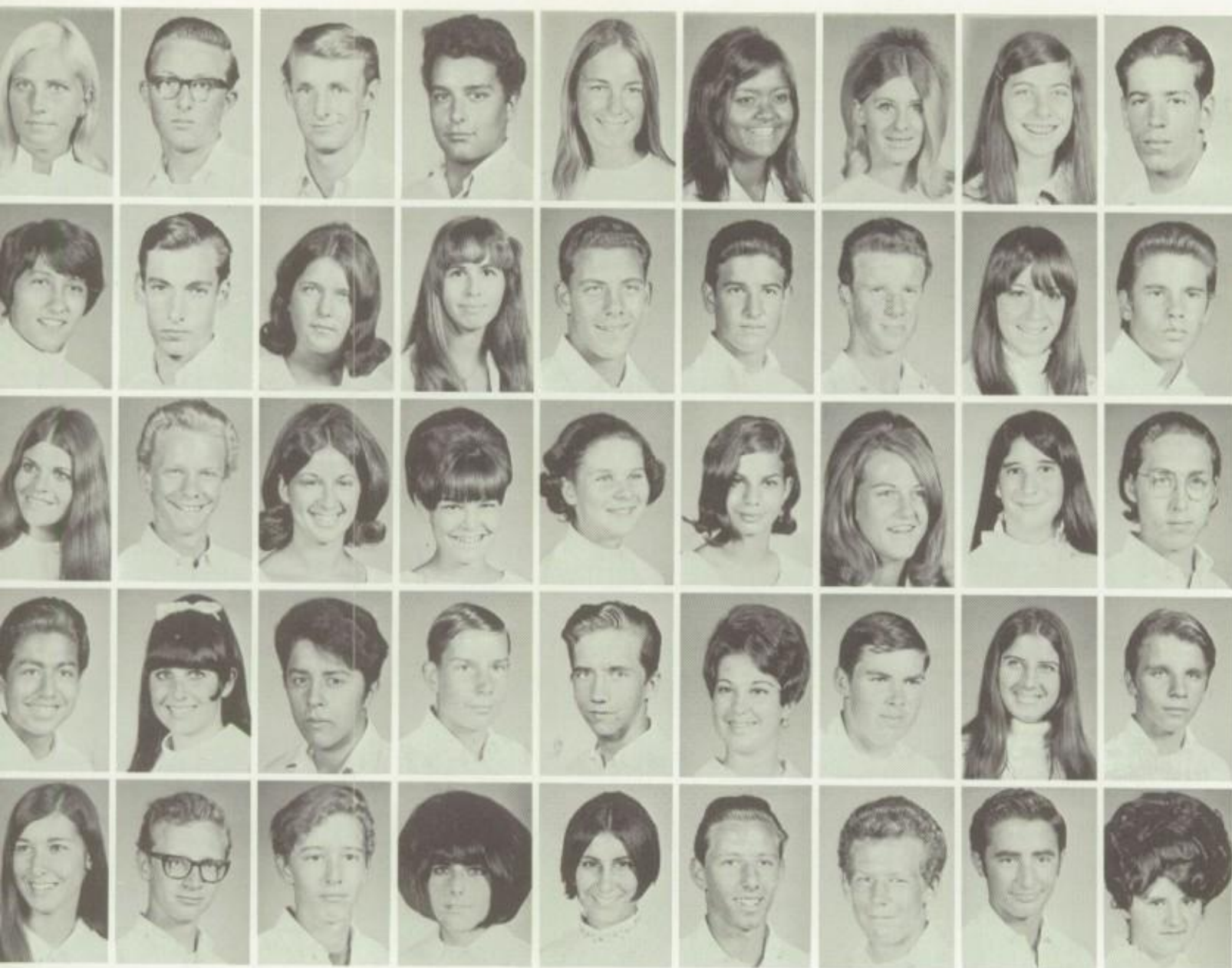
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John Ivory  
Dave Iwig  
Debbie Jacobs  
MaryAnn Jefferson  
Bob Johnson  
Dianne Johnson  
Peggie Johnson  
Pete Johnson



Cindy Lopez and Sandi Westbrook caught off guard.







Suzanne Johnson  
Dave Kalinowski  
Mike Keefe  
Vernon Keeve  
Joan Kennedy  
Chandralakha Khatri  
Cheryl Kivett  
Barbara Knox  
Dennis Konecny

Lisanne Koppenhaver  
Dennis Kutsuris  
Patty Laffin  
Michele LaForre  
Ron Lagorio  
Bob Langberg  
Dennis Langford  
Annette Lawrence  
Kevin Lawson

Debbie Lazarevich  
Ken Lefsaer  
Geneva Leonardo  
Renee LeStrange  
Kathleen Lieveore  
Jeanne Loconte  
Helen Loechel  
Elisa London  
Gary Lopedota

Arthur Lopez  
Cindy Lopez  
Ed Lozano  
John Lubratich  
Steve Lunge  
Jeannie Lusk  
Allen Lynch  
Sue MacDonald  
Mike Maillet

Terry Malone  
Gerry Malsbary  
John Manning  
Kathy Manos  
Peggy Marco  
Vincent Marmino  
Gary Marshall  
Mike Martens  
Linda Mascroft



## One Thing Bothers Me

about society, people don't help other people anymore because they "Don't want to get involved." I don't really think this can be changed. It's too late. The world would be a better place if more people would help each other.

It's hard to say what it will be like ten years from now. The war will be over, at least I hope so. Ten years from now we will probably still have race problems. If we haven't gotten together by now it will not make any difference ten years from now.

—Sharon Sullivan



John Mazetier  
Don McBride  
Donna McBride



Gary McCaffery  
Susan McDonald  
Martin McElroy



Linda McMaster  
Terri McMaster  
Dennis McSweeney



Carol Meadowcroft  
Diane Meck  
Judy Medeiros



Michele Mello  
Brenda Milam  
Denise Milanovich



Lewis Miller  
Judy Miressi  
Amelia Mirisciotta



Kurt Miyamura  
Doug Moe  
Vickie Molle



John Moore  
Linda Moore  
Robin Moore



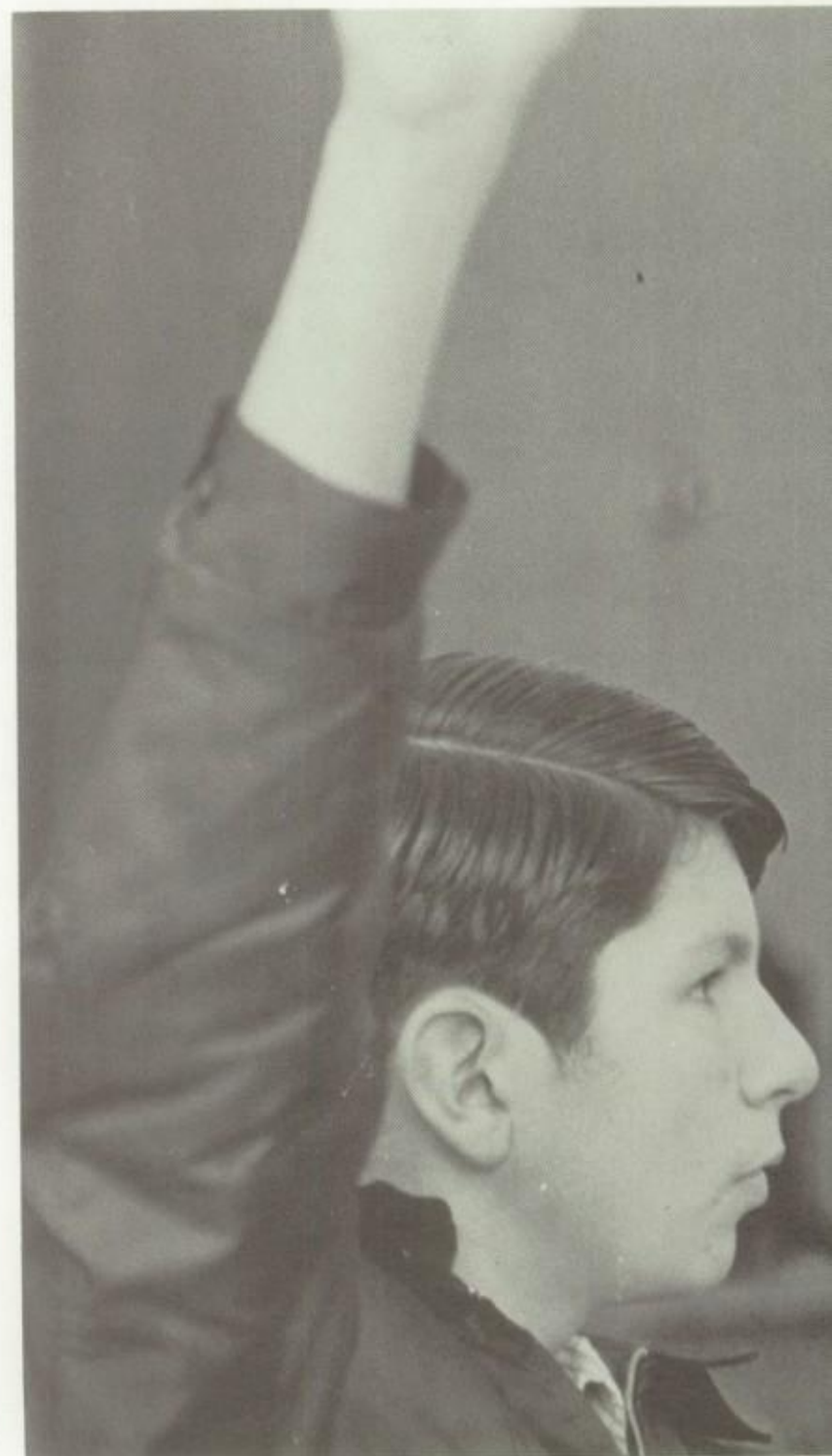
Jerry Moutinho  
Maria Mow  
Bob Muller



Sandi Murphy  
Susan Murray  
Cathleen Mutz



Elisa London thinks of an up-coming test after lunch.



John Mazetier prepares to answer a difficult question.





David Nahm  
Tom Nahm  
DeeAnn Naylor  
Jeff Needell



Alan Neishi  
Melissa Nemerov  
Gary Nicholson  
Betsy Nickerson



Sally Northcott  
Jim Norton  
Bob Oliver  
Lori Oliver



Steve Olivera  
Linda Olsson  
Tori Osborne  
Gary Osias



Yolanda Pacheco  
Yolanda Padilla  
Loretta Paiva  
Ann Parker



Sue Parker  
Dennis Parish  
Lou Paulo  
David Paulos



Ella Pederson  
James Pedigo  
Mike Penland  
Louise Pennell



Aerial is busy in the process of taking an exam.

**I Feel That Students** should be able to pick their own courses according to their plans for life after high school graduation. Why waste valuable high school time for unnecessary courses? Each student should take courses that will benefit him most in his later life.

The phoniness and criticalness of people today really bothers me. Very few people are themselves. People copy the run of the mill styles, way of speaking, and way of acting. People are a put-on, not their natural selves. They don't express their real feelings about others, when they do, they're being overly critical. If people would just be themselves, doing their own thing, this world would be much better off.

In ten years, the United States will be "all shot up". There will be famines, over population, nuclear war, earthquakes, etc. Few people will be left. One of the above or other things such as floods, tidal waves, and plagues will kill people off. This country, what is left of it will be automated and computerized. There will be little hand work left—everything will be machines, robots, computers, etc. These rely on men in order to operate, so when man dies off, there will not be any use for these machines. The war in Viet Nam will be over, probably through a nuclear blast or the overtake of Communism. The race problem will always prevail, for its is man's nature to hate.

—Celia Shrago



Kurt Miyamura and Celia Shrago reflect the mood of Mr. Levy's history class.



Linda Perry  
Steve Perry  
Chris Peterson



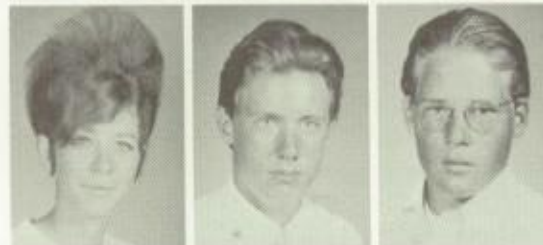
Judy Phillips  
Mike Phillips  
Bruce Piepenburg



Ann Pitcaithley  
Alice Pouttu  
Joan Presley



Darlene Prevatt  
Dave Price  
Dennis Pring



Peggy Pristia  
Linda Proctor  
Carol Rabello

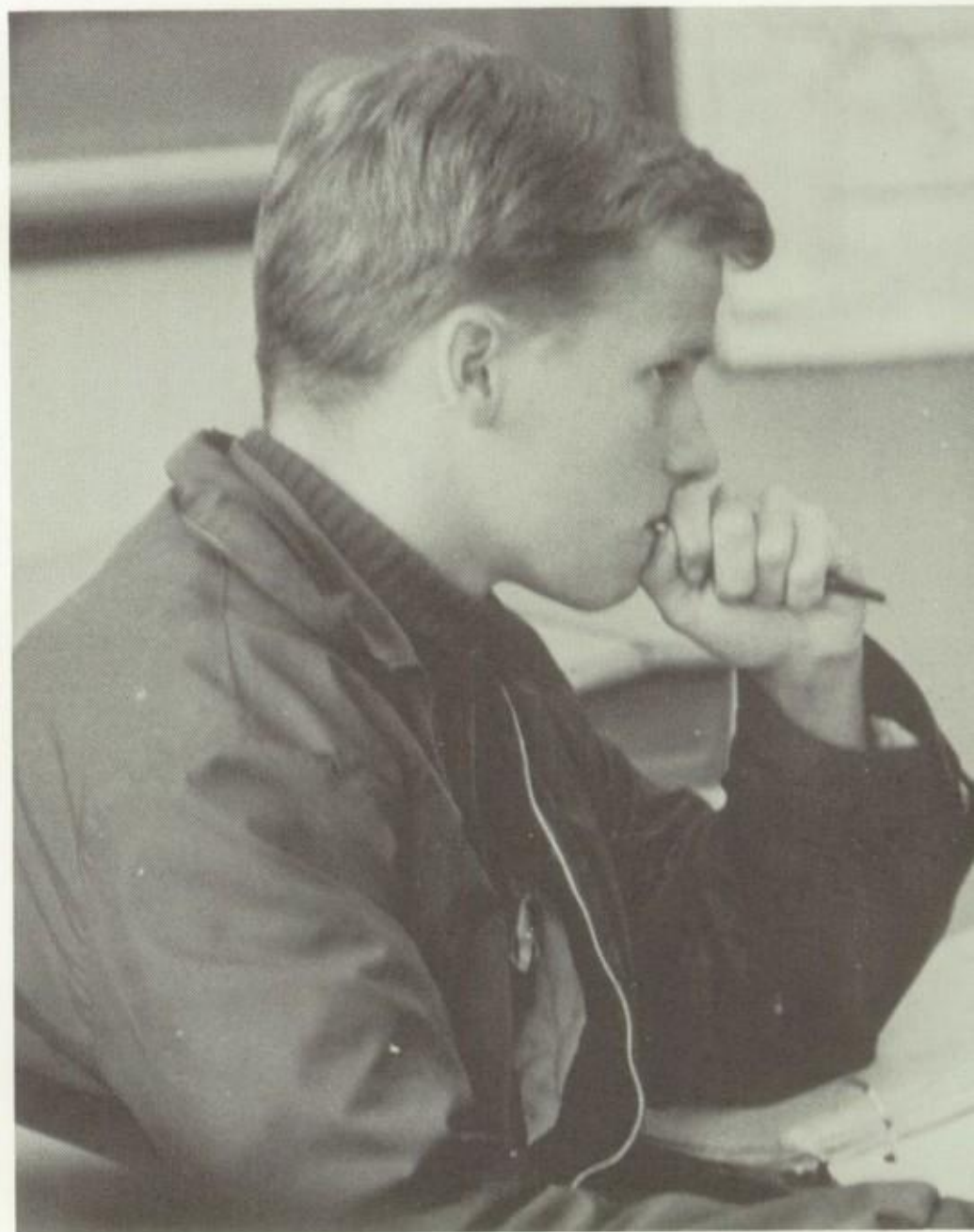


Debbie Fike displays her skate boarding abilities.

**I Am Fully Satisfied** with my present program and the subjects being offered for this year and next. After talking with several friends in the junior class, I find that most of them enjoy the classes that they have taken. I might add that the school has done an excellent job in maintaining and improving the music department and staff. The only thing I could suggest in the way of subject offering would be establishment of an R.O.T.C. program similar to the one at Oakland Tec.

The greatest single problem I think facing the American people at home is the problem of racial disorder. Several factors are causing the violence we read about daily, among them: (1) Certain black militant subversive organizations which tend to be pro-socialist or pro-communist. The purpose of these organizations is to widen and exploit the already visible gap between the white and black races. (2.) The hampering of our law-enforcement agencies in regard to arrest and investigative procedures by the courts. (3.) The breakdown of the observance of law and order (some include the word "justice" in this phrase; I think of justice coming from the law naturally; if not, new laws may be passed into legislation rather than breaking the laws to create justice) has led many of our citizens to embark on rampages of violence in the name of dissent and protection of rights while actually depriving others of their rights as guaranteed under the law. (4.) The failure of federal-initiated programs designed to benefit the black slums of our cities and the lack of jobs being offered by businesses.

—Rex Allen







**I Imagine** my school curriculum is about the best to be offered anywhere, but I must say my classes aren't too exciting. The teachers at San Leandro High are fantastically dull. This is true with most of them, but I must admit all of them aren't dull.

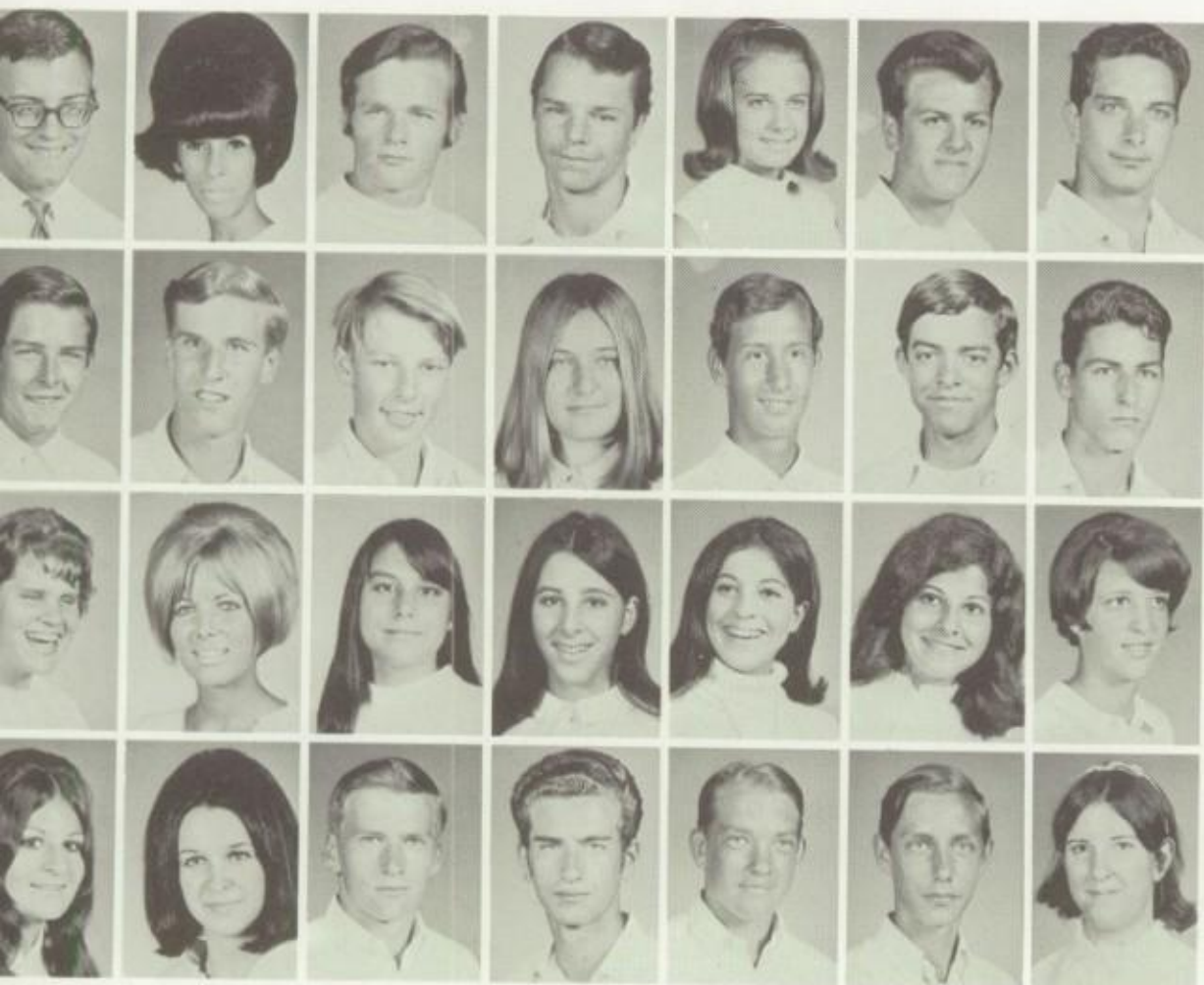
I have no gripes with San Leandro High except the foolish dress code and hair code. Times have changed, as the saying goes, and we aren't living in the 20's like most of the school staff would like us to believe. The staff would like the boys to have their hair cut like Adolf Hitler and the girls to dress like Prudence.

The one thing that bothers me about society is the so-called generation gap. It seems the only time an adult is or will talk about a teenager is if he has something bad to say about them. I guess the only way this problem can be helped is if our glorious older generation forgets their problems for a moment and looks at ours. The adults figure that all a kid had to do is go to school and bring home a shining report card. Well I have to say, they are wrong.

I don't think there will be any world in ten years from now because there won't be any people on the earth. It will just be a rotten, scarred mess like it always has been, except without humans.

I only have one comment to make and this is it, remember San Leandro High Staff your rotten students are going to be the ones teaching your grandchildren so show us how to do it.

—Greg Billeb



Michael Rawlis  
Judy Reberiego  
Titus Reed  
Trenton Reed  
Dianne Reid  
Dave Repoza  
Chris Reynolds

Jim Rigg  
Dan Rinkert  
Robert Robbers  
Sue Roberts  
Dave Robinson  
Jim Robison  
Bob Rodrigues

Kay Rogers  
Janice Root  
Toni Rose  
Jenny Rosenberg  
Bernadette Ruggiero  
Mary Ruggero  
Donna Rydbeck

Kathy Salcines  
Nancy Sanders  
Ken Saylor  
Jack Schachter  
Michael Schlytter  
Steve Schmidt  
Carla Schoop



Jeannie Schrammel  
Tom Seagren  
Linda Seaver



Lisa Seeley  
David Selby  
Lucy Sena



Chris Serafini  
Yolanda Serra  
Gilbert Serrano



Ginnie Sewald  
Paul Sewald  
Dave Seymon



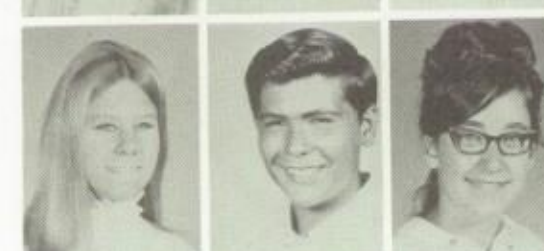
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Lori Shephard  
Penny Sherizan



Pat Shrader  
Celia Shrago  
John Silva



Joyce Silva  
Richard Silva  
Eva Slater



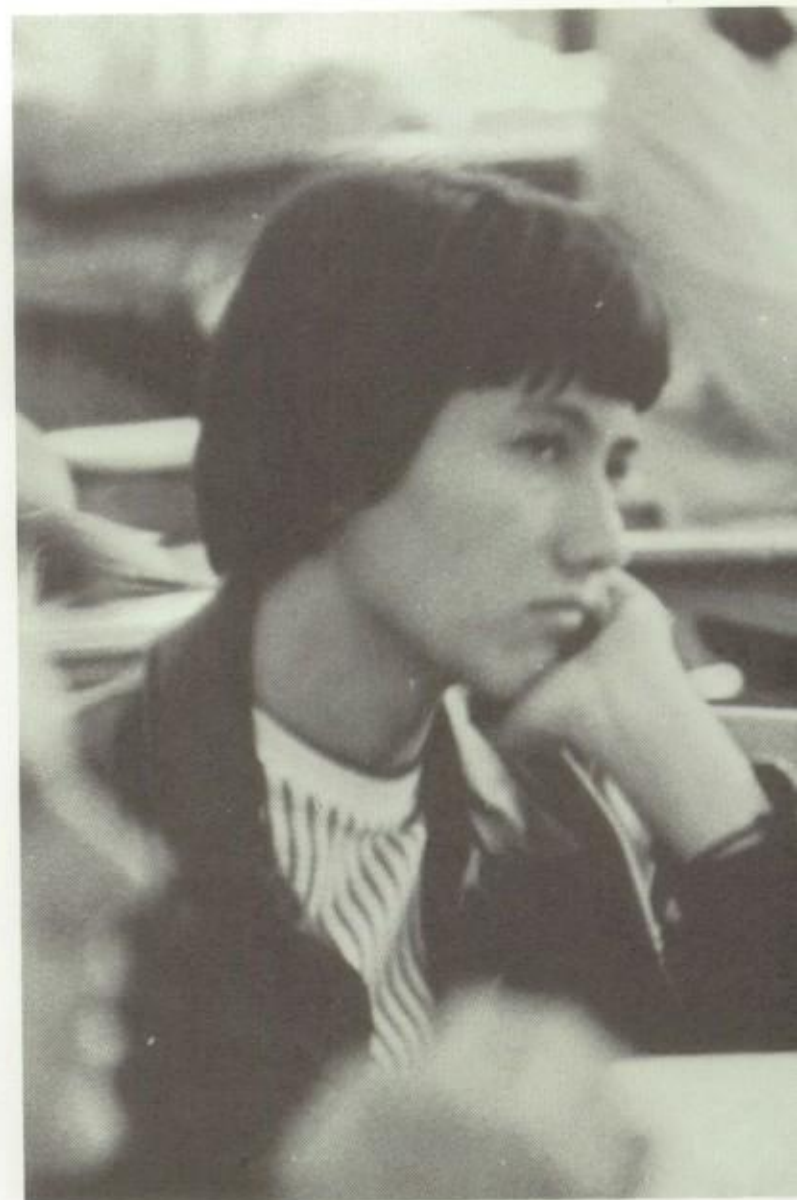
Gregg Smith  
MaryJo Smith  
Steve Smith



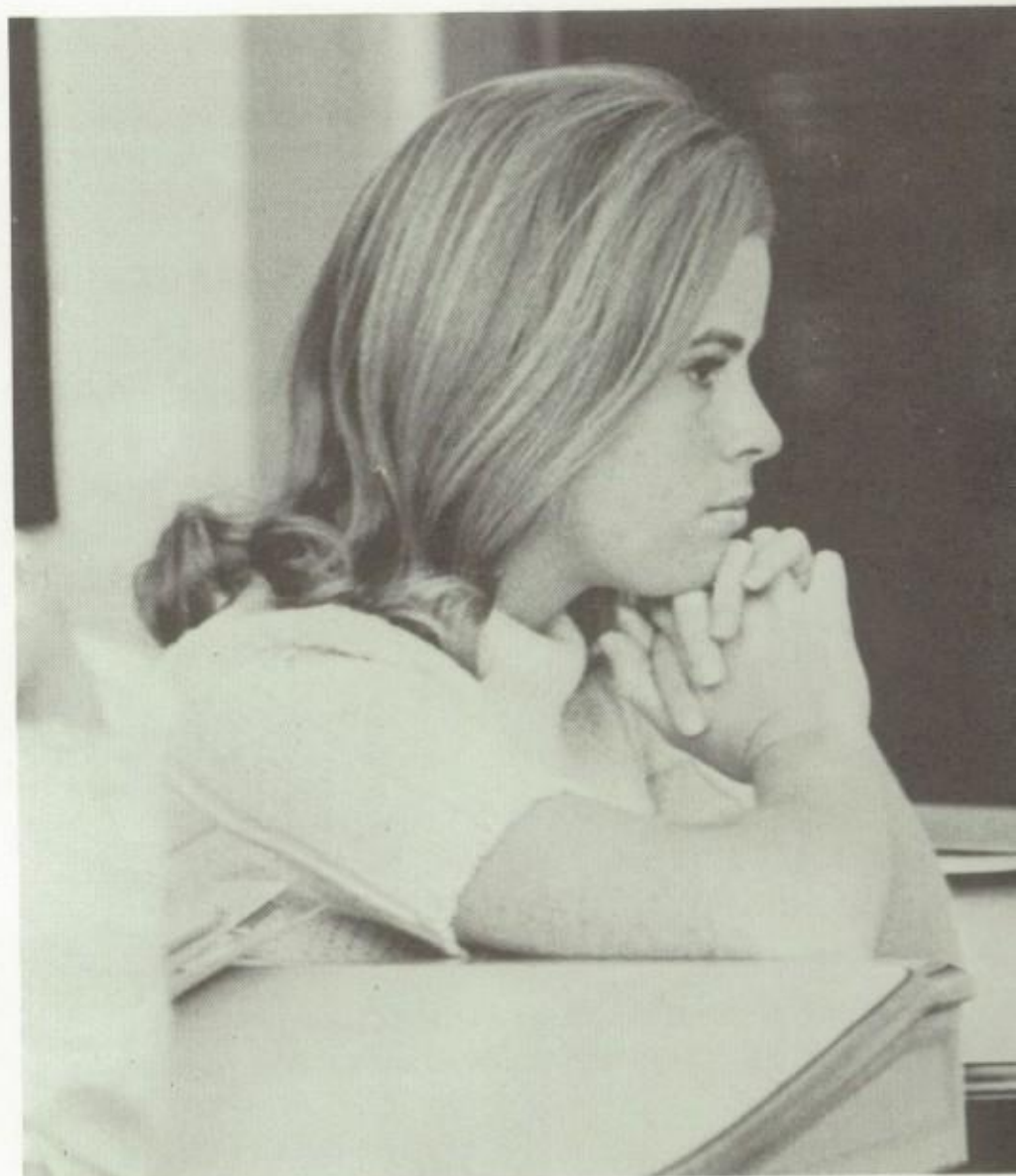
Alan Sobaje  
Elke Sommer  
Don Sotelo



Karen Souza  
Laura Souza  
Rocky Spirou



Lisanne Koppenhaver meditates, but maybe not on her studies.



Terry Brassy dreams of times that brought more happiness.





Amy Stateler  
Bonnie Stevens



Lisa Stevens  
Vernon Stewart



Phyllis Stoner  
Sharon Sullivan



Dale Swanson  
Joan Swenson



Ed Syro  
Steffie Tachiera  
Eugene Tafjen  
Bob Talbot  
Larry Tallariti



Donna Tavares  
Jeff Taylor  
Donna Thomas  
Stephen Thomason  
James Tamberlin



Jessica Tomlin  
Terry Toops  
Lynn Torresi  
Les Totten  
Elizabeth Trapp



Janet Tribolet  
Marty Troutner  
Maureen Trujillo  
Gail Tunney  
Duanne Turner



Steve Tyler  
Janice Ugale  
Donna Uhler  
Richard Upton  
Judy Valentine



Ken Vargas  
Pat Vasconcellos  
Gera Vaz  
Yolanda Vega  
Diane Velasquez

## There's Too Much Mock

sophistication. By this, I mean people are afraid to be natural, and they're restricted by the social structure. This inhibits them in doing what they'd really like to do. They will stop and think, "What people think?" I don't think I'd be able to do anything about this for how do you change a mass attitude?

I feel that people today are too solitary. Just working for themselves, don't "Want to get involved." I guess this is because of the greater population, bigger cities. I doubt if the country will have changed much at all because ten years is a relatively short time for changes to evolve. It could only change radically if it was through a revolution. I really doubt if there will be one of those in the next ten years. I feel militant agressions are in the minority.

I think grades are made too important. You are working for a grade instead of the knowledge. Think how nice it would be if it was all "pass or fail." I don't feel I would learn less.

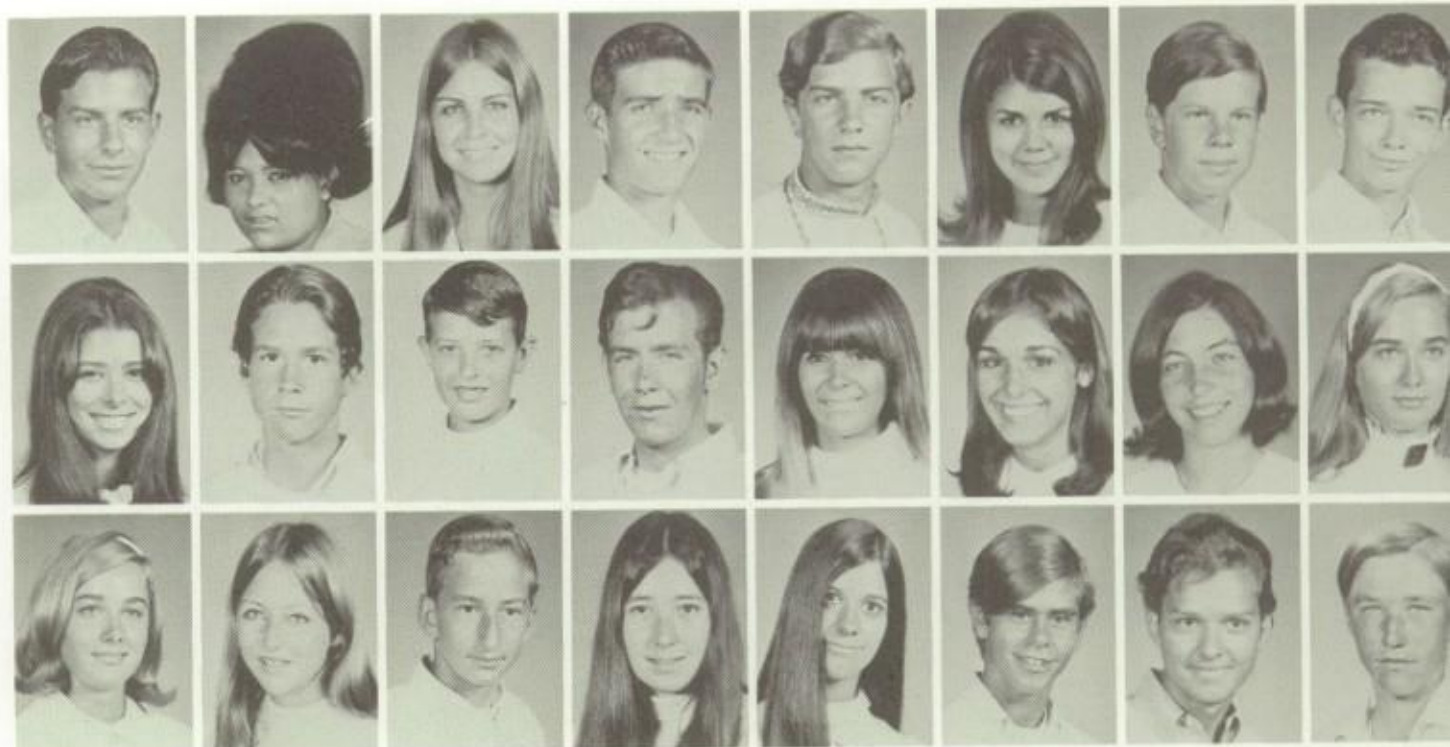
—Marianne Wyllie



Dave Vierra  
Pat Villa  
Laurel Walker  
John Walsh  
Jeff Waterson  
Sandi Westbrook  
Ron White  
Bruce Whitney

Margaret Wilbert  
Greg Williams  
Robert Williams  
Darrel Wilson  
Susan Wilson  
Harriet Winkler  
Heidi Winkler  
Randy Witharm

Rhonda Witharm  
Robin Woodworth  
John Wortman  
Stephanie Wright  
Marianne Wyllie  
Ken Ybarrola  
Leonard Zavzla  
Jim Zimmerman



**Hours of Practice,** then hope. That has been my motto for the past 12 years of my life. I have been taking baton lessons since I was three years old and I can sincerely say that I will never regret it in the least. Unfortunately there were the times when I felt that the garbage can was the best place for that troublesome stick, but the constant prodding of my parents (especially mother) kept me working. I usually average about 2 hours of practice every day plus a lesson every week in San Jose.

However, for all the work put in there is some of the glory which comes out. Competing in contests has taken me as far north as Seattle, Washington, east to Washington D.C., south to Texas and Mississippi, and west to Los Angeles. The spirit of competition is grand and the tense feeling of nervousness never ceases to fill your body each time you step out on the floor to perform at your very best. There are the times when you blow it—but there will always be next year and a next time. The sigh of relief which passes through you when you realize that it's all over for now is only replaced by the excitement of the announcement of awards.

People think that the awards is where it all stops. That conception is so completely false. The people I have met will never leave my memory blank but always remind me that there is always good in everyone. The tears of joy and the tears of sorrow are all part of my competitive life. But it isn't for the personal gain that most kids twirl; it's for the pure enjoyment of a sport, one that can be used to entertain others as well. However, each time I perform and all other twirlers too, each one of us thanks God that we are able to add a little puzzlement to someone else's life. What's that question I'm always asked . . . "How do you make that go through your fingers like that?"

—Dayna Digirno





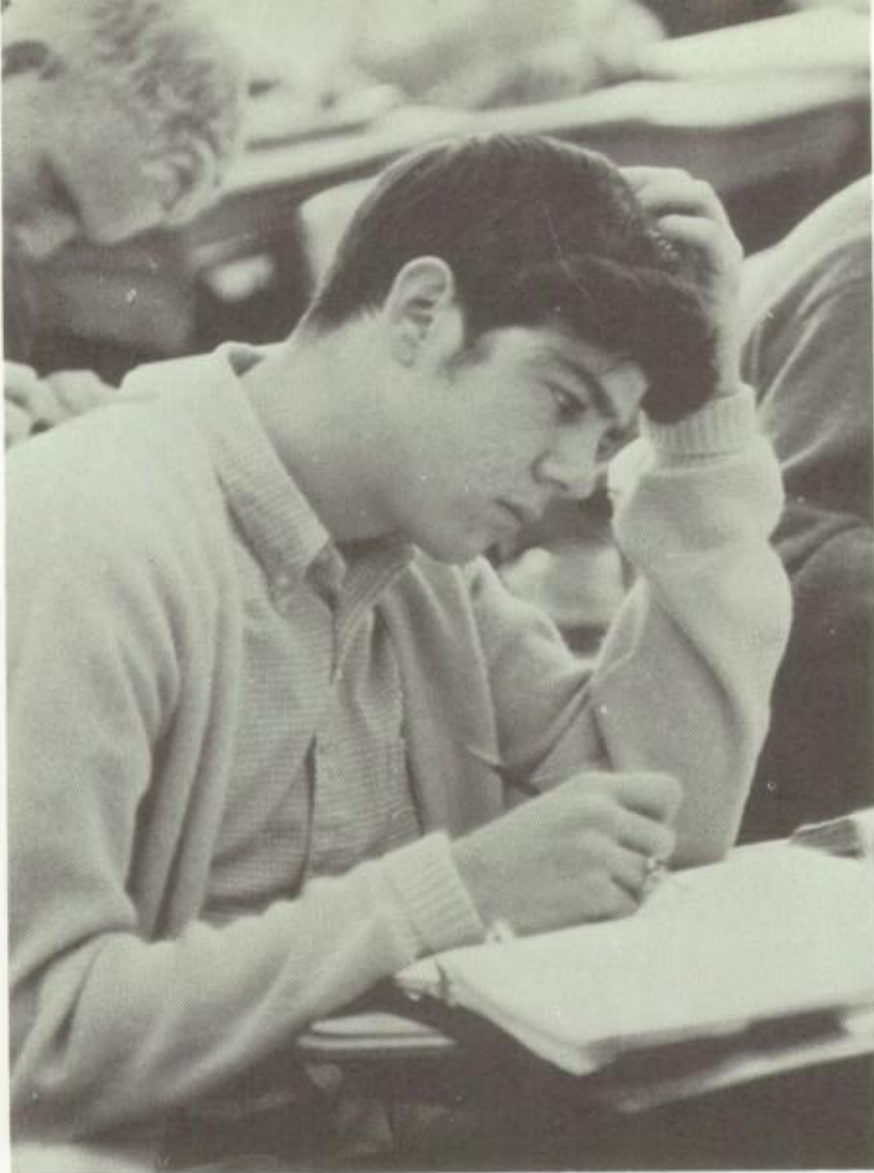


**A Problem** that I feel is quite pathetic is how the students don't take advantage of their education. When our parents pay taxes they in turn pay for schooling, but we don't have to pay anything towards San Leandro School System. This means that we are allowed to go to school for 13 years without it costing anything. School is probably the only thing in life that is free that we will ever receive. But it's sad to see students mess around by talking to friends, writing notes, fixing their hair, and not paying attention to their teachers for their own recreation. We are all guilty of this some time or another, but some people continually do this. Maybe when these people get older they will realize that school was more important than their friends, but by the time they realize it, it might be too late. I think maturity can only change a person's self abilities, but maturity is a long road.

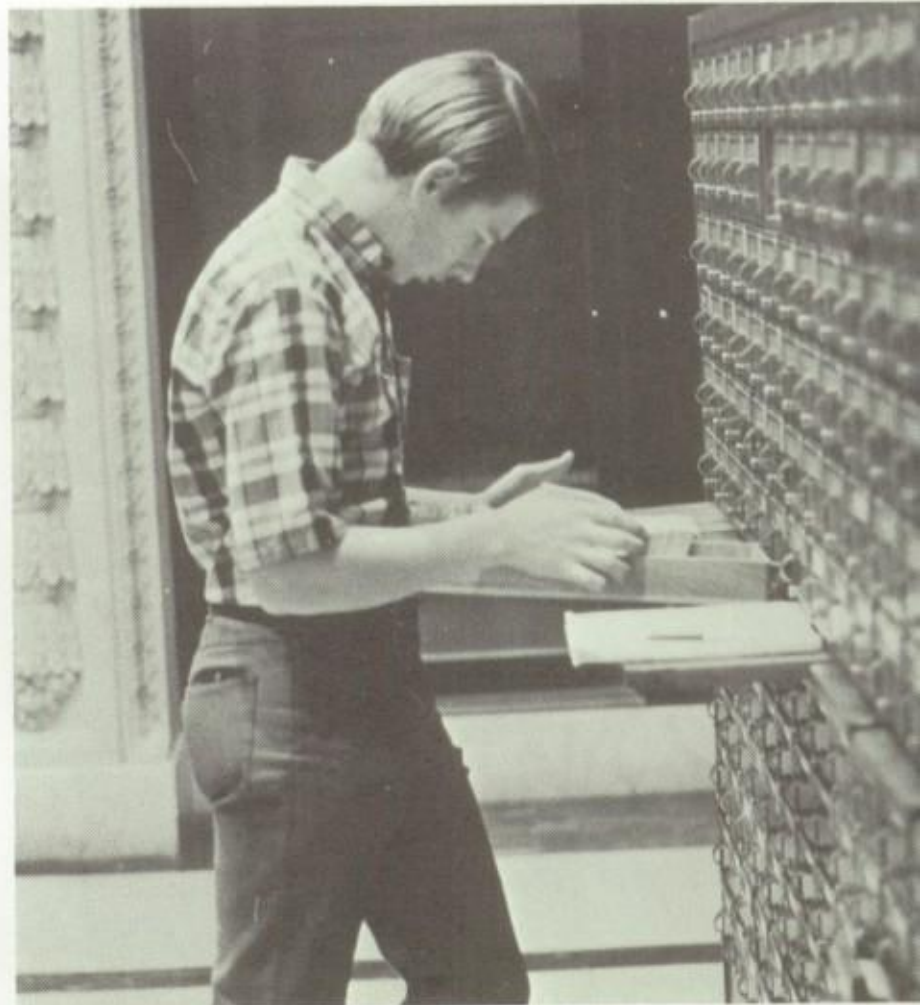
The problem with society today is that people or young adults are too dependent on their friends. Many people act, dress and mainly think the same as their groups just so they will be accepted. The minds of their friends are the only ideas these people have. They are afraid to speak out their own opinions for fear of being rejected. This in turn means that they are nothing without the backing of their friends. This tends to lead toward a kind of a person who has to constantly be with their friends for confidence and reassurance. This is so sad because there might be someone that you know who is like this. These people will have a terrible time when it comes to being forced to make an independent statement. The only way maybe to stop this is for people to spend more time alone thinking quietly of their own minds and individuality.

—Lori Oliver

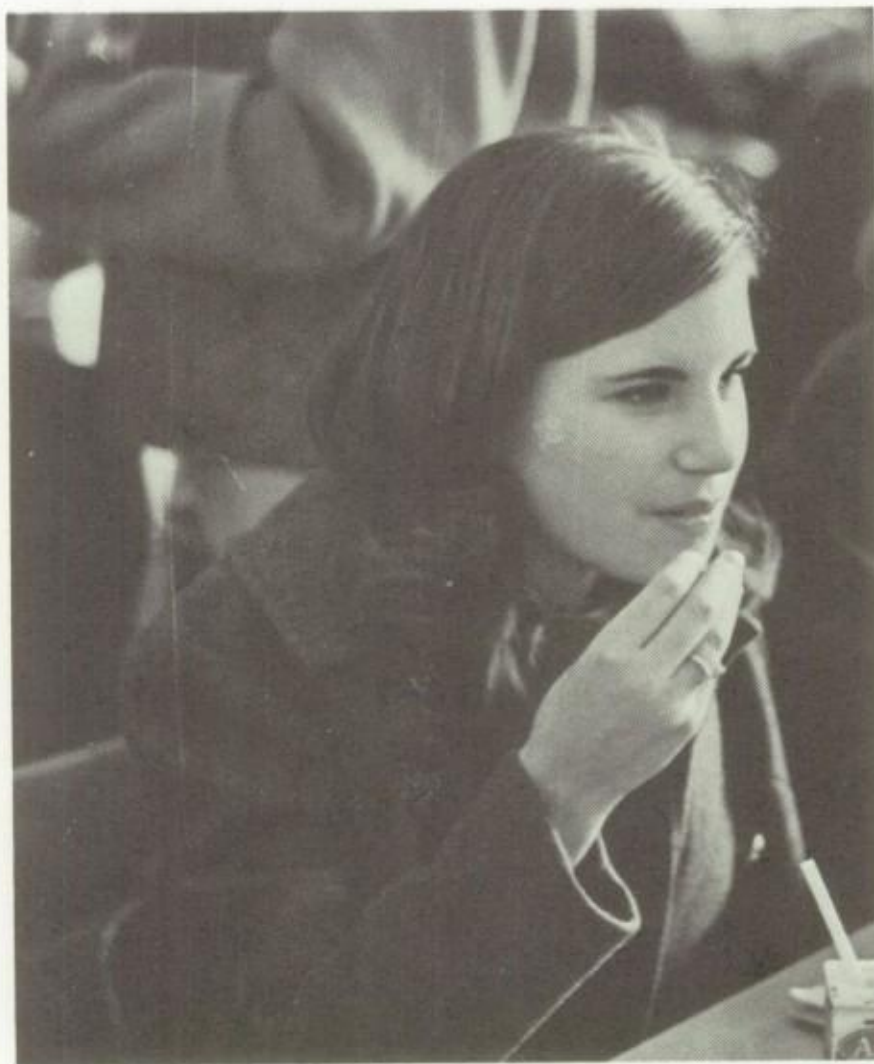




**Doug Moe puzzles over a problem.**



**Bob Robbers checks on the latest volumes of Latin prose.**



**Sally Hudson eyes the boy across the way.**

**Jeff Waterson contemplates an idea.**







Ida Cantel during her favorite  
period.



The Pirate "herd" munches on their fodder.



Sommer—What do you mean the triangles are congruent?



The camera captures a pondering Lori  
Hillard.





Sophomore class board members: Sue Avanzino, Sharon Biagi, Nancy Brown, John Clarfield, Colleen Edwards, Joan Freitas, Caroline Gee, Ken Gibson, Nancy Gilman, Linda Grimes, Kris Hansen, Cynthia Hoffman, Ann Hunt, Jim Johnston, Barbara Jones, Linda Parlin, Ann Pendleton, Julie Rettig, Linda Sundquist, Marilyn Wentworth.

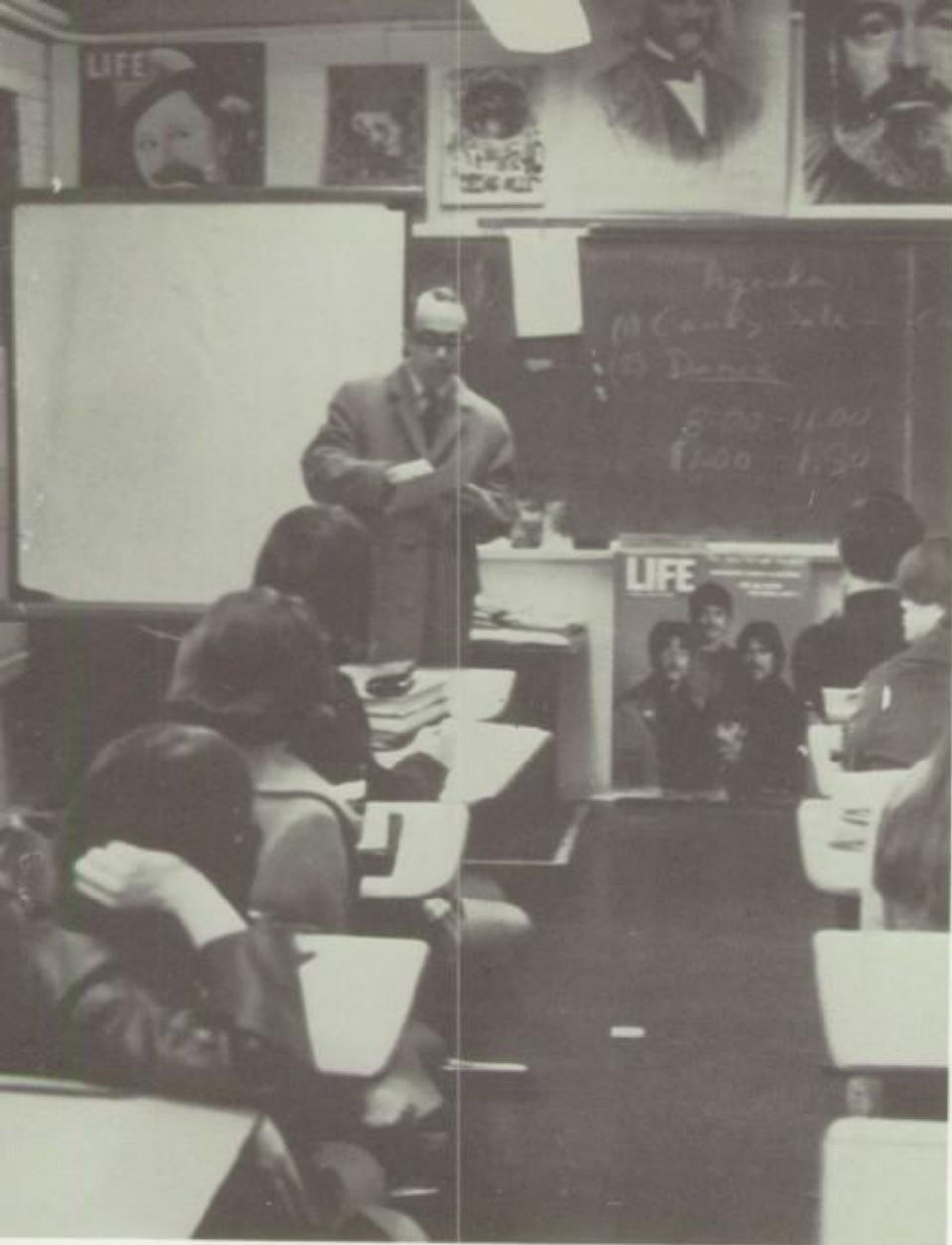
## The Sophomore Class

did many interesting and creative things this past year. With the help of their class board, the sophomores carried out a fund raising paper drive, participated in spirit week, and added to the general spirit of San Leandro High School. The sophomores played an important role in helping to decide new and valuable ideas for the betterment of the school.



Class Vice-President at left, Ken Gibson, aids Joe Mendonca, center, sophomore Class President.

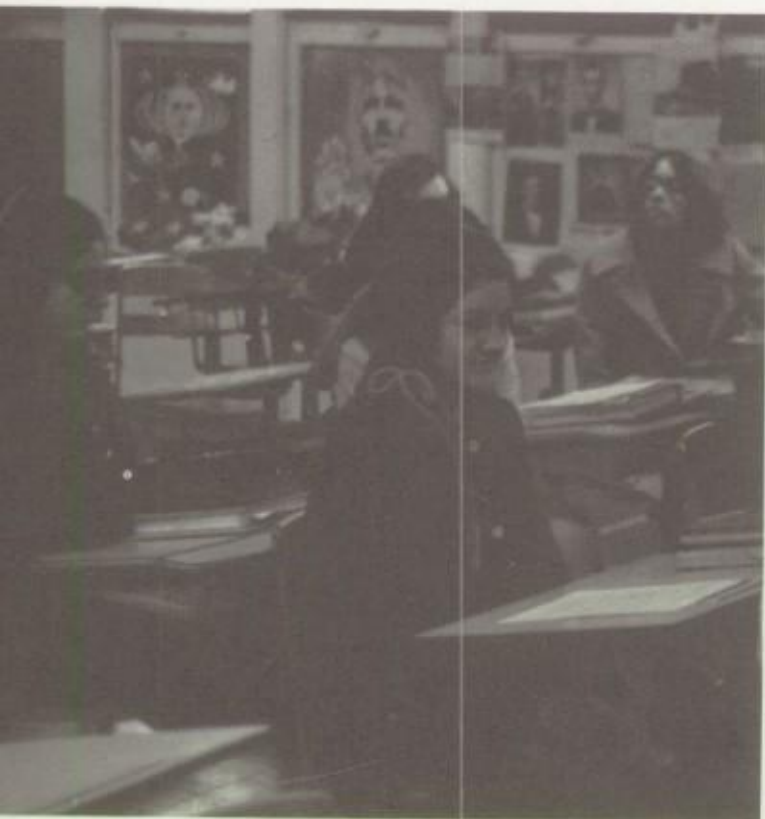




Coleman presents new agenda.

## Spring Officers of the

Sophomore class are Dave Frey: President, Tom O'Neil: Vice-President, Claudia Lazzereschi: Secretary, Nancy Gilman: Girls League Representative. The Class Board members are Sue Avanzino, Sharon Biagi, Nancy Brown, John Clarfield, Colleen Edwards, Joan Freitas, Caroline Gee, Linda Grimes, Kris Hansen, Cynthia Hoffman, Ann Hunte, Barbara Jones, Linda Parlin, and Ann Pendleton.



homores ponder new problems.



Total attention is captured by new activities.



Rick Abeyta  
Rick Ackel  
Debbie Ahern  
Alan Aikawa



Debbie Airington  
Jim Akins  
Chris Alexander  
Carol Allen



Dan Allen  
Jacklyn Allen  
Sandra Allen  
Larry Allphin



Burt Amaral  
Jean Amaro  
Brenda Anderson  
Judy Anderson



## Despite Some Trouble

in getting together, the Sophomore class is doing a great job. The school year started with a football rally, in which, the Juniors and Seniors had the halls plastered with spirit signs. Being Sophomores, and not knowing about rallies, we were completely thrown overboard, having only two weary signs up. But, we have great plans developing for spirit week to show who really rules.

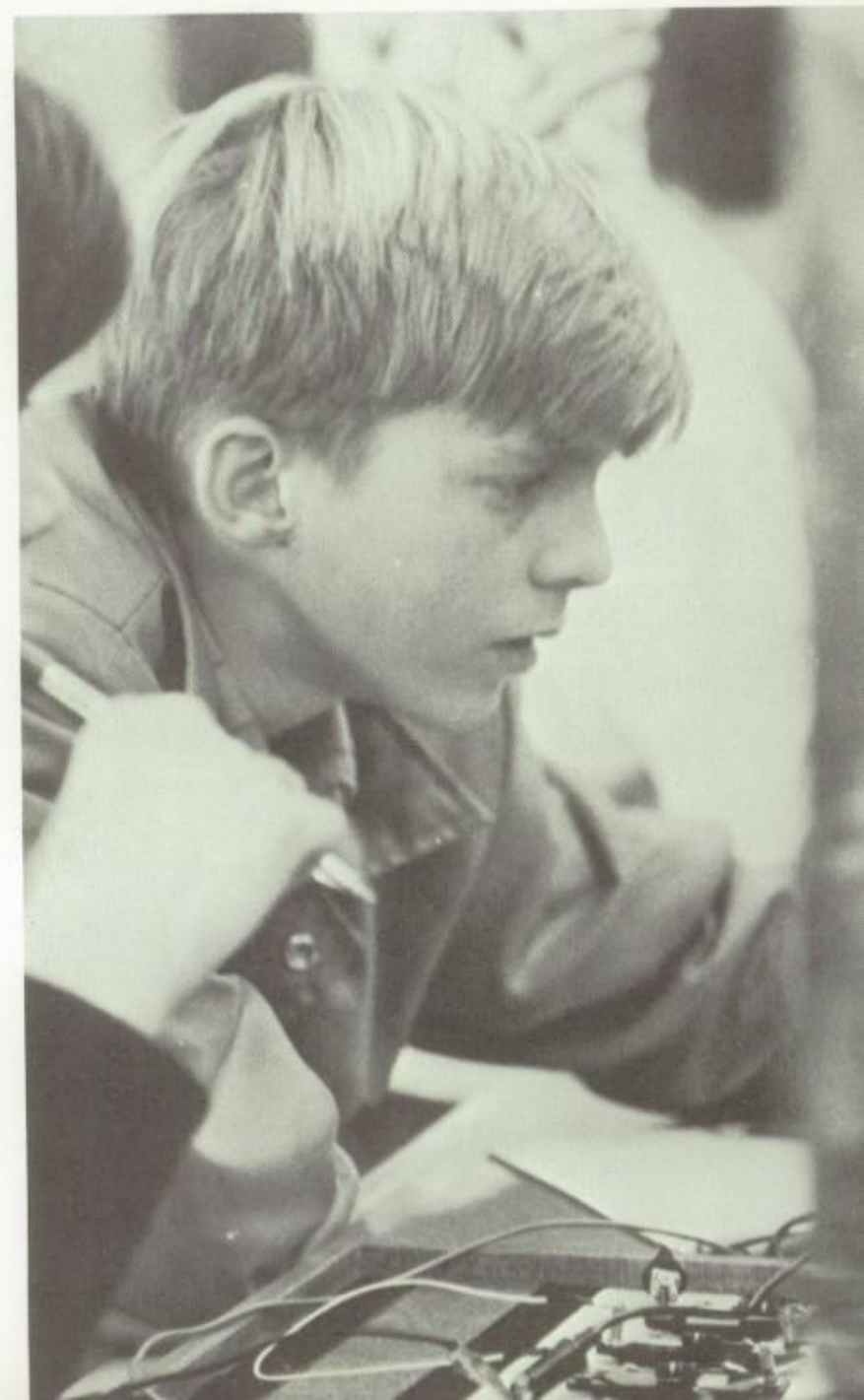
So far, we have had two money making projects, a cupcake sale and a paper drive. Because of our ads in the newspapers, posters in all major stores, notices on peoples' doormats, and mimeographed sheets on cars, our paper drive was a complete success. Combining the total profit from the two projects, we made approximately \$100.00.

We were going to start selling The Worlds Finest Chocolate on December 16, 1968, but since the Seniors were selling it at the same time, we decided to post-pone our sale for a few months. We really are a great class, not only in athletics, but full of wonderful ideas.



Denise Gunderson and Janice Lawrence

David Bose, on the verge of discovery.







ess themselves in painting.



Steve Andrade  
Gary Antone  
Virginia Apodaca  
Mary Arata



Christine Argyres  
Louis Argyres  
Sharlaine Armstrong  
Carol Ashcroft



Penny Ashcroft  
Susan Avanzino  
Renee Ayilla  
Patricia Baker



Karen Banke  
Lucy Barbera  
Clay Baskin  
Janice Bass



Sandy Beauchamp  
Kathy Becker  
James Begier  
Stella Bell



Judyann Belluomini  
Melinda Belzer  
David Benson  
Michele Benterou  
Gail Bergner  
Tim Bergold  
Pam Berwick  
Judy Berrian  
Sharon Biagi



Teddy Bissell  
Kurt Blandenship  
Kathy Blevins  
Richard Block  
Claudia Bond  
Patty Boos  
Patricia Booth  
Karen Borelli  
Dennis Boscacci



David Bose  
Janet Botelho  
Larry Botelho  
Jeannene Brandt  
Valerie Brantley  
Sharon Brazeal  
Cheryl Bretschneider  
Rhonda Brewer  
Douglas Brodie



Caryn Brown  
Nancy Brown  
Barbara Bruder  
Marilyn Bryant  
Pat Bueno  
Pat Bruke  
Janet Busch  
Richard Busch  
Glen Caballero



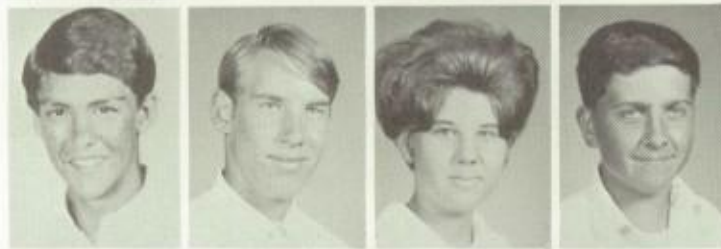
Michael Cain  
Kathy Cambra  
Ronald Camp  
Theresa Camp  
Lynn Campanella  
Renee Candelaris  
Rich Carson  
Kurt Carter  
Jan Cash



Denise Castillo  
Edwin Caughell  
Pat Cavanaugh  
Phil Cerro



Tom Chavez  
Eddie Childe  
Linda Childe  
Dave Christensen



Jay Christensen  
John Clarfield  
Gloria Clay  
Kathy Clayton



**The Loss Of** individualism is said to be the inevitable result of a highly complex society. I don't believe that. Man gives up his own individualism when he refuses to involve himself, and in doing so, jeopardizes the individualism of all other men. Individualism has no meaning if it is a far-off ideal, sitting precariously on an ice-covered mountain. To be real, it must be applied. Individualism does not mean to isolate, but to join together with a unique awareness of the people who surround you. It does not mean the right to destroy a society just because some of the aspects of that society do not coincide with your dream world. As long as there is society, there will be laws and restrictions, for unfortunately, man has not yet reached the level of understanding where the almighty self is not the prime center of all being.

Change is needed, and it will come, but to tear down haphazardly will destroy the foundation on which the new must be built. Protests, strikes, and demonstrations will all have a part in the working of this change, but destruction never will and never has deserved a place in their ranks. Destruction brings with it only anarchy and chaos; peaceful demonstration a conviction and strength of unity.

The race crisis with which we are faced will not be solved in my generation, perhaps not in my children's, but it will be solved. It astonishes me that prejudice can be so strong in so many people, and that it is such a stubborn enemy. It is a very deep feeling in so many people, and it will take several generations to strain it out of people effectively, but it will occur, and I have faith in this conviction. People must and will see that the only way for the people of the world to ever achieve unity will be to recognize the humanness in all of them.

—Linda Parlin



Mark Kral takes time out for a bit of pensive thinking.

Michael Cogley  
Laurance Cohn  
James Combel  
Richard Condit  
Robert Cook



Mike Cormier  
Tom Corriea  
Kathy Corvello  
Arlene Costa  
Chris Costalupes



Karen Coyle  
Bob Crancer  
Deborah Cranston  
Debbie Crespin  
Bob Crouse



Grant Crow  
Jeff Cummings  
Jeff Currier  
Bettie Ann Cuschera  
Lorna Daoust



Marsha Darvo  
Vincent D'Augelli  
John Davis  
Jerry Davlin  
Candace Dean







Michele deCesare  
Diane DeGrace  
Frank Delgado  
Marty Demartini  
Lisa DeSoto  
Rick DeVaul  
Chris DiGrazia  
Debbi DiPaola  
Denise Douglass

Debbie Drennon  
Cathlyn Drewey  
Steven Drummond  
Judy Dulmes  
Mark Dutra  
Colleen Edwards  
Robert Elliott  
Scott Elliott  
Richard Ellis



ry Camp ponders the teacher's statement.



Pat Emanuele  
Caren Engberg  
Eric Engberg



Jeff Enos  
Peggy Enos  
Kathy Ertle



Penny Evans  
Jacqueline Fagalde  
Jim Fanjul



Greg Faria  
Steve Farmer  
Virginia Fazzio



Chrisann Furguson  
Doug Fernandes  
Steve Ferreira



Michelle Ferretta  
Randy Figueira  
Rich Florenzen  
Jean Foote  
Teresa Foppoli  
Howard Ford  
Jesse Forrester  
Bruce Fouche  
Roger Frago

Paul Franceschini  
Greg Frates  
John Frazzier  
Cecile Freeland  
Joan Freitas  
Dave Frey  
Cathy Galbraith  
Candi Galindo  
Pat Gallagher

Bernice Galvan  
Ben Garcia  
Bill Garcia  
Debra Garcia  
Brad Gardner  
Caroline Gee  
Jeff Gessini  
Ken Gibson  
Steve Giles



## We Are Progressing

much more quickly today than ever before, even with riots and wars. We are learning that the only way we are going to get things done is to stand up for what we believe. In ten years the Negro will probably be looked upon as an equal. The governments will have become more negotiable with each other. But war will always be a problem. As long as there are people on this world who have different views, there will always be conflict. And heaven help us if the day comes when no one is an individual who can disagree with someone else.

I have a minor gripe about San Leandro society. San Leandro is very strict in the way it lives. San Leandro has been a white community and is noted for it. We should have more negroes either in the school system of San Leandro or living in San Leandro.

—Kathy Becker



Petra Kastler checks to see if her Cargo message was correctly written.

Nancy Gilman  
John Girard  
Lydia Golubin  
Jerry Golz  
John Gonsales  
Lisa Gonzalez  
Maria Gonzalez  
Vickie Good  
Julie Goodale



John Gordon  
Jon Gould  
Sherry Grace  
Susan Grant  
Beth Griffith  
Linda Grimes  
Mary Lou Grimes  
Deanna Gunderson  
Denise Gunderson



Richard Haier  
Paula Haller  
Lisa Hammond  
Catherine Handley  
Eva Handley  
Kris Hansen  
Glenn Harden  
Chris Hartman  
Lettie Hartman



Julie Harvey  
Denise Healy  
David Henry  
Sheldon Henry  
Jim Hernandez  
Roger Heyder  
Alan Higashi  
Kris Hills  
Roxann Hintz



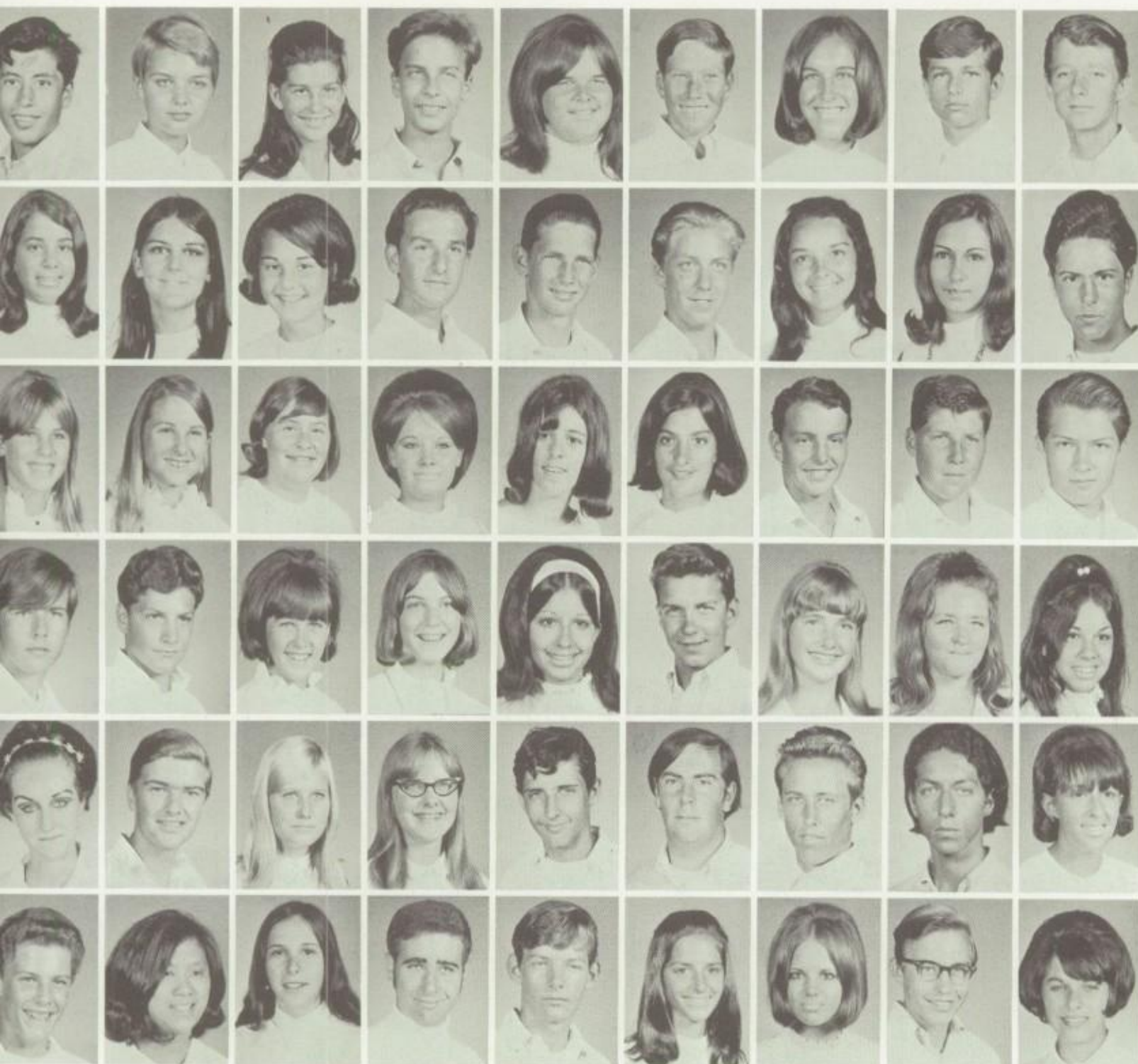
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Cynthia Hoffman  
Nancy Hoffman  
Laura Holloway  
Marc Holmgren  
Tim Howard  
Catherine Hudson  
Jim Hull  
Robert Hull



Kathryn Hulse  
Becky Humphries  
Ann Hunte  
Dianne Hutchinson  
Richard Huzieff  
Phil Herring  
Bill Ignatow  
Sam Ippolito  
Roger Janes







Paul Jardin  
Dibbie Jessen  
Joanne Johnson  
Mark Johnson  
Nancy Johnson  
Jim Johnston  
Barbara Jones  
Dan Jones  
Paul Jones

Christa Joseph  
Jackie Joseph  
Karen Kalinowski  
Jim Kanalakis  
Don Kappler  
Peter Kapteyn  
Valerie Kasdorf  
Roberta Keeman  
Brian Kelly

Kathleen Killough  
Rachelle King  
Sheila Kingsborough  
Carla Kinnick  
Tomi Kinsey  
Lu Ann Klecsik  
Rudy Knight  
Terry Knight  
Mark Kral

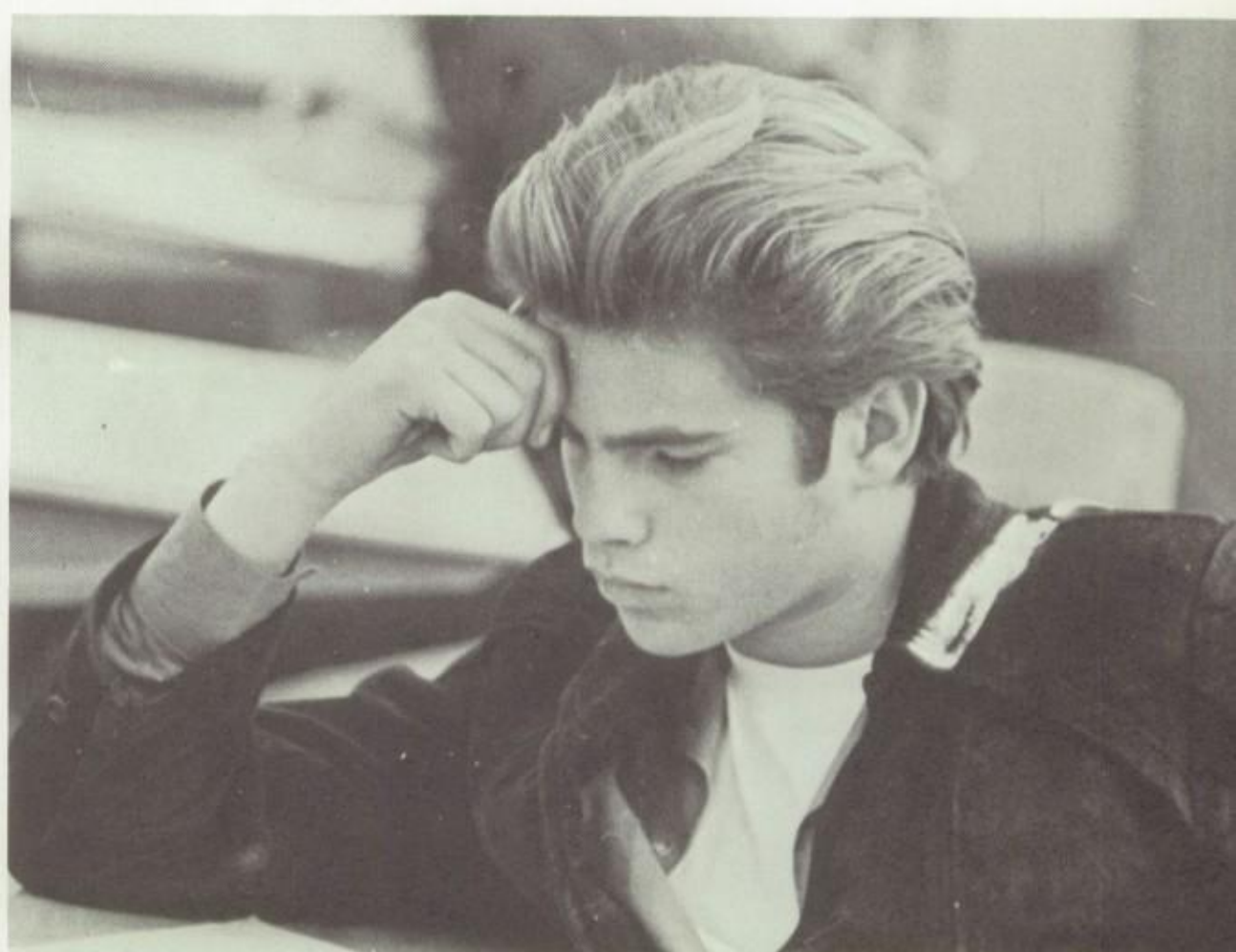
Gary Kuykendall  
Steven Lagorio  
Vicky Lathe  
Cindy Laubscher  
Janice Lawrence  
Bob Laycox  
Claudia Lazzereschi  
Jean LeDoux  
Elenora Leonardo

Vicki Lew  
Leslie Lewis  
Diana Lind  
Sue Lindsey  
Mike Lippincott  
Curtis Lockhart  
Bill Lopachuk  
Phil Lopodota  
Loretta Lewis

Mark Lovestrand  
Gloria Loy  
Teresa Luisotti  
Gregory Lund  
Paul Lunn  
Judy Machado  
Diane Mackie  
Don Mackie  
Danilla Maffei



thy Cambra slyly hides a smile.



Concentration is the key word.



Pat Malone  
Sharon Manos  
Sharon Manson  
Christine Marchini



Robert Marks  
Steve Marks  
Jean Marletto  
Gary Marmino



Charles Marquez  
Darlene Marquez  
Rene Martin  
Rosanne Martin



Toni Martinez  
Karla Massey  
Patsy May  
Kathleen McCurdy



Genelle McFadden  
Cynthia McFarlane  
Mary Anne McGihon  
Dennis McGuire



Sue McKelvey  
Debra McRee  
Vicky McShane  
Mary McSweeney



Mike Melaver  
Richard Mello  
Dean Meltz  
Frank Mendes



Joseph Mendonca  
Dean Marris  
Paulette Mesquita  
Jeff Micheli



Marla Mietz  
Jim Miles  
Stephen Miller  
Gerald Minion



Jerry Mole  
Cindy Mollins  
Karen Monez  
Mike Moniz



Mutual studying helps solve problems.



Peek...





h Skoonberg instructs sophomore Steve Rugg in the fine of impersonating a bird in flight?



a boo, Arlene Costa.



Sharon Moore  
Teresa Moore  
Tony Moore  
Roxy Moran

Dave Morford  
Eddie Morjig  
Donna Moyles  
Beverly Murray

Colleen Murray  
Dennis Murray  
John Myers  
Eric Nelson

George Nelson  
James Nelson  
Malcolm Newkirk  
Bradford Newsom

Barney Ng  
Kim Nolan  
Susan Norman  
Jim Norton

## The Society of Today

is probably the most massive force of hate in the recorded history of time. It is like a brutal, vicious animal that lies in our hearts, minds and souls. Don't say you have no prejudices against anyone as it would be a lie. Somewhere along the line something has happened and from that time on you have held a grudge. Like a vicious animal tormented, it becomes the evil thing on earth. I don't mean just by some bar room fight at night, I mean year after year.

Wars are caused as a result of a nation feeling superior to other nations or when a nation is greedy for another nation's resources.

My solution to this and the racial problem is the philosophy expressed in the Golden Rule, "Do unto others as you would have them do unto you." If people would accept this philosophy, we could solve all our problems.

—David Benson



Stanton Nunes  
Toni Nunes  
William O'keefe  
Gary Olivero



Thomas O'Neill  
Denise Oppocher  
Marion Ornea  
Randy Owens



Becky Pacheco  
Glen Parker  
Linda Parlin  
Dan Parodi



Steve Patchin  
Jeff Peck  
Ann Pendelton  
Glenn Perry  
Glenn Perry  
Joanne Perry  
Lynn Peters  
Amy Jo Petersen  
Duane Phillips



Janice Phillips  
Mile Piedade  
Tina Pimental  
Julia Pina  
Janae Pitcher  
Jeanine Plunkett  
Rebecca Popp  
Noula Prontzos  
Maggie Puentes



Karen Puhalowch  
Alivn Rabello  
Mark Rabinowitz  
Larry Ragusano  
Donna Reckling  
Judy Regas  
Julie Retting  
John Reviak  
Steve Rhine



Richard Rich  
James Richards  
Leslie Rigg  
Anthony Riley



Bill Rissotto  
Win Robinson  
Dan Rocha  
Pat Rodrigues



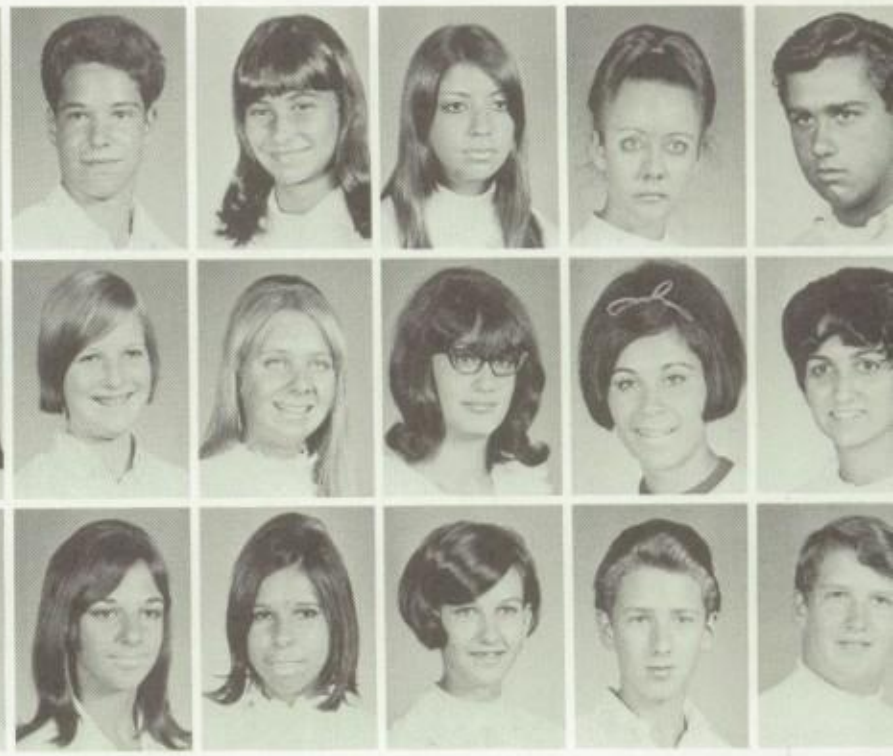
Linda Rodriguez  
Michael Rogers  
Steve Ross  
Janet Rudiger



Karen Rudny  
Steve Rugg  
Doug Ruiz  
Linda Salcines



Bill Rissotto, lost in thought.



Judy Regas and Marilyn Wentworth struggle to remain awake.





Debbie Sanchez  
Stephanie Santos  
Debra Sardella



Bob Sassi  
Mark Sauer  
Rebecca Schlytter



June Schultz  
Robert Seaver  
Dan Seibel



Sherri Seitz  
Gary Selby  
Hank Seramur



Cindy Sersen  
Tom Shaw  
Ron Sherman



Steve Silva  
Kevin Simpson  
Fred Smith



**Vegetables Unite** in the great white Ghetto's high school. It's a great place for forgetting what is happening now. The teachers, with few exceptions, are afraid to stand for anything. They regard a student who might be curious about the blood in the streets, as a Communist, an obstacle in the way of their tenure status. The administration and faculty are trying to kill us and we are dying.

I want to read books that are being written now. I want to learn about life, not about commas. There is a lot of controversial air moving around this school. The city thinks that shutting it out will fix it. It won't when the kids in this clean, fresh airy school start breathing the outside filth something is going to break.

Society today has to be logical. No one can think with emotion. You grow up thinking the only way to live is to keep in a conforming, logical hole. Don't bother to reach, to care. Don't speak on an elevator. All that is to learn and to save and die with your profits. Don't wander out of a set pattern and only worry for yourself.

My program here is what is expected. I swim in the channels of formal learning. But out of school, I get in groups to talk, to be creative. I have gotten to the point where I feel that this school is something that comes before living. If school had a class in thinking, a lot of things would be different. A class where I can sit and think or talk, where I can be someone who has something important to say. A class where people can talk about American's fall to Facism or nonsensical things. I am dissatisfied with my curriculum here, I want to learn, yes, but not for the importance of status made by grades in "important" classes. If dissatisfaction is a sign of madness, as some say, I hope I am completely disorientated.

Assemblyman Robert W. Crown, 7th District, spoke to American Government classes on some of the operations of State Government and problems which he thinks the Assembly will have to face in the 1970-71 term. Assemblyman Crown cited crime, taxes, and student demonstration on state college and university campuses as some top priority issues. He expressed some concern about political control of our educational system, but also called for all students to permit others to study. The Assemblyman answered students questions about BART, taxes, and colleges.

—Denise Healy



Willy Smith  
Kathy Smith  
Linda Soares  
Tom Soberanes  
John Sofranac  
Gary Sorenson



Karen Souza  
Larry Souza  
Mary Souza  
Grover Spitznagel  
Jack Spruance  
Laura Stanger



William Stein  
Joanne Stelter  
John Stephens  
Lyle Stepman  
Yvonne Stowers  
Kevin Strehlo



Robert Strong  
Donna Stuchlik  
Nancy Suazo  
Kathie Sullivan  
Cynthia Sulon  
Linda Sundquist



## The Plague and Enemy

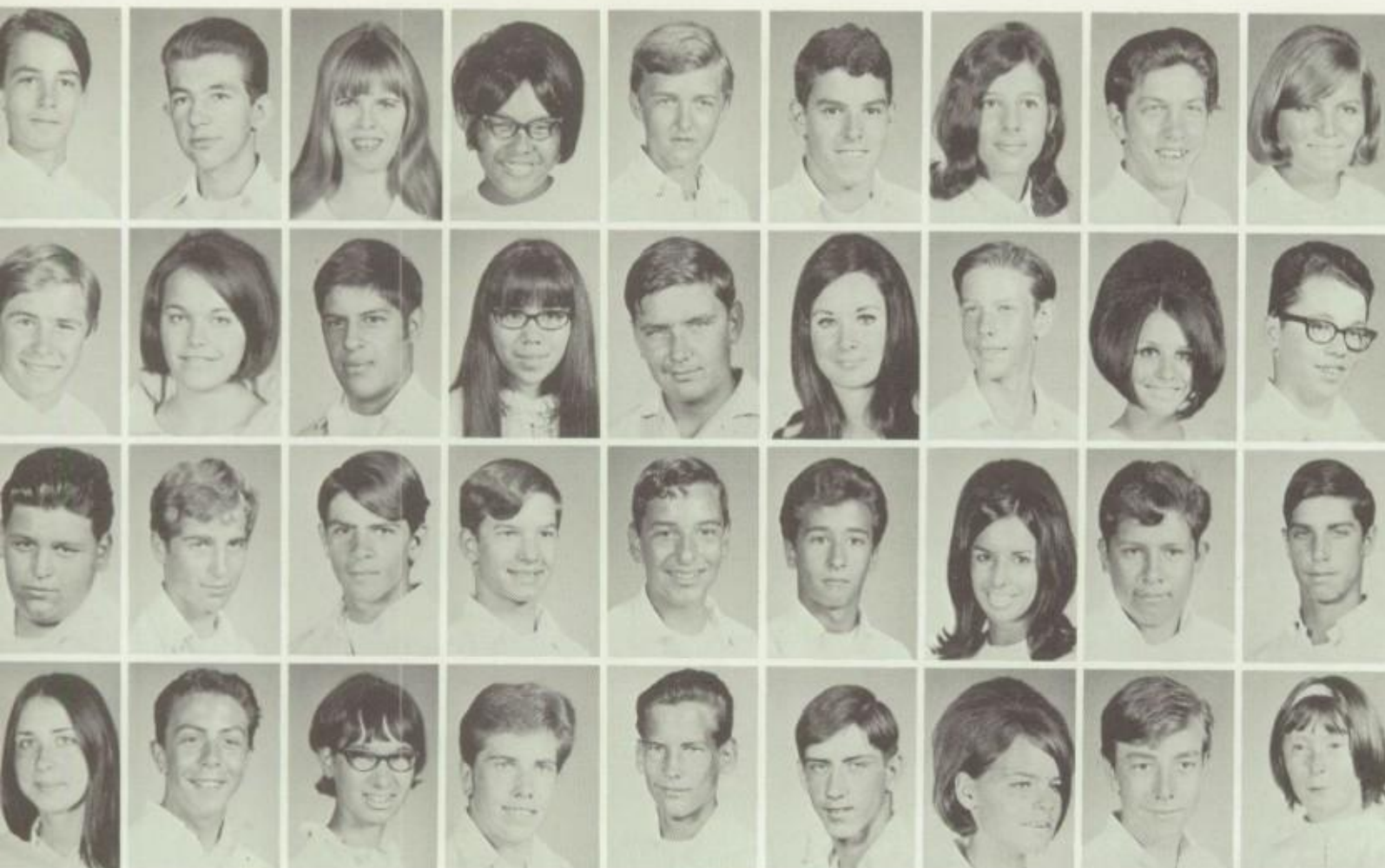
of all students is the lesson-plan. Most teachers become so involved with the importance of the material to be covered in that one day, that the importance of really learning, not just absorbing information, is not really vital to them at all. The lesson plan rules! It is the teacher's creed, the substitute's boon, and the students' downfall. Often a very meaningful discussion is cut off by the teacher because "It's not what we are supposed to be talking about." I am roundly told that the number of protons in helium is much more important than the religious and moral implications of Darwin's theory of evolution, but in my slumbering mind, there is a flickering of doubt. But could the lesson plan be wrong? Heaven forbid!

It is at times like these that I feel it would be much more educational, in the true sense of the word, to be walking along a crowded street, just really seeing. The one thing that they always seem to forget to teach us in school is to be real and alive. The all-mighty grades, tests, and college records seem to be the motivating factor for all the faculty. If an undisciplined thought slips out, heaven forbid, the school board might hear. It seems to be an endless chain of "no-no's." I must get good grades under penalty of failing; the teacher must stick to the lesson plan under penalty of placing his job in danger, the school board under the eyes of the public, and the public doesn't know what's coming off.

—Linda Parlin







Kurt Swansick  
Bill Swanson  
Carol Sweeney  
Diane Takashima  
David Taylor  
Rick Telles  
Vallerie Testa  
Richard Theile  
Marilyn Thorpe

Rick Threet  
Cheri Thurnau  
Bill Toci  
Linda Tiffany  
Mike Tomberlin  
JoEllen Toner  
Dave Tordoff  
JoAnne Trampetti  
Jack Trujillo

Mike Uahey  
Thomas Valentino  
Tom Van Valkenburg  
Mart Varrial  
David Ventura  
Donald Vidales  
Linda Vieira  
Michael Villegos  
Dante Vitale

Jacqueline Vogelsang  
Ralph Volpe  
Shirley Walker  
Scott Ward  
Mark Wardrip  
Kenneth Wasiniak  
Kathleen Welch  
Steve Wellman  
Patricia Wells



Marilyn Wentworth  
Cheryl White  
Richie White



William Wiersma  
Fred Williams  
Sandy Williams



Stanley Wilson  
Anne Wingfield  
Howard Young



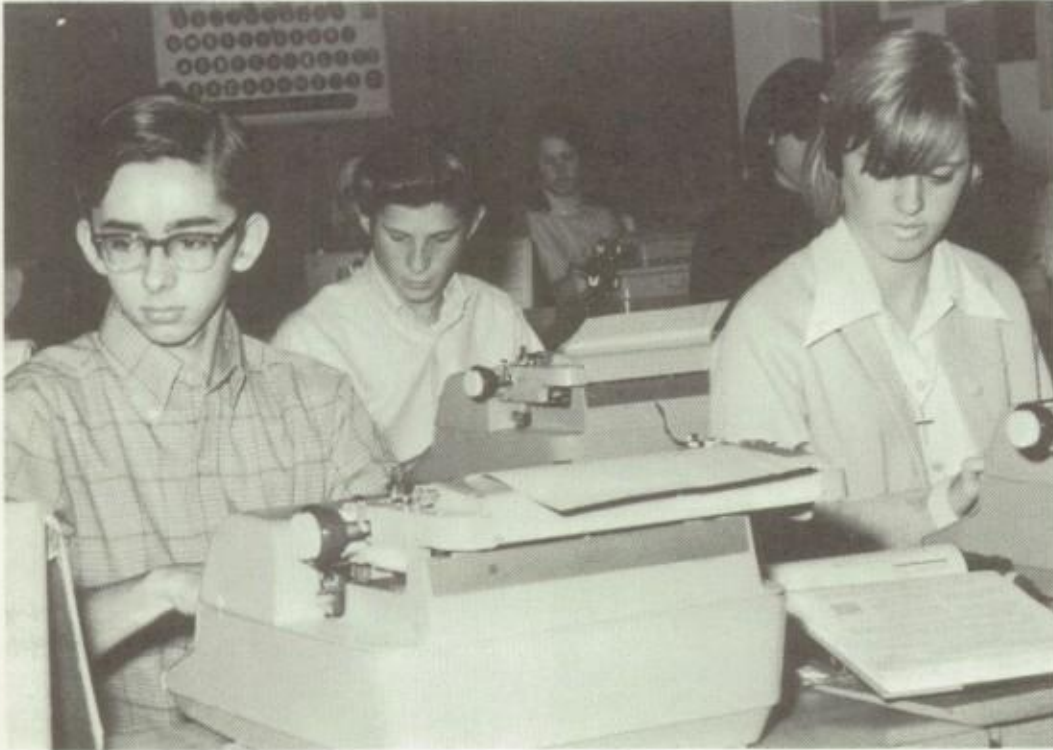
Sue Zajec  
Ed Zappettini  
William Zarback



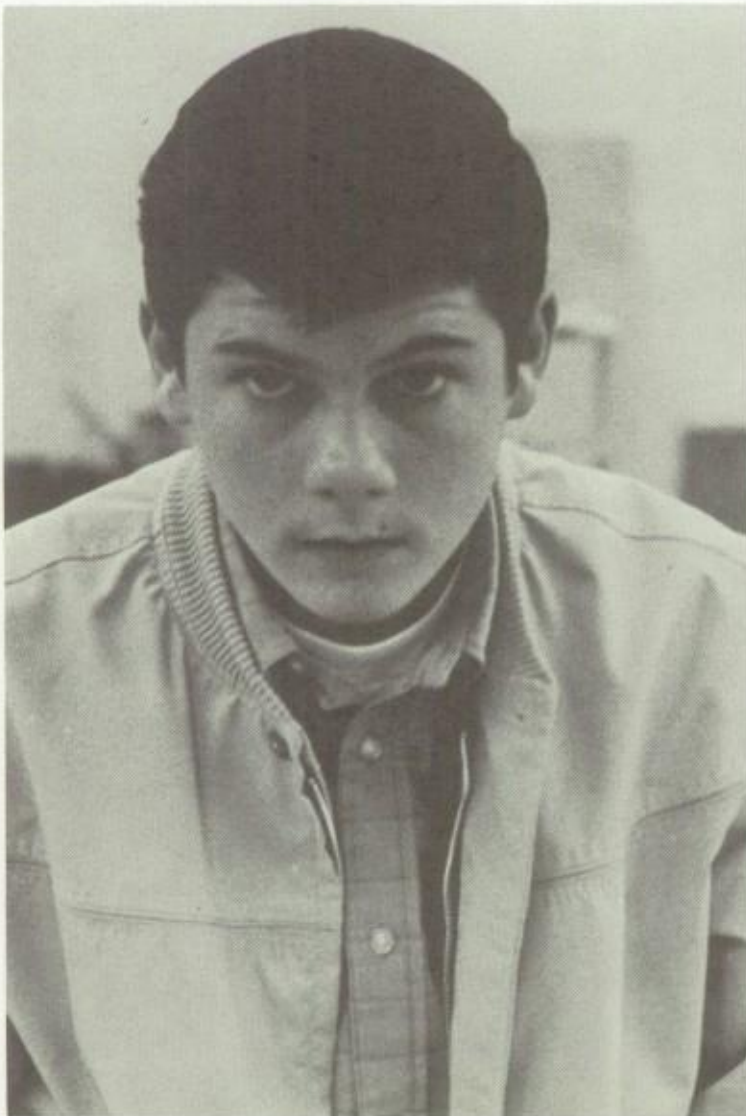
Christine Zeitz  
Keith Zimmerling



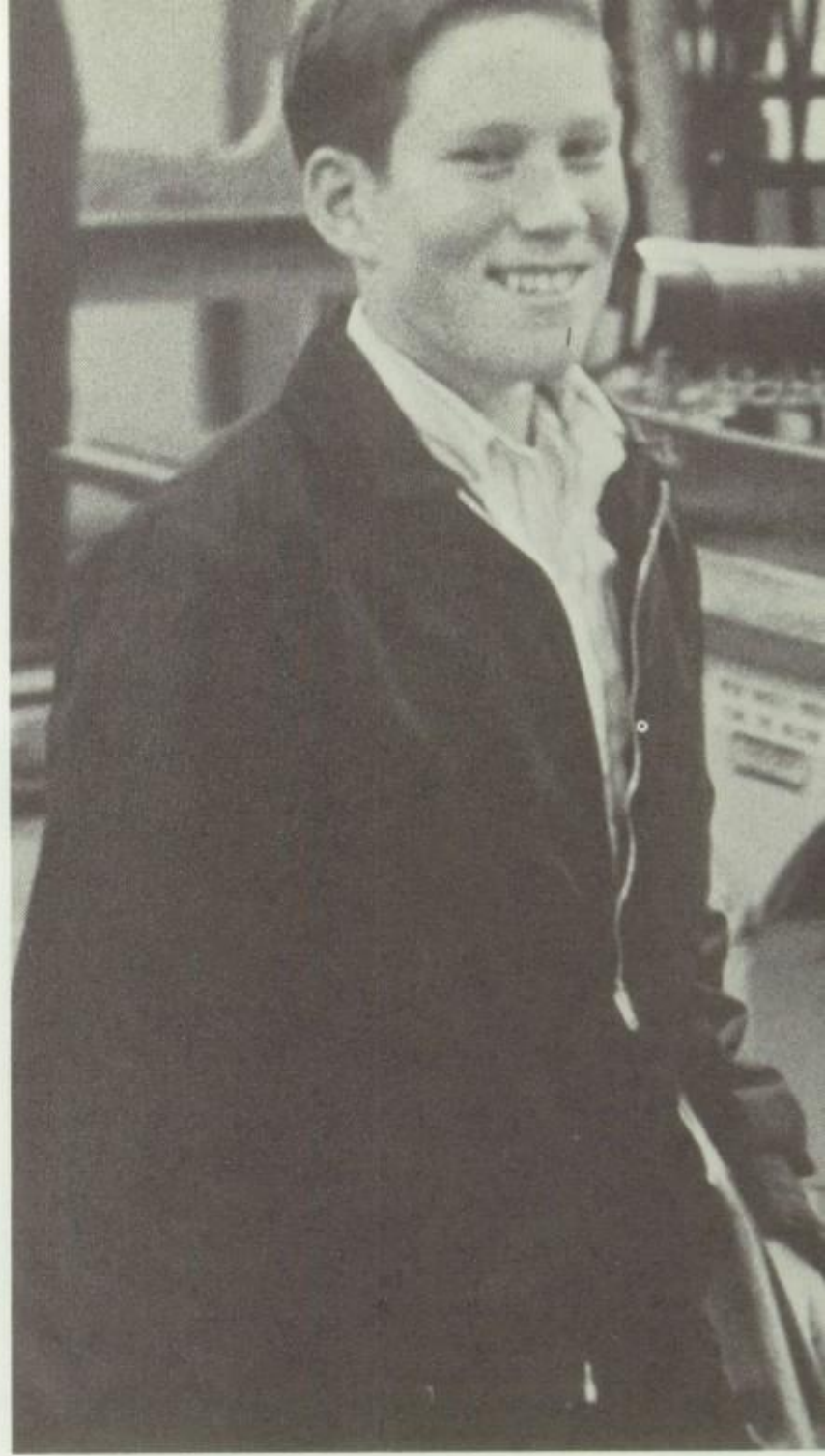
Ambitious sophomores in typing class.



Jeff Enos is caught by surprise.



Jim Johnston grins at the camera.



Sandy Beauchamp relays emotion.



ni Nunes, Becky Humphries, and Nancy Gilman attend Choir Practice.



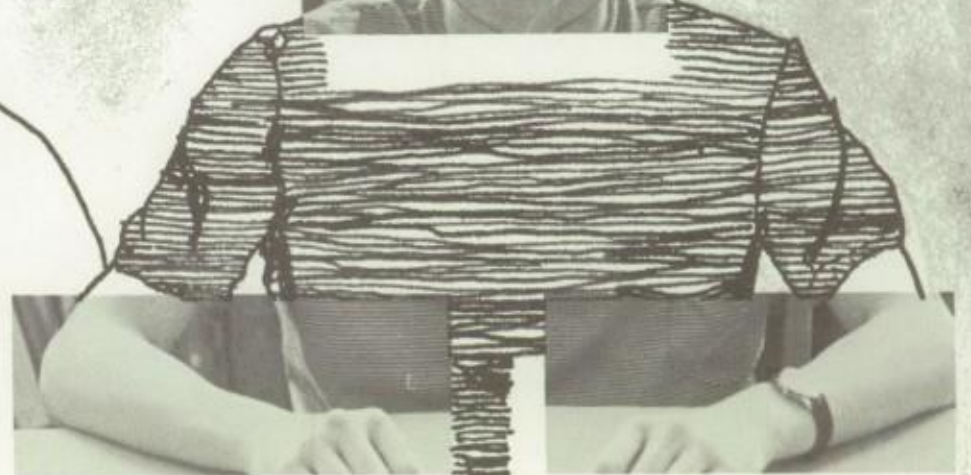
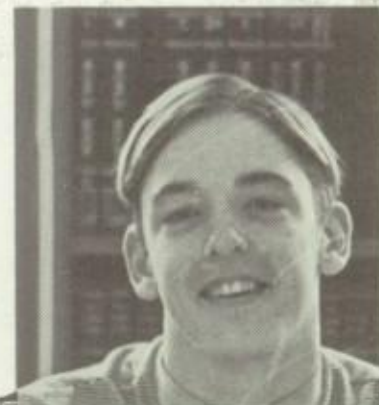
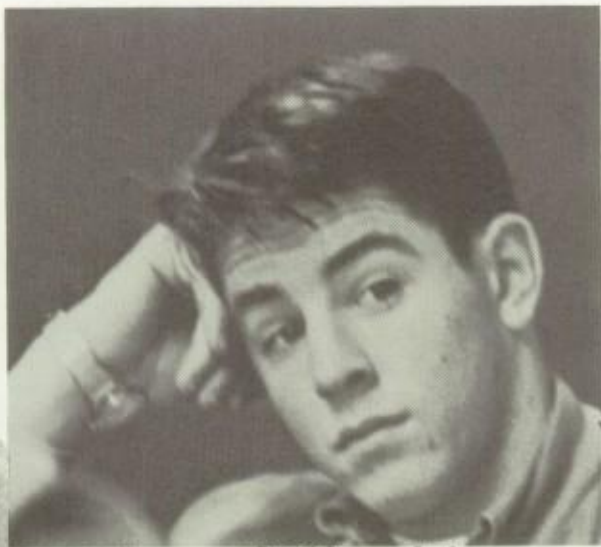
Mark Dutra finds his lunch surprising.

Tom Jouthas finds time for contemplation.



A picture of despair and frustration.

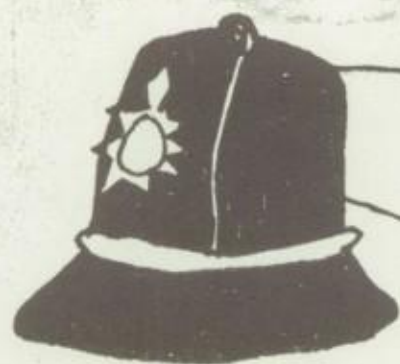






## The Art of Leadership. . .

is being a selfstarter. A leader creates plans and sets them in motion. He is both a man of thought and a man of action - - both dreamer and doer. He selects and mixes the positive colors of heart, mind, and spirit into the qualities of effective living: patience, determination, endurance, self-discipline, work, love, and faith.







"Do you really think any good will come of this."—Mr. Vaz, Director of Student Activities.

**A Full Schedule** faced the different branches of student government this fall at San Leandro High. There was an overwhelming response from the entire student body for a revised dress code. Immediately the students set to work for a more up to date code. This issue and many others confronted the student government this year.

Student Court Members: Galen Heyder, Pam Berwick, Loren Brown



Executive Board Members: Don Pepper, Carolyn Capps, Diane Battilana, Dan Nagle, Kim Woishnis, Debbie DeDomenico, Jane Urish, Marilyn Garrison, Margie Jones, Pat Johnson, John Cotter, Galen Heyder, Pam Berwick, Loren Brown, Larry Bowers, Lori Hillard, Linda Parlin, Peggy Pristia, Ray Radell, Keith Robertson, Jill Fisher, Cindy Ehlers, Pat Schrader, Ceva Bauer, Rich Coats, Jim Reposa, Ron Shaw, Joe Mendonca, Ken Gibson, Claudia Lazzereschi, Nancy Gilman, Kurt Miyamura, Lisa Stevens, Sue Johnson, Mark Martin, Ken Jardin, Fran Carbonaro, Carole Marston.





Larry Bowers, Lori Hillard, Linda Parlin, Peggy Pristia, Ray Radell, Keith Robertson, Jill Fisher, Cindy Ehlers.



President Pepper didn't always have the answer right off the bat.



Members of the Legislature included: Larry Alphin, Rich Carson, John Clarfield, Paula Haller, Kris Hills, Karen Kalinowski, Marion Ornea, Amy Joerson, Mark Rabinowitz, Karen Souza, Mary Ann Valadao, Alan Brown, Ed Brown, Dayna Digirno, Bob Frey, Liz Hudson, Gerry Malsbary, Jeff Radell, Louie Paulo, Peggy Pristia, Dave Seymon, Joan Swenson, Steff Wright, Barb Campbell, Rene Coyle, Debbie Douglass, Pam Gibson, Debbie Martin, Bob Matzen, Terry Plunkett, Ray Radell, Rich Silva, Rich Skoonberg, Stacy Walker, D.J. Rumbell.



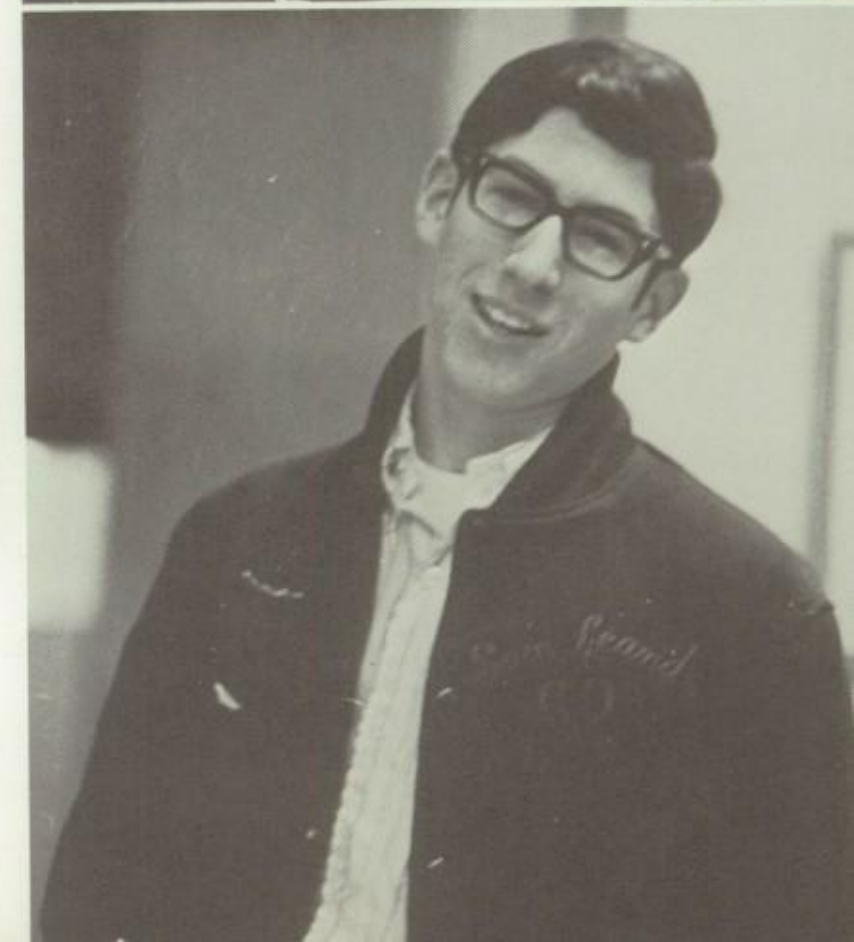
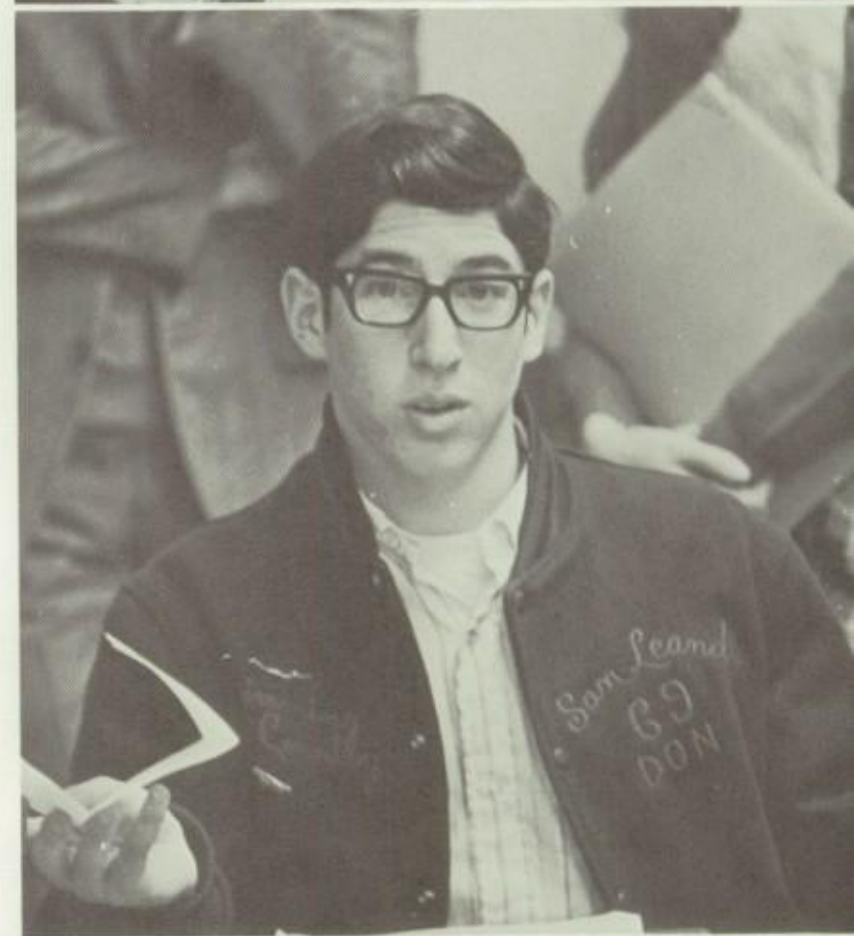
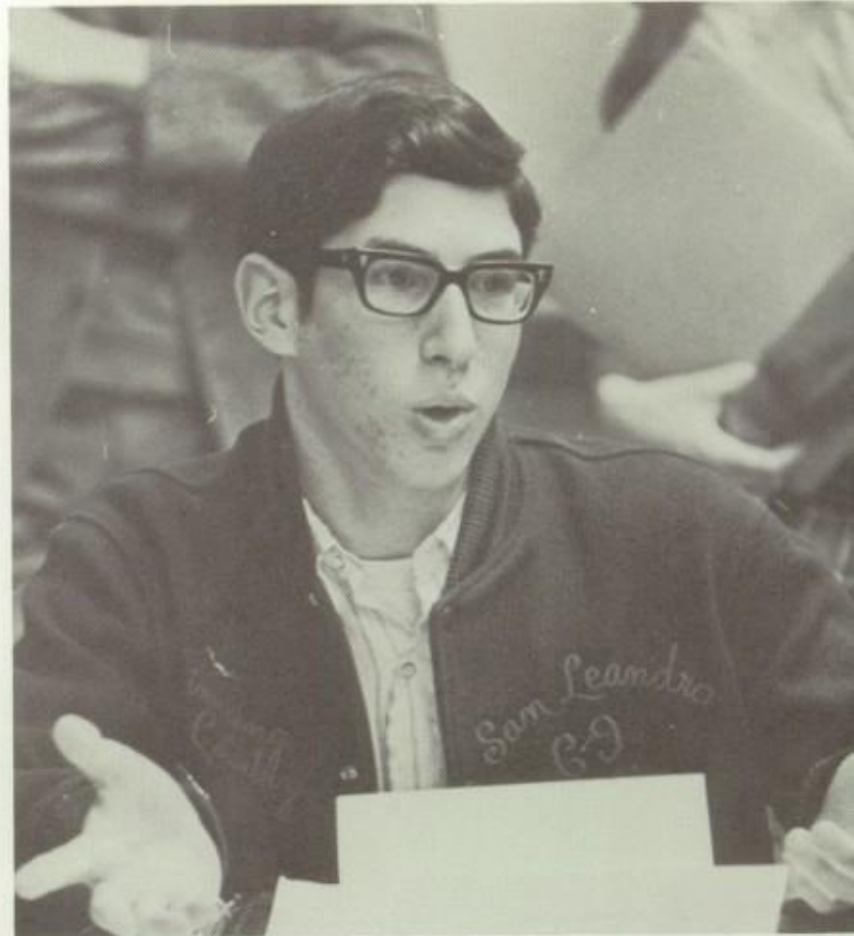




Mark Martin in one of his many classical poses.



Lori Hillard and Peggy Pristia observe the proceedings judiciously



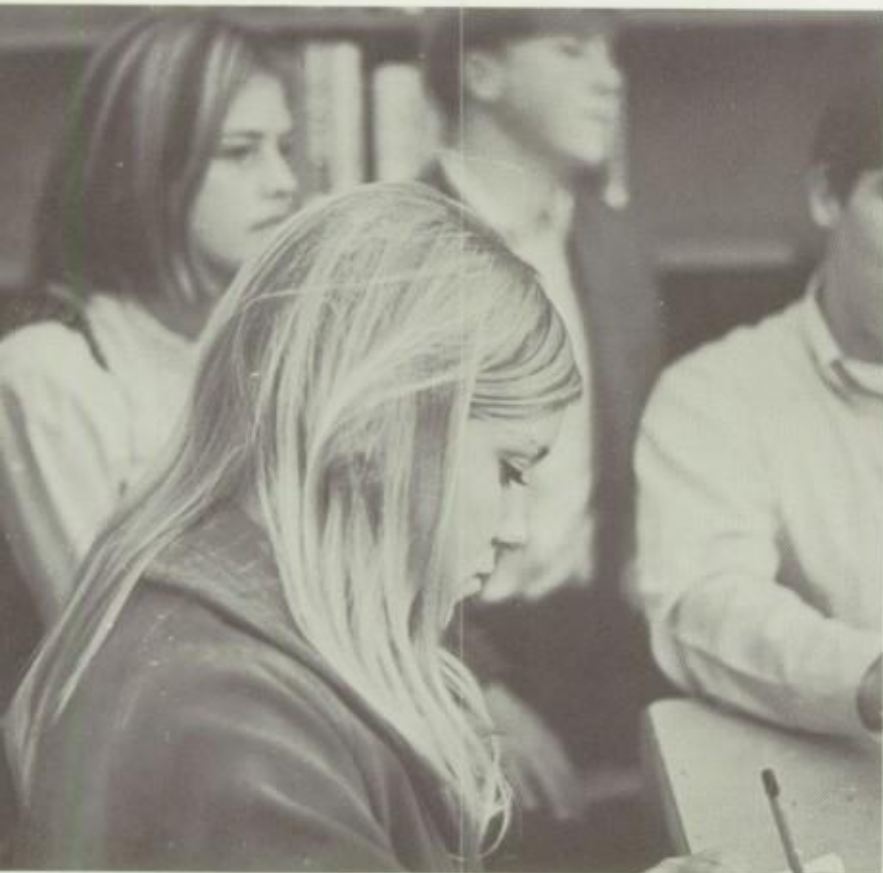
The many gestures of Don Pepper.





Byrne and Ray Radell listen attentively to an important measure.

Gibson finds time to take notes on what's happening.



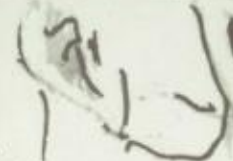
## For All The Trouble

it caused, the dress code was probably the biggest fiasco the student body government has ever faced. From its controversial creation at the beginning of the year to its gradual fizzling out at the end of the year, all it did was create tension between the students and the administration and wallow in a bureaucratic tarpit that left little hope for its revision. But its most resounding effect was its revealing of how this student body works as a dissenting group. Poor is an apt description. Using the dress code as an excuse many students cried for student power they did not have the maturity to handle. Terms such as academic freedom and rights lost their meanings through their constant redefinition according to certain people's desires. How sad to see what was originally a good-intentioned crusade become a whimpering defeat.

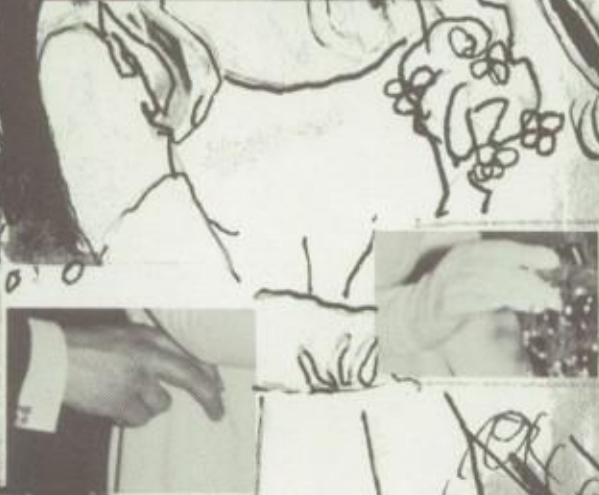


John Cotter conducts his speakership of the legislature with a cheerful attitude.









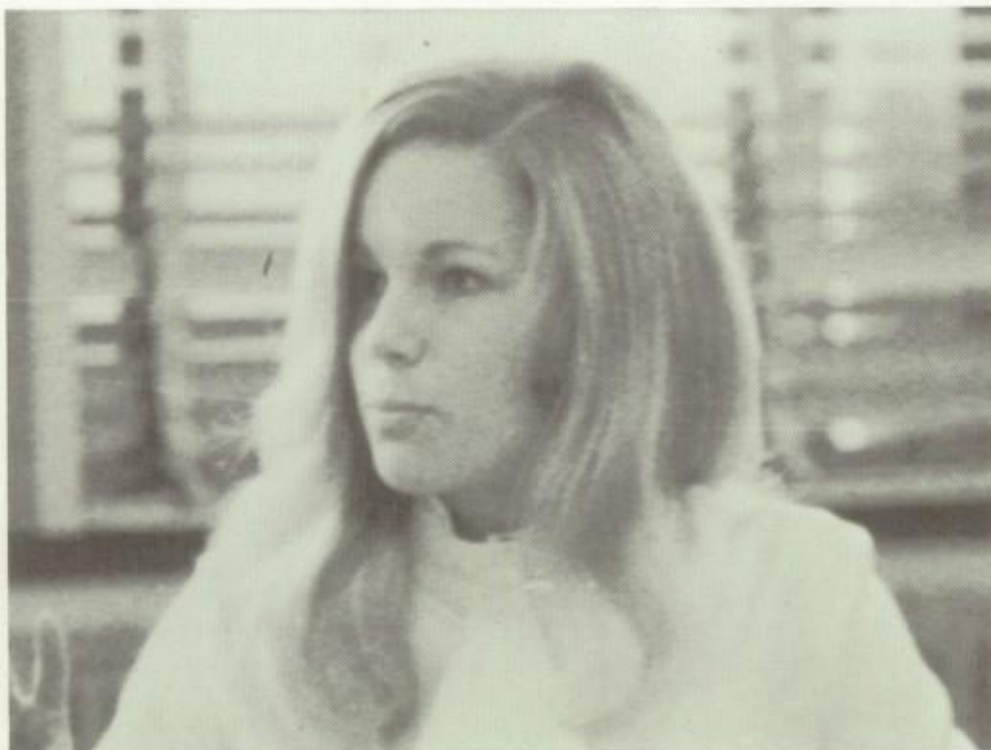


## **Sidney Black Reigns**

as the 1969 Sports Queen with her four attendants Patti Bean, Donna Casalegno, Denise Milton, and Sharon Wiseman. The outcome of the contest was announced at the rally preceding the San Leandro vs. Pacific football game on October 4; then the five title holders were presented to their student body that night at the game where they were escorted by Terry Plunkett, Chuck Vogelsang, Alan Brown, Rick Trujillo, and Rich Postma.



**Sharon Wiseman**



**Donna Casalegno**



**Denise Milton**



**Patti Bean**





Sports Queen Sidney Black



Rick Trujillo and Patti Bean, Alan Brown and Donna Casalegno, Terry Plunkett and Sidney Black, Rich Postma and Sharon Wiseman, Chuck Vogelsang and Denise Milton at the half-time ceremonies of the San Leandro vs. Pacific football game.



**Girls Asked Boys** to venture Under the Bigtop. The Chosen Few entertained at the annual G.A.B. Dance, Friday, November 8 at 8:30 P.M. The gym was decorated appropriately in accordance with the circus theme, under the direction of Pam Blasquez who was assisted by Robin Moore, Cathy Hull, and Jane Urish. Joyce Gallatin served as general chairman of the event, Jane Urish as co-chairman. Other helpers for the dance were Gera Vaz, bids; Heidi Winkler, publicity; Carole Marston, entertainment; Donna Uhler, tickets; Joyce Gallatin, refreshments; Diane Battilana, courtesy; Linda Seaver, clean-up. Faculty sponsors for the evening were Miss Michell, Mrs. Perry, Mr. Barber, Mrs. Bohmfalk, Mr. Crawford, Mr. Garcia, Mrs. Hughes, Miss Minnes, Mr. Schubert, Mr. Taigen, and Mrs. Brown.



Jim Brandenburg and his date get last minute instructions from the photographer.

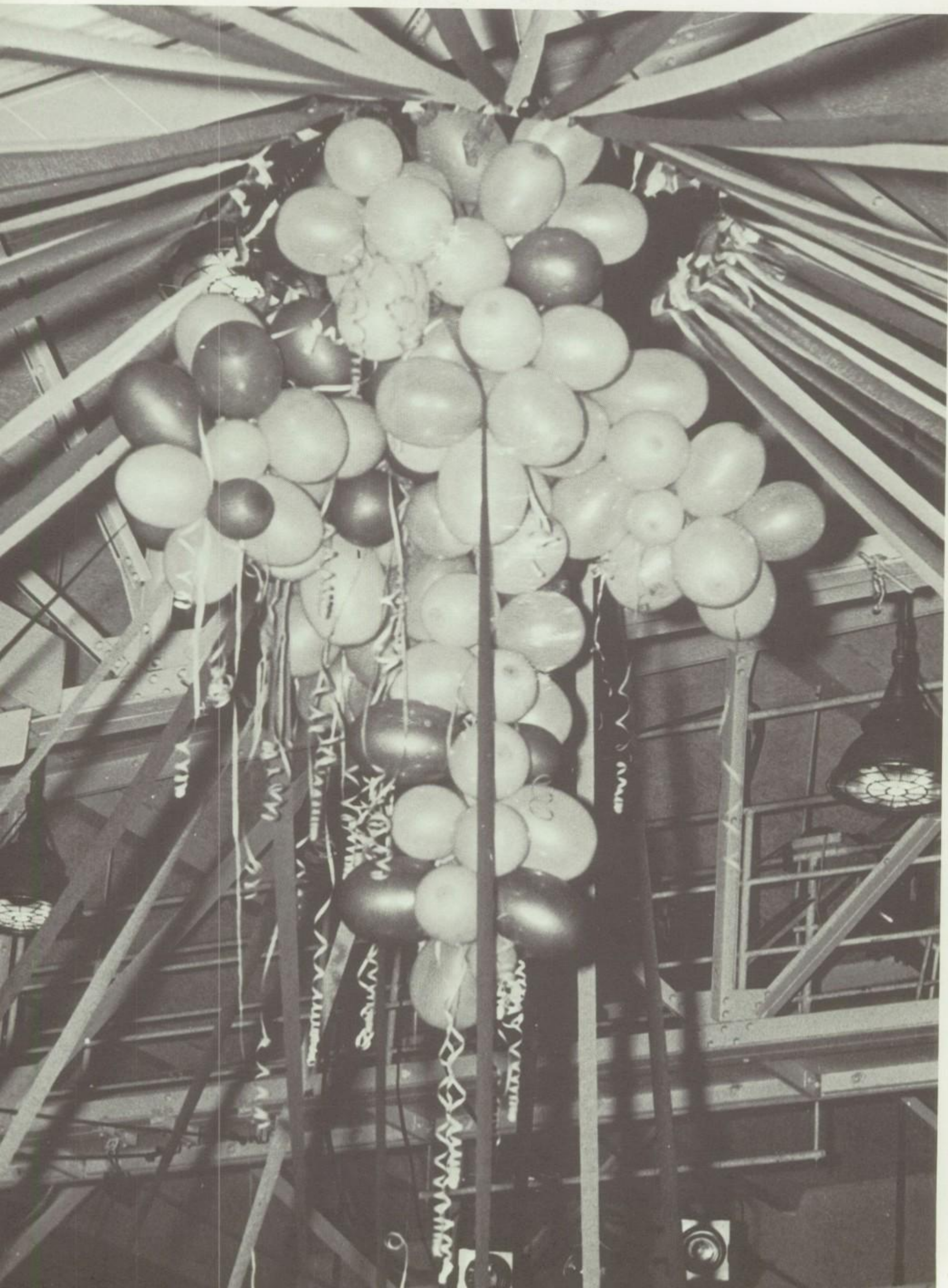


Alan Brown and Dayna Digirno seem to be having a hilarious time.



A member of The Chosen Few gives an entertaining smile.







## **I Wish I Was A Pirate**

was the theme song to the first rally of the year, on September 20, presented by the football team, the cheerleaders and song girls. The rally, held outside in the quad, began with a short skit by the yell leaders. Then the football team stole the show as they appeared in costumes portraying various characters. Brad Cooper played a ballerina; Ken Jardin, a grape stomper; John Hutchings, pizza maker; Bob Abel, go-go girl; Dave Bednar, dolly; Lou Paulo, hunter; Craig McClure, farmer; Craig Kitchen hippie; Gary Castro, opera singer; Dave Seymon, truant officer; and Greg Fanjul, Spanish dancer.

To open the basketball season a rally was held in the gym on December 3, featuring the basketball team, cheerleaders, song girls, and pep band. The team was introduced by Coach Collins and then the players challenged the student body to a cheering contest.

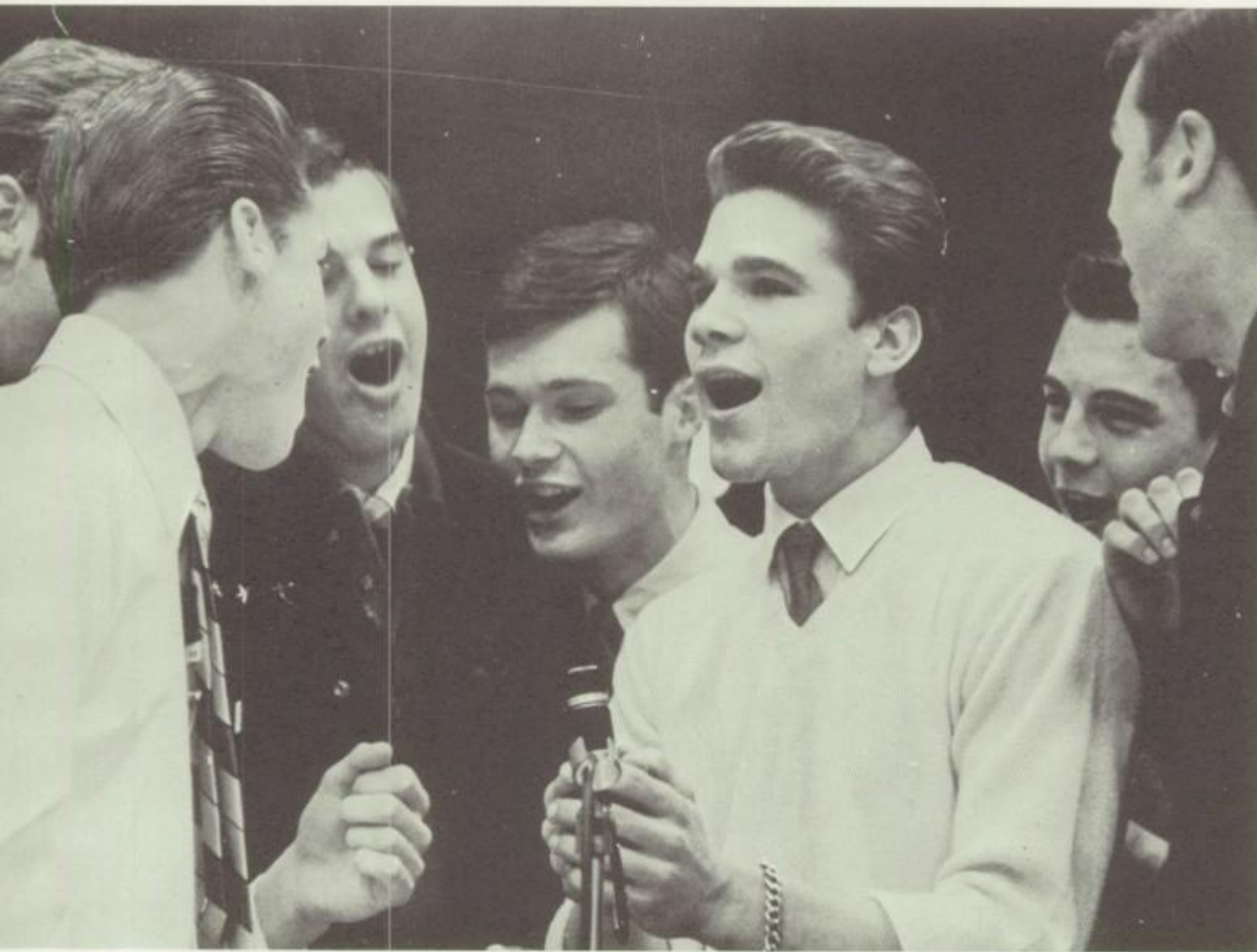


Margie Jones is surrounded by the cheerleaders and song girls during the football rally.

The basketball team challenges the student body to a yelling contest.







ad Cooper, Ron Olivero, Rick Trujillo, Gary McCaffery, Ron Lagorio, and Dave Seymon join together in yelling go-go-go-go.



Marilyn Garrison heads her squad in a perfect song girl formation.

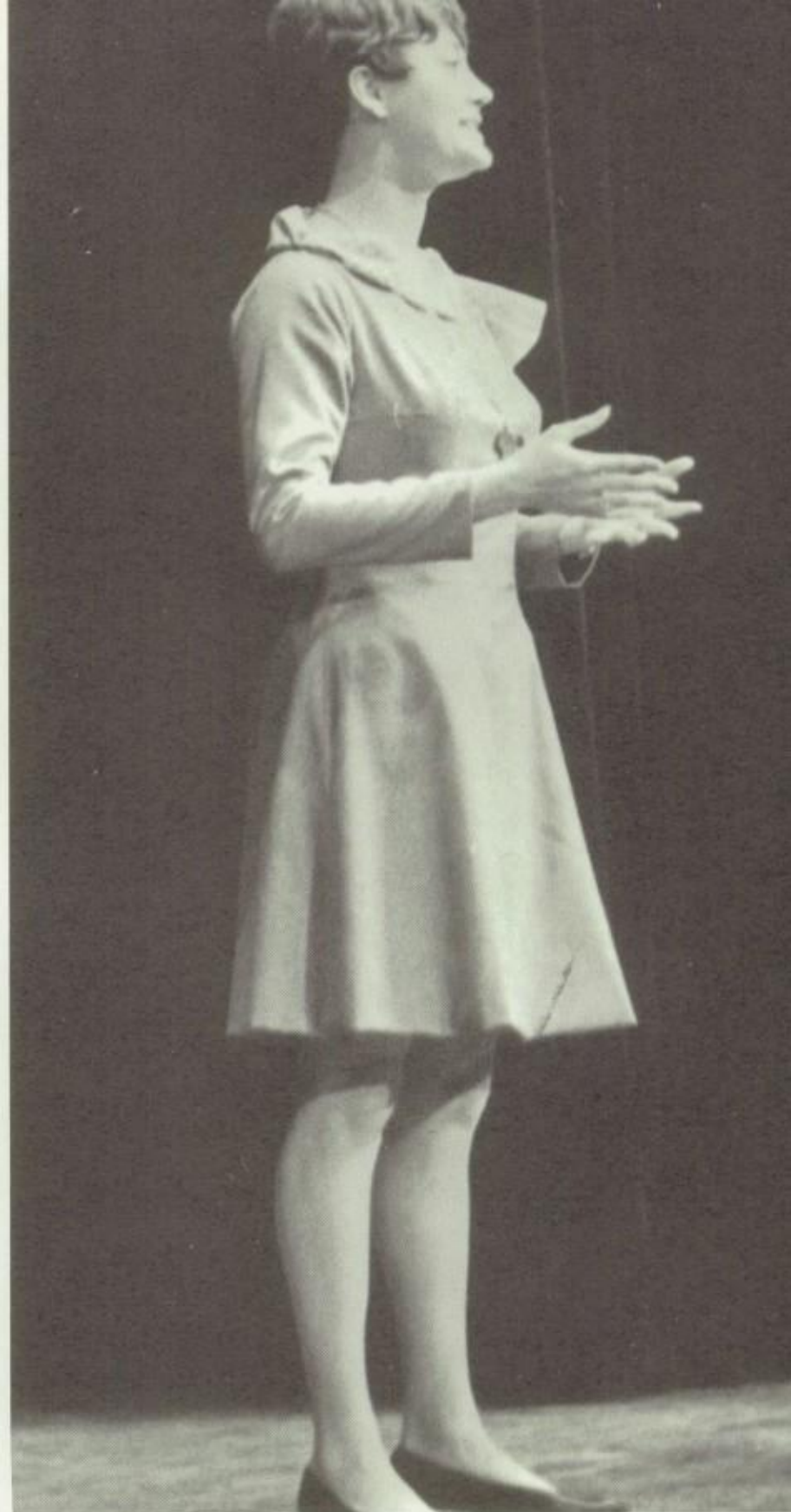




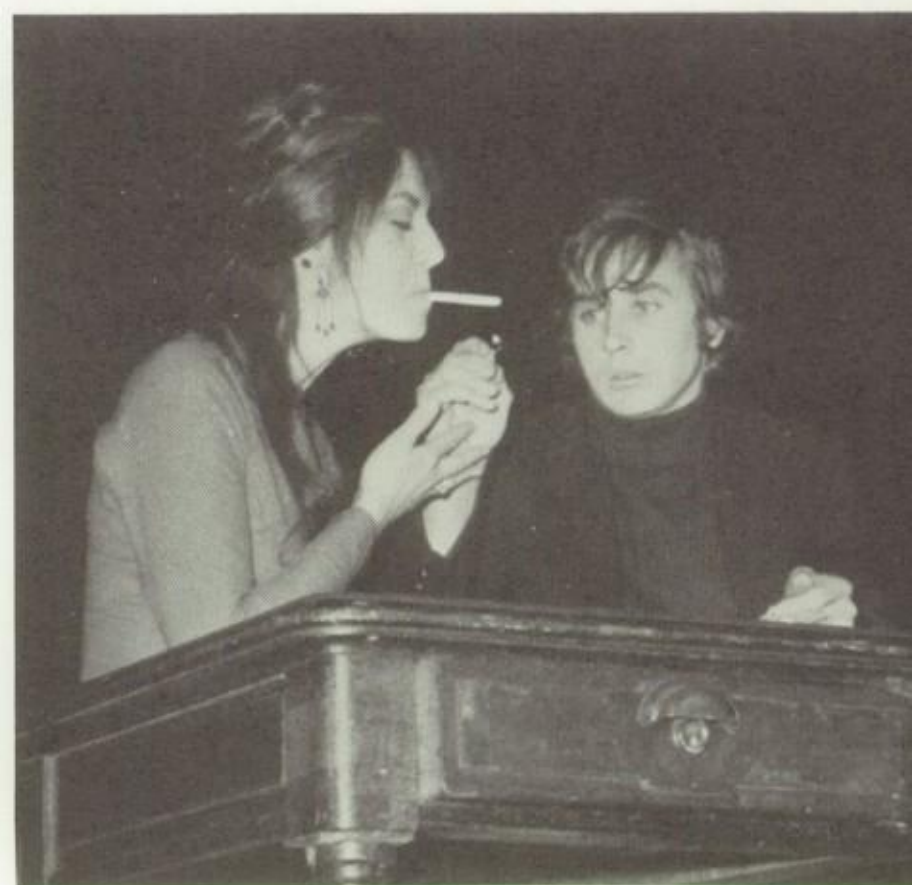
The professor points a warning finger at his pupil to insure the correct answer.



The pupil's response enrages the professor.

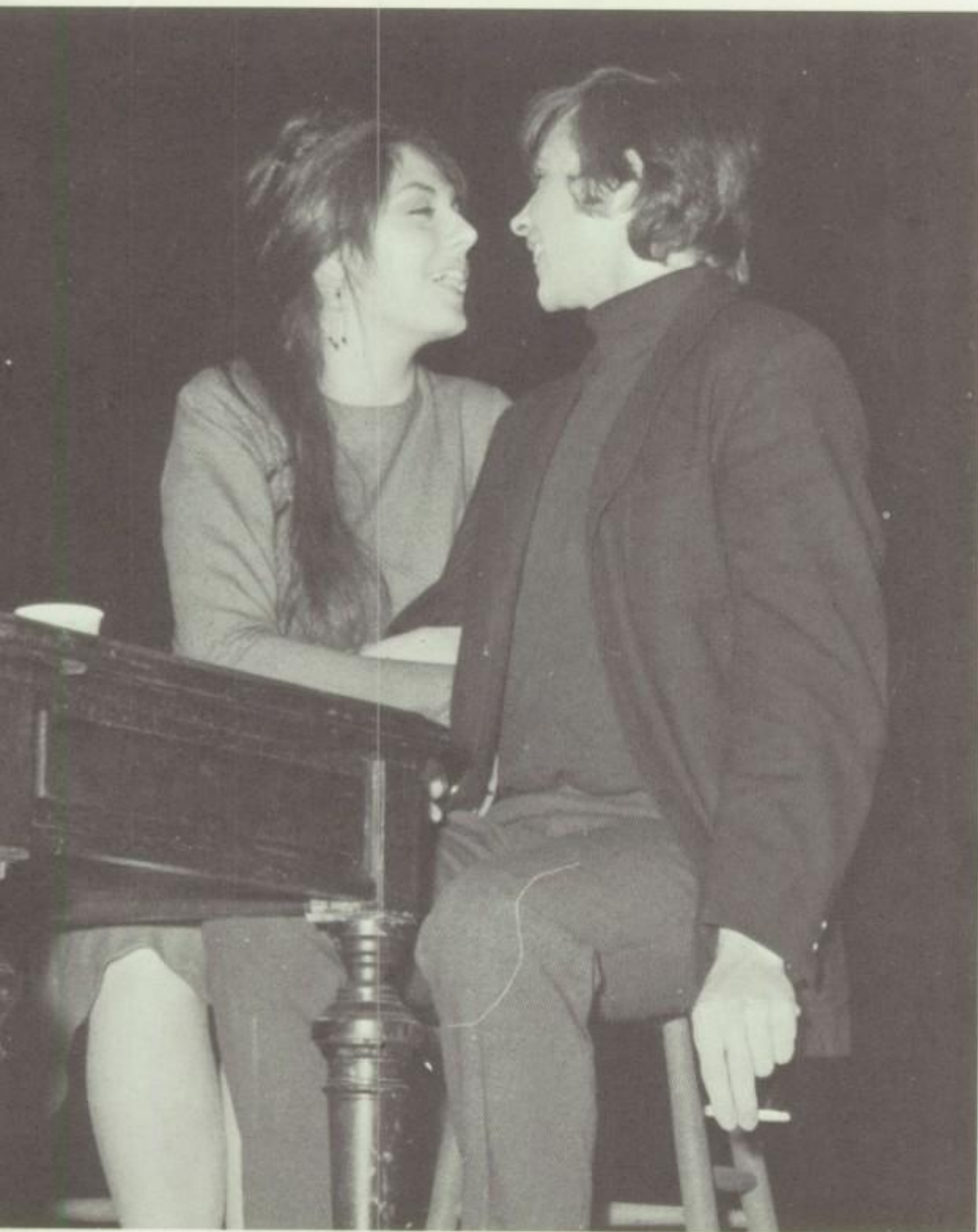


The narrator for the ACT production explains the various types of comedy.



An innocent young man timidly aids a "lady" in lighting her cigarette.





the shy boy seems to be coming out of his shell.

## The Nature of Comedy

was presented by seven members of the American Conservatory Theater, here at San Leandro High. Their performance, given on December 4 during an assembly, included everything from slapstick to satire, displaying a brief definition of comedy. The term comedy was broken down into seven steps and the ACT performers presented scenes to demonstrate these steps plus a question and answer period at the end.



cast gathers on stage to answer questions from the audience.



## Three Twists of Fate<sup>the</sup>

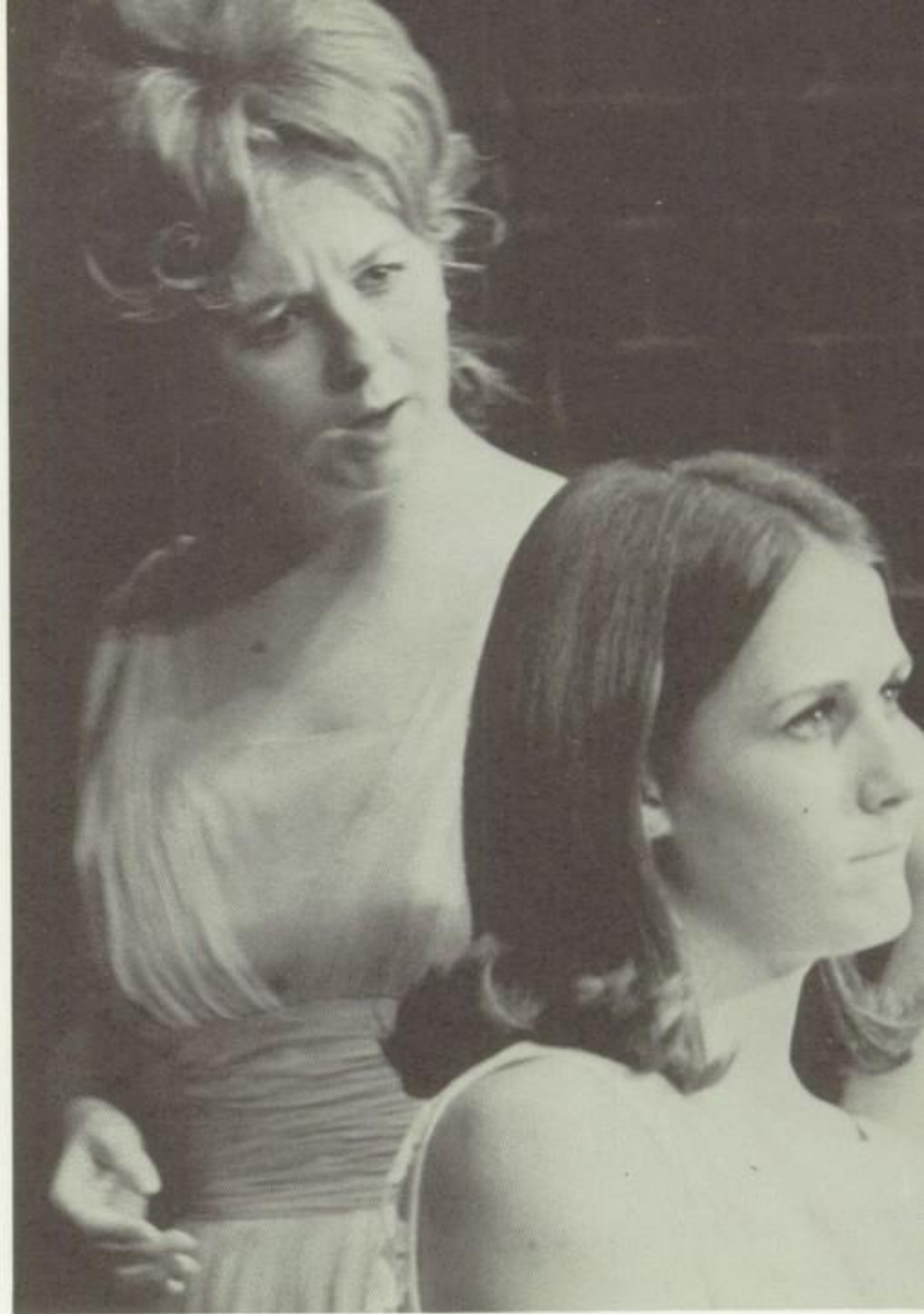
the fall term play, was presented on December 5 and 7, in the gym.

The performance was a combination of three one act plays: Aria Da Capo, The Trysting Place, and The Lottery.

A fantasy showing the foolishness of men, Aria Da Capo by Edna St. Vincent is a protest concerning the foolishness and pettiness of war, hatred and greed. Characters include; Luray Canham, Larry Talariti, Volksmar Guenzlar, Vickie Molle and Dana Smith.

The Trysting Place, by Booth Tarkington is a comedy satirizing love and courtship. The main characters are; Marlene Mirigian, Terry Plunkett, Pam Chick, Ceva Bauer, Greg Marciel and Bob Abel.

The performance ended on a more serious note with the presentation of The Lottery, by Shirley Jackson. This is an ironic and emotional drama demonstrating savage relations among men and condemns the use of meaningless and outdated rituals. The Characters include; Alice Pouttu, Jane Urish, Rich Fongheiser, Rich Skoonberg, and Vince D' Augelli.



Ceva Bauer scolds her daughter, played by Pam Chick, in "The Trysting Place."

During the climax of "The Lottery", Alice Pouttu is savagely punished by her family and friends.







erry Talariti and Luray Canham in a scene from *Aria Da Capo*.



*Aria Da Capo*, Vickie Molle is brutally strangled by Dana Smith.



Volksmar Guenzlar concentrates on his part in *Aria Da Capo*.



## The Music Department

of San Leandro High presented the annual Winter Concert, held on Dec. 18, in the gym at 8:00 P.M.

Under the direction of Mr. Daugherty and Mr. Zawistowski, the program opened with "A Hymn To Music" presented by the choir. Michelle La Force appeared next on the program singing "Laudate Dominum" by Mosart. The orchestra performed "The Vignettes, Tales from the Vienna Woods, and Sleigh Ride."

With professional style the Notables performed Ave Maria, a Gregorian chant. The program came to an end with presentations by the band and chorus.

Student accompanists were Lynette Becker and Harriet Winkler, and the narrator for the evening was Rich Skoonberg.



One of the evening's highlights was the vocal presentation by the Notables.



The choir gave an outstanding performance.





... Concert featured bass saxophone, trumpet ...



... and trombone solos.



Mr. Zawistowski leads the band in a musical production.



... Jane Urish as soloist.



## Notables and Choir,

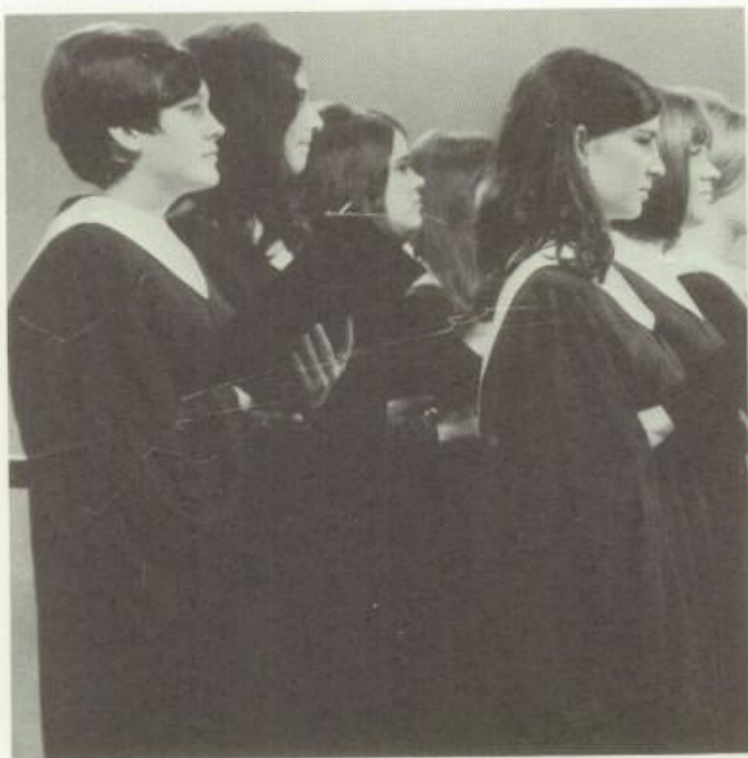
some ninety voices strong, presented a musical Christmas program over Channel 5 (KPIX) December 20 at 9:00 A.M.

The San Leandro High School Choir was one of four San Francisco Bay Area schools which were asked to present four, half-hour color programs on Channel 5.

The choral group, under the direction of Mr. Patrick Daugherty, presented a program of traditional carols. Michelle La Force and Liz Trapp, both juniors, gave solo performances of "Laudate Dominum" and "O Holy Night."



Mr. Daugherty gives the cue



Bobbie Curry and Joanne Johnson wait patiently for the program to begin.



Mr. Daugherty goes over some last minute details with a member of the KPIX staff.





beginning of the taping.



Harriet Winkler served as pianist for the occasion.



ew of the choir from behind the scenes.



## Modern Music Masters

presented the annual Christmas Ball carrying the theme " 'Twas the Night Before Christmas." The second dance of the year was held in the school gym on December 20 from 8:30 to 11:30 P.M.

Tri-M members sponsored the event, with Jane Urish serving as chairman and Jim Reposa as co-chairman. Other committee members were: Bonni Marion, bids; Sharon O'Neal, picture corner; Pat Halverson, publicity; Annette Brandt, decoration chairman; Nancy Gilman, refreshments; Kathy Becker and Jeanene Brandt, coke room; Joyce Gallatin, courtesy; and Becky Humphries, clean-up.

The chaperones for the evening were Mr. & Mrs. Williams, Mr. & Mrs. Vassar, Mr. & Mrs. Geritz, Mr. & Mrs. Walker, Mr. Foreman, Mr. & Mrs. Castro, Mr. & Mrs. Cooper, Mr. & Mrs. De Vaul, Mr. & Mrs. Elliott, Mr. & Mrs. Frey, Mr. & Mrs. Marciel, Mr. & Mrs. Noble, and Mr. & Mrs. Seymon.



Kelly Tomberlin and his date admire a miniature village scene.



Debbie Douglass and her escort dance to the music provided by The Back Door.



A couple dances slowly around the Christmas Tree.





is Serafini and John Sewald seem to be enjoying their  
ning to the fullest.



Music for the evening was supplied by The Back Door.



Gary Kuykendall enthusiastically talks with his date.



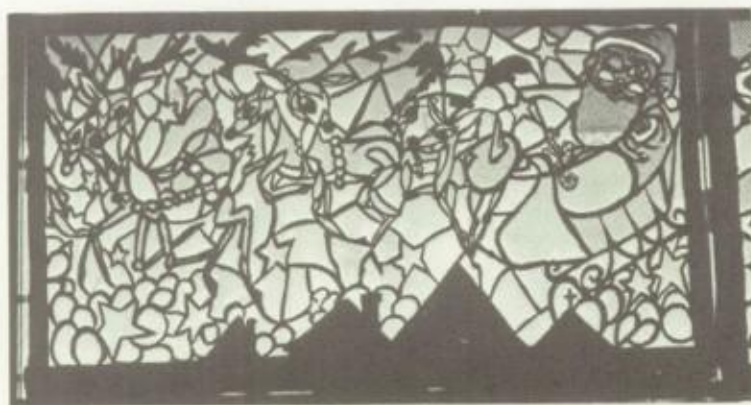
**Spirit of Christmas** shone throughout the halls and lobby during the week of December 17. Each year homeroom classes decorate their doors in a competition sponsored by Girls' League. Miss Sims, Girls' League faculty sponsor, and members of the club, judged the doors decorated under the theme of "Christmas Around the World."

Mr. Romero's art classes added a touch of Christmas to the lobby with stained glass creations. These works of art took students approximately one month to prepare.

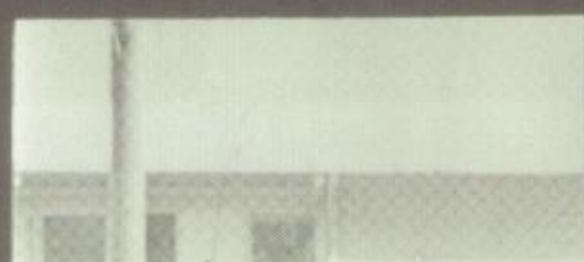
The Christmas week was drawn to a close with the annual assembly presented by the music department, and the lobby rang with Christmas carols sung by the Notables.



Mike Andres fits his Christmas art project onto the window.



Wendy Efigenio's intricate stained glass masterpiece.

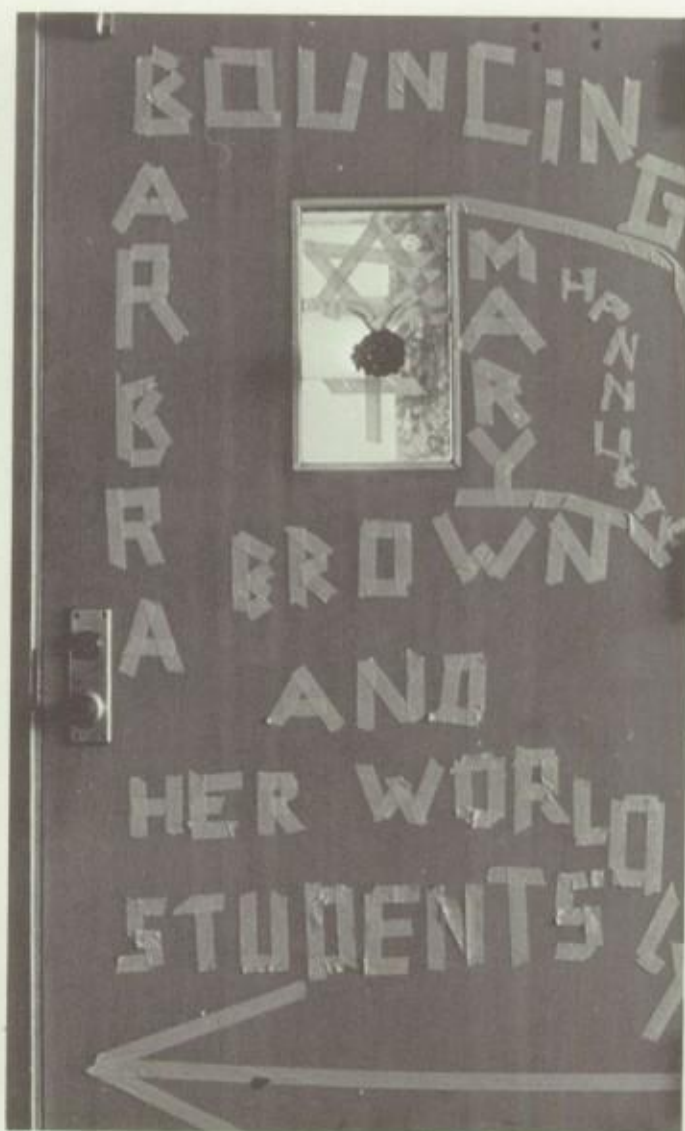


The Manger Scene, done by Wilma Gebhardt.





Christmas In Hawaii; Mr. Ausmus' homeroom.



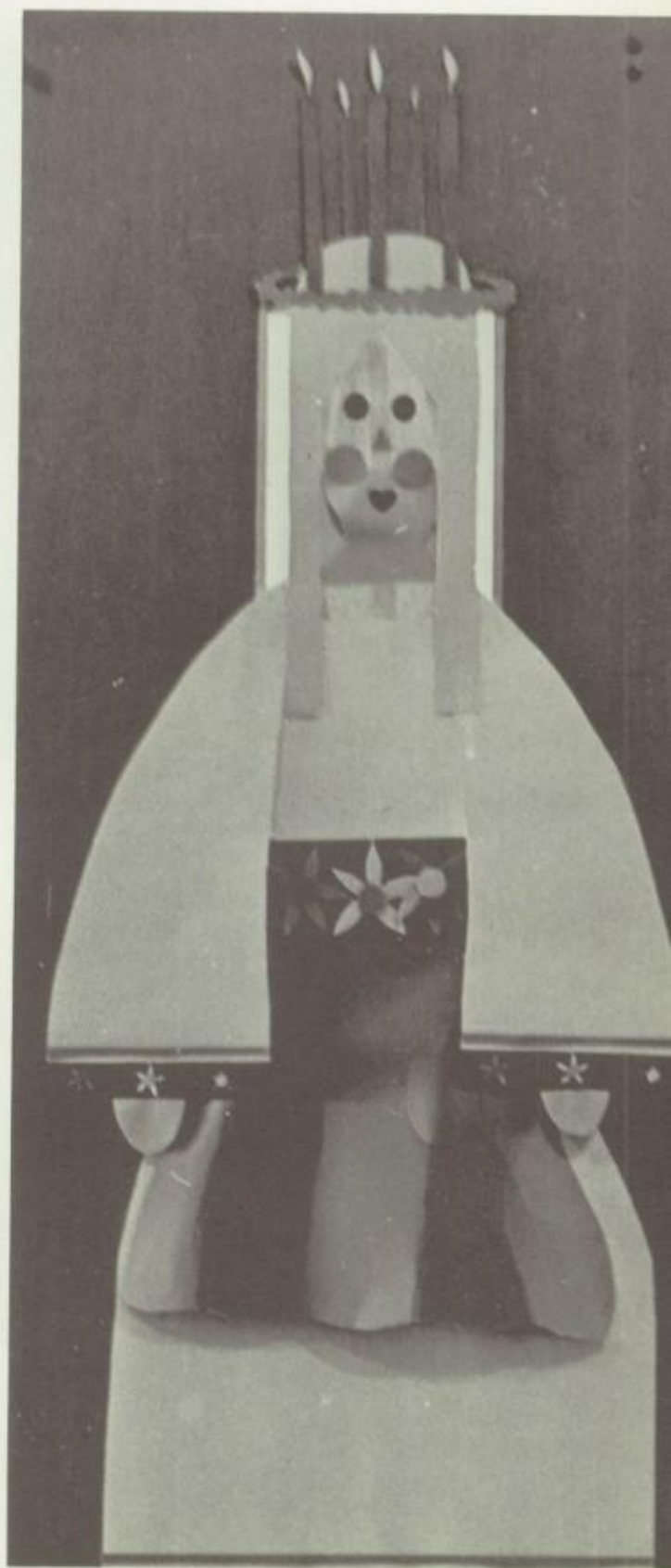
A unique creation by the students of room 232.



Eastern Santa, done by Mr. Vaz's first and class.



Mrs. Epler's homeroom; Christmas In Mexico.



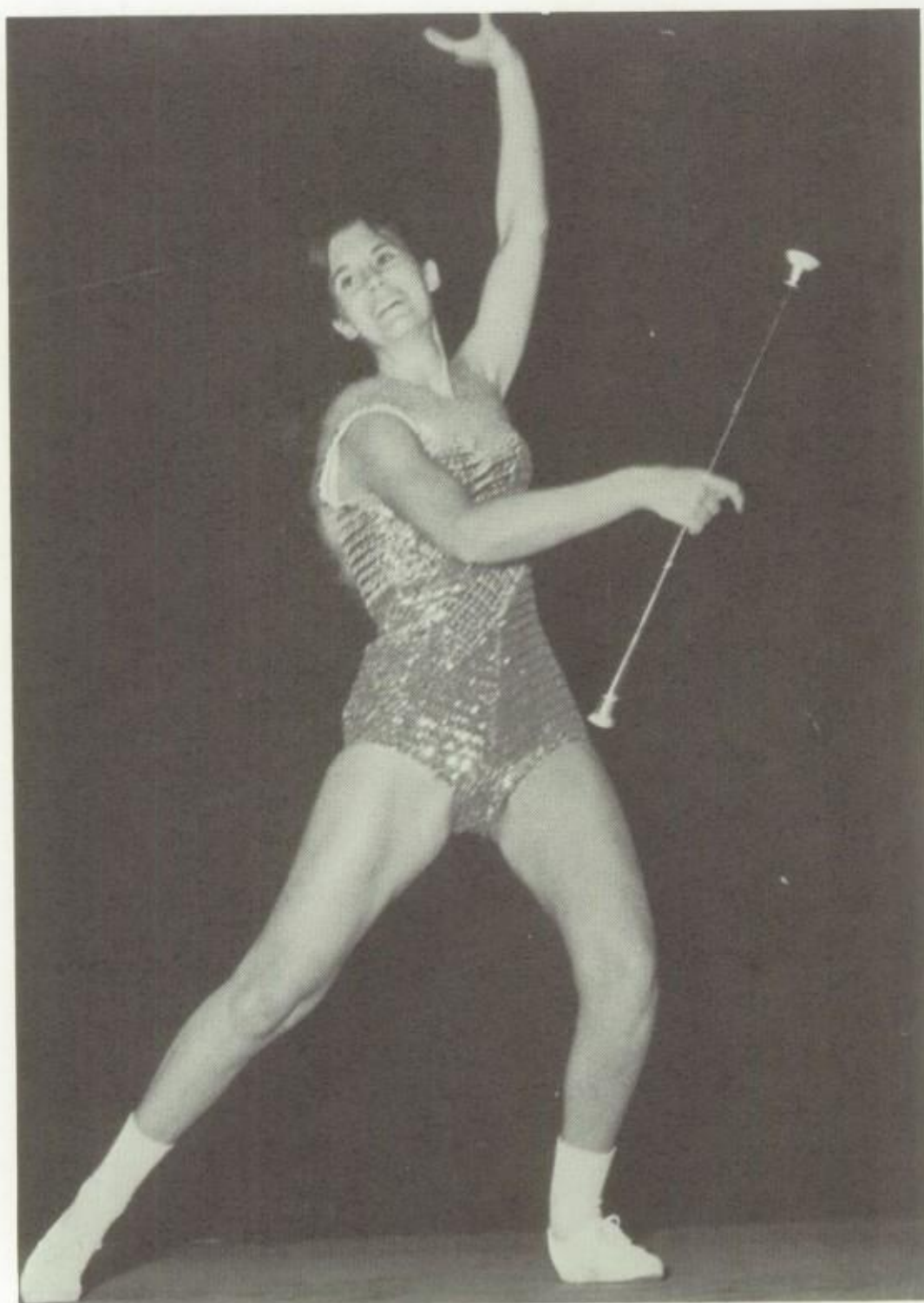
Mrs. Dickie's door held a life-sized Santa Lucia.



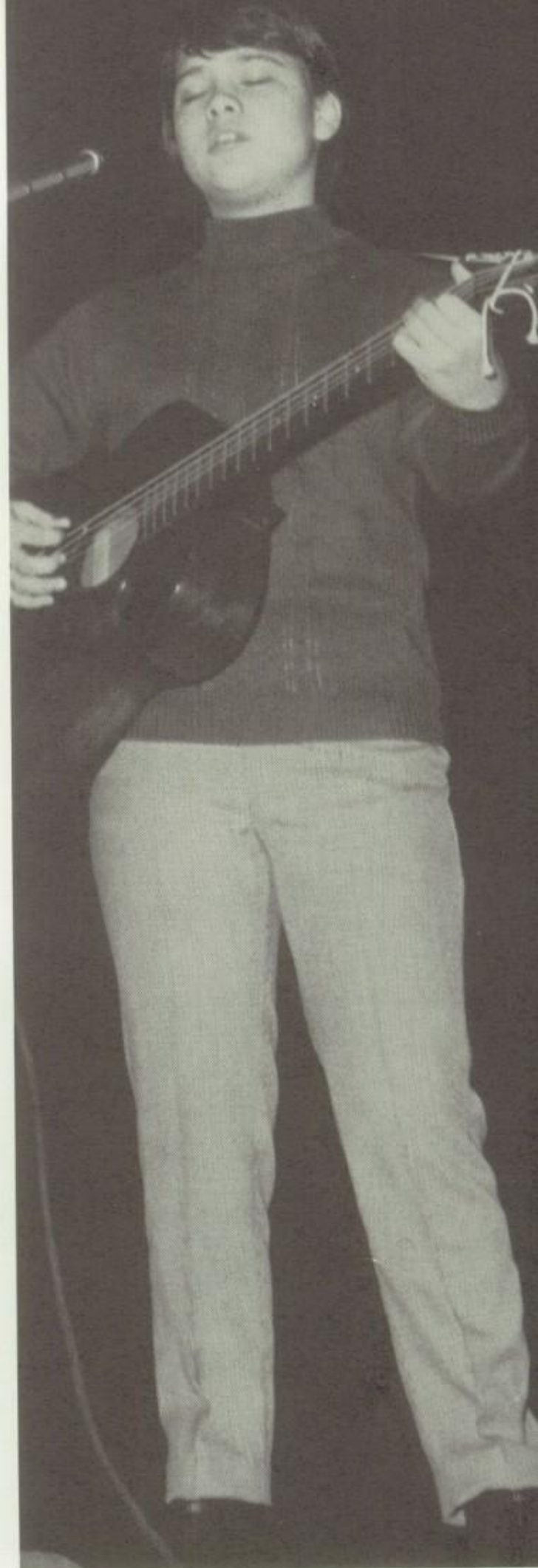
## Guitars And Kazoos

highlighted the talent assembly presented to the student body on October 9, in the gym. Julie Wakefield opened the program with a song and dance version of "Thoroughly Modern Millie." Next came Michelle La Force singing "Born Free" and "The Impossible Dream", followed by Dayna Digirno who displayed her outstanding talent with batons. Two original folk songs were sung by Gloria Clay and "The Braillettes" entertained students with several selections from their record album. A ballet dance was performed by Jenny Rosenberg, and the program came to a close with Linette Reilly leading the Kazoon-heidts in an unusual display of talent.

The assembly was so successful that the entire cast presented their acts for Pacific High School on February 11.



Dayna Digirno - winner of over 400 medals and trophies for her talent with a baton.



Original folk songs were sung by Gloria Clay.



The Braillettes presented selections from their record album.





ny Rosenberg gracefully performed a ballet dance.



A song and dance to "Thoroughly Modern Millie" featured Julie Wakefield.

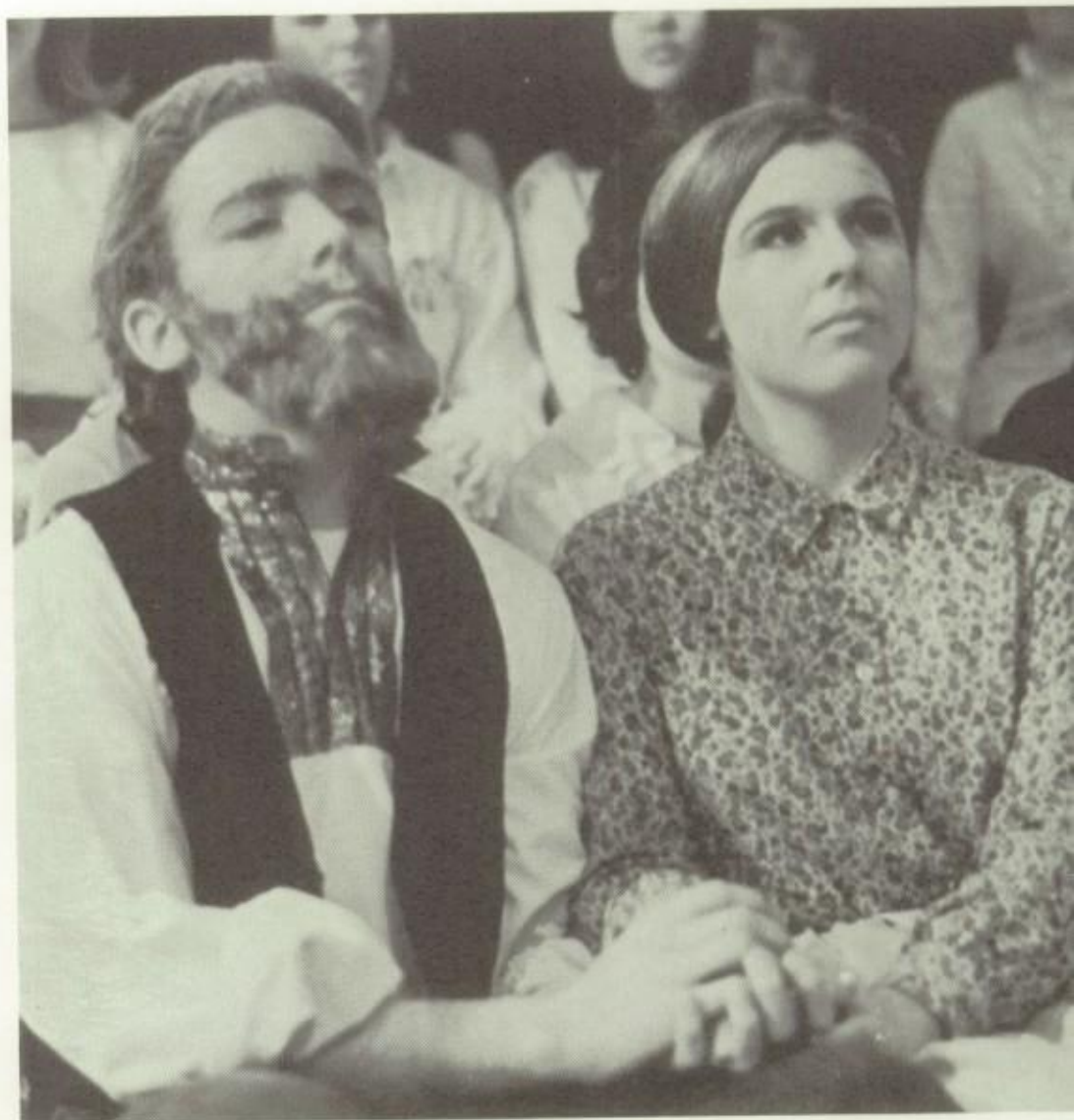


te Reilly leads her flock of kazoo players in "I'm Bringing Home a Baby Bumble Bee."



## "Fiddler On The Roof"

was the delightful production that highlighted our spring assemblies this year. All the vocal music groups participated, inspired by the enthusiastic direction of Chief Leprechaun, Mr. Pat Daugherty. The story concerns a village in 19th century Russia, Anatevka, inhabited by Russian Jews. "Tradition", the first song of the show, told what held these Jews together in spite of the persecutions of the Czar. According to the tradition, Jewish children marry the mate their parents select for them, so the daughters plead with the "Matchmaker" to find them husbands. The parents' viewpoint came in with such numbers as "Sunrise, Sunset", and "Do You Love Me?" Two of the vocal numbers were accompanied by original choreography which captured the spirit of the athletic Russian dances. A decree of the Czar forces the Jews to leave their homeland, and despite the backdrop of the merrily dancing fiddler, the cast sang sadly of leaving Anatevka.



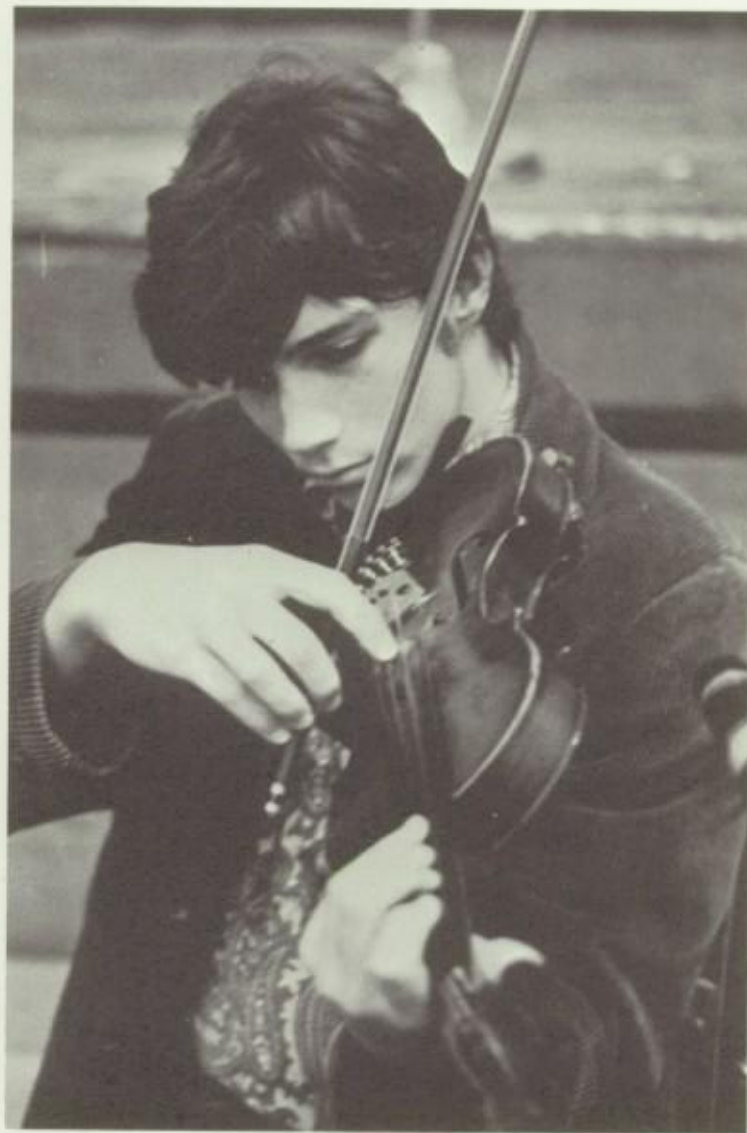
The cast and musicians from "Fiddler on the Roof."







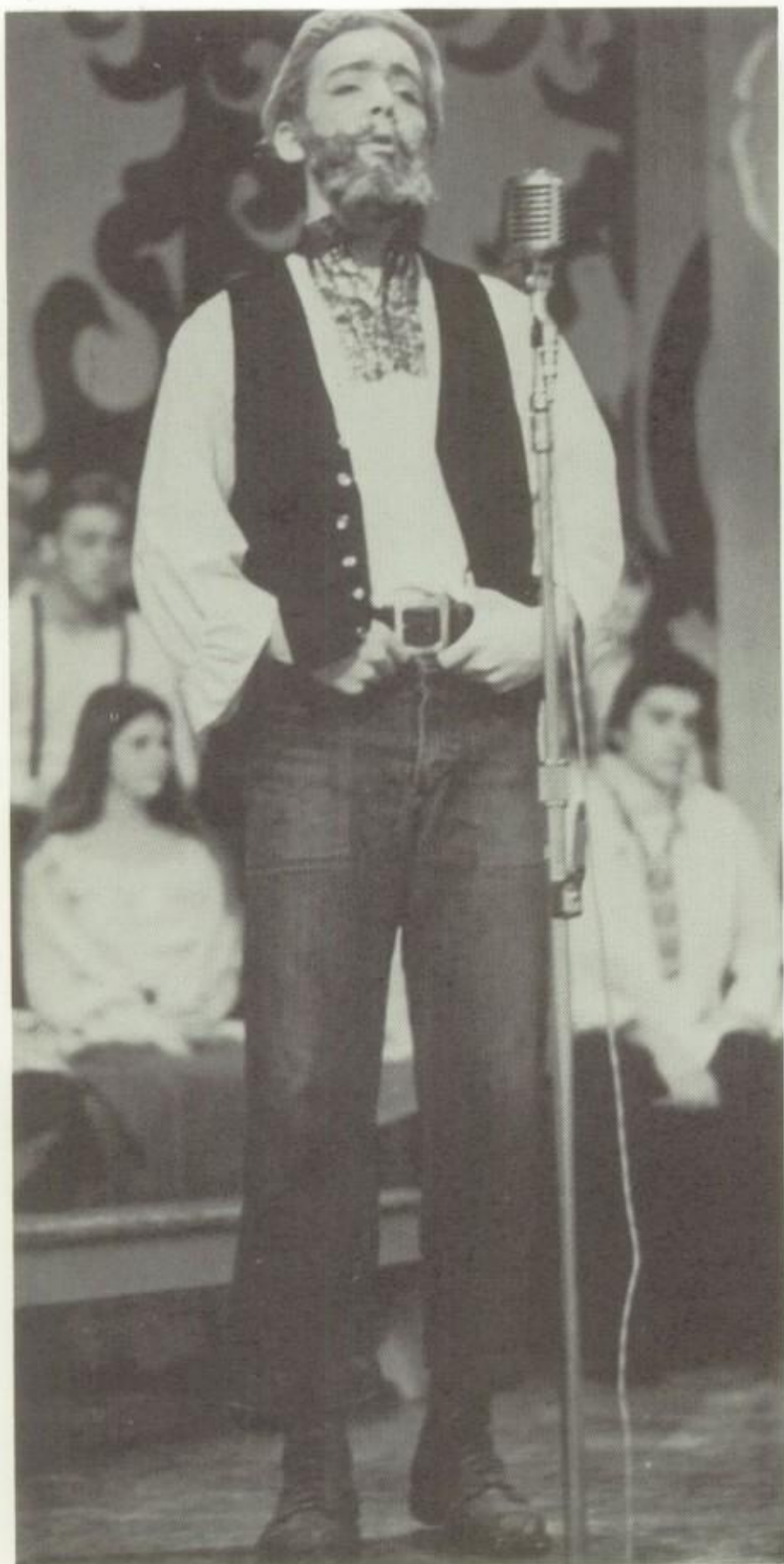
hey Black and Rich Fongheiser do a traditional dance to  
haim."



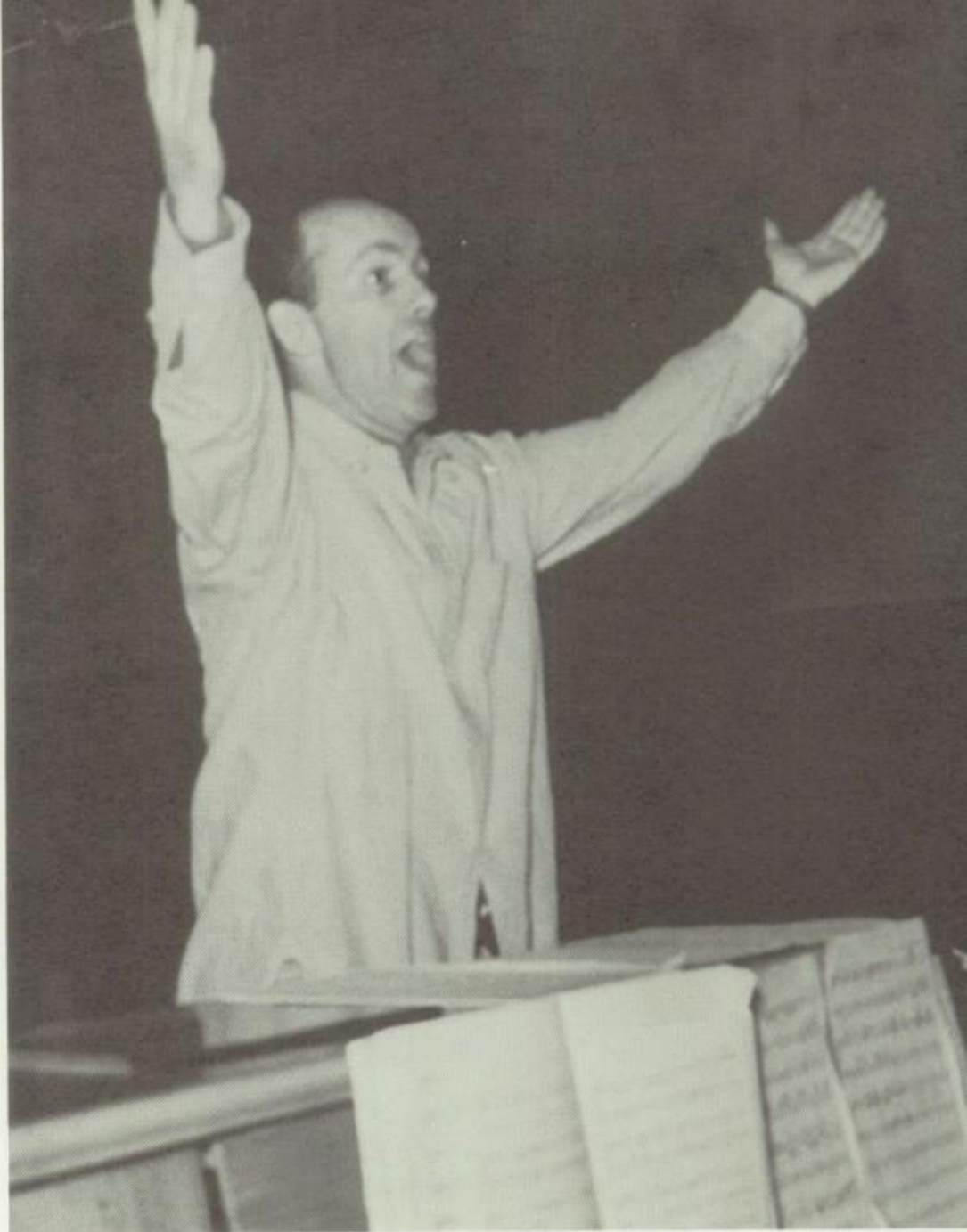
The "Fiddler", Michael Harrison.







Tevyl sings "Do You Love Me?"



Mr. Daugherty shows his enthusiasm for the show in his directing.



"Far From the Home I Love," was sung by Michelle La Force.

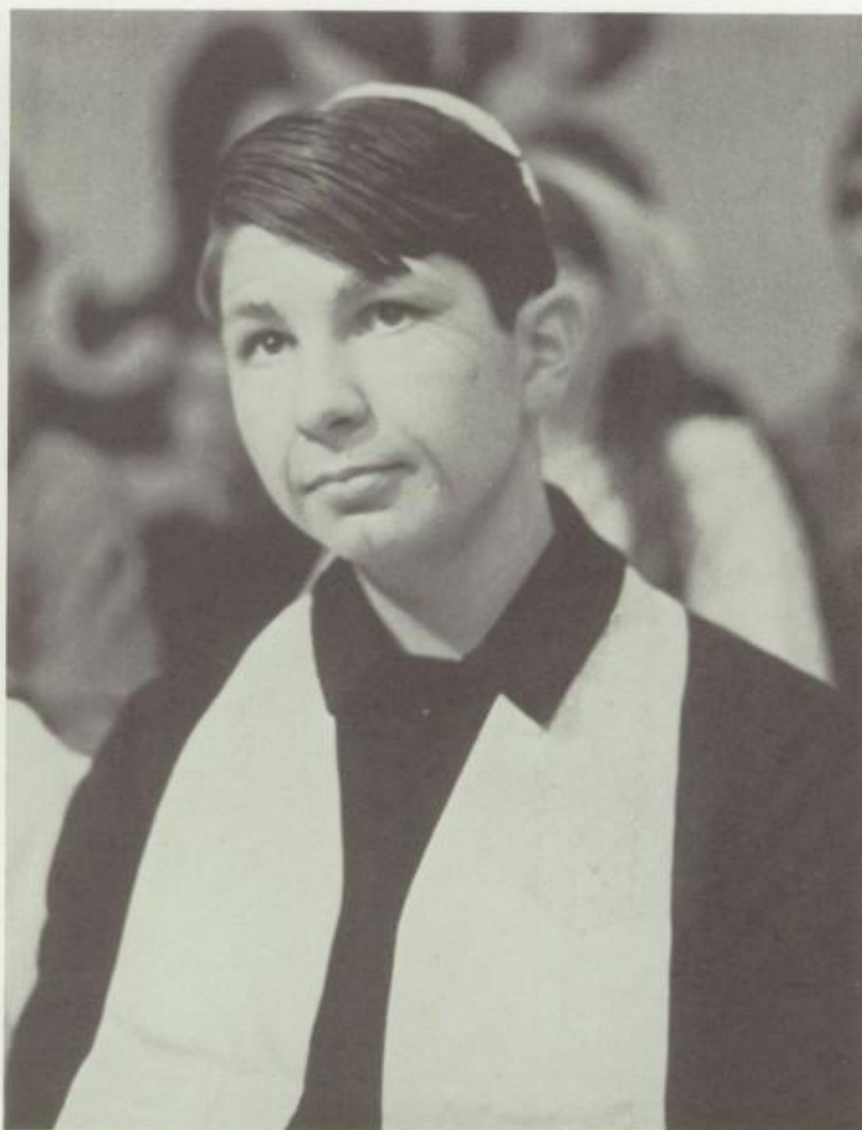


Chava (Julie Wakefield) and Hodel (Bonnie Marion) ask the matchmaker to make them a perfect match.

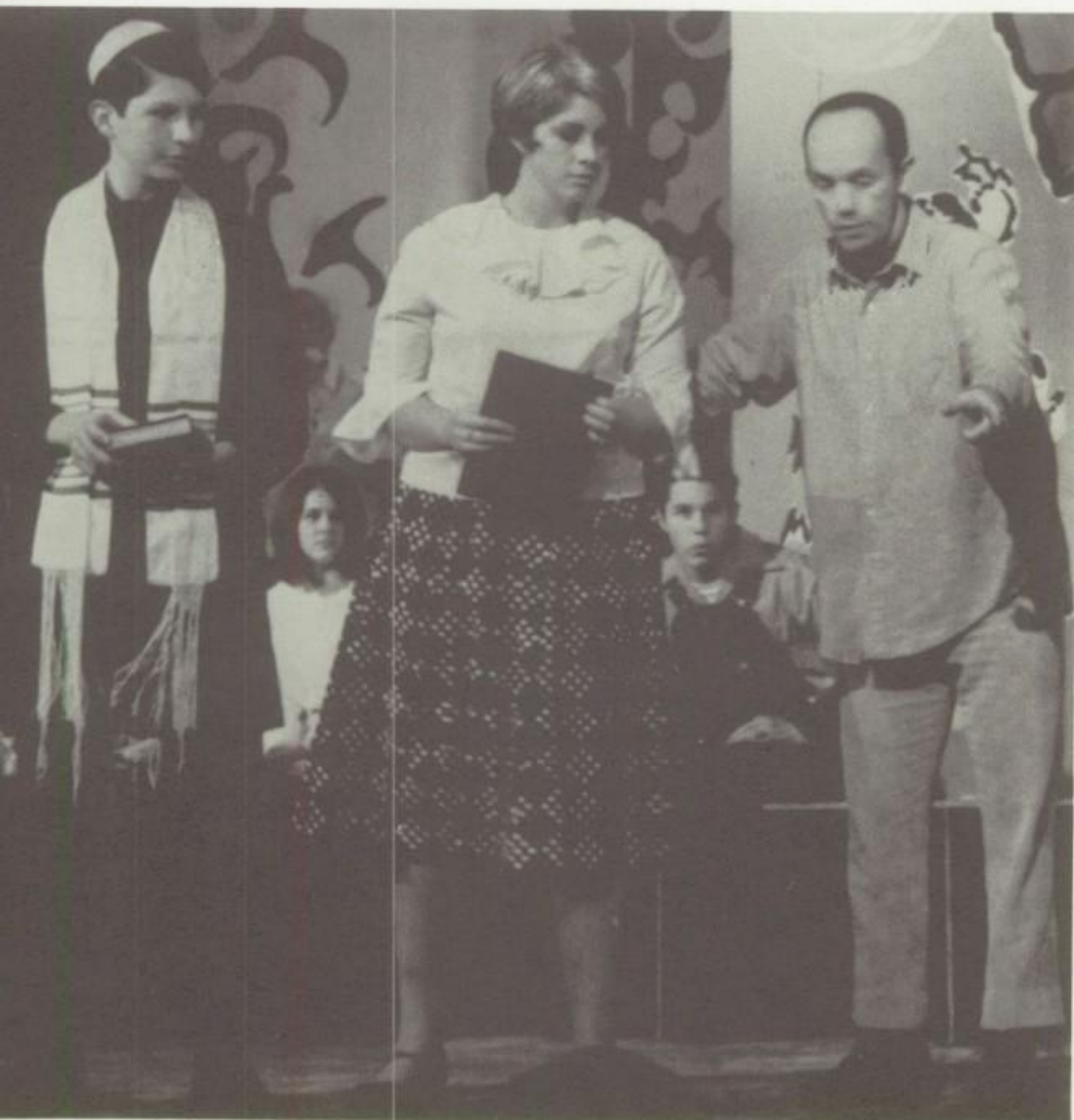




nte, the town matchmaker, played by Jane Urish.



Anatevka's only Rabbi, John Mazetier.



Daugherty gives some last minute instructions to members of the cast.







## The Art Of Socializing

is when we become socialized largely through learning our roles. We must learn to fill roles as a child, student, parent, employee, organization member or officer, member of a particular racial and social class, citizen and resident of a community. Role learning involves at least two aspects: (1) we must learn to perform the duties and claim the privileges of the role and (2) we must acquire the attitudes, feelings, and expectations appropriate to the role.



W.E.





Mrs. Grove's typical antics.



Fearless editor, Deb.



**Strenuous Hours** of labor and lunch made up this year for the Anchors Aweigh staff. There were moments when it was apparent that no one had a thing to do (but they did) and then there were the days that went into nights that we all knew as deadlines. It was quite a sight to see the usually empty work counters crowded and then a voice in the back scream, "I need help." As a matter of fact I think that voice was everyone's at one time or another, and some people more often than that. When the deadlines were finally met, and we had received word that the pages made it to the printer's, everyone rested again...til the next deadline. Really though, the staff has put lots of hard work into this book and I think at least some part of it is a representation of all of us, and the school, too. This was such a unique year at San Leandro High that we have tried to do many new and unique things. For example, traditional school colors were partially abandoned for a more modern scheme of blue with lime green stripes. After all it's never been done before and that is what we wanted. The inside of the book was unique, too, in that there was copy on every double page spread and no headlines. These, the innovations, could not have been possible without the students outside the class. They are our book. For the second year, we put Yearbook Day into effect and found that it worked extremely well, (with the seniors buying the most books and getting a half of a day off of school in the spring.) Nevertheless, the most startling ground gained this year was a sudden rapport between the yearbook and newspaper staffs. Never before has communication been so readily achieved and sincerity been behind it. We have communicated with the Cargo staff and we hope that we have managed to communicate with you, the student body, too.



Senior Editor, Marit, with assistants: Judy, Debbie, and Elenora.



Dave and Larry team up for sports.







ary confers with Linda.



Jessica and her vocal charms.



Sandy and Sharon sort pics.



Happiness is being copy editor, Linda.



The Picasso squad...Bobbie



...and Wendy.



Above left, Dayna grins for the cameraman. Above center, Pam smiles over candid shots from Kee Coleman. Above right, Linda checks out her section's picutres. Left, Photographers Bob and Pat.





miss mood.  
 It's so hard to write  
 in your book  
 because it's  
 like I'm  
 sorting  
 with  
 something  
 very special.  
 I'm going  
 to miss  
 our discussion.  
 I hope the  
 lines of  
 communication  
 will always be  
 open and that  
 I will continue  
 to see you  
 in the future.  
 Best wishes  
 Jill

## SAN LEANDRO CARGO

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Jon Campbell caught in a moment of thought

Cargo in one of its usual

## There You Have It . . .

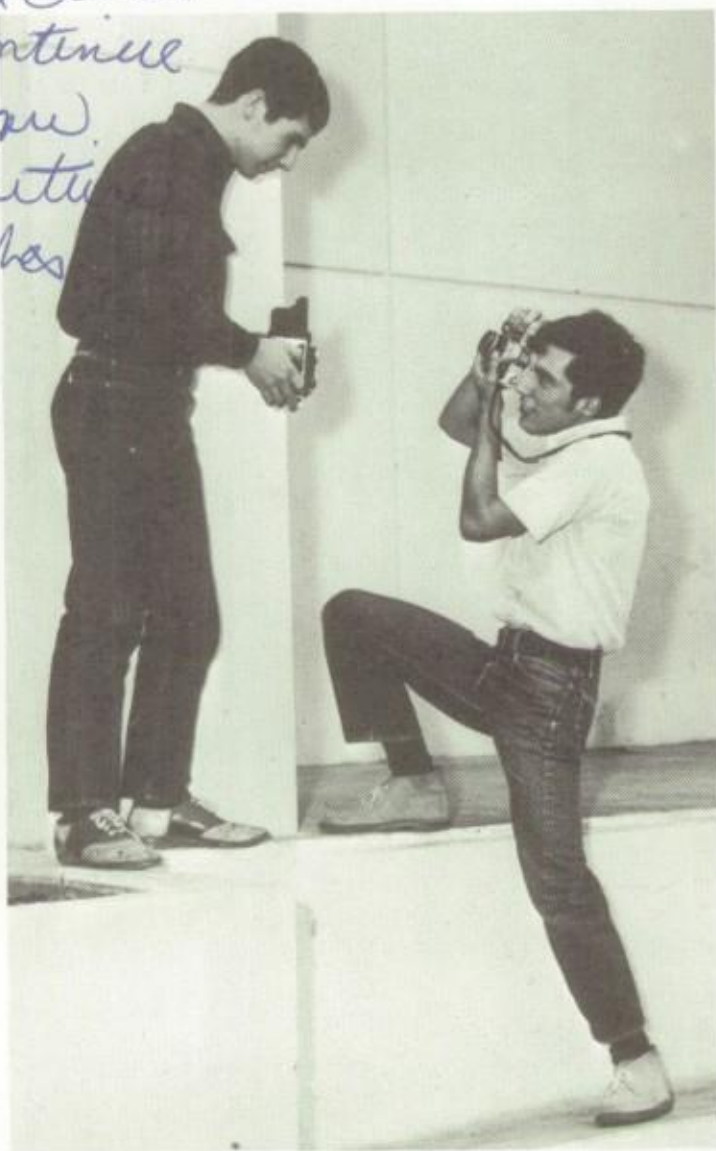
This year's Cargo was an experiment in high school journalistic freedom and originality. It was not so much an abandonment of the old Cargo format, as it was an intergration of new ideas and old.

Most important was a change in editorial policy. The editors attempted to make the paper an essentially neutral source in which any member of the student body could express his written opinion on any subject relating to student life, inside or outside school. The results were letters on dress control, curfew laws, expanded school regulations and facilities, plus the annual complaints about cafeteria fare. These, added to guest editorials by teachers and members of the administration gave the students a better view of school conditions.

Utilizing the more creative members of the staff and various outside writers, Cargo's feature editors outlined the "outside world" in general. Through feature stories and reviews they presented the more outstanding portions of our society's musical and motion picture arts, with a concentration on the more obvious mass-communication media, television and radio. Poems and satirical columns expressed the mystic and ironical sides of life.

To keep from becoming merely a publicity sheet, the news section of Cargo published articles concerning not only student school activities, but happenings within the faculty and the outside community as well. Stories on curfew and counseling changes were published side by side with school dance and term play articles.

Finally, that section without which the newspaper would hardly have been complete, the sports page, also made significant changes in its policy. To keep away from endless statistics, there appeared features on the more personal side of sports, thus rounding out the student body's image of Pirate spirit in action.



Joe DeMello and Mark Martin take and develop all Cargo pictures.







Do you really think better that way Jill?



Debbie Douglas caught in a rare mood.







**THE GROUP**—San Leandro High's foreign exchange students this year were Dorrit Nielsen and L to R Volkmar Guenzler, Esa Revnanen, and Benjamin Postbrief.



**Meditation...**



**Salutation...**



**Creation...**



**Contemplation...**

**The Only Girl** of San Leandro High's four foreign exchange students was Dorrit Nielsen of Denmark. When asked what Dorrit thought of the students who attended San Leandro High School her answer was, "Well, I think they are almost the same where I come from." Then she added that at her school they are a lot friendlier. But she had, she said, no hard time making friends. Dorrit stayed with senior Leigh Christopher and her family.

**While Attending** San Leandro High, Volkmar Guenzler, a foreign exchange student from Germany, made his American home with the family of junior Eliza London. Volkmar was amazed how fast someone could get used to customs in a strange country. He said, "During all my life in Germany I was walking everywhere—to school, to see my friends, or elsewhere. Now I've gotten used to driving a car and I would not want to walk anywhere."

**Esa Revnanen** who is seventeen and hails from a city on the west coast of Finland is among the group of foreign students who learn about our culture through his stay at San Leandro High. Esa lived with the family of Greg Marciel, a senior, who toured Finland last year.

**Montevideo, Uruguay** is represented at San Leandro High this year by Benjamin Postbrief. He made his home during the school year with Dr. and Mrs. Fred Meltz. While comparing schools, Benjamin commented that the seniors in his school studied all sciences and engineering.





o R: Volkmar Guenzler, Benjamin Postbrief, and Dorrit Nielsen.

## Foreign Exchange Club

strives to make the foreign exchange students of our school more at home in their foster country. Meeting on the second and fourth Thursdays of the month, they learn about the customs of other countries through slides and films. Field trips and presenting one assembly for the whole school are some of the other activities of the club. The club also purchases an Anchors Aweigh yearbook each year for each of the foreign exchange students. The club's sponsor is Mrs. Jacobs.

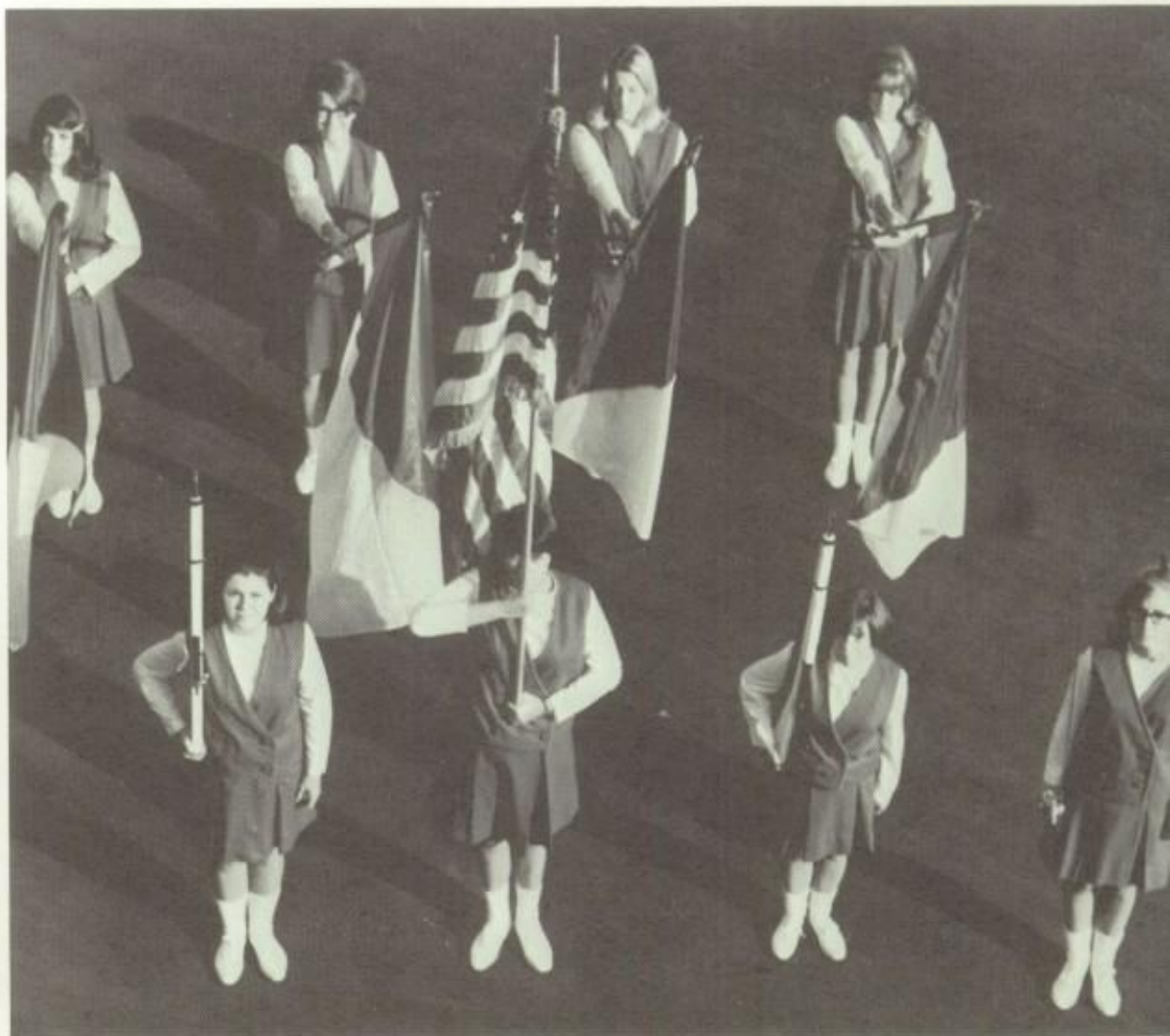


o row, L to R: David Auyeung, Nancy Johnson, John Clarfield, Volkmar Guenzler, Colleen Edwards, Nancy Brown, Barbara Jones, Jean Hill, gh Christopher, Karla Massey, Karen Coyle, and Judy Berrian. Center row: Diane Batilana, Yvonne Furtado, Karen Souza, Paula Haller, Terry ore, and Eva Handley. Bottom row: Lisa Hammond, Sharon Biagi, Linda Grimes, Linda Parlin, Mark Rabinowitz, Dorrit Nielsen, Jackie eilsang, and Elisa London.



## Precision Marching . . .

highlighted the band's performance in the Veteran's Day Parade, where they held lead position as starting band. Twice the size of last year's band, they showed their progress during the Pacific game, continuing their rivalry with the Vikings. They gave their finest show to the music of "Finian's Rainbow" at the El Cerrito game. After a busy football season, they settled down to rehearsals for the Christmas Concert. Spring brought with it appearances in the CMEA Band Festival in Hayward, participation in the Spring Concert, and the giving of various concerts at Bancroft Jr. High and other schools in the area.



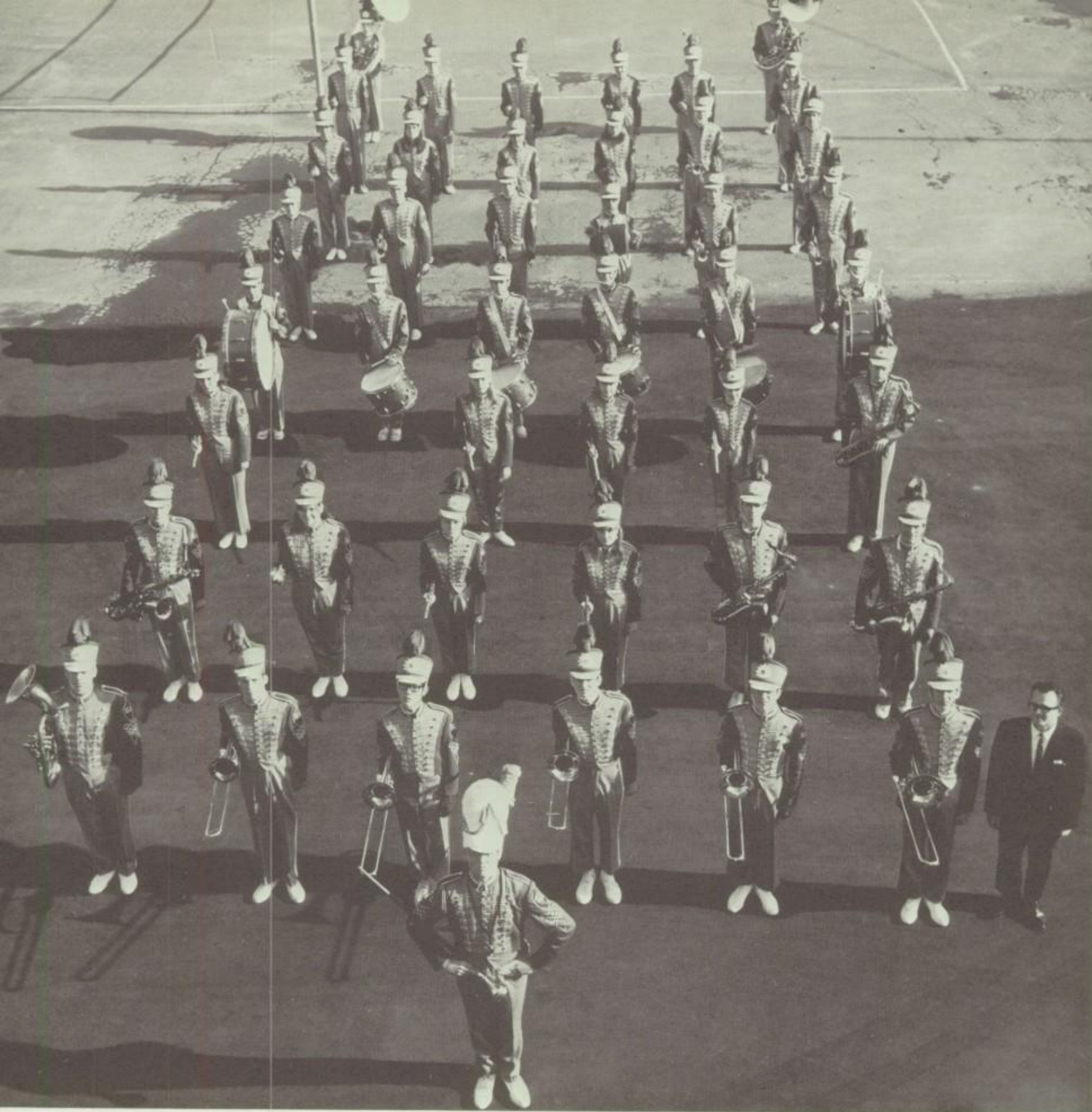
Above, Top Row L to R: Lynne McMaster, Carole Marston, Elaine Gilleland, Pat Halverson. Bottom Row, Sharon O'Neal, Lisanne Koppenhauer, Donna Thomas, Rhonda Witharm (captain).

Below, Top Row L to R: Judy Miressi, Pat Laffin, Rhonda Brewer. Bottom Row, Nancy De Cicco, Day D'girno (captain).

Jim Berwick leads the band in the Veteran's Day Parade.







Alan Aikawa  
 Rex Allen  
 Steve Andrade  
 Mike Basta  
 Joann Berg  
 Gail Bergner  
 John Bernado  
 Jim Berwick  
 Rhonda Brewer

Pat Bueno  
 Steve Carney  
 Rich Carson  
 John Clarfield  
 Kathleen Clayton  
 Rick Condit  
 Auggie Covarelli  
 Deborah Cranston  
 Doug Fernandes

Jerry Flory  
 Jean Foote  
 Brad Gardner  
 Fred Gomez  
 Phil Herring  
 Roger Heyder  
 Debbie Jessen  
 Mark Johnson  
 Nancy Johnson

Don Kappler  
 Claudia Lazzereschi  
 Sue Lindsey  
 Greg Marciel  
 Gary Marshall  
 Gary McDonald  
 Jeff Micheli  
 Tom Min  
 Dave Morford

Eric Nelson  
 Bill O'Keefe  
 Dan Parodi  
 Tony Riley  
 Bob Robbers  
 Ken Saylor  
 Kathy Smyth  
 Dave Tordoff  
 Sandy Vias  
 Ron White  
 Randy Witharm

Marching Band at the end of a long day.





**Vocal Harmonics** are performed by the Notables, an advanced group of eighteen singers chosen by audition. The year began with a performance for the P.T.A. of two pop standards "Scarborough Fair" and "Inch Worm" accompanied by a seven piece orchestra. Featured on the channel 5 Christmas television program, the Notables were also widely heard at school and exchange assemblies, vocal music festivals and the Winter and Spring concerts. Mr. Daugherty feels they should be equally "at home" with Gregorian Chant, Polyphony and Bach as well as the current swinging sounds of today.



Left, Some people naturally generate enthusiasm. . . Mark Dutra, John Mazetier, Marty Troutner. Above left, Annette Brandt, Michelle Hall, and Bonnie Marion all seem to have the right idea. Above right, Jenny Emdar enthralled by the Gregorian Chant.

**NOTABLES**—Lynette Becker, Annette Brandt, Rita Burastero, Fran Carbonaro, Jenny Emdar, Mark Dutra, Greg Eskelson, Ben Goldberg, Michelle Hall, Greg Marciel, Bonnie Marion, John Mazetier, Sharon O'Neal, James Reposa, Elizabeth Trapp, Marty Troutner, Julie Wakefield, Jane Urish.







Keep it even girls. (Mr. Daugherty)



Becky Humphries

**Girls' Glee** is a beginning chorus class taught by Mr. Daugherty. These girls perform as part of the choir and take part in school assemblies and other various functions.



l Nunes



We'll sing it but that's not saying we'll like it! (Girls' Glee)



Smiling Ben, this is a serious song. (Jim Repos, Goldberg, and Rita Burastero—Notables)



Sincerity is what makes the song. (Elizabeth Trapp, Jane Urish, and Bonnie Marion—Notables)



## One Hundred Voices

performed musical magic in the San Leandro High School Choir. The Choir is open to all students through auditions with the director. Under the direction of Mr. Patrick Daugherty, performances this year included a Christmas television program on channel 5 (KPIX), exchange assemblies, caroling at Bay Fair shopping center, the Winter and Spring Concerts, and the San Leandro School Music Festival.



June Abreu  
Barbara Acker  
Patricia Allen  
Patricia Bean  
Kathy Becker  
Joanne Berndsen  
Patricia Bernhard  
Sidney Black  
Edith Blasingame  
Genia Bradley  
Renee Bradley  
Joanne Brandt  
Rita Burastero  
Evelyn Camacho  
Ronald Camp  
Bobbie Curry

David Dunning  
Mark Dutra  
Vicki Farkas  
David Freitas  
Joyce Gallatin  
Elaine Gilleland  
Nancy Gilman  
Diane Gonzalez  
Linda Hachey  
Patricia Halverson  
Ray Harris  
Michael Harrison  
Mike Harter  
Linda Hembrough  
Alyse Higgins  
Pamela Higgins

Catherine Hull  
Becky Humphries  
Dianne Johnson  
Joanne Johnson  
Marjorie Jones  
Cheryl Kivett  
Lisanne Koppenhaver  
Michelle Laforce  
Gregory Marciel  
Bonnie Marion  
Terri McMaster  
Amelia Mirisciotta  
Martim Neal  
Sharon Oneal  
Victoria Osborne  
James Reposa

John Revilak  
Norma Rogers  
Scott Romer  
Nancy Sanders  
Robert Seaver  
Tom Shaw  
Alan Sobaje  
Linda Soward  
Deborah Supriano  
Donna Thomas  
Carol Trapp  
Julie Wakefield  
Charlynn Wardrip  
Michele White  
Harriet Winkler  
Randy Witharm  
Rhonda Witharm

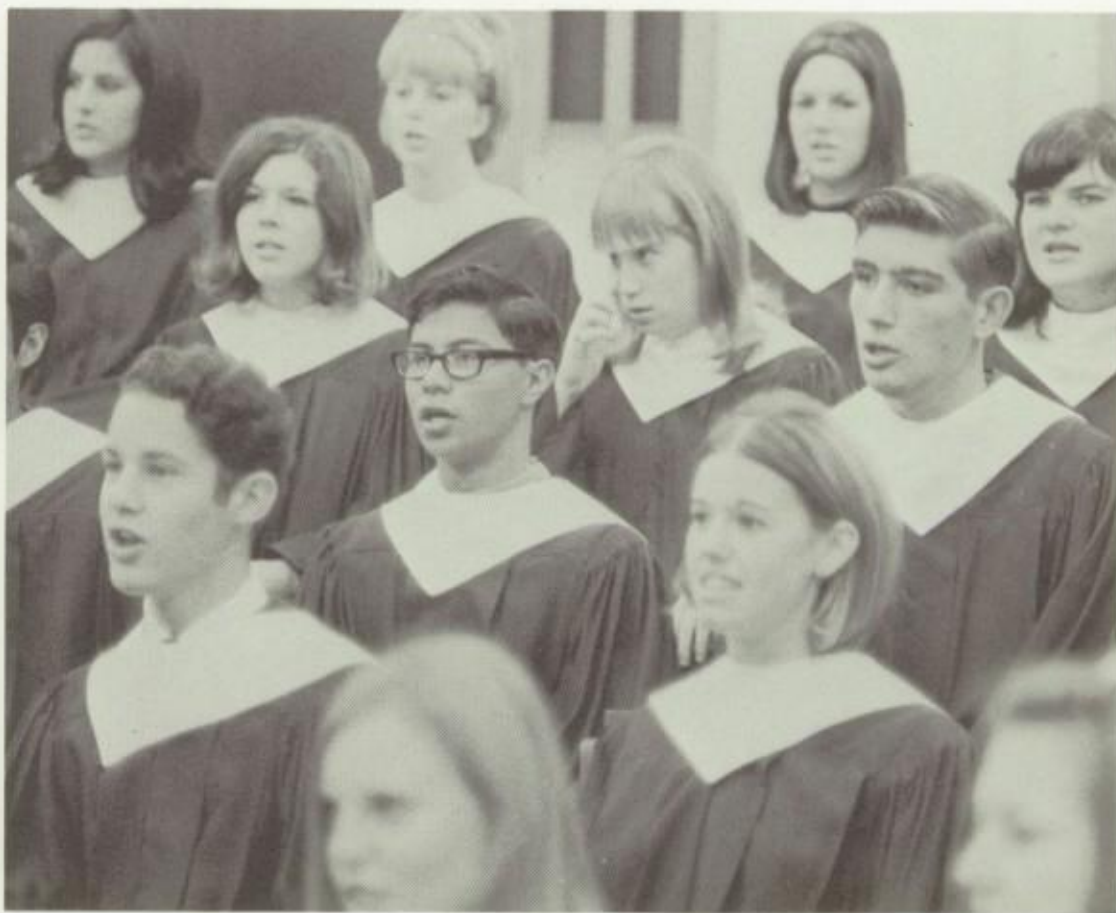




da Hembrough shows total involvement, the keynote  
musical perfection.



Musical magic with the touch of a nose.





**New Sounds** entered into the orchestra with the addition of woodwinds to the basically string orchestra and a new director, Mr. J. Zawistowski. Their performances included participation in the Christmas Concert, the CMEA Music Festival in Livermore, and the spring musical.



Rex Allen  
Jean Amaro  
Howard Baltazar  
Miske Basta  
Gail Bergner  
Jim Berwick  
Claudia Bond  
Nancy Brown  
John Clarfield  
Gloria Clay

Rich Condit  
Auggie Covarelli  
Marsha Darvo  
Diane Degrace  
Rich Fongheiser  
Jean Foote  
Shelley Furth  
Caroline Gee  
Mike Harrison



Ron White checks the score.



Shelley Furth concentrates on that high note.



Jean Foote





Sophomore Joanne Perry takes time to think it over before strumming her violin.



Phil Herring  
Roger Heyder  
Mark Johnson  
Nancy Johnson  
Sue Lindsey  
Lisa London  
Greg Marciel  
Gary Marshall  
Mark Martin  
Bev Menhorn

Jeff Michell  
Tom Mini  
Gary Osias  
Dan Parodi  
Jo Ann Perry  
Sue Peterson  
Ann Wada  
Ron White  
Randy Witharm



gently continues on.

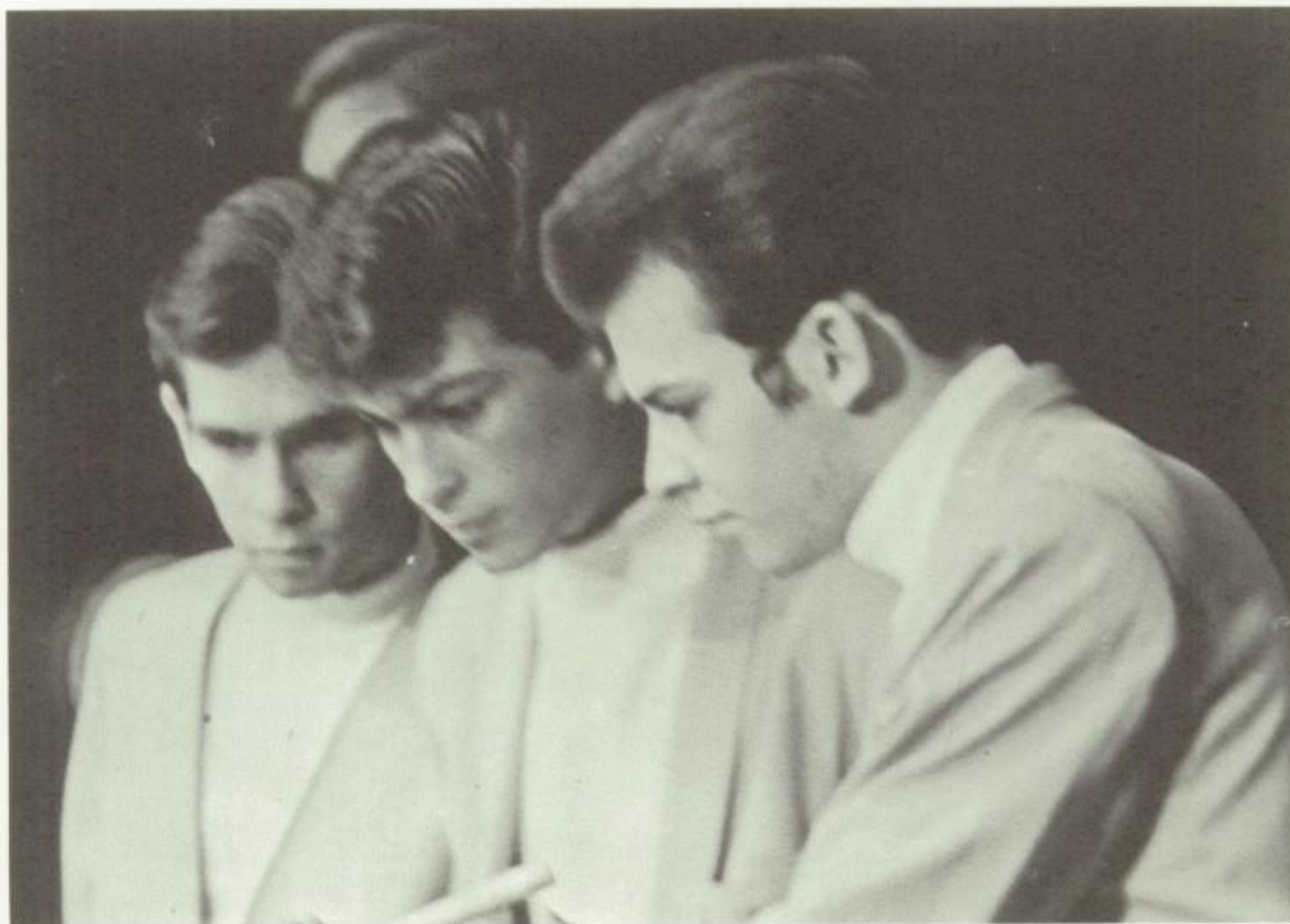


A French horn, played by Gary Marshall, provides the melodic motiff for the orchestra.



Ann Wada is transported into another time as she plays highlights from Strauss.





All right, guys, all together now . . . Rich Fongheiser, Dan Parode, and Auggie Covarelli.



Dan Parode cringes as Rich Fongheiser starts.

## The Reno Competition

dominated the minds of the stage band members in March. Earlier, in February, the stage band joined with Pacific High to give a concert as a prelude to the CMEA Music Festival in Tracy. Student body concerts were also a part of the stage band's program for the year.

Alan Aikawa  
Rex Allen  
Steve Andrade  
Mike Basta  
Steve Carney  
Rich Carson  
John Clarfield  
Rick Condit  
Auggie Covarelli  
Paul Covarelli  
Doug Fernandes  
Rich Fongheiser  
Phil Herring  
Roger Heyder  
Mark Johnson

Don Kappler  
Claudia Lazzerschi  
Sue Lindsey  
Greg Marciel  
Gary McDonald  
Jeff Micheli  
Eric Nelson  
Bill O'Keefe  
Dan Parodi  
Ken Saylor  
Kathy Smyth  
Ron White



Greg Marciel and Jeff Micheli . . . San Leandro's Brass.





clash of the cymbals while  
space unaffected.



Rich Condit detachedly plays along.



Claudia Lazzerschi looks up for approval.





## LearnThroughPlaying

is the motto of all Chess club members. Chess Club is open to all, beginning or advanced players. Meeting on Wednesday after school, Mr. Ausmus, the Club sponsor, instructs the members on how to play chess, promotes competition, and selects a team for league play. Activities include fund-raising projects and interschool tournaments.



L to R: Jim Hutchinson, Mark Aydelotte, Mike Cerro, and Bill Butler.



Standing L to R: Shannon Clark, Bill Flint, Jim Andres, Mark Aydelotte, Bill Butler, Phil Cerro, and Volkmar Guenzler. Seated L to R: John Ciarfield and Jim Hutchinson.





**Tri-M, A Music Club** has been sponsored by Mr. J. Zawistowski and Mr. P. Daugherty this year. Tri-M is a club dedicated to fostering the very best in music understanding and performance among its members and the promotion of music in the school, church, and community.

Tri-M also has a social orientation in that it attends concerts, operas, musicals, and movies and plans activities like the Christmas Ball.



Top: Jane Urish, president, leads the Tri-M meetings. Center: Modern Music Masters gather around the piano for an encore. Bottom: Tri-M members caught in a relaxed moment. Tri-M members: Mike Basta, James Berwick, Sidney Black, Annette Brandt, Alan Brown, Fran Carbonaro, Steve Carney, Shelley Furth, Pat Halverson, Pat Johnson, Mark Matin, Sharon O'Neal, Jim Reposo, Tome Snyder, Jane Urish, Sandra Vias, and Michele White.



## San Leandro High's

Model UN, under the chairmanship of John Cotter, attended the yearly Model UN conference at U.C. Berkeley, representing the country of Brazil. The students investigated all aspects of Brazilian foreign and domestic policies in a successful effort to represent these policies at the February conclave. The club, sponsored by Mr. Hillis, meets Wednesday afternoons and is open to all without regard to race, creed, color, or political belief.



L to R: Karla Massey, Don Pepper, and John Cotter. (Absent from picture: Vickie Gersten, John London, Shron O'Neal, Linda Perry, Sue Peterson, Sue Roberts, Mary Rodriguez, Kathy Stark,

## "The Chalk Dusters",

led by Evelyn Camacho, is a club for those who are interested in a teaching profession. Members must be college preps. The program committee led by David Auyeung, vice-president, arrange all the activities of the club, including tutoring and field trips. Club members meet twice a month. The purpose of this club is to acquaint interested and qualified students with the teaching profession and to encourage them toward college or university careers. The sponsor is Mrs. Epler.

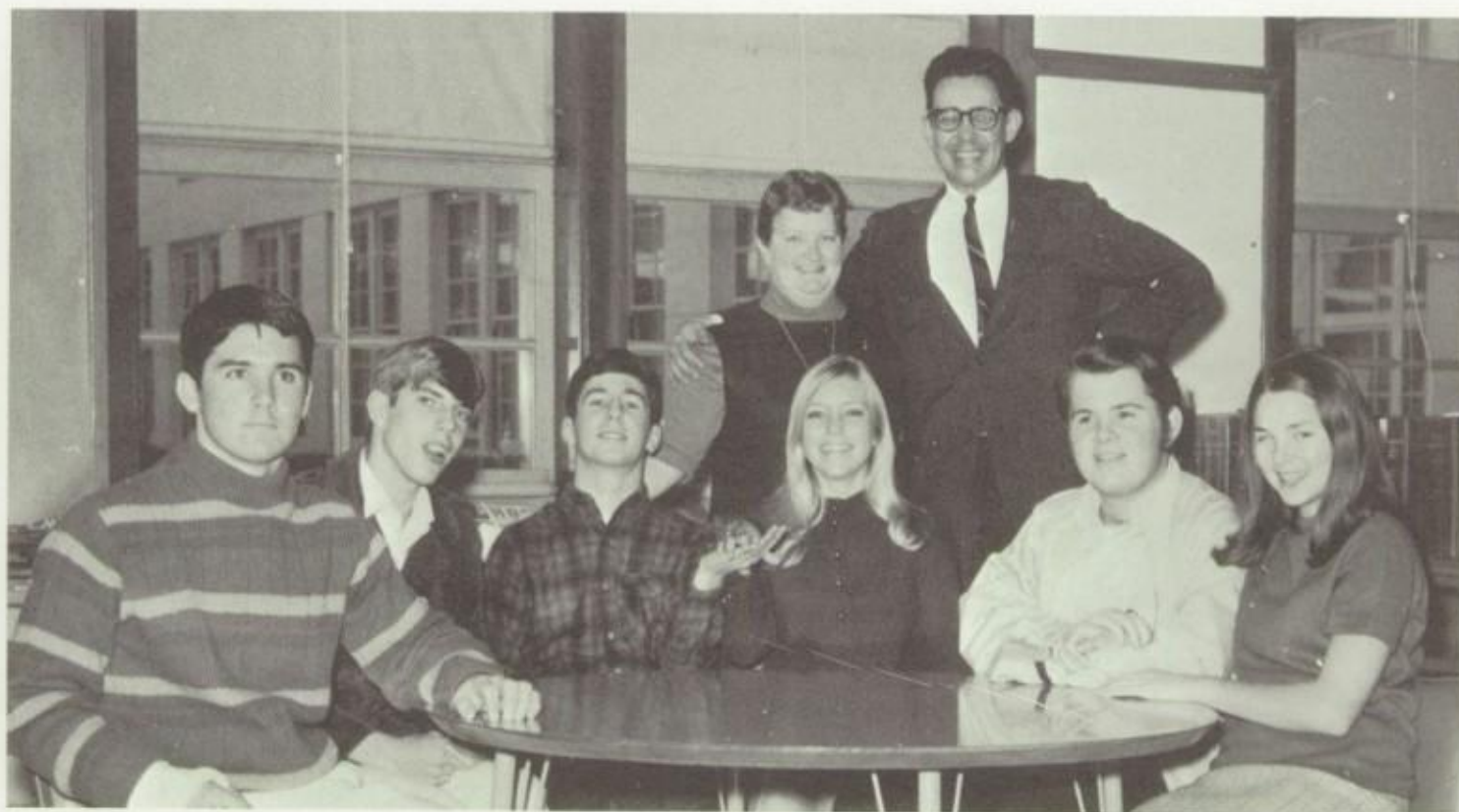


L to R: Marsha Darvo, Vivian Colglazier, Bea Bermudez, Lisa DeSoto, David Auyeung, Ka Sue Peterson.





atchings, Jon Jensen, Elisa  
rol Stone.)



Seated L to R: Denis Byrne, Greg Barrette, Mark Martin, Pam Gibson, Jon Campbell, and Debbie Martin. Standing: Mrs. Brown and Mr. Johnson.



apman, Jayne Gehrke, Marilyn Wentworth, Barbara Kendall, Genelle McFadden, Barbara Jones,

## A Quarterly Magazine...

Outstanding work in publications is rewarded with membership in Quill and Scroll, and international journalism honor society. Sponsored by veteran Cargo and Anchors Aweigh advisors, Homar Johnson and Barbara Brown, the clubs only formal function is an induction ceremony, although plans for the future include publishing a quarterly magazine with a journalistic format. To qualify for the distinction of membership, a student must be a senior and have had either a minimum of one hundred column inches printed in either the Cargo or a city newspaper or both, or have been a section editor on the yearbook staff.





*Mrs. Hood -  
all thanks for  
for me you've done  
past three years.  
I surely would  
have been lost  
without you.  
Keep  
in touch.  
John Kotter*

**A Creative Magazine** is published by Compass. The annual publication features sculpture, photography, poetry, prose, art work, and other media of self-expression. In the past, the kind of material exhibited by Compass has been somewhat limited by rigid traditionalist standards, but the variety of the magazine has grown. John Cotter edits the publication, with Debbie Jacobs acting as Assistant Editor. Shelley Furth supervises the art section, with Andrea Clisbee assisting. Rich Skoonberg acts as President of the group, with Bob Frye taking the minutes. Mr. Reynolds is the sponsor.

Top, Compass, L to R: Karin Peterson, Jeff Needell, John Cotter, Denis Byrne, Andrea Clisbee, Lori Oliver, Rich Skoonberg, Karen Souza, and Carol Stone. Right: Thespian members create moods of amusement...

Thespian members: Bob Abel, Pat Allen, Ceva Bauer, Luray Canhum, Pam Chick, Vince D'Augelli, Sharon Douglas, Pam Fishman, Rich Fongheiser, Cheryl Greenwood, Volkmar Guenzler, Mike Harter, Cathy Hull, Nancy Mahon, Gerry Malsbary, Greg Marciel, Marlene Mirigian, Jeff Needell, Terry Plunkett, Alice Pouttu, Penny Sherizen, Rich Skoonberg, Dana Smith, Sue Strehlo, Larry Tallaritti, Diane Valasquez, Julie Wakefield, Margaret Wilbert, Susan Wilson.







## Thespian Troupe 892 . . .

The Thespians performing in this picture are members of the Thespian Troup 892. Thespians is a section of the National Thespian Society, an Honor society which encourages the talent of young actors. The purpose of Thespians is to promote the advancement and improvement of the program of the dramatic arts in secondary schools.



guish . . .

this all they do, Thespians that is!

and terror.





## Placed To Function . . .

Stagecraft is an elective class made up of no more than fifteen students that are selected by the instructor by recommendation. The class is broken into five categories: Light crew; sound crew; construction crew; and set designers. The other category is Stage Crew, in charge of moving sets and scenery changes between acts, handling props, and general management of production needs as they occur on and off stage. Students are placed to function within these crews according to their particular facility and orientation. The members of stagecraft are most concerned with working in collaboration with the department when term plays and musicals are in operation. During the rest of the year, the crews function on stage while controlling lighting, and sound-effects for dances and assemblies. Set designers play a role of a major importance when it is their responsibility to produce the scenery or sets for each play.



Joanne Berndsen, Mike Andres, and Mr. Romero pay homage to Big Brother.

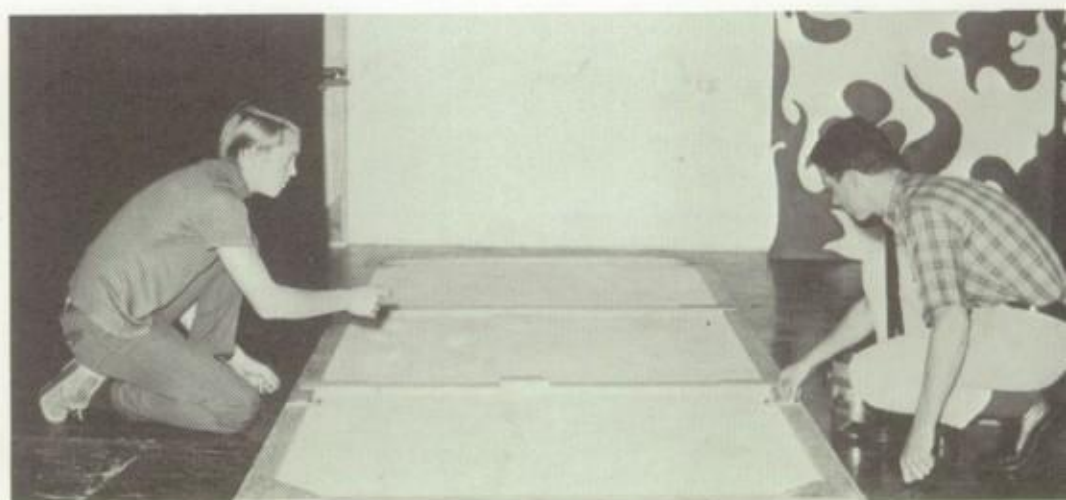


Mary Crossley and Joanne Berndsen add the personalized touch.



Mr. Romero counsels his budding artists, Joanne Berdsen and Mary Crossley.

Stagecraft members: Judy Bell, David Bose, Larry Bowers, Nancy Centoni, Linda Cooper, Joe Dutra, Sara-Jane Eklund, John Girard, Steve Lunge, Lewis Miller, Karin Peterson, Dave Rapoza, Mike Schyltter, Ron Shaw, Dalve Swanson, and David Ventura.



Mike Schyltter and Gary Antone strategically place flats.



Art Service members: Carol Allen, Steve Corum, Debbie Crespin, Merry Towka, Sheldon Henry, Richard Hobbs, Phillip Perry, Dan Ruiz, Doug Ruiz, Pat Shrader, Shirley Strand, and Kyle Wehrman.



to the depths of thoughts . . . Richard Hobbs.



Steve Corum and Doug Ruiz work on a sign of the times.

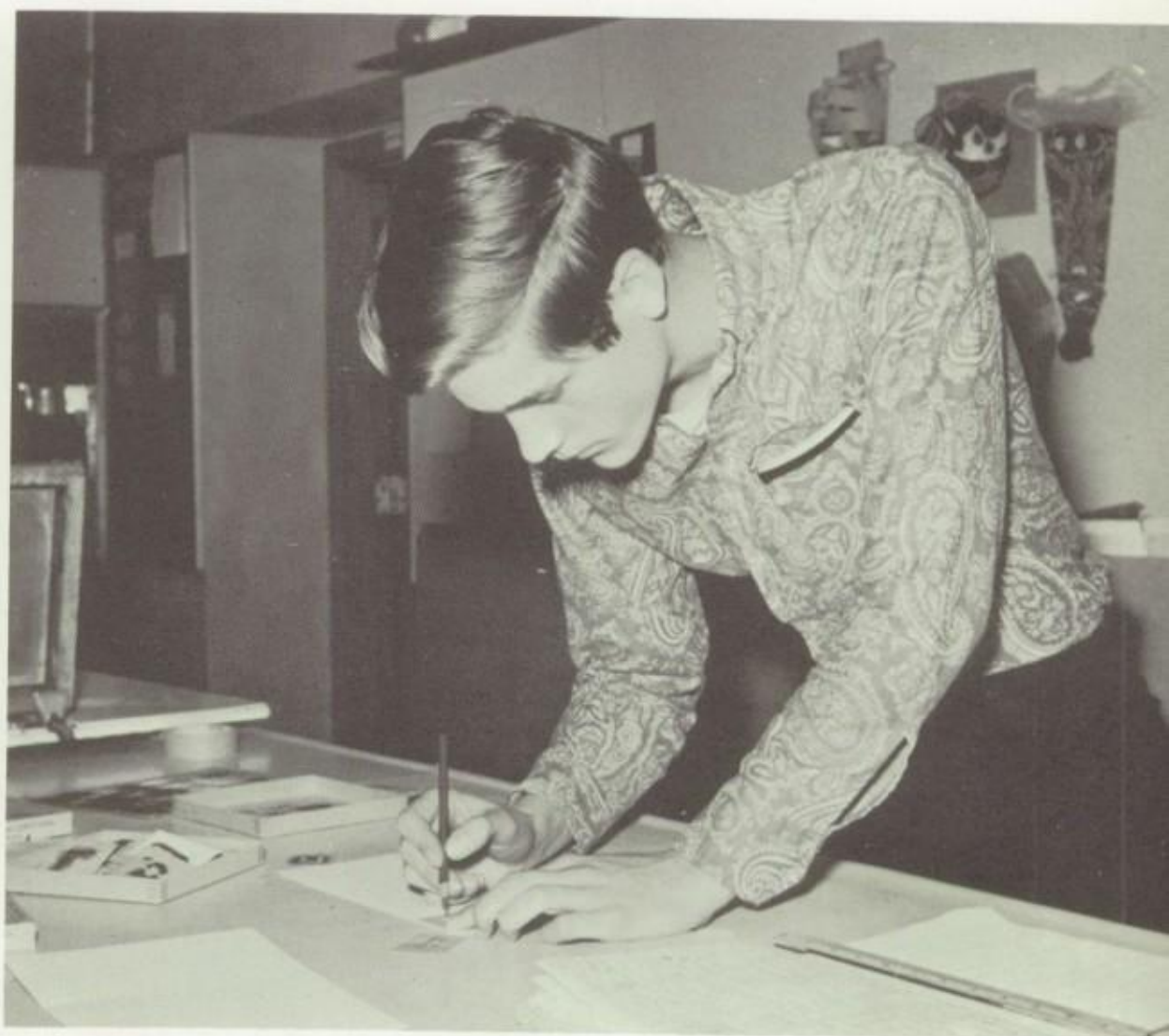
## Art Advertisements for the school are handled by the Art Service Department, under the leadership of Mr. Ken Curran.

Posters and banners are a specialty of art service. Signs for such school activities as car washes, dances, and sales are handled by this special art class. Making such signs is not their only duty, however; they are the ones who paint the big "S" on the broadcasting booth, above the football field, and on the side of the wall inside the swimming pool.

They also are in charge of all the showcases in the halls and all bulletin boards, as well as any special displays the school may be planning.

Twice each year these students also find time to do some sort of project. Each Christmas and Easter the Red Cross supplies them with materials and they make five hundred place mats to be given to the bed-ridden patients at the Oak Knoll Hospital.

Art service charges a fee for all art work. The fee makes it possible to operate the organization without a loss. The money collected pays for the materials, such as paint and paper, used in the art projects.



Upper left: Oh well, it's better than illuminated manuscripts . . . Sheldon Henry and Roxanne Fosse. Bottom left: Shirley Strand, Carol Allen, and Debbie Crespin create advertisement for the fall term play. Above: Doug Ruiz shows everybody how to draw a straight line.



## Promote Spirit . . .

Pep Club has always been known to raise and promote spirit, but this year it has taken on, along with its traditional spirit boost, a new branch. This branch is service. Playing hostess at PTA meetings and Block "S" gatherings has fallen into this category.

Pep Club is not only different in that scene this year, but for the first year it has elected officers. These officers are Sue Johnson, acting as President, and Donna Uhler assisting her as Vice-President. Peggy Pristia takes the minutes while Cheryl Greenwood takes care of the money by being Treasurer. Linda Seaver is in charge of all the publicity while Lisa Hammond is Sergeant-At-Arms. The new officers have revised the Pep Club constitution that was thrown out years ago and come up with a point system for members to go by.

This year the officers have worked with Mr. Thayne and Mrs. Brown to try to make Pep Club more fun and exciting for all of the girls.



Pep Club dresses up for the cameraman.

Cindy Acker  
Sue Alameida  
Chris Alexander  
Carol Allen  
Mary Alves  
Brenda Anderson  
Sue Avanzino  
Renee Avilla  
Sandy Bakko  
Patti Bean

Sandy Beauchamp  
Judyann Belluomini  
Sharon Biagi  
Sidney Black  
Claudette Blasquez  
Pam Blasquez  
Rhonda Brewer  
Nancy Brown  
Harriet Brown  
Barbara Bruder

Marilyn Bryant  
Denise Castillo  
Linda Childe  
Karen Coyle  
Mary Crawford  
Nancy DeCicco  
Dayna Digirno  
Sandy Dudich  
Chris Ferguson  
Debbie Fike



Pep . . . ?



Enthusiasm is the key word a





Joan Freitas  
 Vonnie Furtado  
 Joyce Galletin  
 Marilyn Garrison  
 Pam Gibson  
 Julie Goodale  
 Debbie Gossett  
 Linda Grimes  
 Cindy Gugich  
 Deanna Gunderson

Denise Gunderson  
 Lisa Hammond  
 Chris Hansen  
 Julie Harvey  
 Lori Hillard  
 Lynn Holt  
 Liz Hudson  
 Cathy Hull  
 Sue Johnson  
 Barbara Jones

Margie Jones  
 Christa Joseph  
 Claudia Lazzereschi  
 Loretta Lewis  
 Diane Lind  
 Judy Machado  
 Chris Marchini  
 Carol Mazzei  
 Karen Monez  
 Toni Nunes

Yolando Pacheco  
 Linda Perry  
 Ann Pitcaithley  
 Joan Presley  
 Peggy Pristia  
 Julie Rettig  
 Kathy Salcines  
 Linda Seaver  
 Ginnie Sewald  
 Penny Sherizen

Linda Soares  
 Joanne Stelter  
 Kathie Sullivan  
 Linda Sundquist  
 Diane Takashima  
 Val Testa  
 Donna Uhler  
 Gera Vaz  
 Marti Way  
 Marilyn Wentworth  
 Sandy Westbrook  
 Kim Woishnis  
 Marianne Wyllie



meetings.



PEPI



## Through Many Facets

the Girls' League serves the school. The girls' service organization, sponsored by Miss Sims, has main duties consisting of decorating the trees and doors for Christmas, and sponsoring the New Girls' Tea, held for the new girls of the school. All girls are automatically members of Girls' League, but become active members by buying a sticker at the bank. Girls' League also selects the girls for Big Sisters, an organization which helps new girls adjust to San Leandro High. Meetings of Girls' League are held once a month on a Tuesday, or more often when needed.



Sitting L to R: Diane Batilana, Kim Woishnis, Carole Marston, Jane Urish. Top Row: Meredith Ashe, Sharon Biagi, Chris Alexander, Linda Grimes, Sue Avanzino, Sue Peterson, Muriel Moulton, Nancy Inns. Bottom Row: Marilyn Thorpe, Marsha Darvo, Lonnie Cohn, Genelle McFadden, Lucy Sena.



Above: Jane Urish, Annette Brandt, and Elaine Gilleland are attentive Girls' League members. Right: Kim Woishnis, president, presides over Girls' League.







Jane Battilana, Jane Urish, and Marilyn Wentworth confer on important issues.



Sisters L to R: Linda Merrion, Pat Laffin, Harriet Winkler, Anne Hunt, Peggy Marco, Barbara Jones, Pam Berwick, Karen Kalinowski, Laurie  
 rxe, and Claudia Brooke.



**The Boys' Block "S"** is a service club which sponsors the alumni and donkey basketball games. Under president, Ken Costa, this group has sold refreshments at football and basketball games and supervised the parking at graduation. Their biggest activity for the year was the PTA Christmas Food Drive in which they went from room to room each morning and collected canned food that the students had brought. They also helped in the Cerebral Palsy Drive. The club has performed many other service projects, all under the direction of Mr. Hidalgo, their sponsor.



Gary Castro and Gary Millhouse listen intently as Don Rodriguez checks over the agenda.



Front Row, L to R: Dave Kalinowski, Dave Bednar, Ken Humphries, Loren Brown, Ken Jardin, Ken Costa, Rich Silva, Don Pepper, Gary Casto, and Rich Coats. Second Row: Dave Seymon, Louie Paul, Greg Fanjul, Dan Nagel, Ron Olivero, Rick Trujillo, Brad Copper, Galen Hyder, Ken Mordoff, Bill Lewan, Jerry DeVore. Third Row: Alan Nieshi, Tim Au Young, Mike Aranaydo, Denis Byrne, Rich Posta, Ken Erhardt, Charlie Simpson, Ron Lagorio, George Ondeck, and Mark Corti. Fourth Row: Dennis Pring, Mike DeSa, Ron Shaw, Craig Kitchen, Gary McCaffery, Alan Brown, Craig Noble, Mark Aydelotte, and Emil Abate.

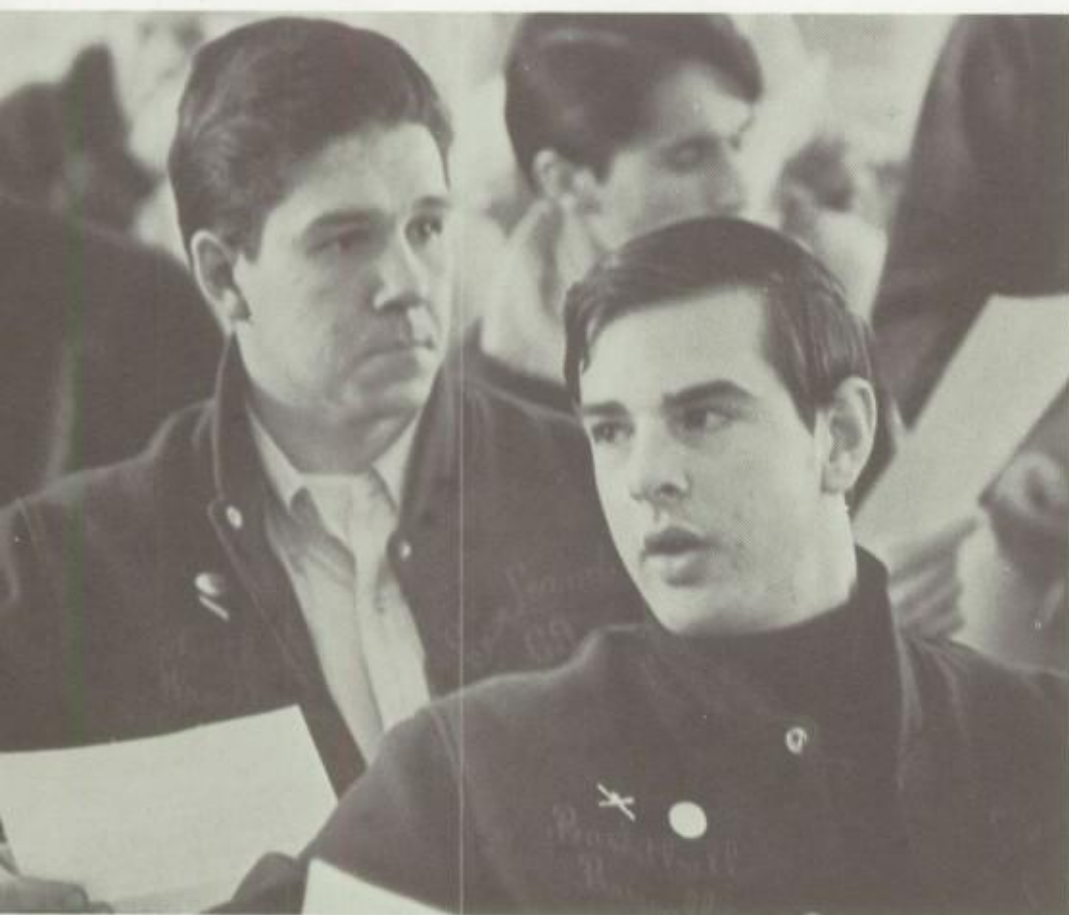




Walker coolly emphasizes his point.



Block S's president — Ken Costa.



Olivero offers his opinions.



Coach Ben Shorum opens up the discussion on the CAL Grooming Rules.



## Interest In Sports

The Girls' Athletic Association, better known as G. A. A. is an organization designed to promote a greater interest in sports, to develop an understanding of true sportsmanship, and to create a spirit of friendship. Any girl with an interest in sports is welcome to join. Each girl can earn points by participating in the weekly meetings and any additional activities offered. These include two awards dinners, a swim-potluck dinner in the fall, a picnic in the spring, and several money-raising projects throughout the year.

When a girl has earned ten points, she is entitled to a membership card; for twenty-five points she is entitled to a pin; for fifty points she is awarded a numeral; for seventy-five points she receives her Block "S" and is eligible for membership in the Girls' Block "S" society. For each additional thirty-five points after her block, she receives a star.



Karen Coyle gets rid of the ball quickly.



Above: That's the way to play basketball??? Right: Janet DePace reaches for the ball as Lonnie Cohen waits in anticipation.







Members line up to receive awards.



Anne Koppenhaver, flanked by Randy and Rhonda Witharm, entertain at G. A. A. award dinner.



DePace tries to maintain a moment of



You don't say!



**Service Is The Motto** and goal of CSF. The method for raising funds to help others is done in many ways. This year the group has engaged in the selling of Gourmet Guide books of which the proceeds will go to Fuller School and San Leandro Scholarship Fund. This honor group also is allowed one day off from school a semester for an excursion. The fall outing is traditionally an educational one - - - this year a trip to the movie "Romeo and Juliet." In the spring students meet at Little Hills Ranch for their annual picnic.



All you . . .



Lix Hudson and Sue O'Keefe's attention strays for a moment.



Honor Society members listen to discussion.



Attentive members sit entranced by the voice of their leader.



Marianne Wyllie gives the camera a wary glare.





... is ...



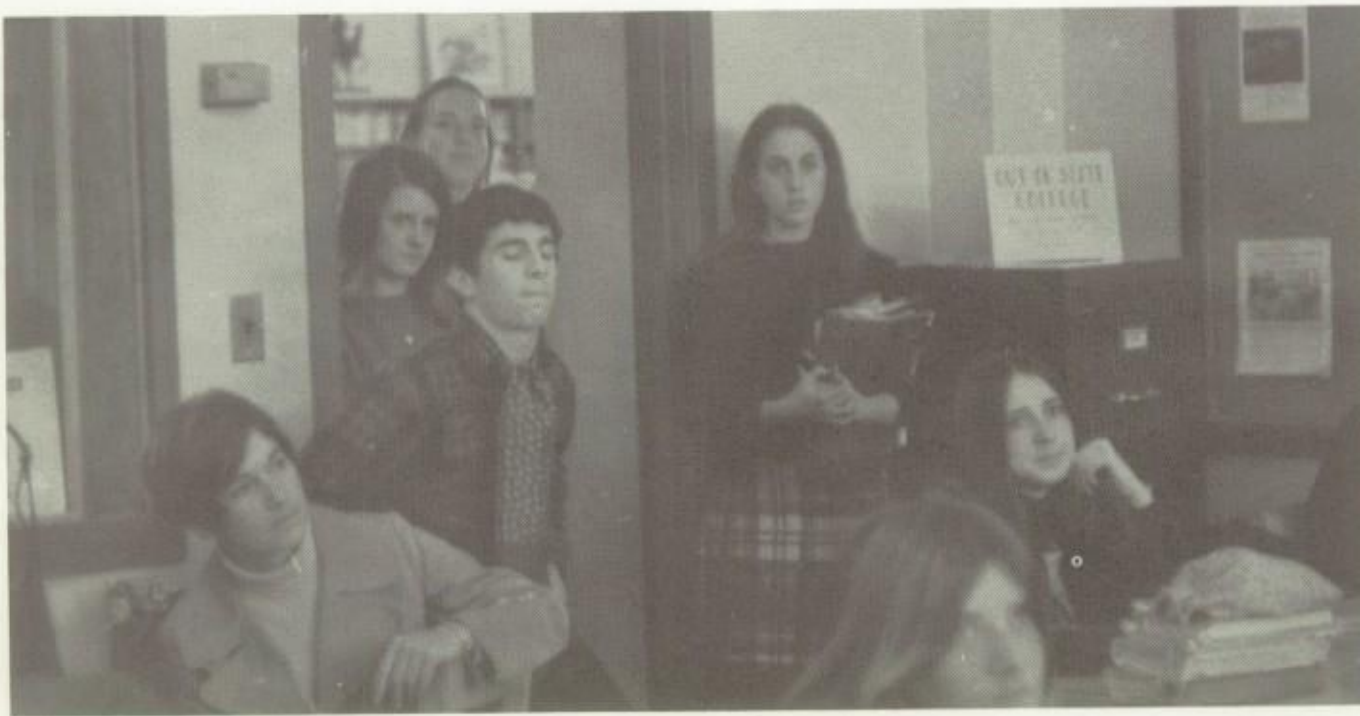
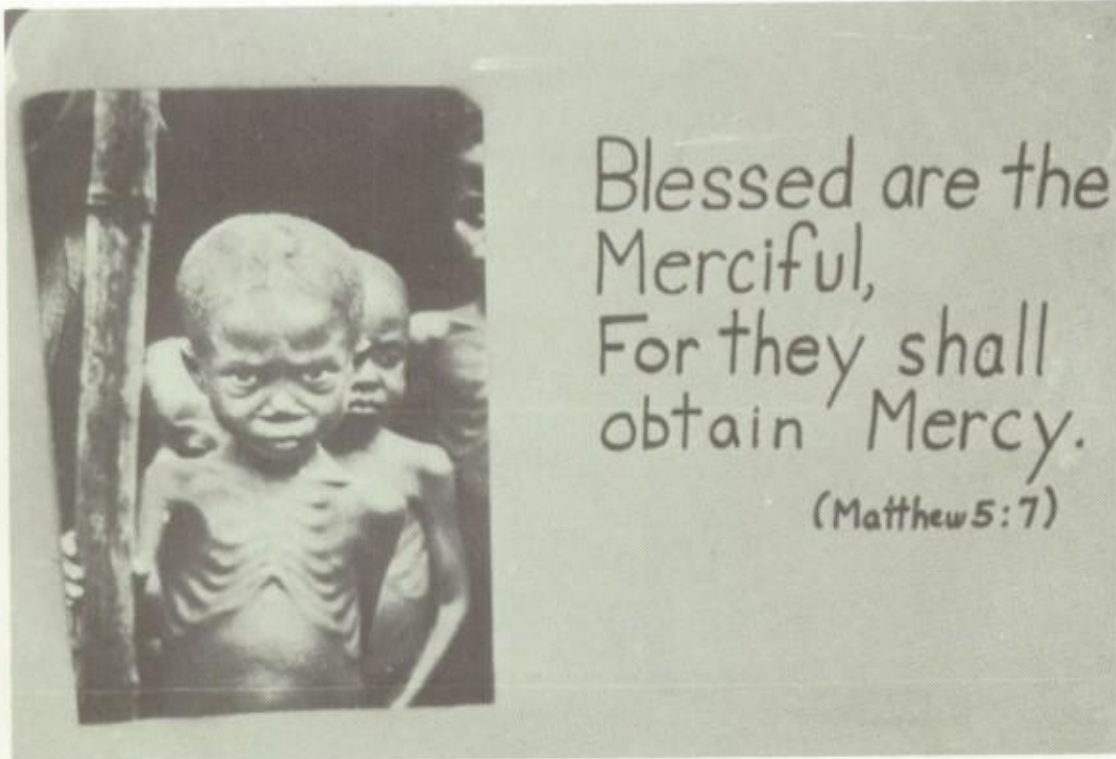
... LOVE!



Society Members: Bev Artru, Denis Byrne, Greg Barrette, Diane Battilana, Ceva Bauer, Sidney Black, Ruth Brockmoeller, Betty Burke, Polyn Capps, Fran Carbonaro, John Cotter, Cindy Ehlers, Jill Fisher, Vicki Gersten, Chris Hart, Rick Hom, Arna Kaufman, Deb Martin, Bob Men, Linda Merrion, Denise Milton, Phillip Moody, Rhonda Morando, Dan Nagle, Sue O'Keefe, Don Pepper, Shirley Rabello, Nancy Riley, Ellen Rata, Peter Spohn, Kathy Stark, Carol Stone, Maurine Thullen, Sandra Vias, Sharon Wiseman, Kim Woishnis, Linda Gonzales, Laurie Achlan, Alan Brown, Rielt Brown, Kathi Chapman, Rowland Charlton, Dayna Digirno, Sheryl Floyd, Susan Hammer, Alyse Higgins, Lori Ford, Liz Hudson, Sally Hudson, Deborah Jacobs, Pat Laffin, Elisa London, Gerald Malsbary, John Mazetier, Doug Moe, Robin Moore, Jeff Dell, Ann Parker, Pegg Pristis, Jim Rigg, Steve Schmitt, Joan Swenson, Heidi Winkler, Stephanie Wright, Maryann Wyllie



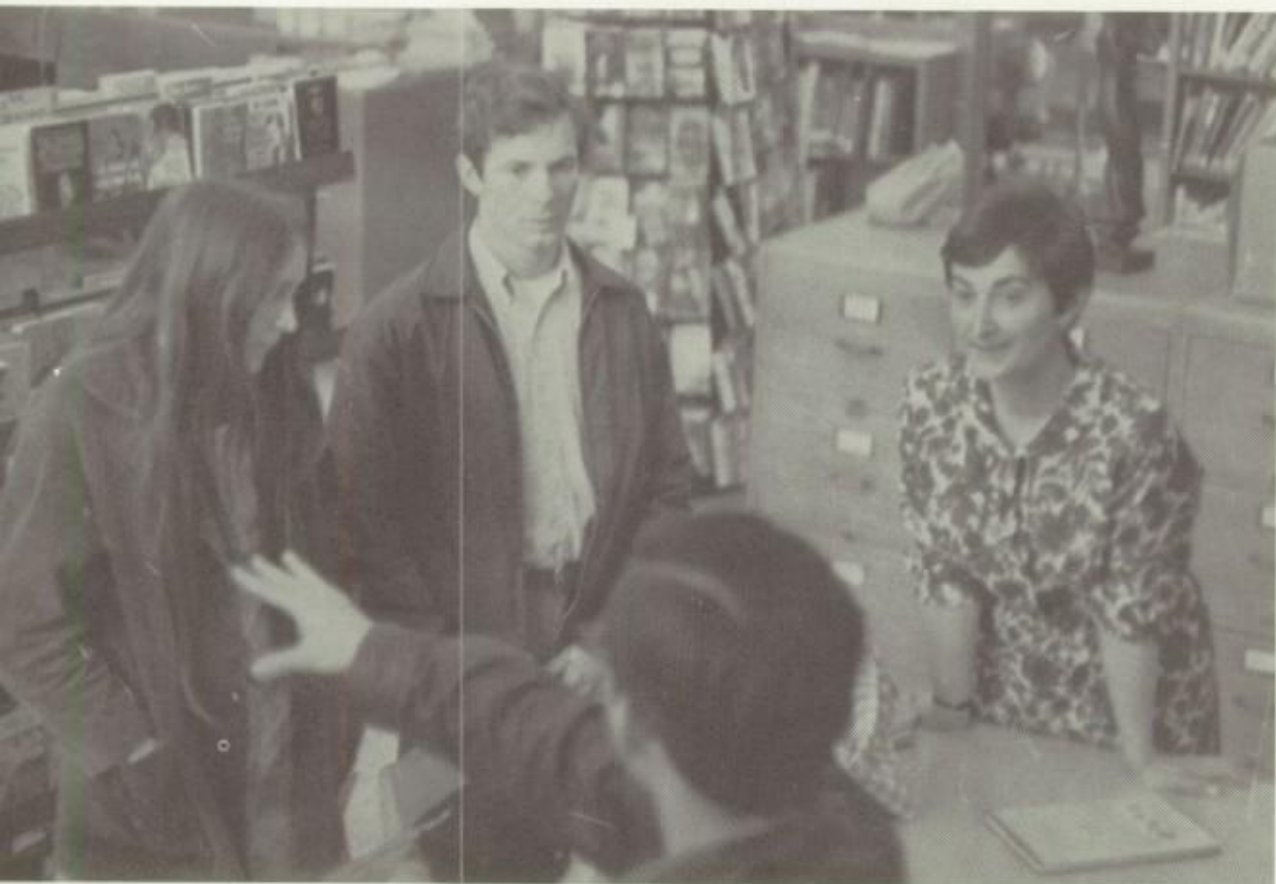
Library Club members wait with anticipation for contributions for the Biafran fund.



A quiet moment while Library Club members contemplate on starving children.







Jackie Vogelsang, Rick Skoonberg, and Mrs. Force absorbed by new ideas.

**Ideas and Idealism** This year's Library Club began with a few deeply involved students - - heads full of ideas and idealism - - concerned with discussing the world's problems and doing something about them. They talked their ideas over with Mr. MacInerny, the school's Number 1 idealist, and agreed to re-activate the Library Club with Mr. MacInerny and Mrs. Force as the club's sponsors. Then the club came up with a fantastic idea - - organizing a school-wide Biafran Fund Drive in an effort to save precious human life in a faraway land. It was a success which no one had expected. Now the club is organizing a Biafran Drive for all of San Leandro, discussing plans for a Save San Francisco Bay Project, planning trips to the U. C. Press and San Quentin Prison, talking about Project Oakland, and coming up with more fantastic ideas.



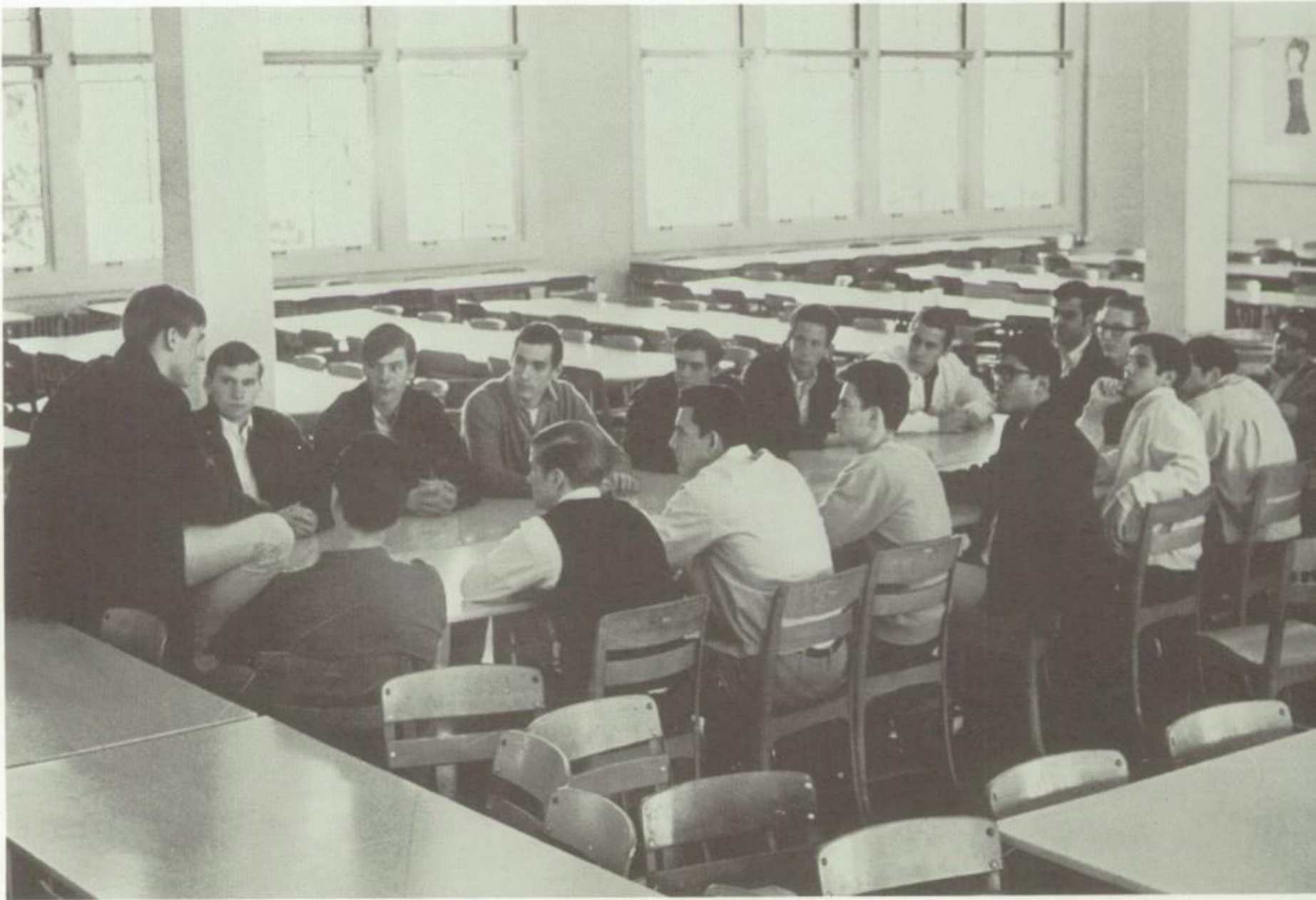
Karen Souza receives criticism on her Biafria poster.

(Left) Mr. MacInerny, driving force behind it all.





Dave Seymon and Dennis Katsuris participate in discussion of upcoming events.



Clockwise: Alan Brown (president), Ken Saylor, Dave Seymon, Dennis Katsuris, Jim Robinson, Steve Camp, Ken Humphries, Mike Basta, Dave Kalinowski, Alan Neishi, Steve DeMotto, Manuel Enos, Kurt Miyamura, Don Amaral, Ron Lagorio, Dave Bednar, and Rocky Spirou.





Officers: Rocky Spirou, Alan Brown, and Ron Miliotis.

## S.L.H.S.'s Interact Club

is a junior branch of Rotary International. Comprised of twenty Junior boys and advised by Mr. J. Walker, Dean of Boys, this philanthropic group's purpose is to serve the community. It was formed in December '68 and will not reach full membership until next Fall. Officers include President, Alan Brown; Vice-President, Ron Miliotis; Secretary, Rocky Spirou; Treasurer, Dave Kalinowski; Directors, Tim Au-Young, Ken Humpheries, and Dennis Kutsuris.

Interact sponsored a car wash in which \$45.00 was donated to the March of Dimes.



Ron Amaral, Ron Lagorio, and Dave Bednar mull over Alan Brown's proposal.



Dave Kalinowski listens as Alan Neishi looks on.



Interact members gather round the table.







## The Art Of Competition. . .

He learns that the world will not end when he fails or makes an error; that there is always another day and another chance and that his dreams do come true because he acts to turn them into reality.





## Varsity Football 1968

PIRATES	19	Kennedy	13
PIRATES	20	Pinole Valley	0
PIRATES	33	Pacific	7
PIRATES	34	Richmond	0
PIRATES	7	Encinal	28
PIRATES	13	DeAnza	6
PIRATES	12	El Cerrito	19
PIRATES	6	Alameda	7
PIRATES	12	Berkeley	6



Front Row L to R: Charlie Simpson, Ray Radell, Dave Bednar, Gary Castro, Ken Jardin, George Ondeck, Gary Millhouse, Ken Costa. Middle Row, Doak Jones, Bob Talbot, Ken Erhardt, Brad Cooper, Craig McClure, Gary McCaffery,

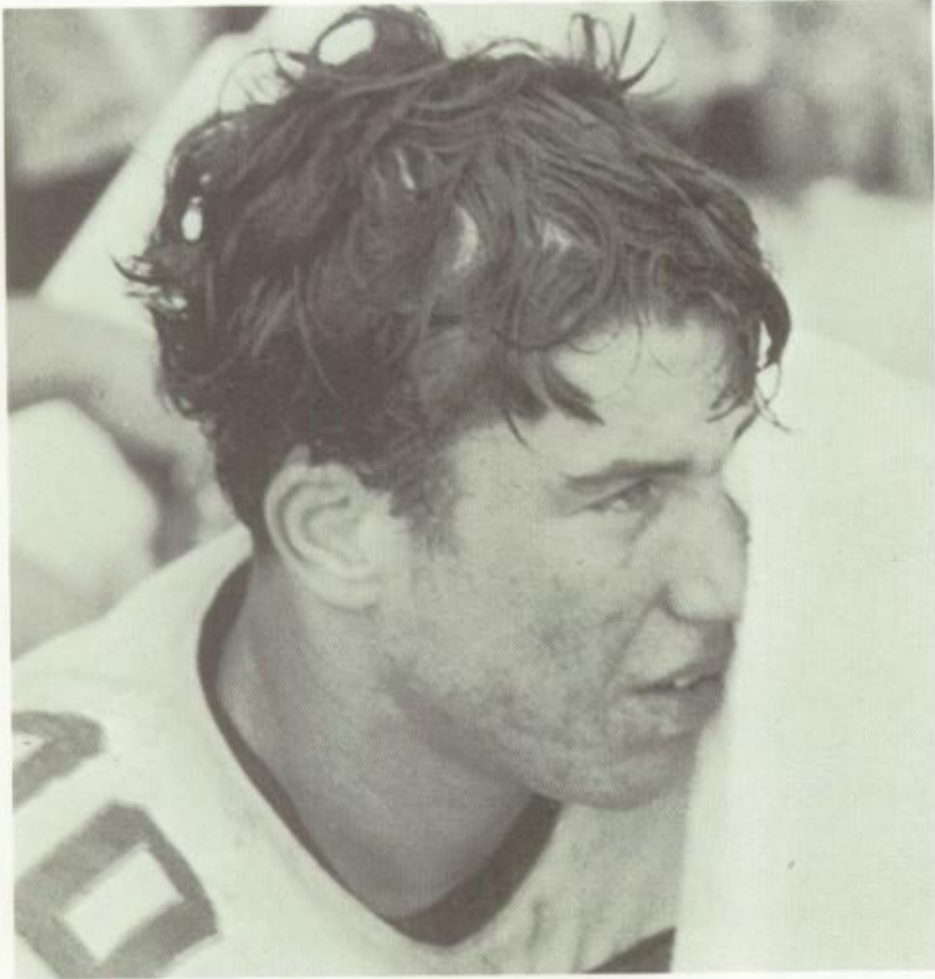




Pete Pratt, Ron Lagorio, Top Row, Craig Kitchen, Dan Nagle, Lou Paulo, Don Rodriques, Bob Battinich, Ken Young, John Hutchings, Greg Fanjul, Dave Seymon.



**Students of S.L.H.S.** were treated to many exciting and thrilling moments this fall due to the efforts of our Varsity football team. Under the direction of Coach Ben Shorum, the Pirates battled their way to another successful year, completing their season with a respectable 6-3 record, and placing third in the rugged A.C.A.L. The team received further honors by ranking as the 15th team in the entire East Bay. Both of these distinctions were due to the combined efforts of the coaches and the players.



Lou Paulo reflects the strain of competition.



Brad Cooper displays his poise under pressure.

The Varsity gridgers charge into the 1968 season.







Upper picture, The returning lettermen. Top Row L to R: George Ondeck, Craig Kitchen, Ken Young, Ken Erhardt, John Hutchings, Ken Costa. Bottom Row, Gary Millhouse, Gary Castro, Brad Cooper, Pete Pratt. Bottom left, Charlie Simpson kicks off to begin another crucial battle. Bottom right, Ken Costa discusses strategy with Coach Shorum.



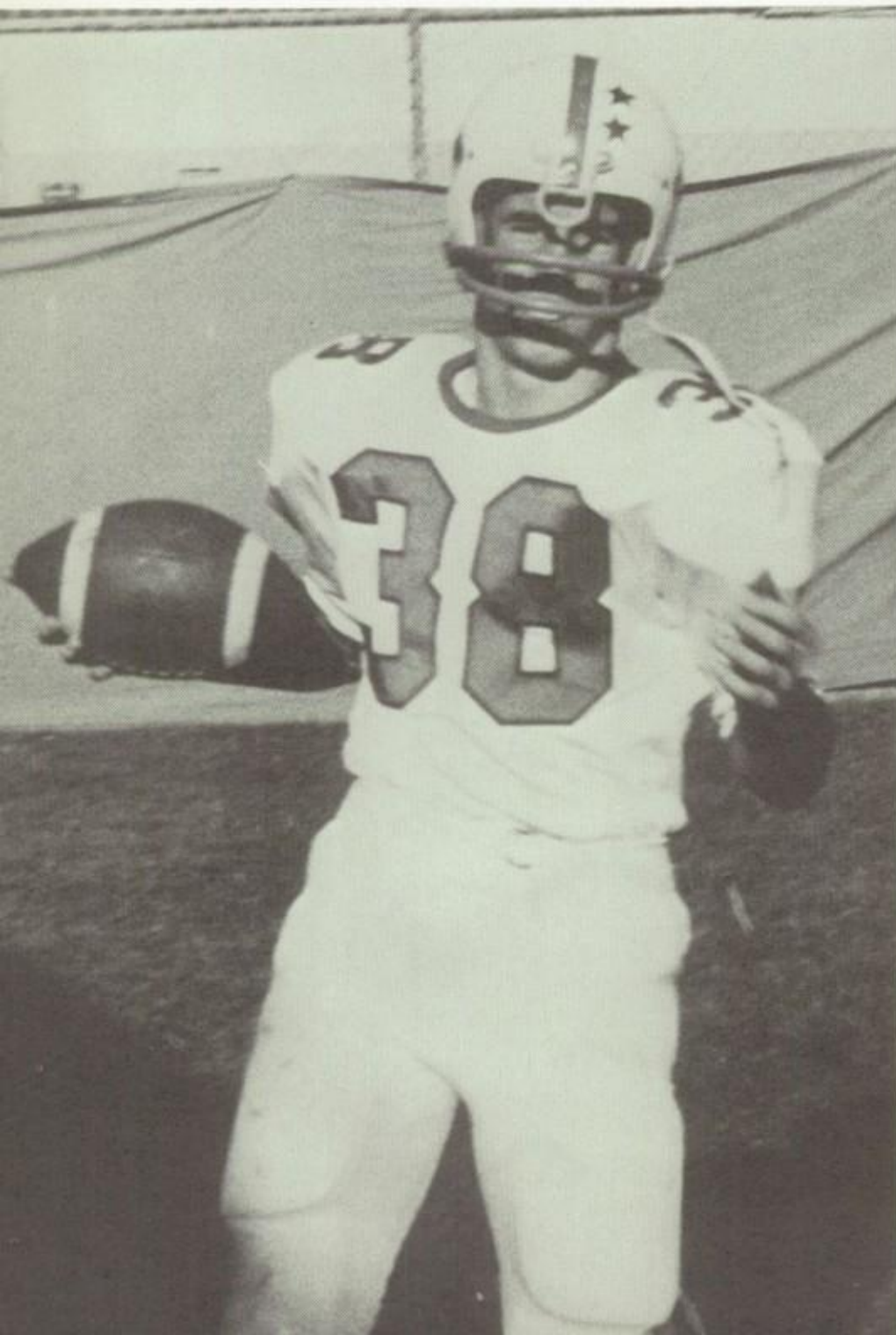


## Gary Millhouse Was One

of the biggest reasons for the Pirate's success this year. Gary was honored upon completion of the season by being selected to the A.C.A.L. All League team on both offense and defense. He made these comments about this year's Varsity squad:

"I think our team played far beyond what was expected of us this season. When the going got rough we were able to stick it out, although we didn't always come out on top. This is a quality taught to me in football and I hope it will remain with me throughout life. If one is able to hang on when the going gets rough he will always succeed."

Gary Millhouse reflects the mood of pre-game warmup.



Brad Cooper eludes an Encinal tackler.

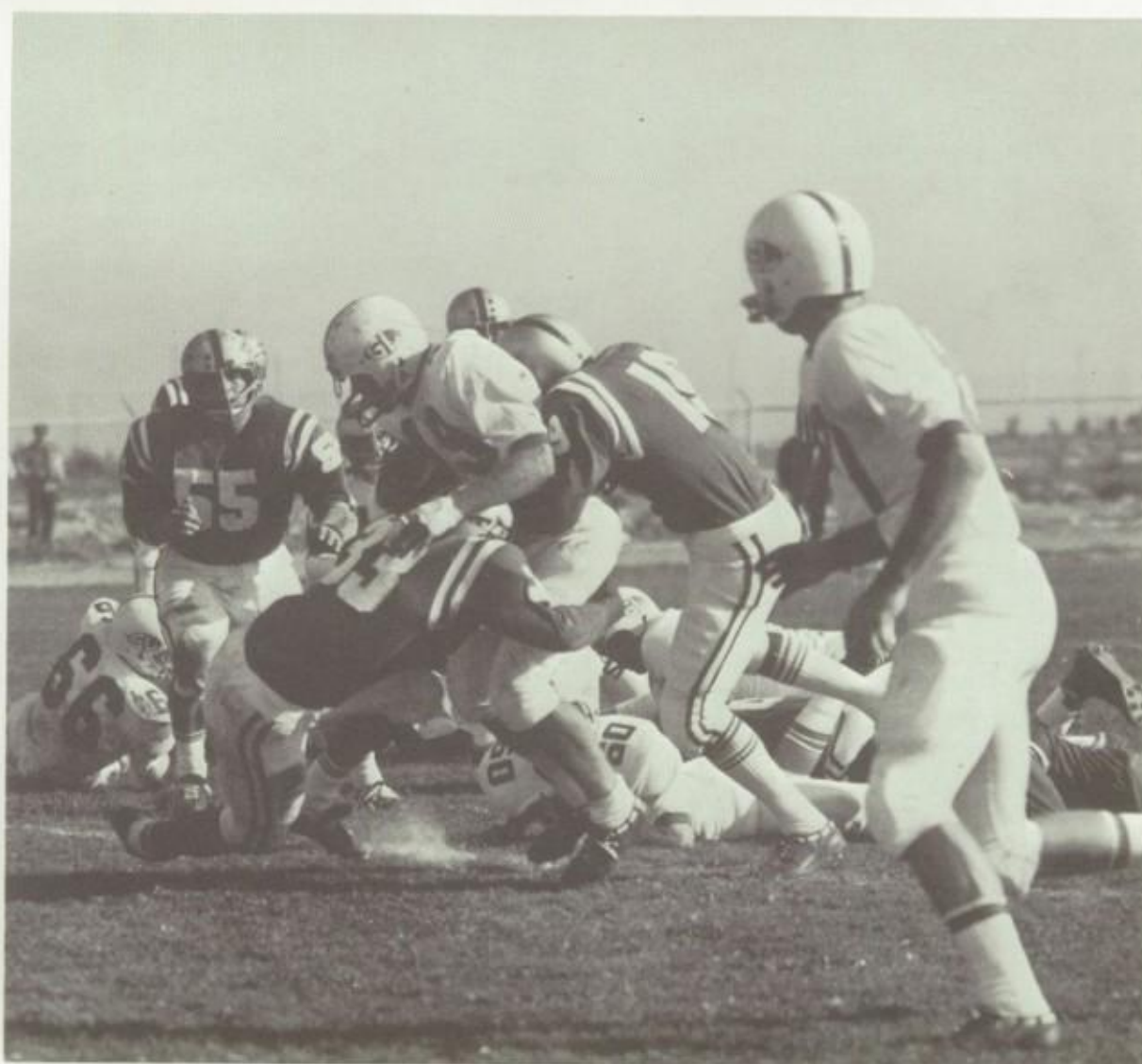
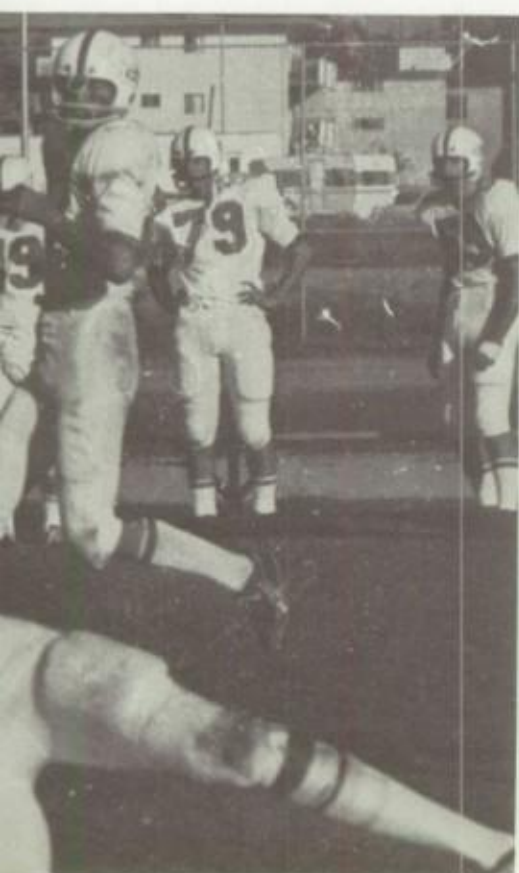
George Ondeck is hauled down as his teammates anxiously look on.







Above: Millhouse and company on way to  
 long Pirate gainer. Lower right: George  
 deck hammers viciously through the  
 cinal line.

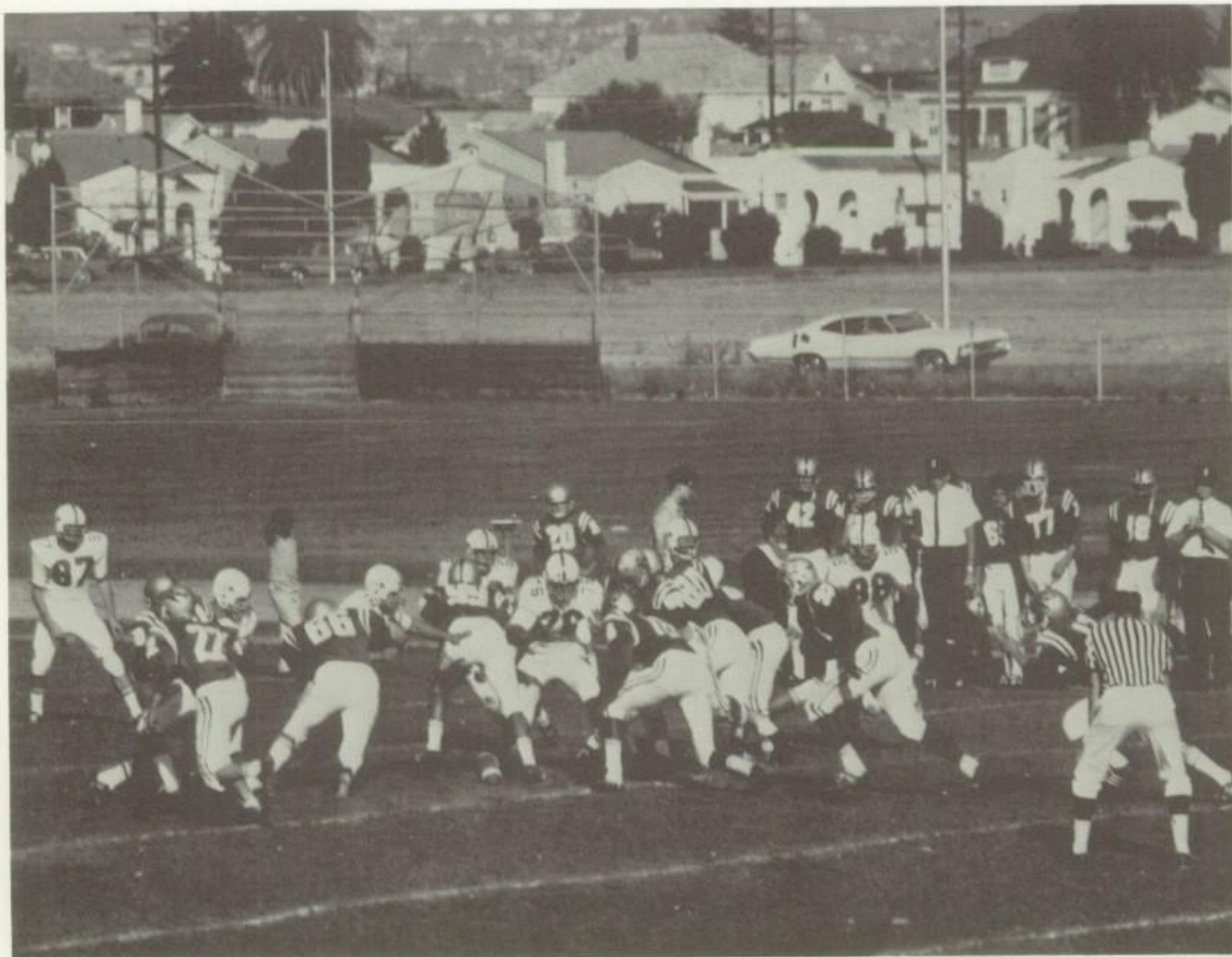




**Several members of** this year's Varsity were honored by being selected to the All-ACAL Football Team. Gary Millhouse headed the list by being named to both offensive and defensive first teams. Ken Costa was chosen as an All-League linebacker, and was placed on the second team offense as a guard. George Ondeck, who was injured for most of the season, still managed to make both the offensive and defensive second team. Also receiving Honorable Mention were Ken Young, Charlie Simpson, Brad Cooper, and Don Rodriguez.



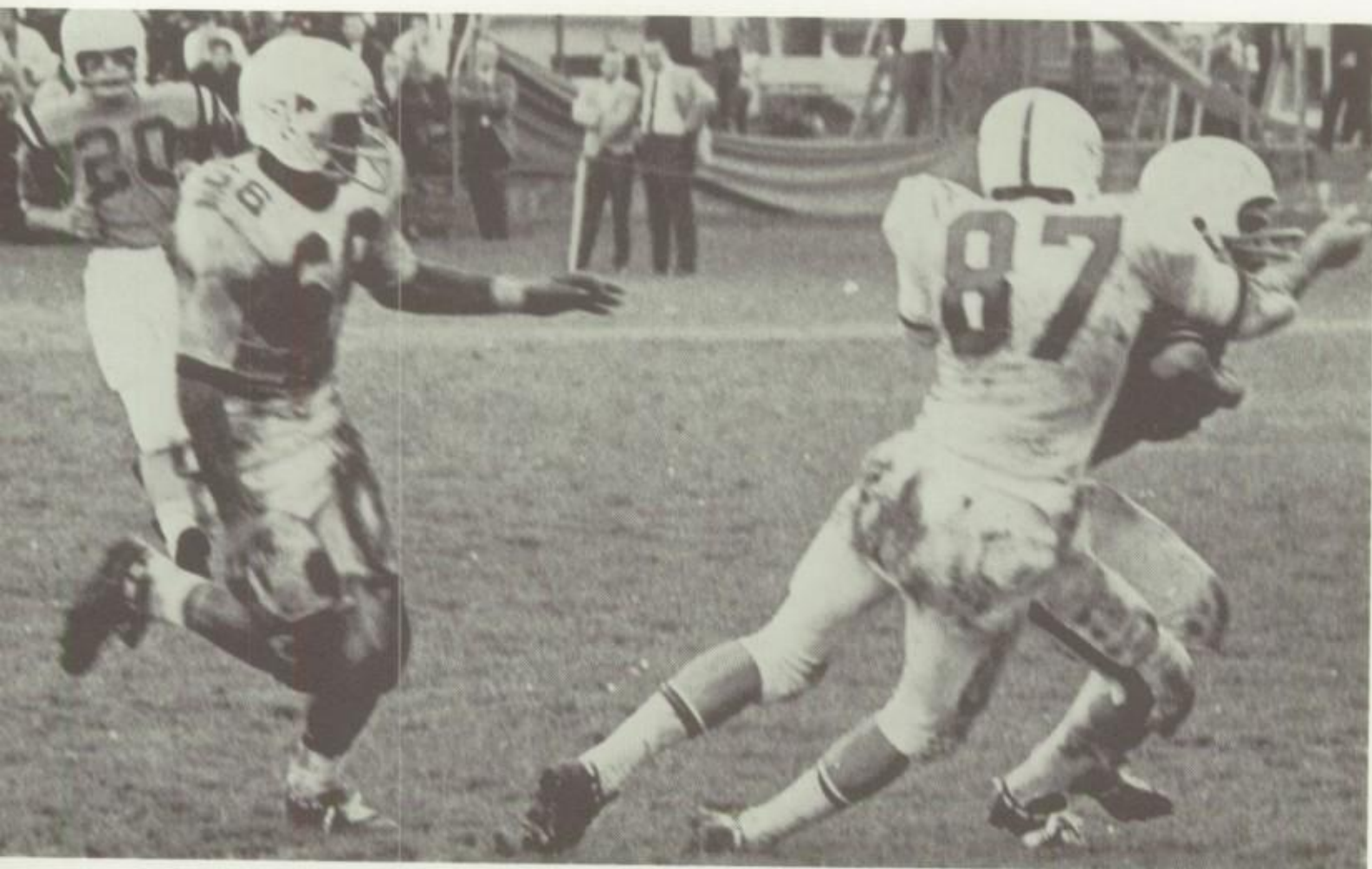
"Skeeter" Millhouse expresses the agony of defeat.



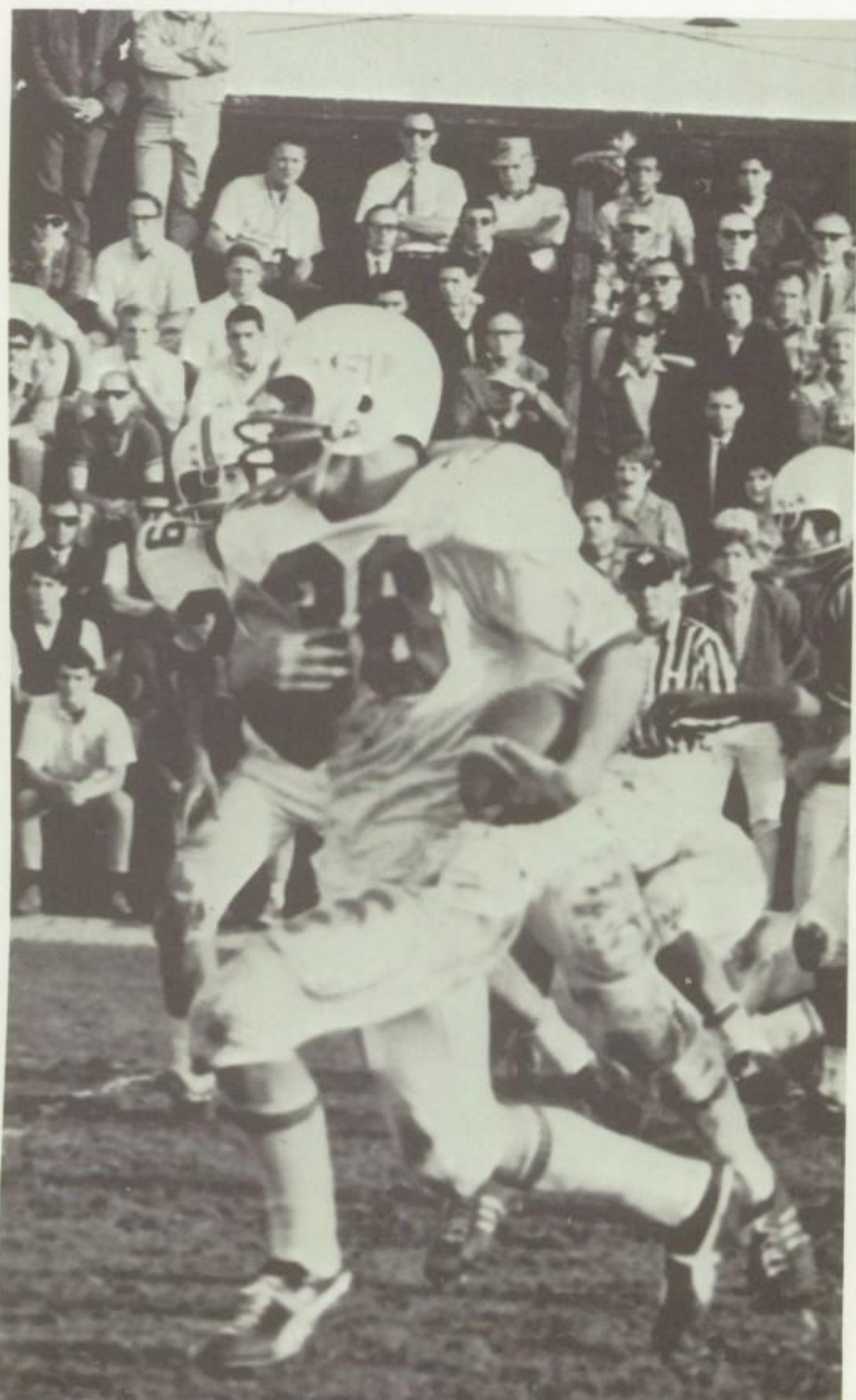
The Pirate defense prepares to stop the oppositions onrush.







Top: Doak Jones drags down an opposing runner as Ken Costa moves to lend assistance. Bottom: The Bucs move in on a hapless Encinal. Bottom right: Gary Millhouse turns on the speed for extra yardage.



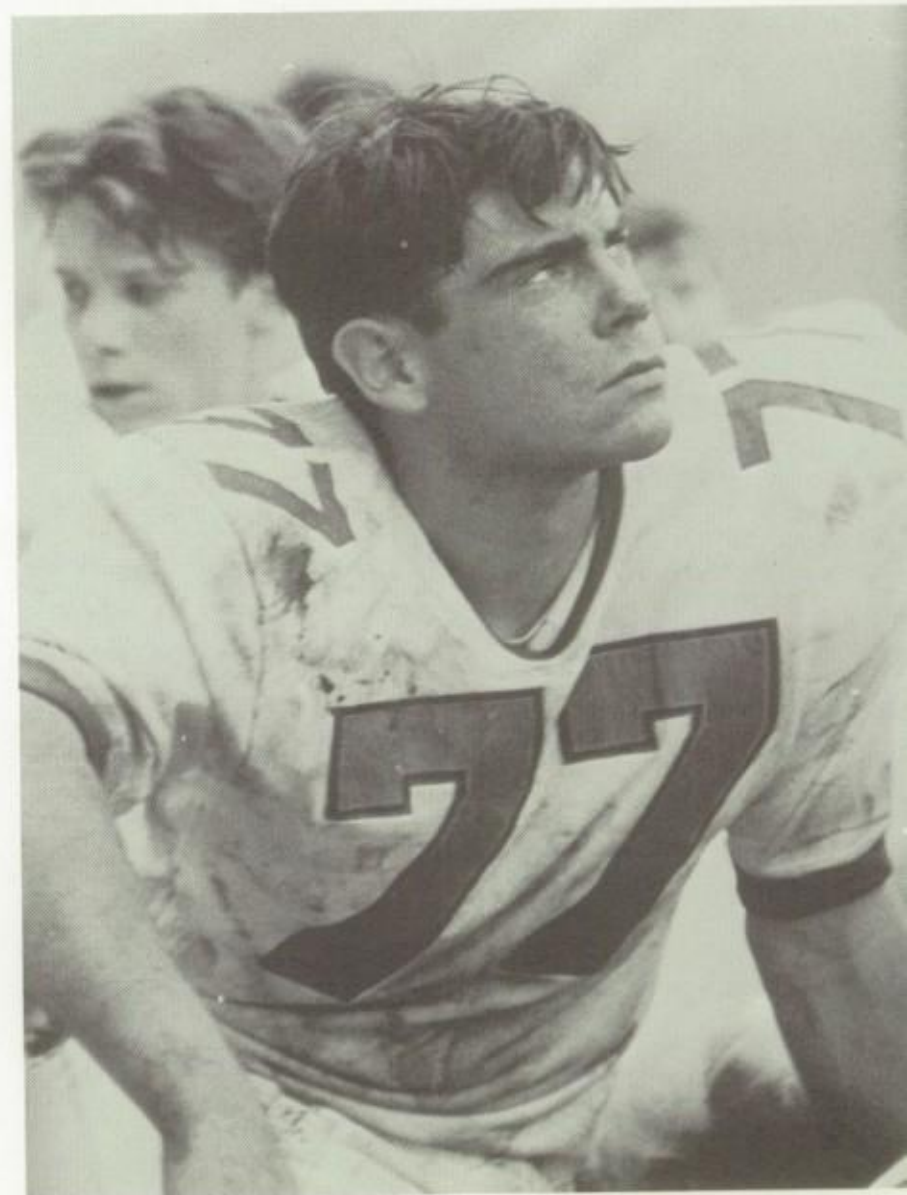


### **Ken Costa, Linebacker. . . .**

"Football is a game that requires a great amount of physical and mental preparation. Before each game, I try to get myself mentally ready to kill someone. It's the instinct that keeps me up throughout the game and enables me to perform at my best."

### **Ken Young, Tackle. . . .**

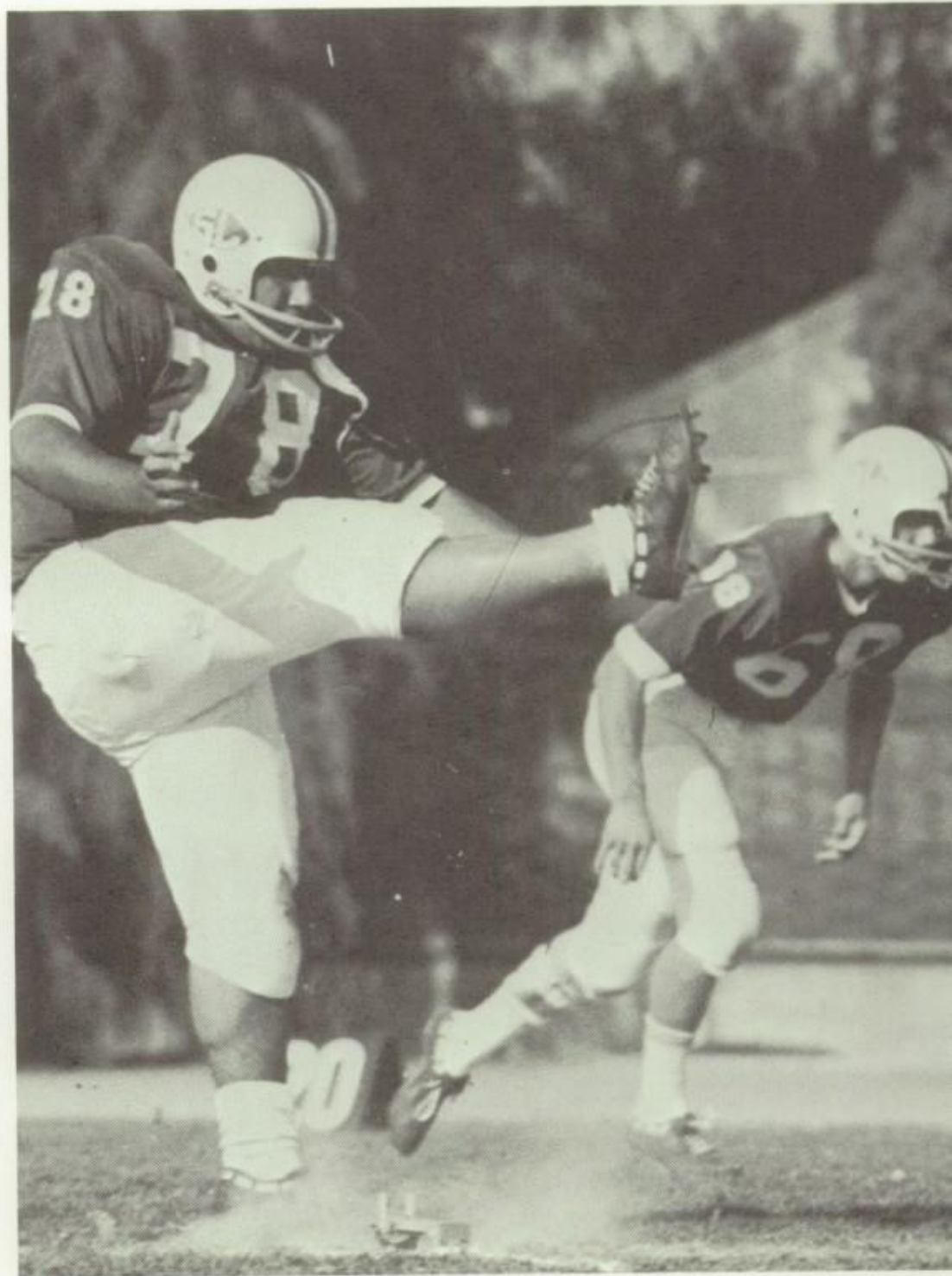
I think our team played far beyond the expectations of the coaches. We had many outstanding players who played along with a fine team all working together. Football is a game of glory and heartbreak. Our team has experienced both.











Mike DeSa receives instructions from the coaches and carries them out in the second half kickoff.

The J.V. team. Top Row L to R: Don Sotelo, Bob Talbot, Mike Aranaydo, Chris Reynolds, Gary Peirce, Bob Battinich, Dennis Pring, Dave Seyman, Steve Camp, Gary McCaffrey. Bottom Row, Dave Bednar, Ron Lagorio, Dennis Fascilla, Steve DeMotto, Mark Corti, Doug Clarke, Mike DeSa, Dennis Konecky.







The J.V.'s move in on a loose ball.

**J.V.'s Sparked Spirit** as they posted a fine 6-3 record, and revealed many prospects for next year's Varsity team. Coaches Bob Hidago and Ken Miller worked hard throughout the fall months in an attempt to prepare their players for Varsity action. In their first game of the season, the JV's met Kennedy and were defeated 25-13. Following their opening defeat, the Junior Varsity roared back for five consecutive victories. They met defeat only two more times in the season, and in their final game whipped Berkeley 12-6 in the mud. Hard work and determination throughout the year aided the Junior Varsity in their successful season and should provide another league contender next year.

PIRATES	13	Kennedy	25
PIRATES	32	Pinole Valley	12
PIRATES	7	Pacific	6
PIRATES	13	Richmond	12
PIRATES	26	Encinal	0
PIRATES	27	DeAnza	6
PIRATES	12	El Cerrito	19
PIRATES	6	Alameda	7
PIRATES	12	Berkeley	6

Dennis Fascilla is dragged down after a long gainer.



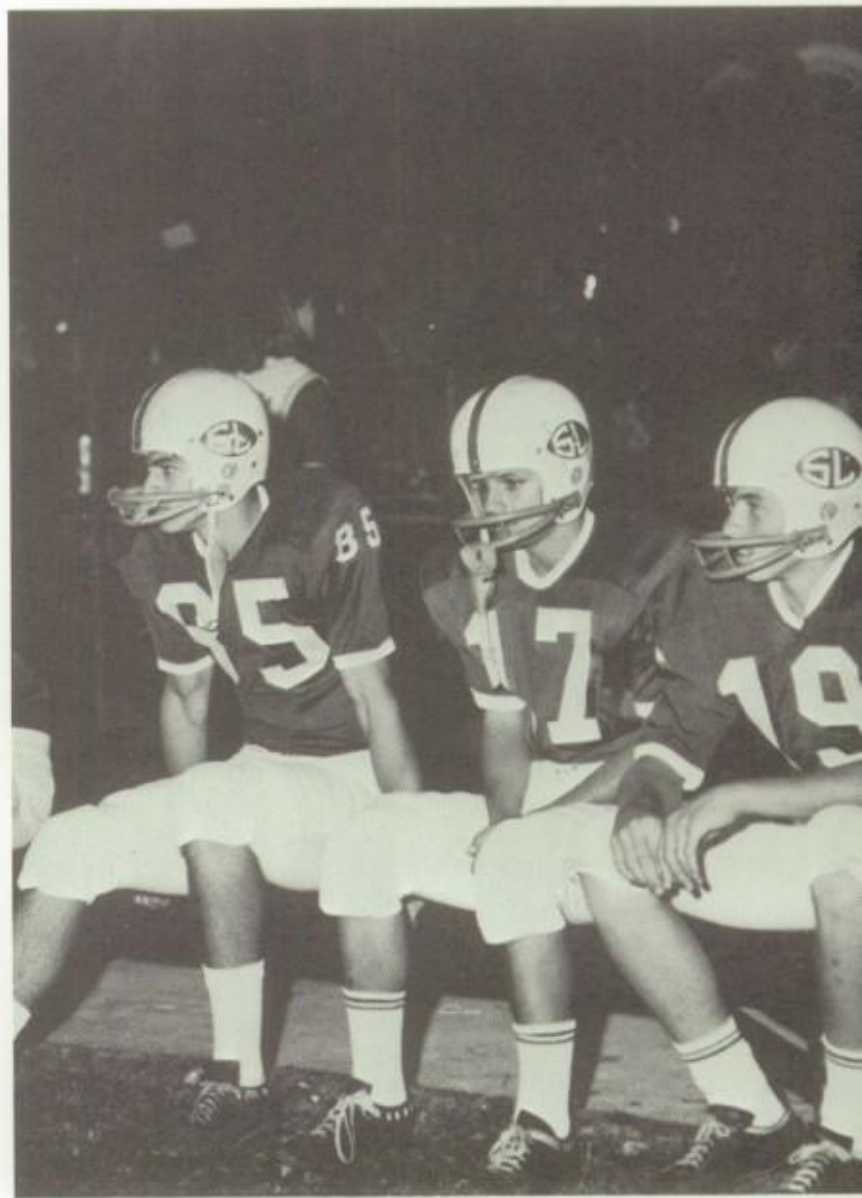
Dennis Konecky and Ken Wosinac show the scars of battle.





## Soph Pirates Go: 6-3

for the season, preparing them for the varsity squad in '71. To get a first hand account of the team's action, we asked Tom O'Neill, one of S.L.'s best sophomore ball players to comment on the '68 season: "As far as the season is concerned, I felt we did a real good job. We played a lot of hard teams and held up fine. The coaches put in a lot of men in each game and everybody got some good experience. I feel our Junior Varsity team will be better and our Varsity team will be the best yet. We had good teamwork and good coaching, and that's just about all you can ask for."



Bottom row: Ron Camp, Jim Keating, Tony Riley, Bill Lopichuck, Rodger Fraga, Stan Nunes, Jay Christensen, Roxy Moran, John Stephens, Larry Cohn, Steve Andradi, Larry Roganzano, Gary Antone, Carlos Valencia, Coach Daily. 2nd row: Coach Munoz, Jeff Gisini, Bill Garcia, Jeff Enos, Rich Ellis, Ben Garcia, Lyal Stepman, Gerald Minion, Dave Dixon, Bill Rsoto, Ralph Volpe, John Sofranac. 3rd row: Dave Frey, Bill Lopachuck, Jerry Davelin, Tom O'Neill, Jim Atkins, Ken Wosinac, Tom Shaw, Louie Arsenes, Curt Carter, Dean Barnett, Jim Miles, Paul Franciscini, Kim Knowland, Jerry Golz, Bill Stien. Top row: Brian Kelly, Rick Abate, Jim Fanjul, Chris Hartman, Jim Wooley, Dave Morford, Tim Scarbrough, Ed Childe.

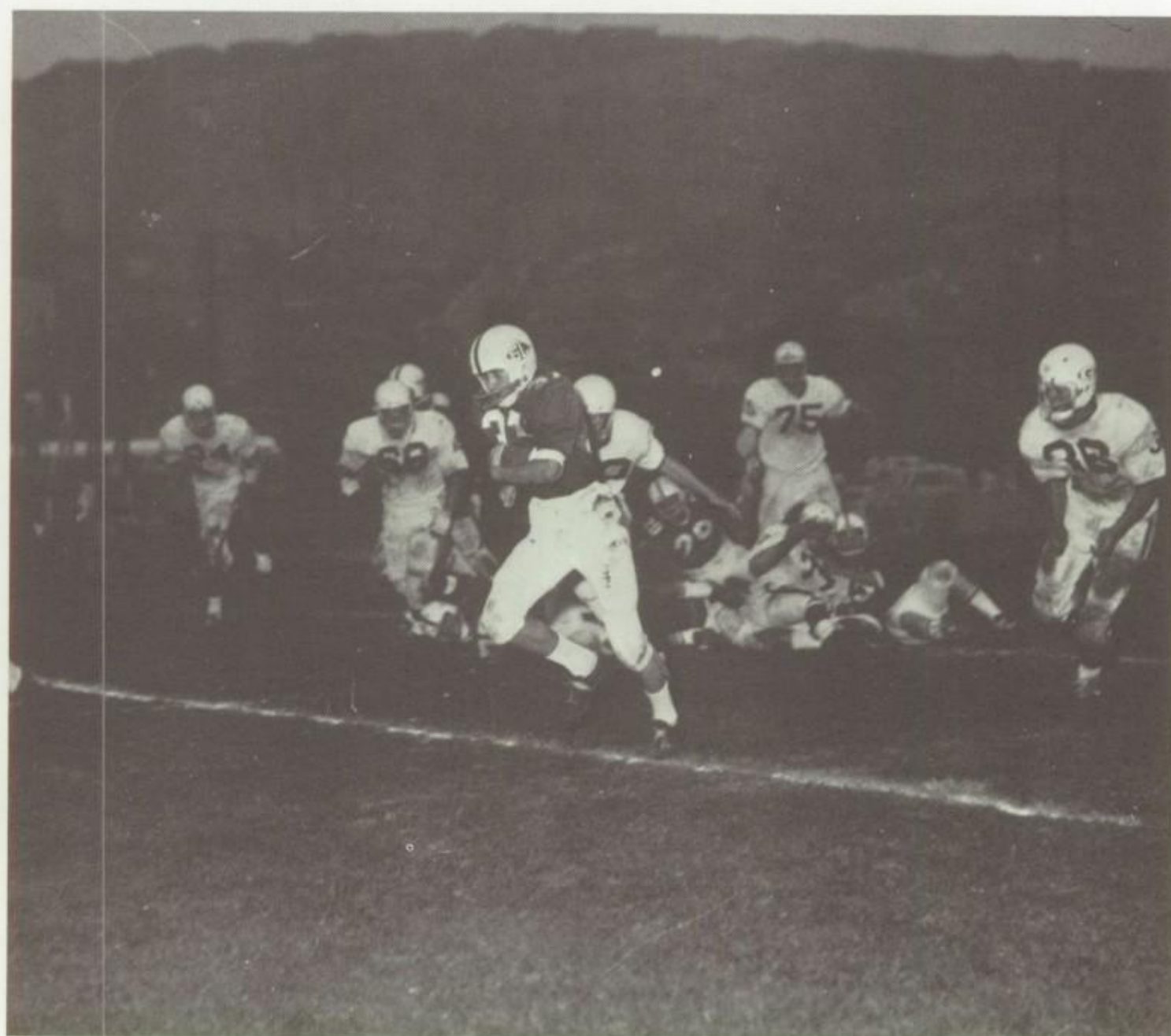




## 1968 San Leandro High Sophomore Team Scores

John F. Kennedy	0- 6
Pinole Valley	27- 0
Pacific	13-12
Richmond	20- 6
Encinal	32-12
DeAnza	46- 6
El Cerrito	19-27
Alameda	20- 7
Berkeley	7-20

Far left: Jim Wooley, John Sofranac, and Jim Atkins take a break to see their fellow team-mates in action. Below: Ken Wosinac breaks away from an opponent's defensive line. Left: John Sofranac eludes a tackler.





## San Leandro Striders

are alone in their work. There are no crowds to cheer them on, only their teammates and the sound of their own straining breath. The San Leandro Cross Country team is made up of athletes who work hard and take their sport seriously. They have an extremely hard and time-consuming training program of before and after school workouts. Sometime, if you're up early, look out your window, you might see a member of the team. At the close of the season, San Leandro placed sixth in the A.C.A.A. championships. Pictured below are some shots from some cross country meets.



Right, Ken Saylor. Upper left, Jerry De Vore.  
Lower left, Don Filteau.



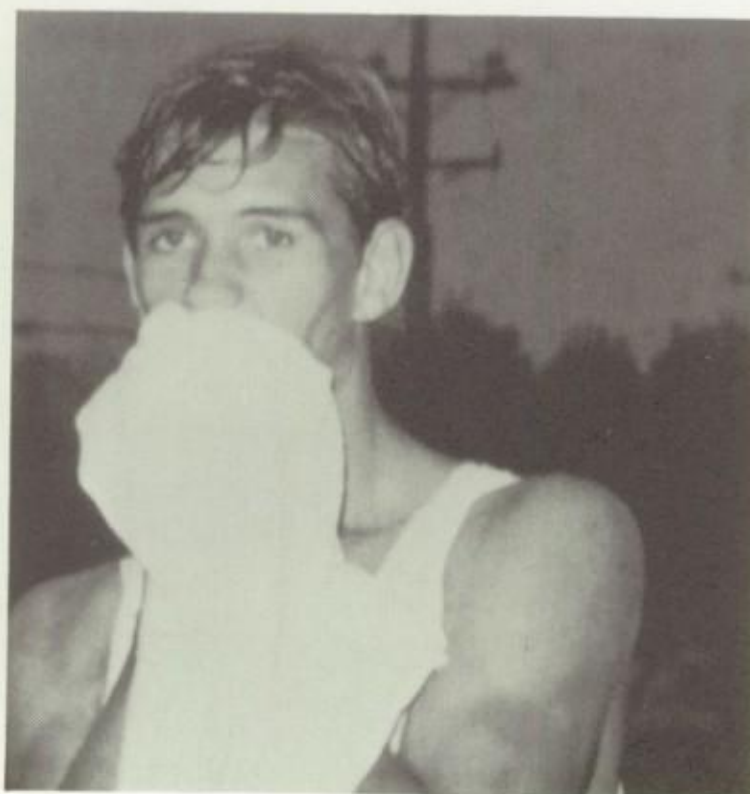
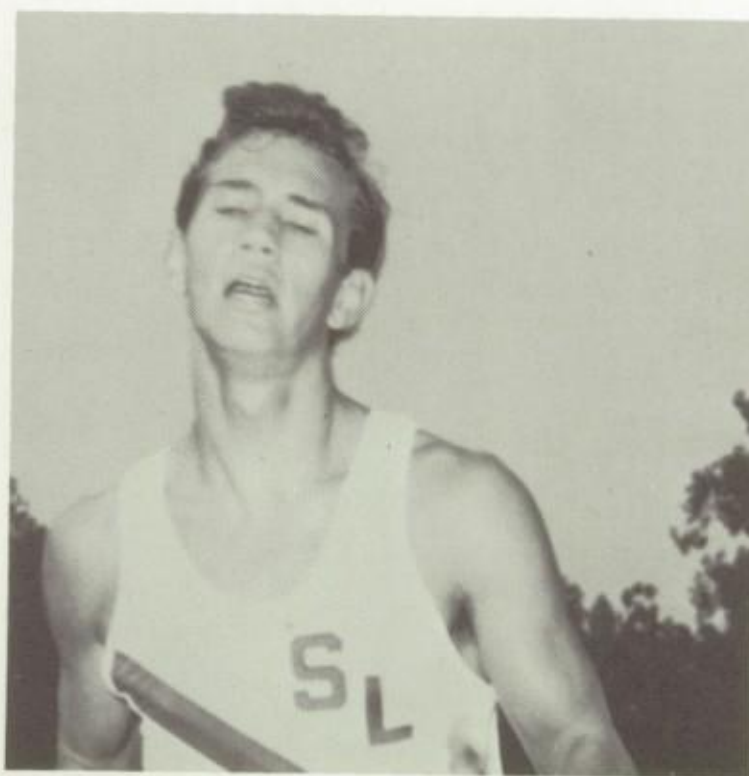




San Leandro Junior Varsity Team, L to R: Ken Vargas, Don Pepper, Bruce Pipenburg, Kurt Miyamura, Tim Au Young, Craig Noble, Gerry Malsbury, Jack Spruance, Bob Strong, Manuel Enos, Rudy Costa, Bob Osias, Gary Zimmerman, and Coach Ed Collins.



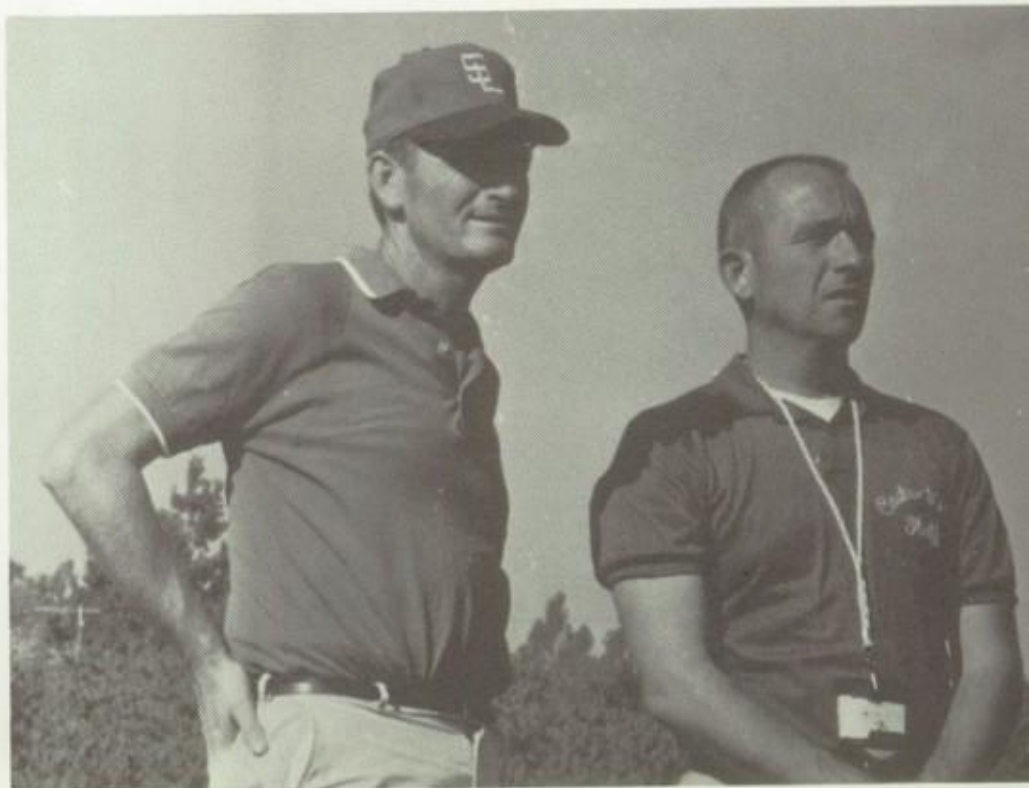
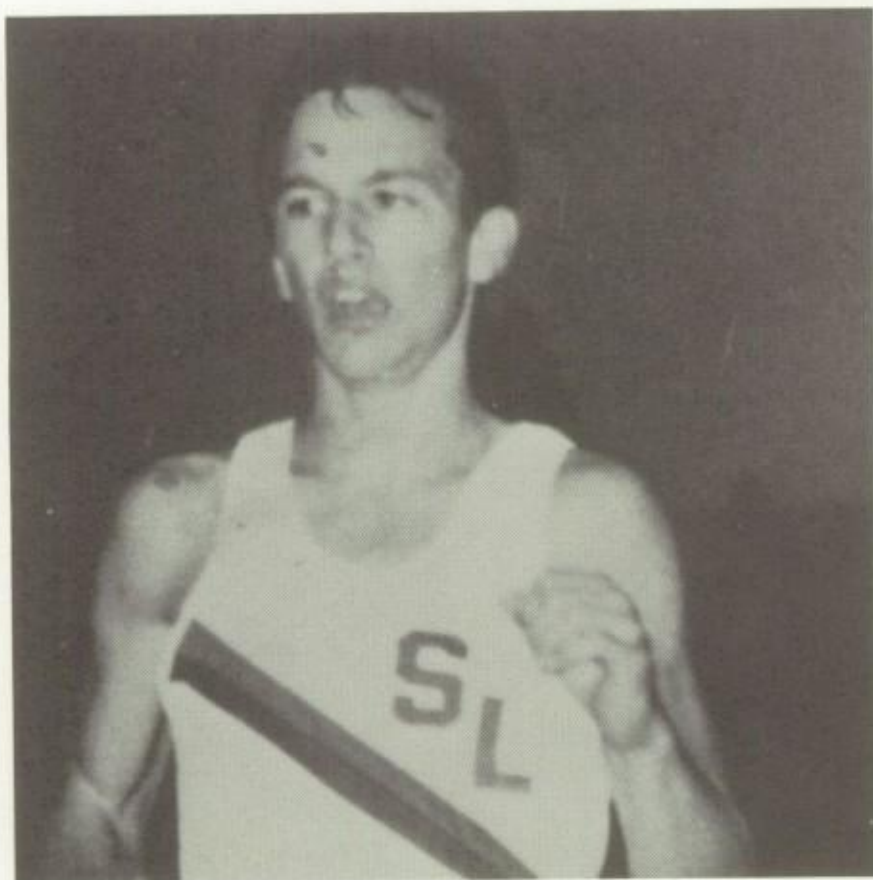
Postma, San Leandro's number one runner, is shown above in a three picture sequence during one of his meets.





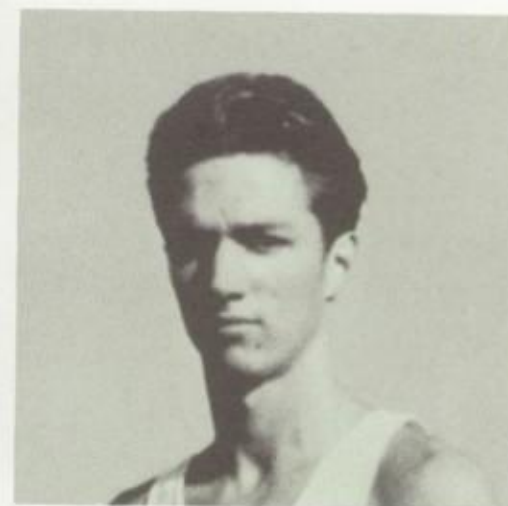
## Ten Top Runners . . .

make up San Leandro High School's varsity Cross Country squad, and any boy is eligible to try out. All it takes is a love of running, a lot of willpower, and about three hours a day before and after school practices. When the team wins it is due to the many talents of Coach Collins. The Cross Country competition consists of tiring two mile runs. When asked about his sport, Rich Postma (the Pirate's number one runner) said "The real running starts after you start to ache." He also added that if Cross Country was to have a motto it would be "Pain is fun".



Above, Dennis McSweeney hustles to the finish line. Upper left, Jerry DeVore gets his leg checked for breaks. Upper right, Emil Abate edges up on a Berkely runner. Lower right, Coach Collins talks to the Castro Valley coach about the meet.





Left, Emil Abate. Center, Rich Postma. Right, Don Filteau.



to R: Emil Abate, Steve Tyler, Ken Humphries, Loren Brown, Dennis McSweeney, Ken Saylor, Rich Coats, Don Filteau, Jerry DeVore, Rick Postma, Coach Collins.



## The 1969 Basketball

Season was a time of great disappointment and unfulfilled destiny. During the pre-season the team developed into one of the strongest in San Leandro's history. However, just before league competition began a crisis arose in which Coach Ed Collins was forced to resign, and one of the team's finest guards, Rick Trujillo, was declared ineligible. Forced to rebuild in the midst of competition the team faltered and was unable to regain its early expectations. Special recognition must be given to Mr. Daley for his fine job upon taking the position of coach. He was placed in extremely unfavorable conditions, yet was able to do a fine job. The team's continued spirit was an example of their never-die attitude. Their competitiveness lasted throughout the entire season. They never gave up. This is the sign of a great team.



Brad Cooper maneuvers between the opposition for two.

Varsity team of 1969. Back Row: (L to R) Lou Paulo, Ron Olivero, Chuck Volgesang, Robin Woolly, Mark Schmitt. Front Row: Jack Trujillo, Dave Bednar, Brad Cooper, Dave Kalinowski, Ron Lagorio.

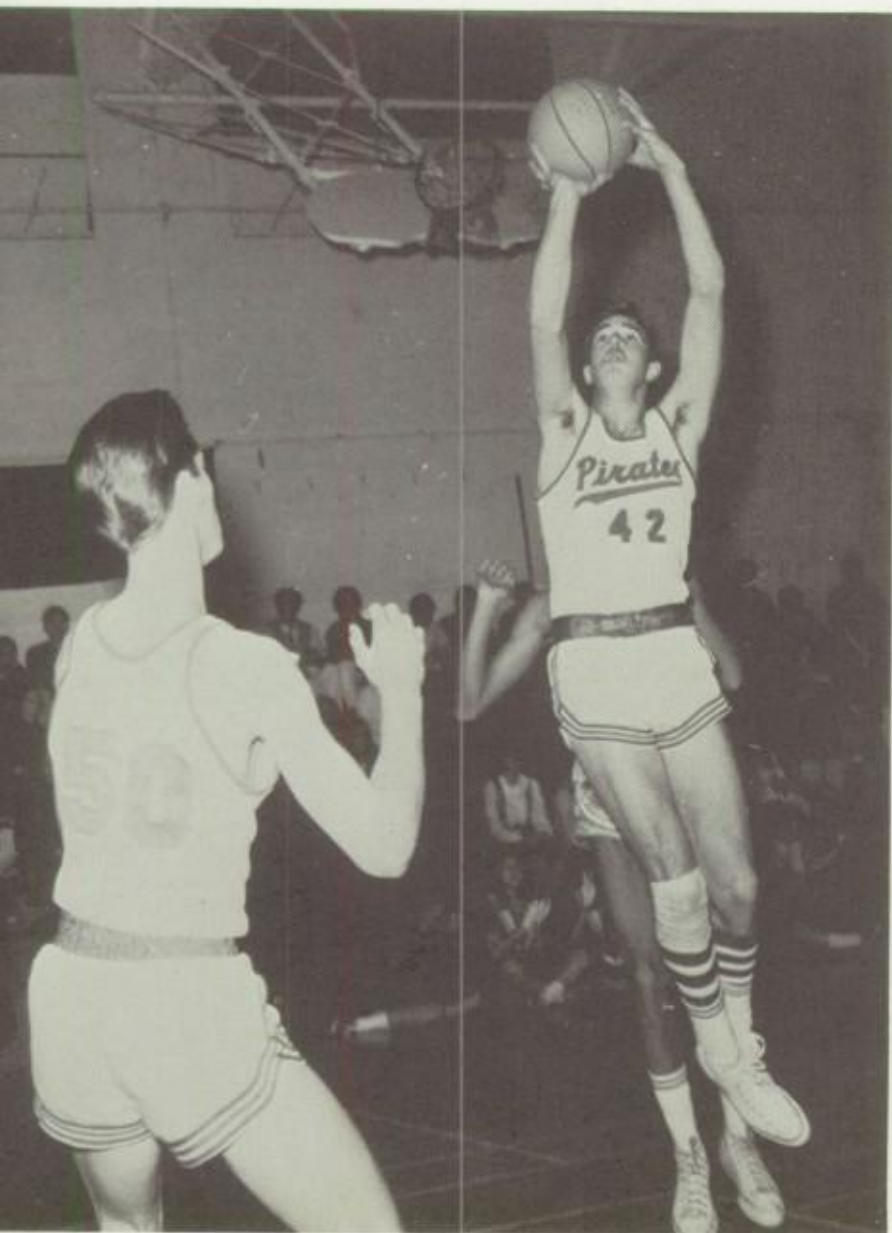




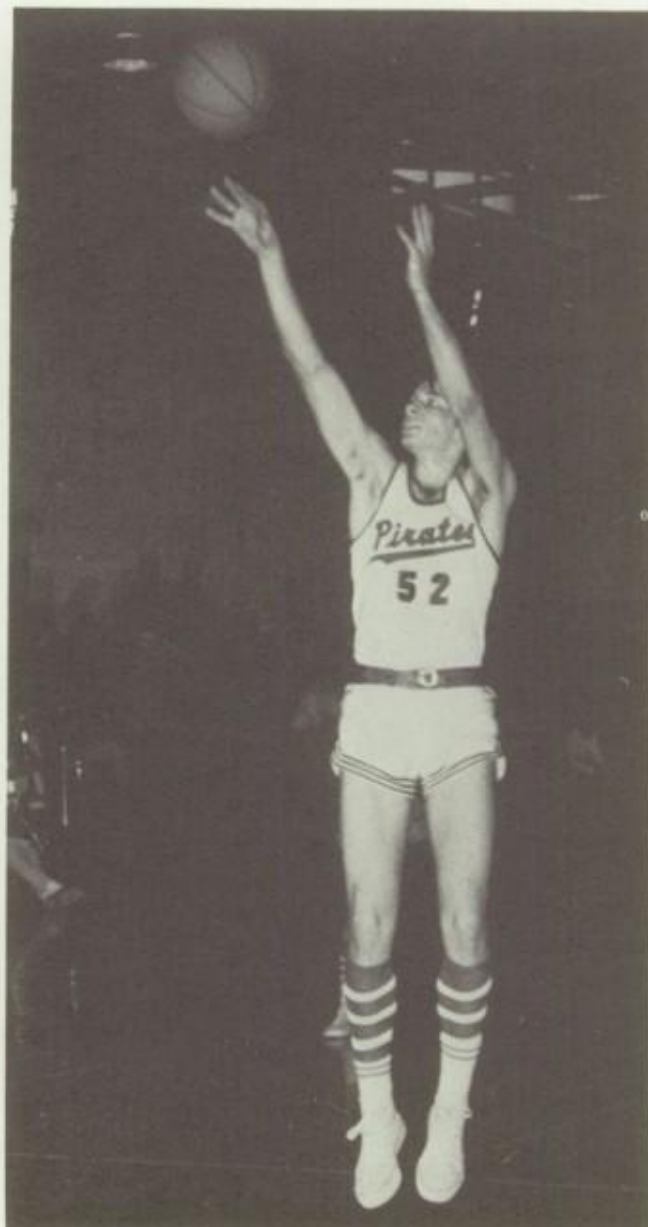
Starting Five: Lou Paulo, Brad Cooper, Ron Olivero, Chuck Volgesang, Dave Kalinowski.



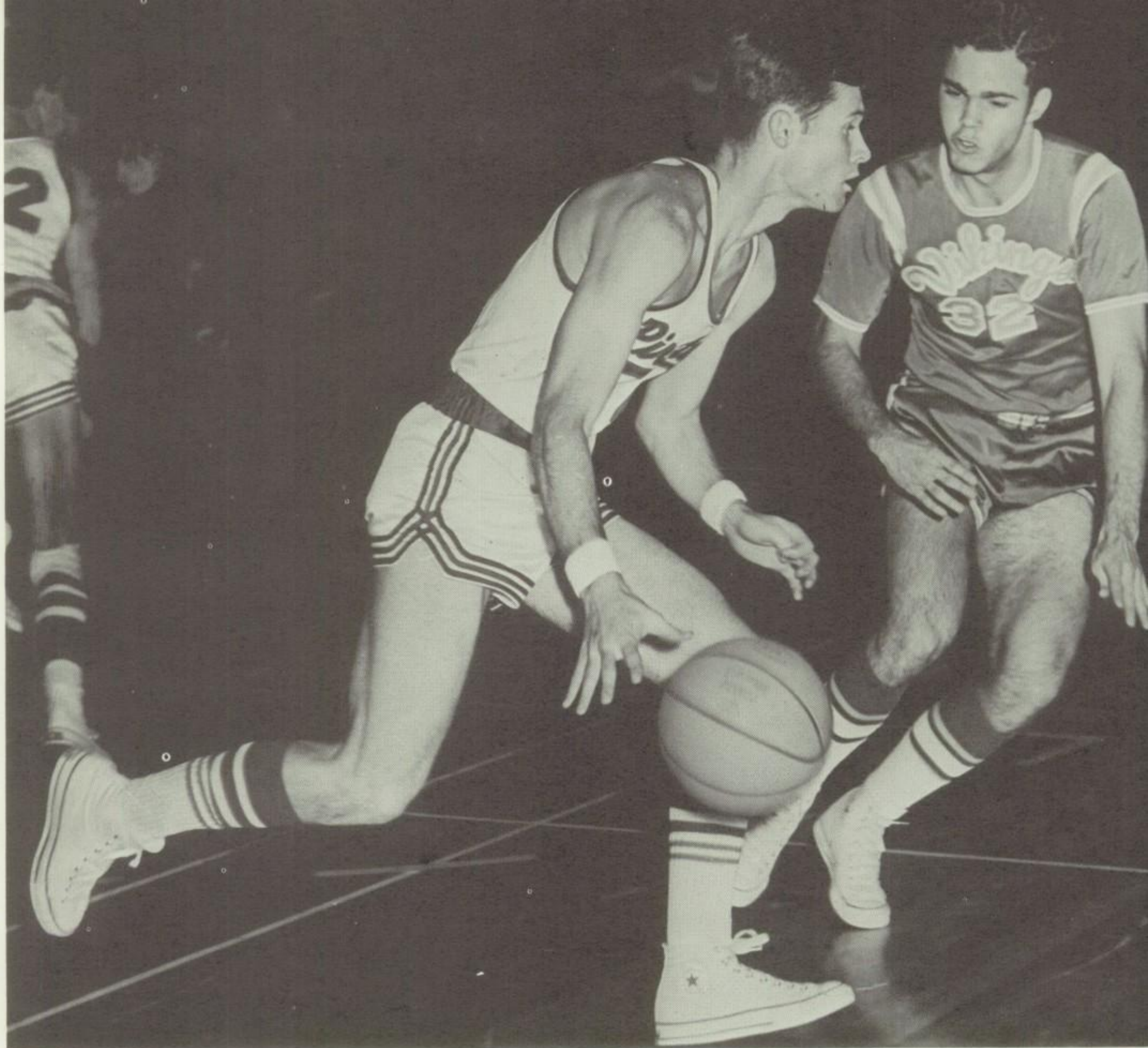
Ron Olivero flies unmolested to the bucket.



Chuck Volgesang pops a jumper.





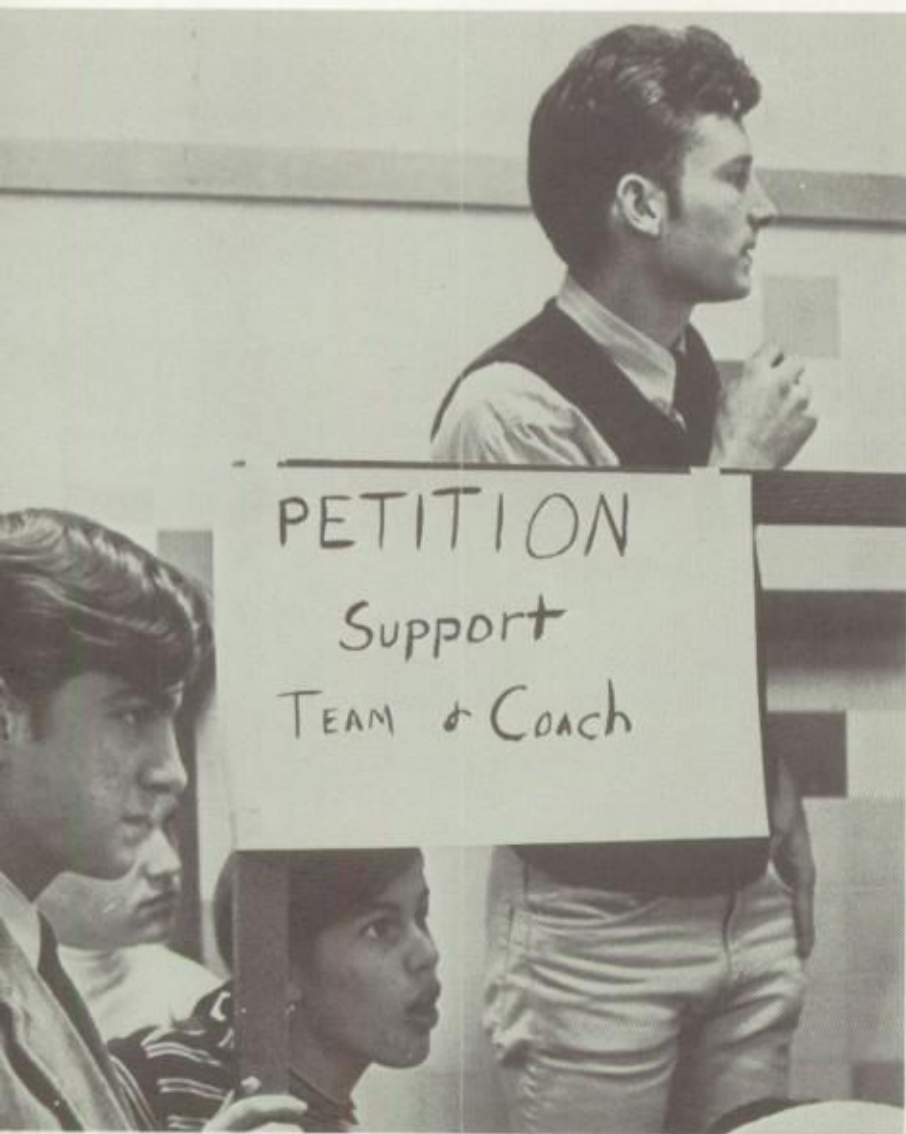


Rick Trujillo dribbles around a Viking cager.

**Mr.E.Collins** "I feel that it was extremely unfortunate that Rick was unable to finish his Senior season. I was really sorry that this whole predicament ever occurred. It ruined our chances of having a truly outstanding team and a really great season. After our victory in the Anderson Tournament our team had a feeling of unity; we all knew the squad could have a successful season if we all worked together. As it turned out we were never given a chance to prove ourselves as a team, yet each individual who had a part in our problem realized that if we had been given our chance, we could have gone all the way."

**Rick Trujillo** "I'm really sorry about the raw deal that Mr. Collins was given. I will always respect and admire him as a coach, a person, and a man. He was always behind me 100% even though there were times when I felt everything was lost. He never lost hope for me. It's too bad because we had a team that had the spirit and ballplayers that would have made San Leandro a basketball power here in the East Bay and now it all went down the drain. It seems that San Leandro never has a good basketball team, but this was gonna be a different year. Too bad it never happened."





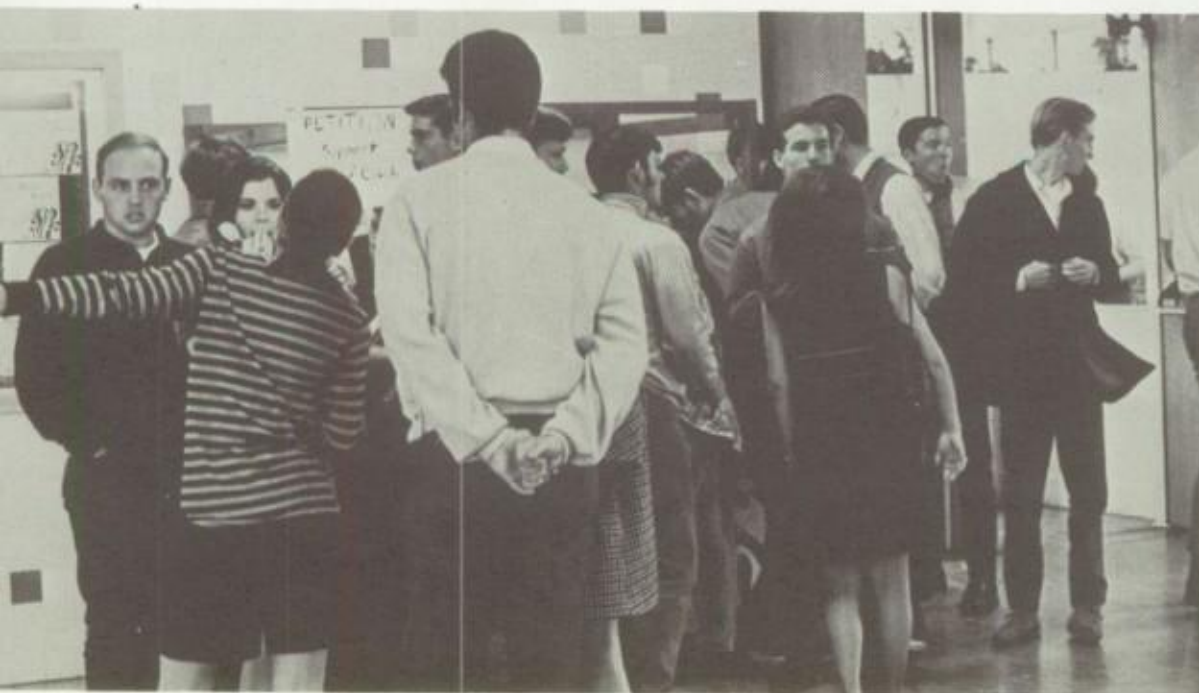
Chuck Vogelsang raises interest in the team's petition.

**A Crisis Involving** the eligibility of senior guard, Rick Trujillo, ruined San Leandro's chance of having a championship team. Rick had been declared ineligible for league play, but he was allowed to participate in the Anderson Basketball Tournament. Coach Collins had assumed that Rick would be eligible for the tournament as it did not involve league teams. Upon returning home it was discovered that Rick was not to have played in the tourney. Having played an ineligible player, the first-place trophy was forfeited, individual medals were taken away, and coach Collins was forced to resign as coach. Perhaps if Rick and Mr. Collins had been able to continue with the team San Leandro might have become a true basketball power.

Coach Ed Collins.



Students gather to express support for coach and team.







Ron Olivero attempts to out-jump a Viking cager.



Ron Lagorio streaks to the basket.

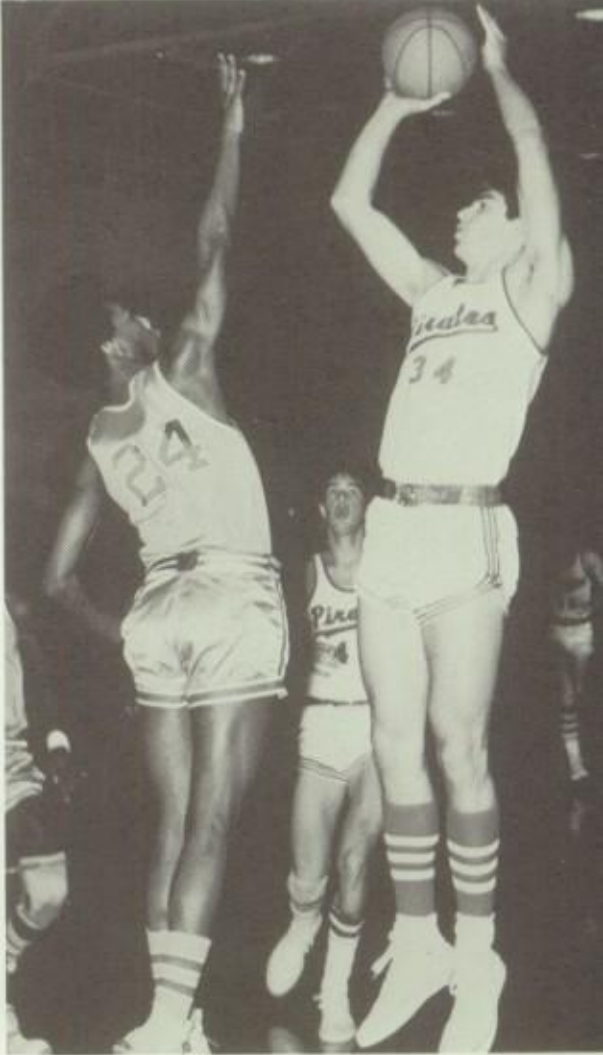
Dave Bednar sets-up the play.



Two more for Ron Olivero.



Jim Woolley goes up and over.





alinowski flips a shot.



Lou Paulo with a jumper.

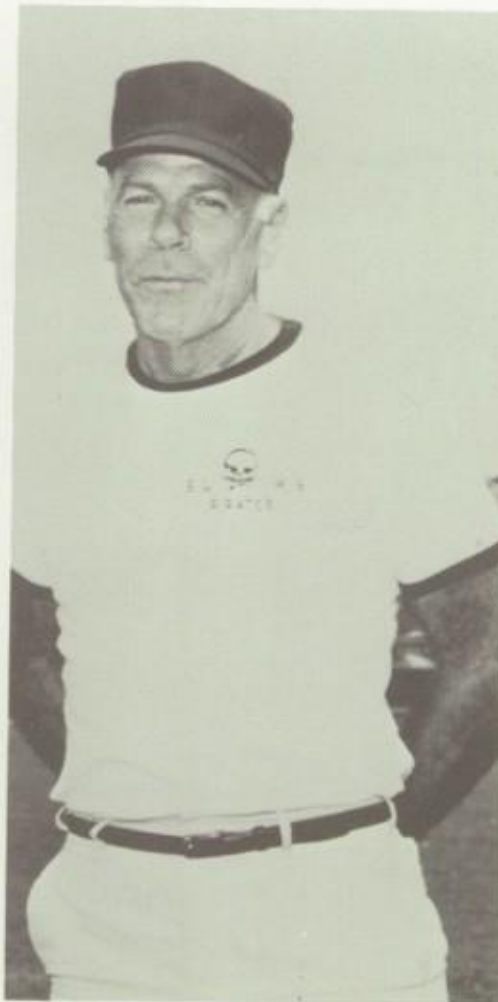


**Ron Olivero** "I owe my whole basketball career to one man, Mr. Ed Collins. Mr. Collins built the strongest basketball team ever seen at San Leandro High School. He spent a lot of time during the summer which he did on his own time. He also did alot of personal things for different ball players who had problems. He helped different players on our team to become better basketball players. This year, after winning the Anderson basketball tournament, which was the first tournament victory in San Leandro history, our team was ready to go out and try to get first place in the A.C.A.L. However, stricken by the loss of one of the best guards in the league, Rick Trujillo, and the loss of Coach Collins, our team was down. We had to use a lot of Junior Varsity and Sophomore material which hurt us because of inexperience. It wasn't the juniors' and sophomores' fault we had a bad season, they didn't have the experience to do the job of a senior or a good junior. The team would like to thank the faculty and student body for backing our team, and we'd like to give special thanks to Mr. Daley for being our coach after Mr. Collins resigned."

ad Cooper beats the opposition for two points.



Coach Daley.



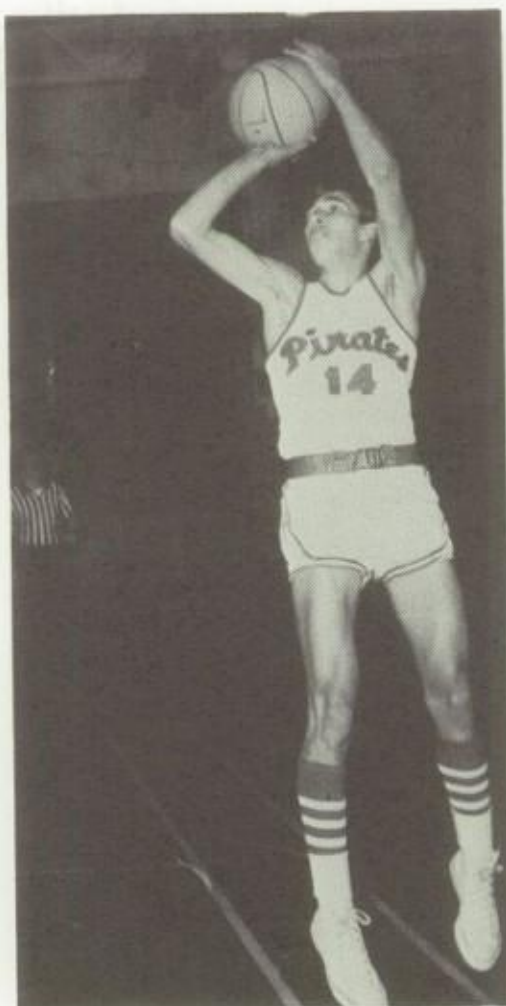




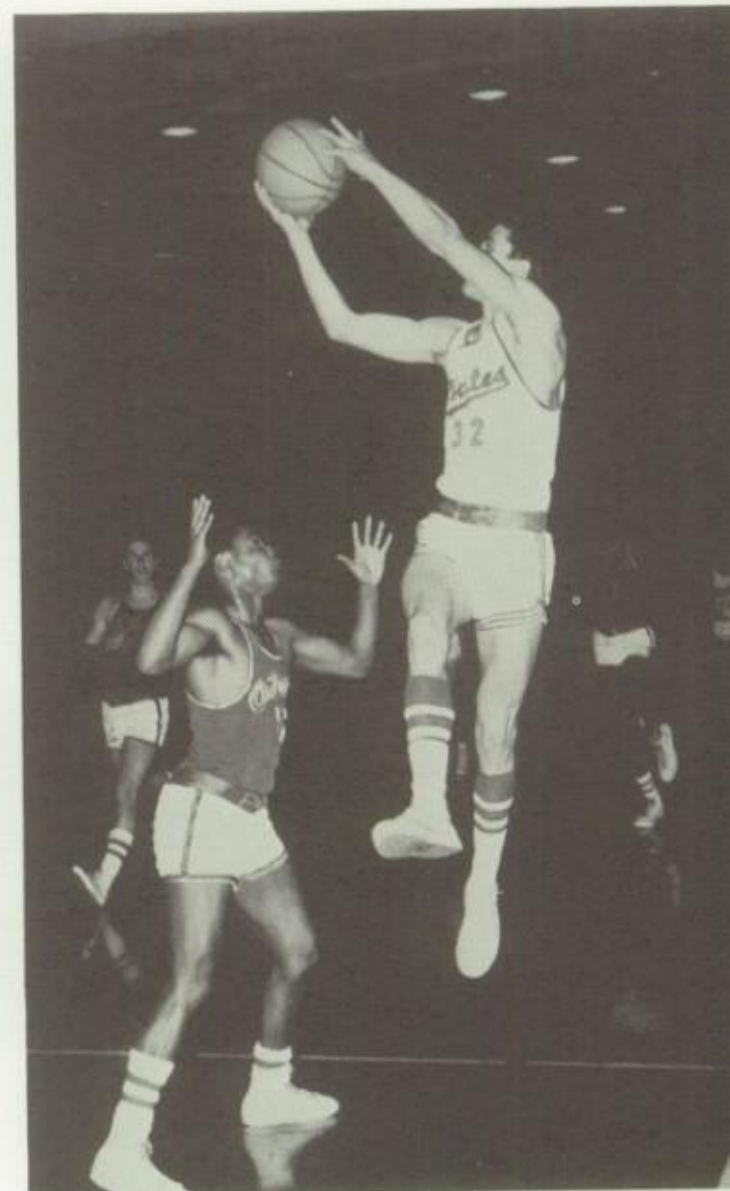
The J. V. team: Back Row L to R: Bob Talbot, Don Sotelo, Dave Seymon, Steve Schmidt, Chris Hartman. Front Row : Gil Serrano, Rudy Costa.



Dave Seymon drives for two.

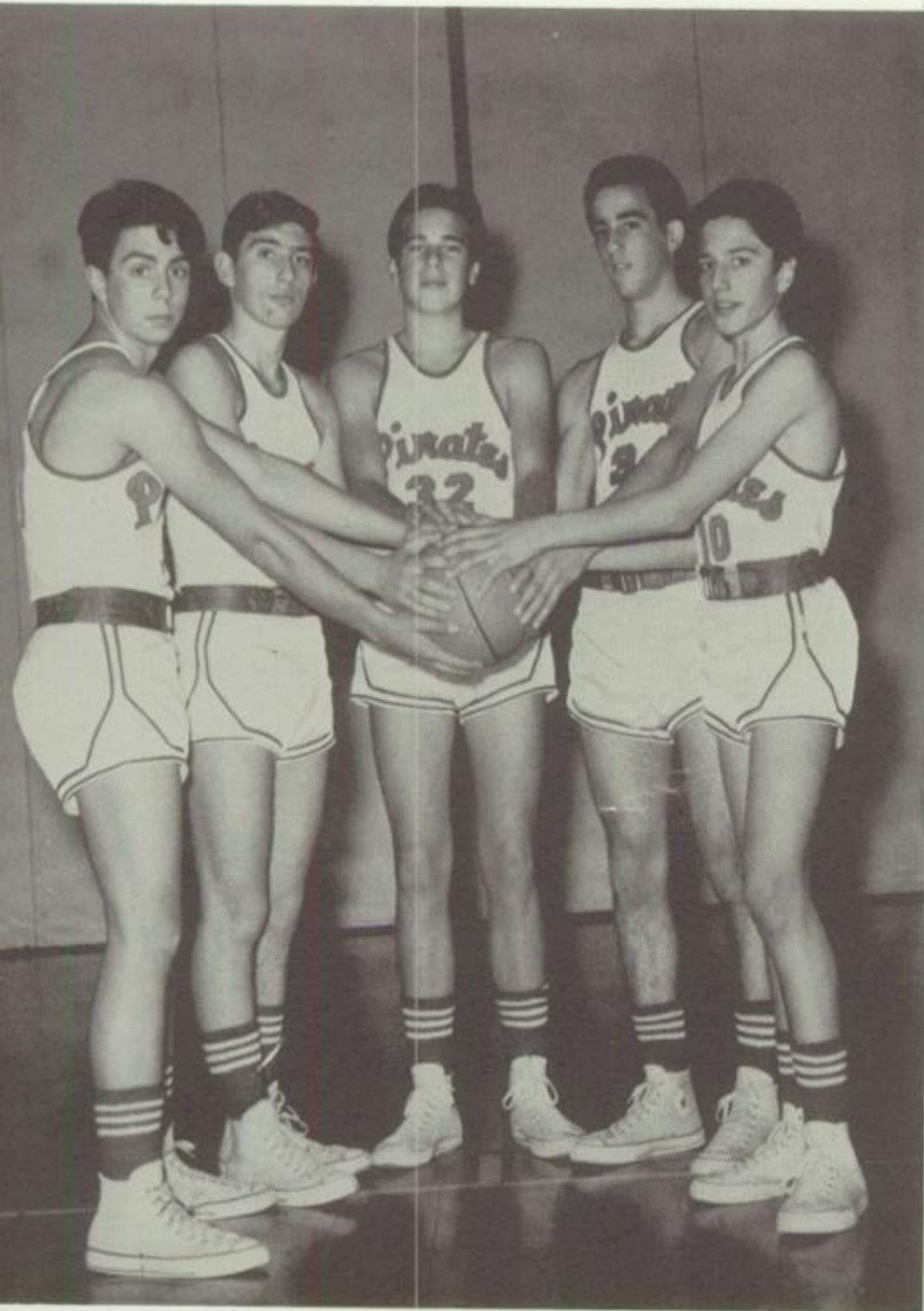


Don Sotelo swishes another.



Gary McCaffery muscles a shot.





The starting five: Ralph Volpe, Bill Stein, Gary Olivero, Rick Ackle, Randy Figueria.

**This Year's Juniors** Varsity and Sophomore basketball teams worked diligently throughout the season in an effort to prepare players for future varsity action. Although their individual records were not outstanding, both teams provided several promising prospects for the next year's team. The sophomores, under the direction of Coach John Garcia, spent many hours learning the basic fundamentals so vital to a successful team. Working along with the Junior Varsity, coached by Ben Shoram, the two teams battled together to aid the Varsity of future years.



Coach Garcia displays his skill.

The Sophomore team: Back row L. to R.: Ed Childe, manager, Don Kappler, Gary Olivero, Ed Morjig, Steve Patchin, Rick Ackel, Coach Garcia. Bottom row: Ralph Volpe, Keith Zimmerling, Randy Figueria, Bill Stein.







The Varsity team, Front Row, L to R: Bob Favilla, Ken Gibson, Larry Souza, Dave Ferreria, Larry Cohn, Augie Covarelli, Rich Silva, Pete Bierwith, Dwaine Montes, Ed Zappitini. Back Row: Rod Dukleth, Tom Boscow, Jerry Davelin, Tom Shaw, Mark Kral, John Sofranac, Ray Stevens, Ken Erhardt, Irwin Corey, Ralph Williams, Gary Peirce, Greg Fanjul, Roger Heyder, Kim Nolan.

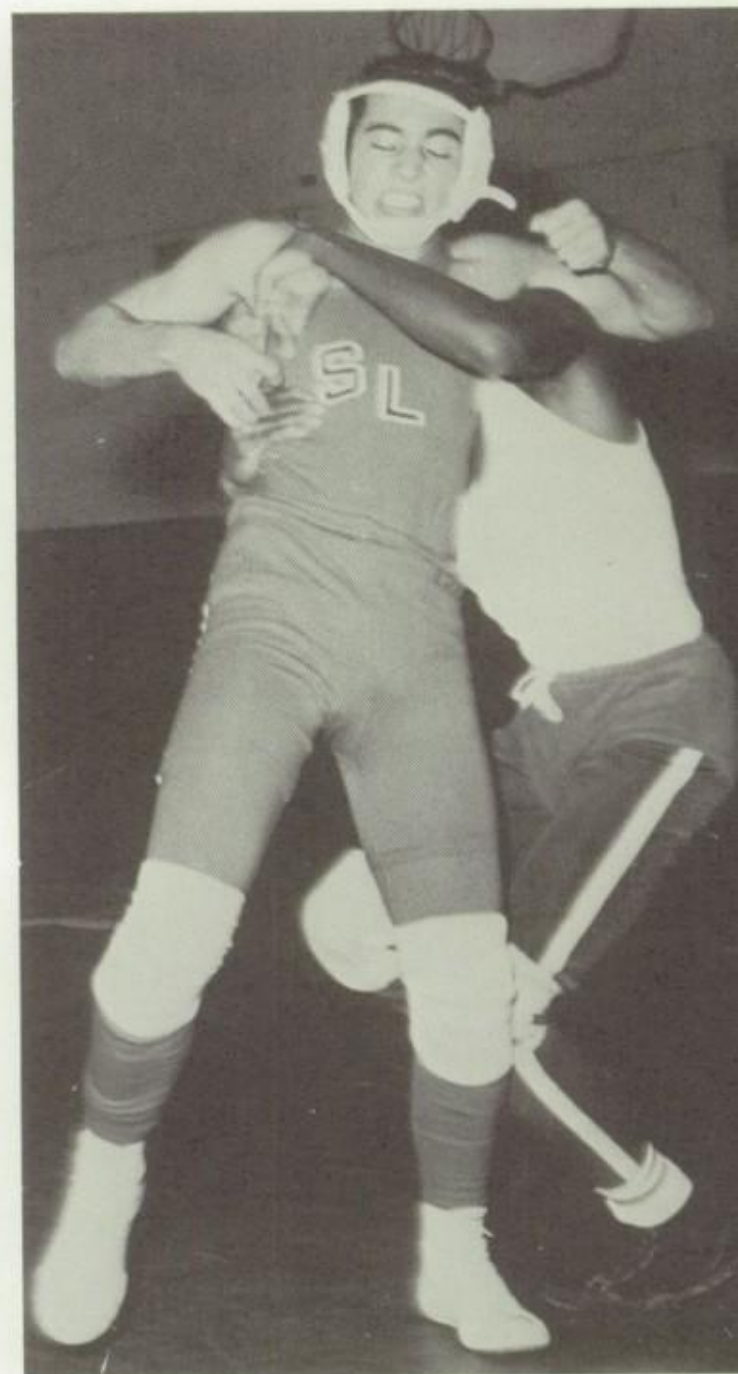
Pete Bierwith overcomes his opponent.



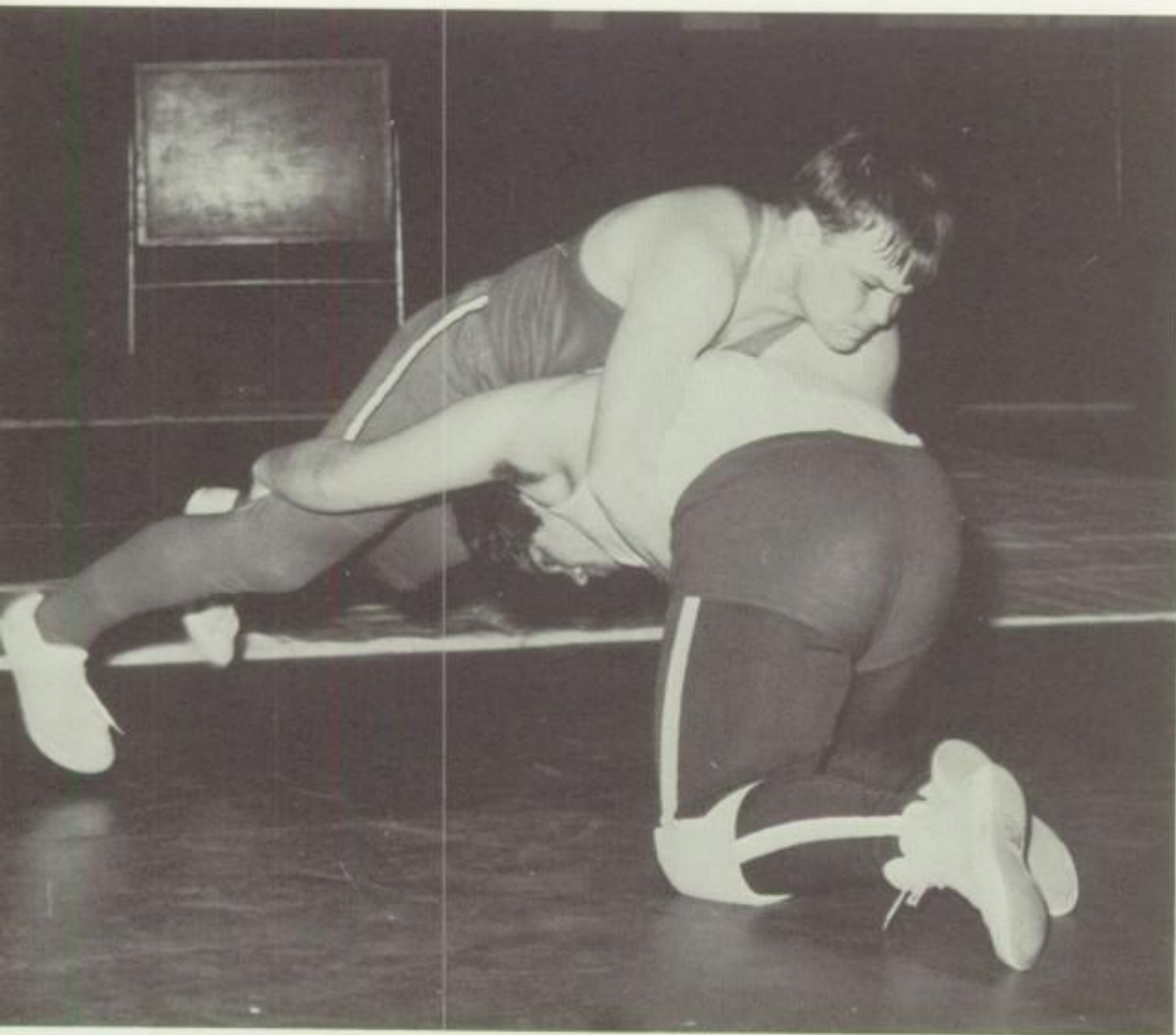
Rod Dukleth prepares to pin his foe.



Rich Silva exhibits his tremendous strength.

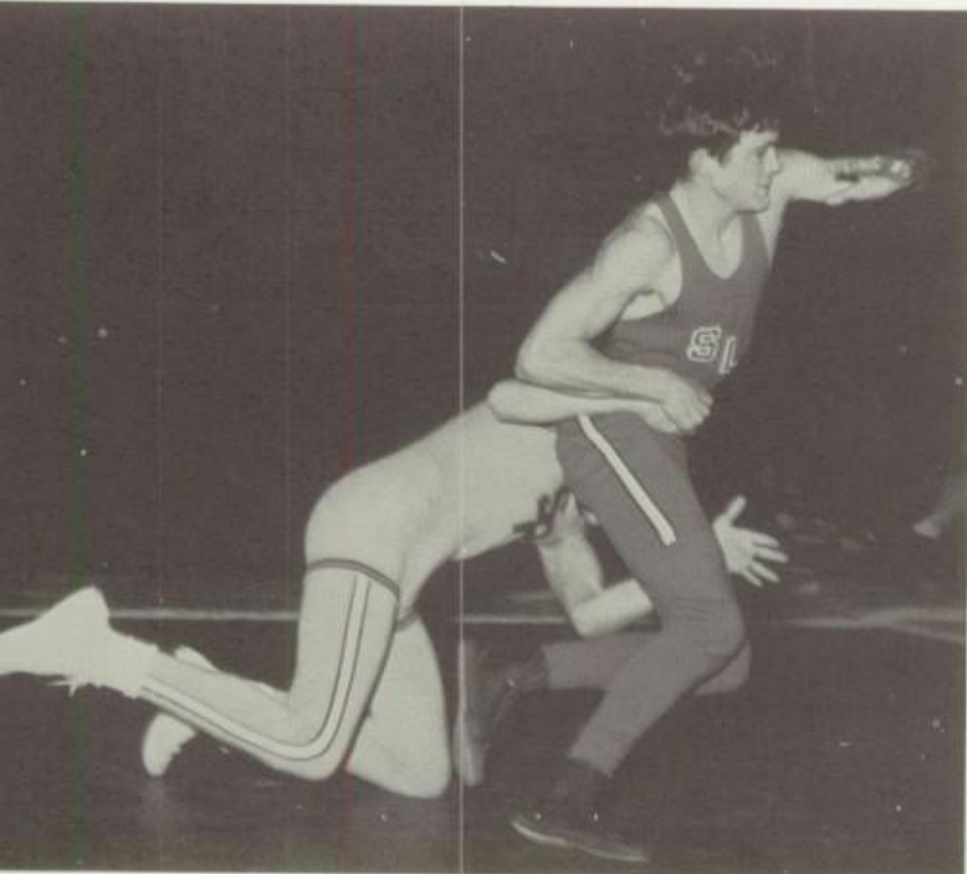




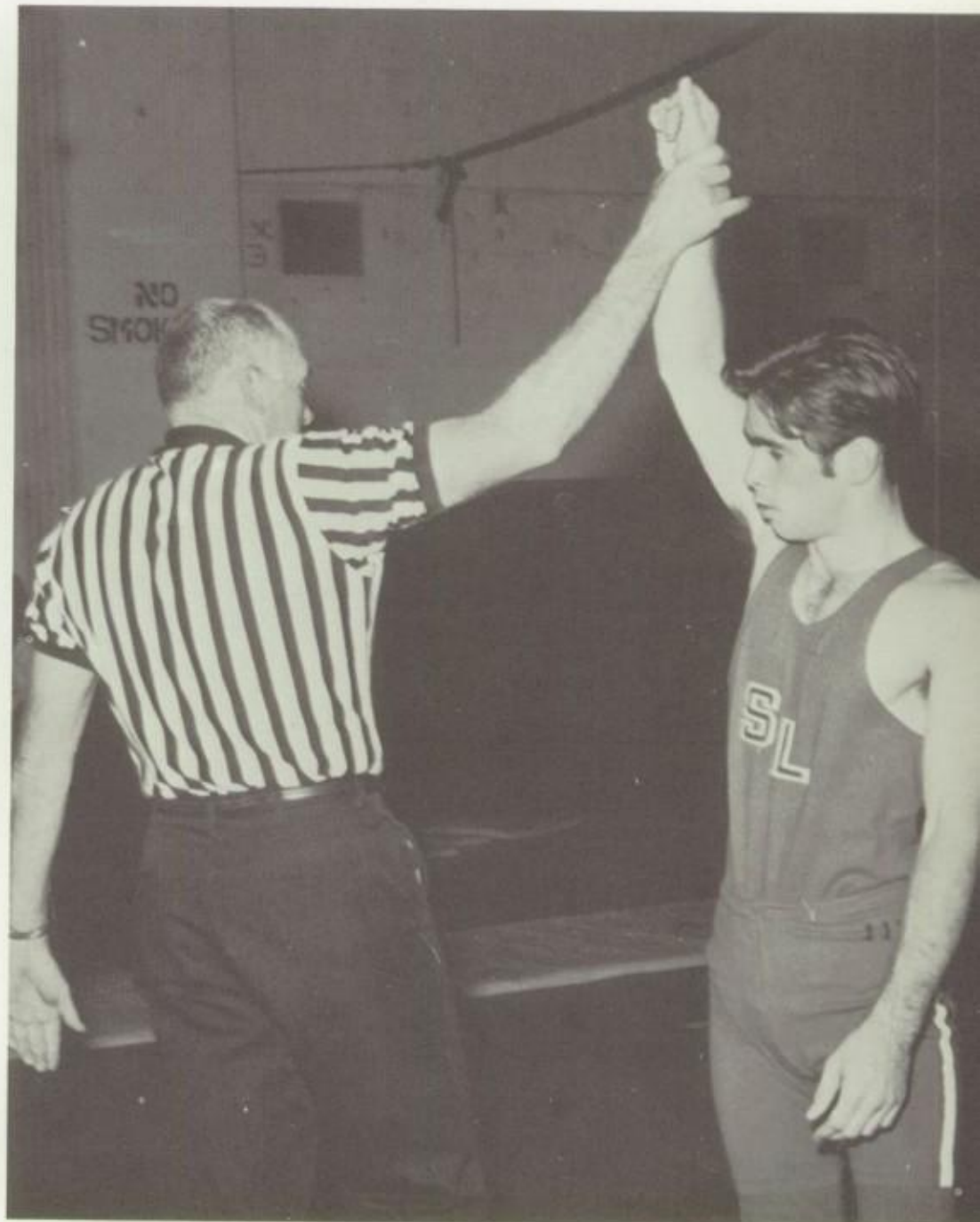


Jim Nolan uses brute strength to win his match.

Tom Boscow escapes from the grasp of his opponent.



Auggie Covarelli receives the fruits of victory.



**This Year's Varsity** wrestling team began to move in the direction of establishing itself as a real power in A. C. A. L. competition. Behind the ability of the "three musketeers" Ken Erhardt, Pete Bierwith and Rich Silva, the team showed improvement over last year's season. Although the team will lose the "three musketeers" to graduation, several capable Juniors and Sophomores will return for competition next year. Juniors Auggie Covarelli and Tom Boscow proved they could handle the rugged level of competition along with three sophomores; Jerry Davelin, Ken Gibson, and Jim Nolan. With these five wrestlers returning as a nucleus for next year's team. S. L. H. S. can look forward to a powerful team in coming years.



Cheerleaders; Penny Sherizen, Sidney Black, Margie Jones, Pattie Bean, and Pam Gibson.



**Twelve Peppy Girls** were ready to help lead the football team to victory as the 1968 fall sports season began. At tryouts, held in the gym last May 5, 6, 7, and 8, the five girls chosen for cheerleaders were seniors; Patti Bean, Sidney Black, Pam Gibson, Margie Jones; and junior, Penny Sherizen. The seven girls chosen as song girls were seniors; Marilyn Garrison, Carol Mazzei, Martie Way, Kim Woishnis; and juniors; Mary Alves, Yolanda Pacheaco, and Sandi Westbrook.

Later Margie Jones was elected head cheerleader and Marilyn Garrison head song girl by the student body.

During the summer, Margie and Marilyn travelled to yell leading camp at Squaw Valley, with Mrs. Brown, pep squad sponsor, serving as chaperone. Both girls received trophies and ribbons for their excellent performance.

Song girls; Mary Alves, Carol Mazzei, Sandi Westbrook, Marilyn Garrison, Martie Way, Yolanda Pacheaco, and Kim Woishnis.



Both squads as they appeared at Chabot competition on September 27.





Margie Jones, Head Cheerleader.



Marilyn Garrison, Head Song girl.









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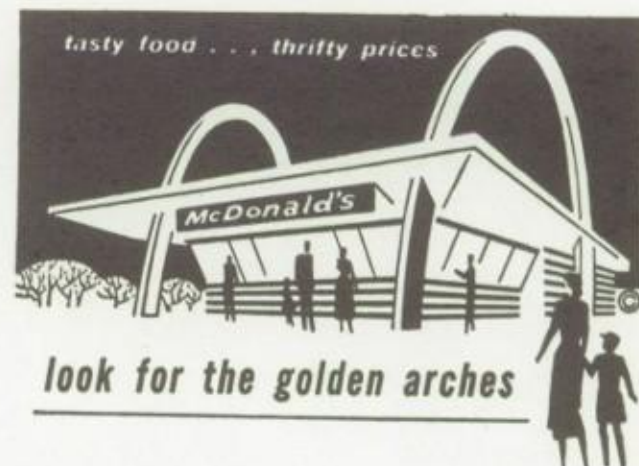
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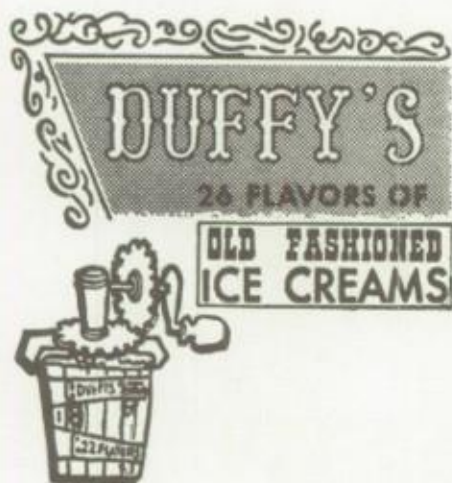
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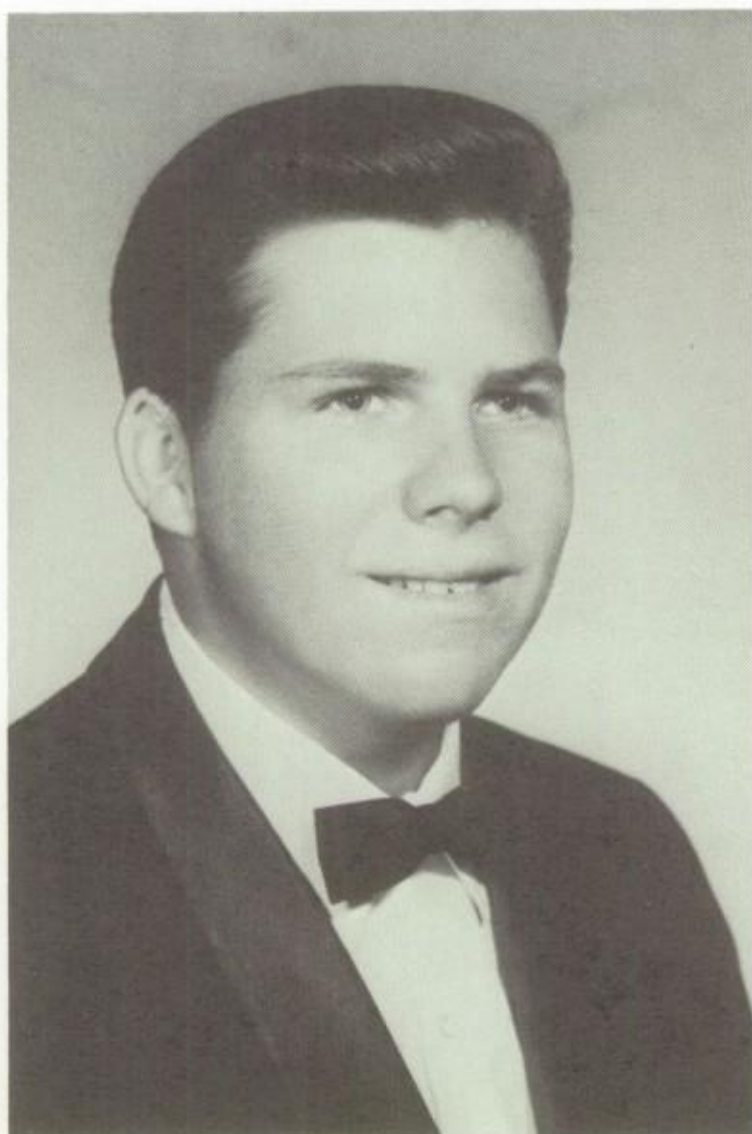
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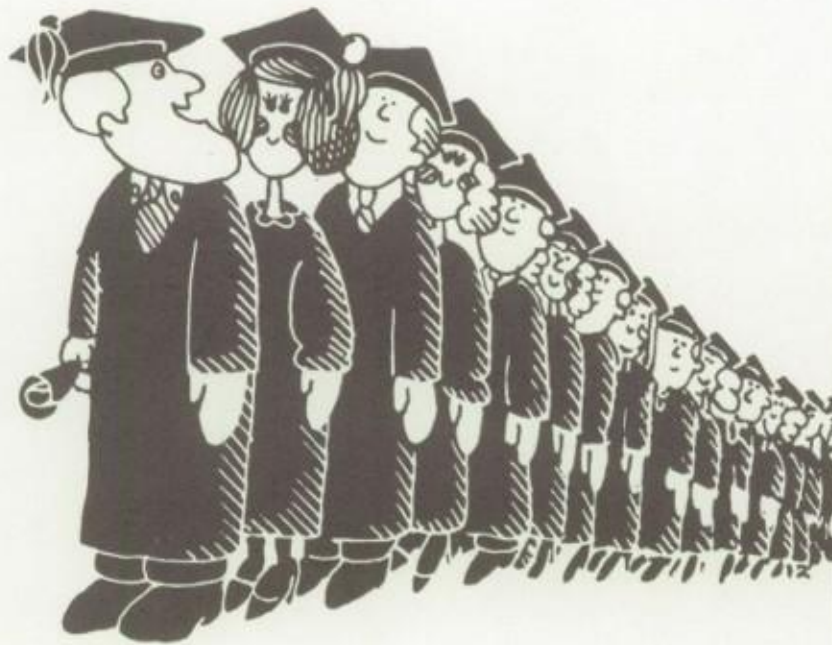
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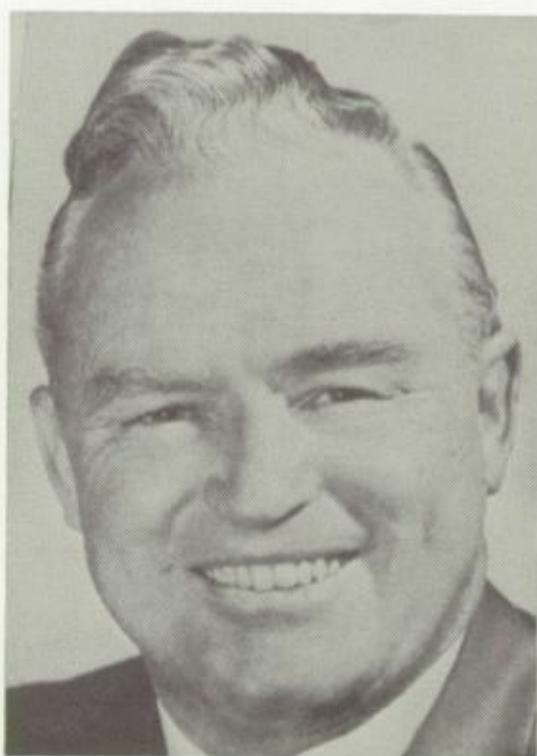


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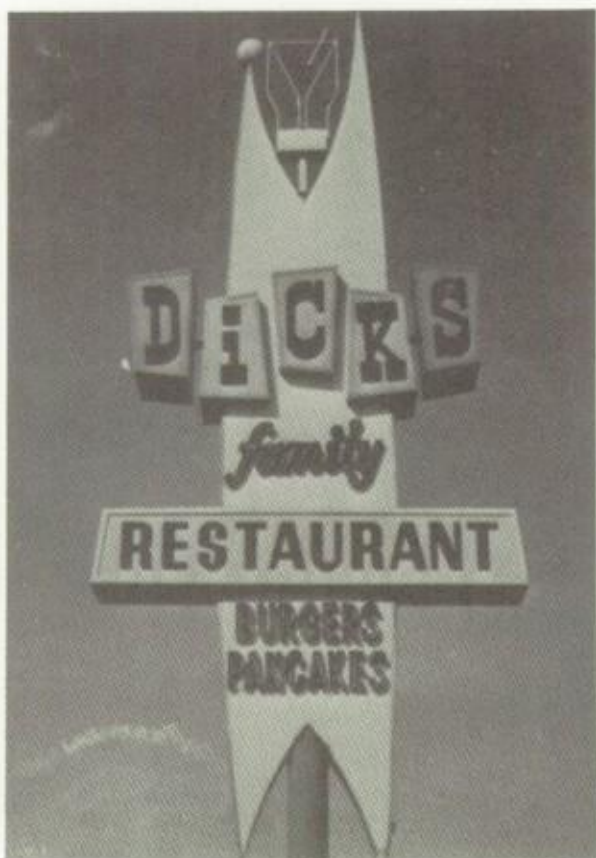
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— Omar Khayam

This is my yearbook and, for the past year, much of my life. Writing now, I feel empty at the thought that the many mishaps, worries, and hours of hard work are over — yet, satisfied that something good has been done. I hope to anyone who looks at it, this book brings enjoyment and pleasure.

All of this became financially and materially possible through the efforts of Mr. David Vicary, Kee Coleman Studios; Mr. Rip Serby, and Mr. Frank Harder, professional photographers; "our" Mr. Don Freeman, whom we could never do without; Pischel Yearbooks, Inc, the printing company; Larry Alphin, our photographer, and you the buyer.

The backbone of the book, its spirit, has been a result of everyone's efforts — Dave's "The Art of Living", Mary's "Lettering Lady" captions, Sandy's t-h-i-e-r's, Danya's lunch hours, Jessie's weekend in Tahoe, Larry's "but Debbie's", Mrs. Grove with "What are we gonna do?" and "Everything will turn out all right!" all in one sentence; Pam's punctuality on deadlines, Jon's "mounds" of help, Marit's phone calls, Bobbie & Wendy — thousands of 8x10's and from everyone else, lot's of devotion.

How can one person say thank you to so many for something that means as much as this book does to me? I really don't know. Each of you on the staff has a part of you in the section you worked on, part of me is in every page. Thank you for making a dream come true . . . my dream.

Another phase of

THE ART OF LIVING

has been completed.

*Debbie Martin*

Editor, 1969 ANCHORS AWEIGH



































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